



The most recent additions to the Rutgers Prep faculty pose together, all smiles, in the lounge area.

Prep Family Welcomes New Faculty Members

by Jean Salamon

This year, in addition to welcoming all the new students, five new members of the faculty are also being welcomed. Each brings a new perspective to the Prep community, and will be a positive addition.

Corrine Corrigan, a new English teacher, received her Bachelor's Degree from Middlebury College in Vermont. Her previous work experience includes a job as head cashier at Christie's Art Auction House, and working in the Department of Art and Archaeology at Princeton University.

Maureen Devine, another new English teacher, majored in English and Journalism at Syracuse University. She received her Masters Degree from Rutgers University. Her past work experience includes a job with a jour-

nalism magazine and teaching at Rutgers.

Peter Clark Von Ville, the new computer science and math teacher, received his Bachelor's Degree from the University of Vermont. He received his Master's Degree from Ohio State University. He previously worked as a sales engineer for Texas Instruments.

Ms. Nestvogel previously worked at Franklin High School as an assistant coach for field hockey and softball. Getting settled and making girls' athletics more competitive are just two of the many goals she has.

Patricia Leroy, the new head of the Computer Science Department, graduated from Carleton College with a Bachelor's Degree in philosophy and a Master's Degree in computer education. She has worked previously as a software designer in San Francisco.

CAMPUS NEWS

Over the summer, Mrs. Dutta had the rare opportunity to go to China. Spending four days in Hong Kong, four days in Shanghai, ten days in Wuhan, and four days in Beijing. Mrs. Dutta visited some of the best high schools and middle schools in the country. Mrs. Dutta spent one whole day talking with the faculty, and meeting and interviewing some students.

The whole month of September, at Prep as well as throughout New Jersey, is designated as Poetry Month. A big festival, sponsored by the Dodge Foundation, will be held on October 10, 11, and 12 at Waterloo Village. For this festival, six students will be chosen to participate, accompanied by members of the English Department. They will be given the opportunity to take part in many interesting workshops. Among the two dozen poets participating in the program will be the winners of the Pulitzer Prize and the American Book Award. The festival will involve hundreds of high school English teachers and their students from across the state. While Friday is reserved for students and faculty, Saturday and Sunday will be open to the public.

On May 21, 1986, four of Mr. Mazza's Advanced Placement biology students participated in the Jerome H. Bentley Jr. State Science Day Program at Rider College. Out of about 170 biology teams, Prep won the Somerset County Award. A prize was given to the team consisting of a check for twenty-five dollars. The students who participated were juniors Russell Wojtenko, Michelle Goldsmith, Marc Rosner, and Usha Raghunathan.

During the month of July, Mrs. Wacker was one of fifteen teachers in the state of New Jersey to attend a month-long seminar at Rutgers University. The seminar was entitled "New Jersey and the Constitution." It was sponsored by the New Jersey Council for Humanities.

Physical changes occur this summer

During the summer, Mr. Lewandowski, director of the Maintenance Department, and members of his staff made some physical changes around campus.

When the new Upper School building was constructed, one of the requirements mandated by the Delaware Raritan Commission was to build a retention basing. The purpose of this type of basing is to keep sediment from moving into and filling up the canal during the rainy season. This way only clean, pure water will flow through the canal. This is important because the canal is used as a water supplier for the cities of New Brunswick and Franklin Township.

The most significant change has to be the complete renovation of the Lower School. After the fire at Prep, the Board of Trustees decided to build three buildings. However, the cost was much too expensive. Therefore, the Board authorized an expenditure for the renovation of the Elm Farm House. What Mr. Lewandowski's

team did was to make the interior spaces larger and more roomy within the existing area. The bathrooms were redone and carpeting and a new paint job were added to the classrooms. The building is now sanitary, well-lit, and more convenient for the students and faculty of the Lower School.

A new track course was created at Prep for two main reasons. The first important reason was to create an actual running course for the Cross-Country team. The second reason was to uncover the hidden part of the campus and open it to all students. There are plans to use it as a nature trail. Mr. Dougherty worked on the course the entire summer, clearing paths and even constructing a new ropes course.

This was the first year at Rutgers Prep that summer school has not been taught in the Middle School. A lot of areas in the Middle School needed immediate attention. Mr. Lewandowski and the staff were able to paint the school and install much-

Annual Prep Barbecue attracts alumni, students

by Leah Salamon

The second annual Rutgers Preparatory School barbecue was held on August 24. Alumni, current students, faculty, and parents all gathered for the event. Mr. Lingenheld commented that the gathering was "nothing fancy. Just like a backyard barbecue." He continued, "It was very successful. Some came to play games and to

eat. Others came for the company and to touch base with students and teachers of the past and present."

