

## Homework Backup

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### **DO NOT POLLUTE! AVOID PRINTING, OR PRINT 2-SIDED MULTIPAGE.**

There is a strict no-late policy. However, there is a homework backup (HWB) you may use. This HWB may be used towards your final grade instead of a homework of your choosing (e.g., the lowest-graded homework). The HWB consists on a set of captioned images/videos verifying that you performed 10 activities that have a positive impact on the environment.

**The captioned images in this HWB may be used in social media and campaigns to motivate and inspire other students and the general public to follow your lead.** With your submission you agree to this. Make sure your HWB only contains captioned includes images that you are comfortable sharing publicly.

Examples of the activities you may perform include:

- Biking or walking to a destination where you normally drive for a whole week. Your HWB could include:
  - A Strava map detailing your routes.
  - The screenshot of an app's activity report detailing the miles you covered, or your pedometer count.
  - A selfie with your bike.
- Avoiding single-use plastics for a whole week. Your HWB could alternatively include:
  - Pictures of the food containers you use for take out.
  - Pictures using your water-bottle instead of disposable bottles/cups.
  - Pictures of your groceries in reusable bags.
- Eating no meat for a whole week. Your HWB could alternatively include:
  - A picture of your grocery list.
  - Pictures of your meat-free meals.
  - Pictures of your restaurant orders.
- Reusing containers that are usually discarded. Your HWB could include:
  - A ticket showing you opted for water-soluble soap tablets instead of bottled soap.
  - A picture of your re-fillable shampoo bottle.
- Carpooling to destinations where you normally drive individually. Your HWB could include:
  - A selfie with a full car.

- Planting a tree. Your HWB could include:
  - A picture/selfie/video of yourself planting a tree.
- Writing a letter pushing for a change. Your HWB could include:
  - A picture of your letter to Aldo's Cafe requesting they avoid single-use plastics.
  - A picture of your letter to your government officials urging them to act on climate change.
- Collecting garbage from a public area. Your HWB could include:
  - A picture/video of yourself collecting garbage from the shore of Lake Monona (you'll be surprised of how quickly you fill up a bag!)
  - A picture/video of yourself collecting garbage from a public park, like Devil's Lake or Governor Dodge.
- Inspiring others to make an impact. Your HWB could include:
  - A picture/video of your parents or friends following your lead (e.g., with groceries in reusable bags, or commuting by bike, or writing letters to their representatives).
  - A picture/video raising awareness on social media.
  - A picture/video participating/organizing a climate change a march.
- Favoring eco-friendly businesses. Your HWB could include:
  - A picture/video buying a product with a lower carbon footprint than what you'd normally buy.
  - A picture/video of yourself buying local.
  - A ticket from a local store containing a product you'd normally buy elsewhere.
  - A picture showing you switched to a green-energy provider.
  - A picture showing you switched to a green bank.
- Improving energy usage. Your HWB could include:
  - A picture washing your clothes in cold water — research shows washing in cold water is just as effective as warm water, and saves ~75% energy!
  - A picture showing you switched to a programmable thermostat so you're not blasting the air conditioning/heat when no one is home.
  - A picture of your unplugged unused devices.
  - A picture of your energy bill, showing a significant decrease.

## Deliverables

Your (individual) HWB must be submitted no later than March 12<sup>th</sup> through canvas, and it must include a **.zip** file containing:

- **10 images/videos** in any standard format (e.g., .png, .jpeg, .mp4, etc.) verifying your environmental efforts.
- A **.pdf** file containing the list of video names, and their captions.

An example of a valid image would be:



and its corresponding caption could be:

*Bringing reusable bags. #NOsingleUsePlastics*