Lecture 24 — Software Lifecycle Models & Tactics

Jeff Zarnett, based on original by Patrick Lam

Software Development Lifecycle

If you're asked to develop a software project, you're likely to follow a process that looks like this:

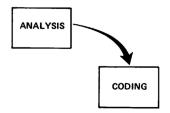


Figure 1. Implementation steps to deliver a small computer program for internal operations.

(Figures are from [Roy70].)

This is fine, but it doesn't scale. You will fail if you try this on a sufficiently-large project, or you will evolve some sort of more refined process: managing large software projects is notoriously difficult. Software development lifecycles attempt to provide more structure to keep the activities surrounding software development on-track.

Death Marches. Software projects in the industry are usually under some pressure: schedule pressure, budget pressure, and staff pressure. A little pressure is normal, but when a project is under so much pressure that the resources available for completion are so hopelessly inadequate there is no possibility of success, it is known as a *Death March*. Some possible reasons for a project becoming a death march are: naive optimism, organizational politics, trying to build a huge project all at once, or just managerial incompetence [You03].

It is obvious we would like to avoid death marches, but how?

Key idea: Iterations. Lifecycles always involve iterations of design stages. More complex projects will typically have both more design stages and more iterations. Lifecycle models help organize the stages of the design and implementation process.

Process. Good process can help with avoiding fiascoes and death marches. Project management is a huge part of the software development lifecycle. Without effective project management (of some sort), a software project is likely to be delayed and poorly-designed.

The software design process resembles the engineering design process, in that both attempt to build the best possible design given sets of project requirements, project constraints, and criteria for evaluating design success. We'll be talking about engineering design soon.

A key difference between general engineering design and software design is that you can deploy software immediately after implementing it; typically, the result of engineering design gets dispatched to manufacturing (or construction companies).

High-Level Overview

A general list of steps in the software design process is:

- Problem Definition
- Requirements Development
- Project Planning
- High-Level Design
- Detailed Design
- Coding and Debugging
- Integration Testing
- System Testing
- Corrective Maintenance

The different lifecycle models link these steps in various ways. If you follow a model, then good things may happen. Following a model poorly is a potential recipe for disaster, in the form of poorly designed and implemented software, and many bug-fixing design iterations.

Waterfall Model

The old classic idealized "model of a software engineering process" is the waterfall model.

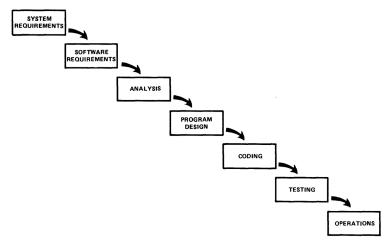


Figure 2. Implementation steps to develop a large computer program for delivery to a customer

- The waterfall model is highly sequential: stages may not overlap. The project moves onto the next stage following a review.
- Advantages: 1) it fixes customer requirements early in the design process (hopefully the right requirements); 2) in principle, models like this would identify problems early in the design process, when changes are less expensive.

• Disadvantages: 1) you're working blind, so that you don't see any software until the end of the implementation stage (causing critical failures in practice); and 2) changes late in project development imply lots of wasted work.

Actually, no one seriously advocates this model—that is, it's a straw man. Even in the original paper showing the waterfall model, the author pointed out that you'd be more likely to get this:

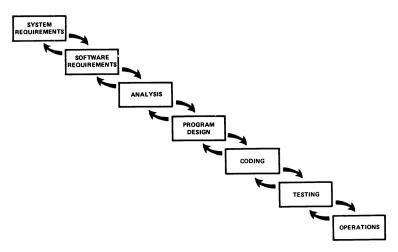


Figure 3. Hopefully, the iterative interaction between the various phases is confined to successive steps.

and if you were less lucky, you'd get something more like this:

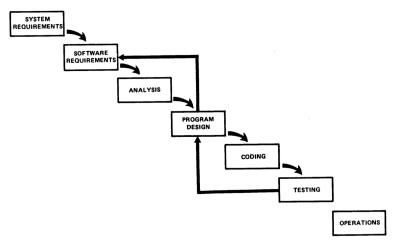
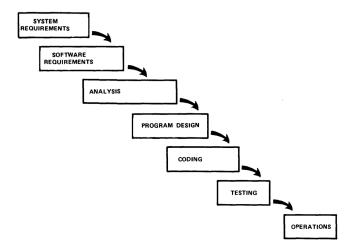


Figure 4. Unfortunately, for the process illustrated, the design iterations are never confined to the successive steps.

