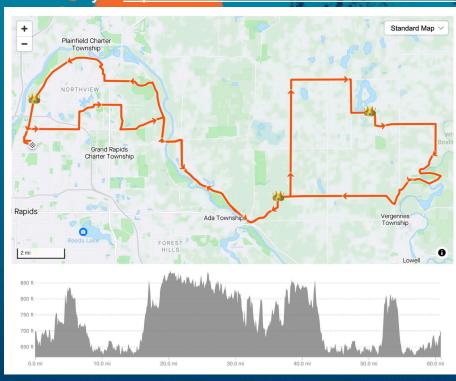


Road Group Ride (drop ride)

When: May 11 rolling at 9am from Sparrows Coffee (2225 Plainfield Ave NE) Riverside park parking available

Distance: ~60 miles through our favorite roads in Grand Rapids.

Route for May 11 https://www.strava.com/routes/3221861246001625696





Pace: First half social (17-20mph), second half drop (22-26+ mph)

Details: Join us for a 2 for 1 social/drop group ride in collaboration with our generous sponsors at Sparrows Coffee. We'll start the ride at a social pace for the first half. The second half, we'll let it rip at a drop ride pace with segments. We'll wait within reason at stop lights and stop signs to regroup as needed. We'll slow roll and regroup on pettis at the bottom of Bailey and head back to Sparrows for coffee and refreshments (25% off!)

Guidelines: Please follow the <u>rules</u> of the road. Expect to STOP for stop signs and stop lights. Please be courteous. Anyone Welcome!