A blue-grass band, "Borderline," came to Prep from Philadelphia to entertain the group. Students shared summer experiences, and caught up with friends. Many alumni from recent years were present, including members of the class of

'86, saying final goodbyes before leaving for colleges.

Mr. Dave McNutt said that due to the success of previous barbecues, he would like the tradition to continue. "It is the only time when we, as the Rutgers Prep family and community, can get together." He also remarked on the future. "The school is creating numerous events for the upcoming years, in order to increase the unity of the Rutgers Preparatory School family."

The weather was beautiful, and those present enjoyed many activities. Volleyball was the most popular recreation, with frisbee running a close second. The grills were manned by the gourmet cooking crew of Mr. Hickson, Mr. Daviet, and senior Marc Eisenberg. They served up hamburgers, hotdogs, beans and salad, Beer and soda.

Between two and three hundred people attended. Some alumni present had graduated as early as 1930, some students present were only in first grade. Looking around, the history of Prep was in full evidence. Over two hundred years of history were celebrated.

Many alumni continued the "reunion" long after the picnic had ended. It served as a meeting place, and got many old friends together.

Schedule changes are minor to most

by Amy Hochberg

There have been many schedule changes made this year. The most noticeable change is in the schedule itself. There are no "A" and "B" schedules, as there were last year. According to Ms. Pamela Mansfield, that isn't the only change.

Classes meet five times a week. Eighth period classes rotate to after second period on Wednesdays and Fridays, the days when there are activity periods at the end of the day. "Everyday there is time for a break or activity," Ms. Mansfield explained. On Mondays and Thursdays, there are breaks that last about twenty minutes. On Tuesdays there is an activity period after first period. To compensate for assemblies, first and eighth period have been extended. Lunch periods have been shortened, and junior-senior lunch doesn't begin until 1:00 p.m.

The Physical Education Department has created another major change in the schedule. Last year, students had P.E. twice a week, lab one day, and health another day. This year everyone taking a lab science course has phys ed four times a week. Those who don't have a lab have phys ed every day. Seniors taking a lab science course have physical education only three times a week, because they also have senior seminar. Each class will have health for one full quarter instead of physical education. According to Mr. Nes Forney, the program is more organized this way. Unfortunately, many students are not very enthusiastic about this particular change.



The renovation of the Lower School marks the largest physical change on campus over the summer months.

Editorial

by Andrea Neumaier

A new class is being offered to seniors this year—Peer Leadership Training. The seniors involved in this class are learning leadership techniques, as well as studying group dynamics. Learning these skills will aid the seniors when they meet with their freshmen groups. In these groups, students will examine and discuss important issues, such as drug and alcohol use, peer pressure, and parent-child relations. The goal of the program is to provide the freshmen with someone to talk to—someone who isn't a teacher or parent, but still someone older.

Peer leaders are not necessarily the "perfect Prep students." They were not chosen because of high academic averages or because of involvement in extracurricular activities. They were chosen because they exhibited a strong desire to help others. Last spring, these students filled out applications to become a part of the program. They answered questions such as "What special contributions do you think you can give to the program?" and "What can you gain from being involved?" Every student has his or her own reasons for being involved, and each student has something special to offer. But one common thread between all the seniors is that they are willing to share their experiences and hope that this will assist the freshmen as they make decisions.

We must remember that this is the first year of the program, and that it is a learning experience for all involved. Unforeseen problems are going to occur. Problems with scheduling occurred because peer leaders had to take five classes as well as Peer Leadership Training, which was only offered one period a day. After the first few weeks, the sixth course requirement was dropped. A lot of effort went into scheduling and that effort was wasted when the six class requirement was eliminated. It is certain that this problem will not happen next year. As other conflicts arise, they will be dealt with and the program will only get better.

Peer leaders are proud of the program and proud of their roles. Once the freshmen groups are established, we will be able to better judge its success. Final judgements about the program cannot yet be made. We can only wait and hope that the program is as successful here at Prep as it has been in other schools, such as Wardlaw-Hartridge, Princeton Day School, and the Purnell School.

New gym schedule not for everyone

With the beginning of the school year came the usual schedule changes. We arrived Friday to be told gym was now five days a week. The faculty and administration's reasons were sound. We now meet state requirements. It's healthy. It's fun. As a student I enjoy being a member of a varsity team. At the end of the day I'm happy to exert myself. The P.E. Department would like that same enthusiasm every day. Now, some things in the new scheduling are truly positive. They worked to eliminate crowding in the gym by making health for one class 2nd quarter and the other 3rd. This puts only one class in the gym during the winter months. The sub-groups within the P.E. class have now been made smaller. This change was intended to cut down on the people who never got up to bat, and the overcrowding in right field.

Also brought to us by the coaches were new rules to join last year's newly implemented sports folio. These rules can be seen posted all over the lockerrooms. There are 13 minutes allotted for travel between classes, to lockers, to the field house, for changing clothes and removing all jewelry under threat of a demerit.

Although gym time has been doubled, unprepareds have remained the same. If unprepareds are to allow you two mistakes per quarter, shouldn't the number increase with the number of classes per quarter? The coaches reason that by having gym 3 or 4 or 5 times a week you'll be more likely to remember. That raises the most frequently asked question—if having gym 5 days a week is so important why do some people only have 3 or 4? Does a lab constitute a physical activity? Or Senior Seminar? With the aim being to increase our physical activity why can't a varsity sport (which can be more demanding) be considered as a replacement for class?

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Reagan: Too little too late

by Tom Conlon and
Fred Herrmann

Reagan's lame-duck policy has certainly touched every American's life in one way or another—from all-out war on the pusher-man to SDI, the current administration is in a flurry of activity. Where will it lead? And whom is it serving?

First, let's consider Reagan's stand on abortion—i.e., it is murder. Personally, I would be surprised if I were raped by a woman, but what about the millions of rape victims? If abortion is outlawed, only quacks will perform this necessarily dangerous operation upon women whom I feel have a legitimate right as American citizens to abort their pregnancies. It is much less of a strain overall on the welfare system to be inhuman about it; however, I don't think I could have the courage to deny a bruised, sick woman termination of the seed of an unwanted man inside of her. But regarding rape, the truth of the matter is that less than one-half of one percent of surviving rape victims become pregnant, undoubtedly because of their personal trauma or, if not, possibly natural rejection. And any woman aborting her unborn child, or "fetus", if you will, will have to live with the guilt of that decision for the rest of her life, whether she was raped or not. Many argue that a fetus is not a human being, although most "pro-choicers" have changed their statement to "not a person". To this I respond, "Is an egg a chicken?" The answer, of course, is no, but if you destroy an egg, are you killing a chicken? If not, then where did that chicken-to-be-produced go? It's no longer in existence. It is destroyed. Dead. If you kill a fetus, where does that person go? That person is destroyed. Dead. There are too many families fighting like hell for adoption for these babies to be aborted.

Not to mesh gears or anything, but Reagan's Strategic Defense Initiative (Star Wars) is a farce. One wonders just how much the main Defender of the Faith, Reagan, had in the R & D aspect of this project, and bluntly, if he really thinks that all we have to worry about is nuclear missiles launched from the Soviet Union. Never mind the ancient treaties on radar installations limitations, broken soundly by the Russians, for our lack of initiative, and the gigantic holes in the early warning system (EWS) of the United States, which safeguards the United States and Canada from air attack, including cruise missile and bomber (air-breathing) attack. EWS systems have been

completely neglected and largely phased out of the budget since the sixties. Money was rushed into dense-pack missile sites and the MX missile program, almost unthinkingly; now we are essentially locked into a self-expanding, ever inflating monster, known as "Star Wars." How can the United States ever progress socially unless it can accept the fact that the Soviet Union will eventually gain economically whether or not she is a socialist state, and that this deadly military charade must end now? In other words, the United States has essentially been forcing the USSR to keep up in a mad arms race completely through economic pressure. The Russians already have a far superior electronic communications network, and once they can complete some major projects already under construction in the area of transportation of goods, there will be earnest competition in this plane. To separate the two issues is to don the blinders of conservatism. On the other hand, the Russians pay an arm and a leg to equalize their missile strength with ours, producing more missiles than us to compensate for their inaccuracy. This drains large sums of money from Soviet economy and it is likely that the Star Wars development project will cause the same effect. The Russians don't have the money! Do we? Probably not, but what the hell? Let's go for it. After all, Star Wars is the only way around inevitable worldwide destruction, besides, of course, disarmament which is never going to happen thanks to our second-rate friends in the Nuclear Club. Star Wars currently has to its name anti-missile rockets fired from supersonic fighters and the more recently developed anti-missile satellite which fires a three ounce electrokinetically charged bullet at two miles per second and has the impact of a freight train. The success of these and other innovations will destroy missiles before entering the atmosphere. One must remember that Star Wars is a developmental plan that is, according to experts, 90% efficient; military experts, 40-50%. Hopefully one day these percentages will be complete.

Before we maliciously knock Reagan's policies, we must formulate our own opinions by investigating all aspects of the matter. It is evident that these issues are major problems to be dealt with with no respectable majority side. The outcome of the abortion and Star Wars issues will change our world's future in an almost unimaginable way. Although the decisions don't rest completely on Mr. President's shoulders, it is obvious his actions will greatly affect this future.



Senior Rob Tuckman, and other Peer Leaders, listen attentively during an exercise on the retreat in Blairstown.

Prep Seniors Gain New Summer Experiences

by Paul Kuharsky

More and more often, Prep's high school students are finding new and interesting ways to spend their summers. While some may stay home to work or head for the beach, others take off for different settings, to partake in a great learning experience.

Kristen Saltzman and Michele McGuire spent six weeks in Marty, South Dakota at the Yankton Sioux Indian Reservation. Their group of fourteen students from all over the United States did community service,

hoping to improve the quality of life for the town residents. Renovating houses was the group's major task, and the workload included scraping, painting, moving, and gardening. "I have to admit, it was more work than I expected, but it was a lot of fun," said Kristen. The group, organized by the American Jewish Society for Service, participated in the religious ceremonies of the Sioux, which included a sacrificial sundance, and the preparation for a three day pow-wow.

During the weekends the group found time to see Mount Rushmore and South Dakota's capital, Pierre. The trip gave Michele and Kristen a chance to see the plight of the Indians and of some underprivileged families. "I've grown to realize that I can't take things for granted," Michele said. "Now when I look at my problems I realize they're not as big as I used to think they were."

Andrea Neumaier spent most of her summer at Occidental College in Los Angeles, California, studying marine biology with twenty-six students from all over the country. The class studied the California Marine environment, including the physical elements of the ocean, and its fish. Andrea said that "although we had classes and labs, I didn't really feel like I was in school. This is something I've been interested in for a long time, and I really enjoyed it." One day a week was spent on board an eighty foot research boat. Andrea's project investigated the morphological adaptations in the feeding of flat fish.

Outside of class, Andrea and her new friends visited Disneyland and Hollywood, and since Occidental is on a Los Angeles hilltop, she got to see the celebrated smog firsthand. "I learned a lot about myself while I was away. I got a real taste of college life, which will definitely help me in the long run," she said.

Sloan Kroop spent six weeks in Cincinnati, Ohio, helping to renovate homes for the underprivileged. Over the summer she not only became an expert painter, but her values were "totally changed." "I never thought that in a month and a half I could grow so close to a group of people and change so much," she said. The group lived in community housing for the homeless, and got to know many less fortunate people. Like Michele,

Sloan now tries not to take things for granted. "This experience really changed me for the better. I almost feel guilty that I was hesitant about going." On weekends, the group often went camping, or toured the streets of Cincinnati.

Kama Bethel spent her summer studying at the Governor's School of New Jersey. The school has three sections, schools of Science, Art, and the branch in which Kama was involved, Public Issues. She was one of one hundred students selected for this summer program. She studied "Conflicts and Resolutions" which included examinations of interpersonal and intrapersonal problems. Interpersonal conflicts include those in marriages, between friends, or parents and children. The class investigated the unmet needs in certain conflicts, whether the conflicts included several people or was with oneself. Texts included *Prisoners of Childhood*, *Getting to Yes*, and *Changes*. Final projects included each student defining an actual conflict of his or her own and then resolving it using what they had learned. "It was a lot like what peer leadership is like. We talked about everything," commented Kama. In her free time she focused on athletics and singing. During the evening series, guest speakers were brought in, including New Jersey Governor Kean.

Cindy Nacson spent six weeks in Israel, mostly in Jerusalem, but also spending time visiting Massada, the Dead Sea, and training for five days on an Israeli army camp. Her trip, sponsored by the United Synagogue Youth, included forty-two kids and five staff members. "It was the best summer of my life and the six weeks flew by like six minutes. None of us wanted to come home and we all have plans for reunions already," Cindy said.

Rob Tuckman took time to team up with a friend and visit an old camp counselor in Perth, Australia. Over six and a half weeks, he visited Sydney, Newcastle (the surfing capital of the world), Surfers Paradise, Rock Hampton, and Melbourne. Rob and his friend stayed at Youth hostels as well as with friends and worked their entire trip on a budget. "It was really great. I really learned how to fend for myself, and got used to a new environment where kangaroos and koala bears lived right near the roads," said Rob.

Peer Leadership Class Retreats to Blairstown

by Marc Eisenberg

At 6:30 a.m. on Tuesday, August 26th, sixteen weary-eyed seniors, along with Mrs. Halpern and Mr. