$$\begin{array}{ccc} La \longrightarrow x \longleftarrow Lb \\ \uparrow & \uparrow & \uparrow \\ Lc \longrightarrow y \longleftarrow Ld \\ \downarrow & \downarrow & \downarrow \\ Le \longrightarrow z \longleftarrow Lf \end{array}$$