

Food–Nutrient Bipartite Network (per 100 kcal)

eggs, tofu, firm, lentils, cooked, rice, cooked, beans, canned, broccoli, raw, frozen mixed vegetables, chickpeas, breast, cooked, lentils, canned in water, canned salmon, oats, potatoes, baked, pasta, cooked, bread, whole wheat, carrots, raw, yogurt, spinach, raw, banana, milk, apple, cottage cheese, low fat, mozzarella, part-skim

