

$$\begin{array}{ccccc}
 x & \longrightarrow & y & \longleftarrow & z \\
 \text{id} \downarrow & & \text{id} \downarrow & & \text{id} \downarrow \\
 x & \longrightarrow & y & \longleftarrow & z \\
 \text{id} \uparrow & & \text{id} \uparrow & & \text{id} \uparrow \\
 x & \longrightarrow & y & \longleftarrow & z
 \end{array}$$