Concurrent Engineering

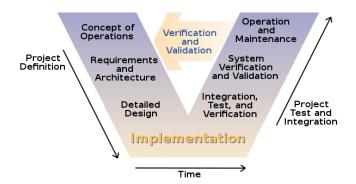
A variant on the waterfall model is the concurrent engineering model. Instead of waiting on the previous stage to finish, you can start the next stage once you have something to work with. Because the stages overlap, this model is also known as the "sashimi" model.



- The concurrent engineering model works well for many projects (why wait?) Because you're trying to use the result of a stage, you are more likely to discover problems with it and correct it, in collaboration with the team that produced the result.
- Advantages: 1) because you don't need to write down every last (irrelevant) detail, you might need less documentation; 2) projects need not be subdivided into smaller projects; 3) testing may reveal problems earlier in the development process.
- Disadvantages: 1) milestones may be more ambiguous; 2) progress is difficult to track: how done is stage x?; 3) poor communication can lead to disaster in the presence of parallel design stages.

V-Model

The V-Model is another variant of the waterfall model. Looking at the image, it is obvious why it is called the V-model. The goal is to make links between the early and late stage. For example, system verification and validation should correspond to the requirements and architecture. Although there are some additional links between the stages of the V-model, in practice, it is very similar to Waterfall and shares all the positives and negatives of Waterfall.

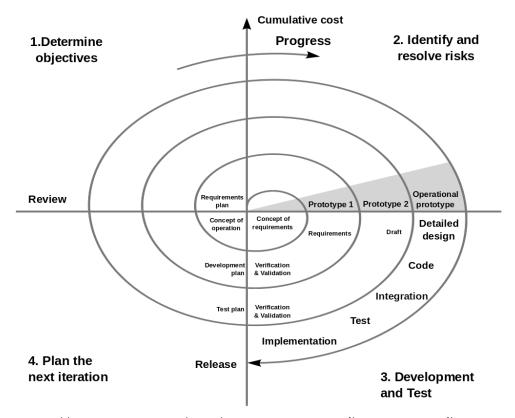


http://en.wikipedia.org/wiki/File:Systems_Engineering_Process_II.svg

Spiral Model

The spiral model is a much more iterative process. You continue going through stages, in order, until you get to a satisfactory solution. Projects are split into a number of smaller sub-projects, with each

iteration corresponding to a smaller project. You'll iterate many times. Not all stages of the design process require equal effort: testing may, and often does, require more effort than coding.



http://en.wikipedia.org/wiki/File:Spiral_model_%28Boehm,_1988%29.svg

- The spiral model is risk-oriented, and each sub-project addresses one or more risks, in order of magnitude, until you get to a satisfactory solution where all of the major risks have been addressed. (We'll talk more about risks later).
- Advantages: 1) this model addresses the biggest risks first, when changes are least expensive; 2) progress is visible to the customer and to management.
- Disadvantage: some projects don't have clearly identifiable sub-projects with verifiable milestones; this model is generally identified with more heavyweight process than extreme programming.

Summary

We've seen a lot of variants of the Waterfall model, but it's pretty well accepted in industry that the Waterfall model (and its variants) are considered obsolete if not outright harmful. Iterations are the accepted method for software development, and we'll look, in the next part, at iterations in detail.

Software Development Tactics

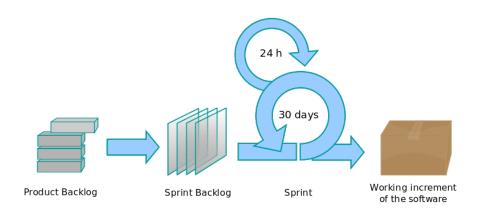
We will now examine some lower-level tactics for software development.

Strawman: Cowboy Coding

If there is no project management methodology in use (whether formal or informal), it is sometimes referred to as *Cowboy Coding*. Cowboy coding is held up by some methodologies as what always happens without the use of their specific methodology, but it is only one possibility. In this "model", every developer just does whatever they want to do whenever they choose to do it. There are no design documents, no formal start or end to an iteration, and rarely any goals for what to have in an iteration. This might work on a hobby project done by 1-2 developers in their spare time, but it is unrealistic for use on commercial software projects. Nobody advocates this model, but it is worth mentioning.

Scrum

In the Scrum development model, work is broken down into a series of "Sprints", which are short cycles of a specified length (such as 30 days). At the beginning of a sprint, the development team reviews the items in the backlog and sets goals for the sprint. After that, no new features will be accepted. During the sprint, there are daily meetings to make sure things are on track. At the end of the sprint, the team collects feedback for the next sprint. [DBLV09]



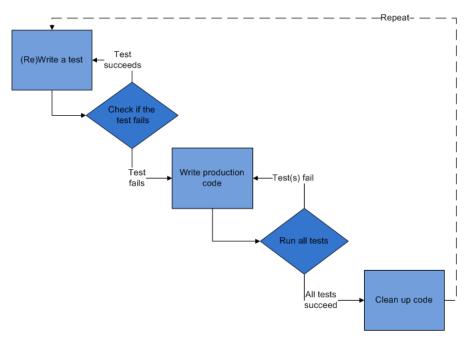
http://en.wikipedia.org/wiki/File:Scrum_process.svg

- Advantages: 1) Short iterations mean lots of opportunities for input and feedback. 2) Daily meetings mean lots of co-ordination between team members. 3) It encourages breaking the software down into manageable units.
- Disadvantages: 1) It does not scale well to large teams. 2) Daily meetings can result in excessive overhead. 3) At the sprint deadline, development ends whether the code is finished or not, leading possibly to incomplete deliverables.

Test-Driven Development

Normal behaviour in software development is that first the software is written and then the tests are created. Test-Driven Development (TDD) turns this around: write the tests first and then write the software. When a new feature is added, first the developer writes a test (and it should fail). Then the feature is developed until the new test passes. Then the process repeats until the feature is done. Then the developer refactors the code. More time is spent developing the unit tests, but it may save time in the long run. [Bec03]

We will talk about unit tests later on in the term. There is also a 4th year ECE class on Software Testing. Refactoring is also a subject we will cover later in ECE 155, but for now you can just take "refactor" to mean "clean up".



http://en.wikipedia.org/wiki/File:Test-driven_development.PNG

- Advantages: 1) This model emphasizes testing in a way that other models do not. Unfortunately, when time is short and the product needs to be released, testing is one of the first things to be cut; in TDD, that does not happen. 2) More code will be covered by the tests. 3) It encourages breaking the software down into testable units.
- Disadvantages: 1) Unit tests are created by the same people who write the code, so an error in the code may be undetected because of a similar error in the unit test. 2) Not everything is testable: database interactions, user interface, etc. 3) TDD focuses only on unit tests, and this is not the only kind of testing. 4) It's possible to create too many redundant tests, or inflexible tests that cannot be adapted when the software changes. 5) When tests are broken there is a tendency to disable them or just implement a quick change to "fix" the test, without considering the meaning of the change. 6) Passing tests are not the same thing as functioning, useful software.

Behaviour Driven Development

Behaviour-Driven Development (BDD) is a modification of Test-Driven Development, combining the principles of TDD with Object-Oriented Programming. It was developed to answer several questions that arise out of TDD, such as where to start, how much to test at once, and what to name the test methods. In BDD, the tests are still written before the unit is implemented. Tests should be created in the order of business value: the most important things get tests written next. If the behaviour cannot be described in a single sentence, it means multiple tests are required. Each test gets a sentence as its name, such as testFailsForDuplicateCustomers(). The name is descriptive once you remove "test" and put spaces between the words: "Fails For Duplicate Customers" [Nor12a].

BDD also features *Stories* which are a description of a requirement and benefit; we'll talk about those when we get to the lecture about software requirements [Nor12b].

Extreme Programming

We can call extreme programming [BA04], or XP, another software lifecycle model, although it differs from the other models quite a bit. It's closest to the spiral model, scaled down and made more agile. The initial idea was to take the "good" parts of good programming practice, like reviews and testing, and "crank up all the knobs to 10"[Bec01] on those, leaving everything else behind.

Agile Methodologies. XP is one of several agile methodologies, which all attempt to be less bureaucratic than the traditional "heavyweight" methodologies.

Values. XP supports five values in software development:

- Communication: Work together. Includes pair programming. Face-to-face communication. Workspaces to support collaboration. Don't generate paperwork. Share knowledge.
- Simplicity: Don't do more than you need to. Take small, simple steps to goal. "You Ain't Gonna Need It". Requires refactoring later.
- Feedback: Get feedback from system (unit tests), from client (functional/acceptance tests), from the team (time estimates). Demo working software.
- Courage: Code for today, not tomorrow. Refactor when necessary, don't be scared. Throw code away when necessary. Work together to avoid failure and don't fear it.
- Respect: Respect contributions of other team members (devs and customers). Management must respect judgment of programmers. Don't break the build or otherwise waste others' time.

Activities

XP contains four basic activities: coding, testing, listening and designing.

Coding. The code is central to XP (versus requirements documents or other specifications). XP attempts to get working code out as soon as possible, even if the code has limited scope. Programmers pair up to produce the code.

Besides its functional role, code also serves as a communication and experimentation medium.

Testing. XP advocates test-driven development: before and while implementing a feature, write down and implement automated test cases (unit tests) for that feature. Run the test cases, ensure that the feature doesn't work, then implement the simplest possible thing that implements the feature. Code must always pass all of the unit tests.

Listening. As part of ensuring that the system does the right thing, XP includes acceptance tests, which are created by the on-site customer. These tests help ensure that the system does the right thing.

More generally, the developers need to listen to the business side of the organization about their areas of expertise, and vice-versa.

Designing. XP does not advocate a big up-front design. Instead, developers are supposed to create a design incrementally by constantly re-factoring the code (more later) as it is written.

There are a number of practices which constitute extreme programming, alluded to above.

XP Advantages

XP can help avoid getting caught in bureaucratic tarpits. When you have a good team, XP should be able to deliver good results, creating simpler designs that solve the appropriate problems, and responding well to changes in requirements.

XP Disadvantages and Controversies

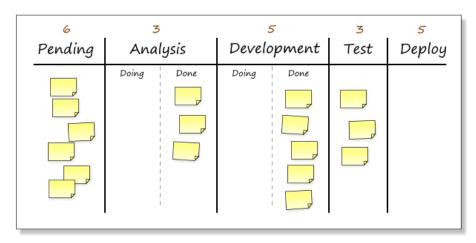
Kent Beck says that XP works best when one uses all of the practices together. Some of the practices can work alone, like test-driven development. Others may not work as well in isolation[Ste08]. ("... ring of poisonous snakes, daisy-chained together.") XP tends to work best with smaller-sized groups, i.e. less than a dozen members. The lack of up-front design and requirements specifications can be worrisome.

Kanban

Kanban is the Japanese word for "visual card", and its use started with the manufacturing process at the car company Toyota. Toyota does use physical cards, but in software development it could be a virtual card or a physical one on a board. It is meant to support non-centralized production control where work is "pulled" when the puller is ready, rather than "pushed" by someone else. In this system, the strategy is to prevent teams or developers from becoming overloaded; being overloaded results in waste, stress on the team members, or lower quality [Sha11].

A key idea is to identify the "bottleneck" in the system: the stage of production that limits the rate of output. Imagine software as a pipeline with feature requests as the input and (working) software as the output. If developers can produce ten features per week but testers can test only five features per week, the testers are the limiting factor. Work that is done will pile up in front of the testers, who have a backlog, and in most cases the testers will start to catch up by cutting corners and skipping some testing, resulting in software with more bugs being shipped to the users [Pet09].

Unlike Scrum or an iterative model, there are not necessarily defined iterations (sprints). The physical or virtual cards are represented on a board that is divided into different categories. A card represents a unit of work and it cannot proceed through the process (or pipeline) unless there is space farther along in the pipeline.



http://www.kanbanblog.com/explained/image/kanban-board-1.png

• Advantages: 1) Make bottlenecks visible; more visibility makes it easier to find and fix them. 2) Prevent overloading of one stage (and the problems that follow that). 3) Estimation is not present, so no time is spent on that; it all goes to implementation.

• Disadvantages: 1) A stoppage in one part of the process can stop many others; should developers just sit there with nothing to do because analysis is delayed? 2) Estimation might be important in a project. 3) No commitment - in other models a piece of work is promised in a certain iteration; Kanban views the process as continuous.

Design and Planning

We'll start by comparing design and planning for traditional engineering projects versus software projects. Traditionally, you would:

- solicit requirements;
- make a design;
- analyze the design (with calculus);
- stamp and sign the plan.

Then, someone else implements/builds the plan.

People tried this for software as well:

- solicit requirements;
- make UML diagrams;

and hire code monkeys to implement the design.

However, this works poorly.

The Role of Prototyping. Requirements are always difficult to formalize; this is a problem for all types of engineering, and definitely for software. Prototyping is one way to mitigate the risk of building the wrong thing.

The management question, therefore, is not *whether* to build a pilot system and throw it away. You *will* do that. [...] Hence *plan to throw one away; you will, anyhow.*

Frederick Brooks [Bro75].

The waterfall model is a straw-man for many reasons, but the biggest one is because it pretends that prototypes aren't necessary. You can never build a system without a prototype, because you never really know what you need until you see it. What's more, needs change over time.

Another solution to the problem of shifting and unknown requirements, along with prototypes, is the concept of *iteration*. Different models have different iteration strategies.

Agile Lifecycle Models. The key point is to recognize that change is inevitable, and to deal with it on-demand. Agile models, such as extreme programming, advocate dealing with change on-demand. In principle, they can handle changing requirements much more smoothly.

However, agile models require suing developers, who must be good at communicating with each other—these models are always highly collaborative. Due to collaboration, agile methods are supposedly resistant to 1) changes to the team over time and 2) differences between experience levels of the developers.

Choosing a Lifecycle Model

Recall that the main difference between models is the pace of iteration.

- With large teams, diverse stakeholder groups: slower iterations;
- With small teams, uncertain requirements, complex technologies: faster iterations.

Questions to Think About

The answers to these questions will affect the pace of iteration and hence the lifecycle model which you'll want to select.

- Do you understand the customer requirements?
- Will you need to make major architectural changes?
- How reliable does the system need to be?
- How much future expansion and growth do you foresee?
- How risky is the project?
- Is the schedule heavily-constrained?¹
- What is going to change during development?
- How much do customers need visible progress?
- How much does management need visible progress?
- What experience does the design team bring?

Software Process Improvement

One of the things you can design is the design process itself. Here's what you can do to try to improve your software lifecycle model:

- first, figure out what you mean to be doing: document your organization's software process;
- next, figure out what you're actually doing: ensure that you're following the existing process;
- finally, identify areas of potential improvement and implement them.

In continuous process improvement, you constantly review the software development process and its effect upon development. Continuous improvement also implies identifying and fixing issues that are beyond the scope of individual projects: you can find and apply best practices to all projects. Changes can allegedly yield dramatic increases in development capability.

¹Note: wishing for faster progress won't make it so.

References

- [BA04] Kent Beck and Cynthia Andres. *Extreme Programming Explained: Embrace Change (2nd Edition)*. Addison-Wesley Professional, 2004.
- [Bec01] Kent Beck. Interview with Kent Beck and Martin Fowler, 2001. Online; accessed 30-November-2013. URL: http://www.informit.com/articles/article.aspx?p=20972.
- [Bec03] Kent Beck. Test-Driven Development by Example. Addison-Wesley Professional, 2003.
- [Bro75] Fredrick P. Brooks. *The Mythical Man-Month*. Addison-Wesley Professional, 1975.
- [DBLV09] Pete Deemer, Gabrielle Benefield, Craig Larman, and Bas Vodde. The Scrum Primer, 2009. Online; accessed 28-April-2013.
- [Nor12a] Dan North. Introducing BDD, 2012. Online; accessed 23-November-2013.
- [Nor12b] Dan North. What's in a story?, 2012. Online; accessed 23-November-2013.
- [Pet09] David Peterson. What is kanban?, 2009. Online; accessed 30-November-2013.
- [Roy70] Winston W. Royce. Managing the development of large software systems. In *Proceedings IEEE WESCON*, 1970.
- [Sha11] Alan Shalloway. Demystifying kanban, 2011. Online; accessed 30-November-2013.
- [Ste08] Matt Stephens. A Self-Referential Safety Net, 2008. Online; accessed 30-November-2013. URL: http://www.softwarereality.com/lifecycle/xp/safety_net.jsp.
- [You03] Edward Yourdon. Death March (2nd Edition). Prentice Hall, 2003.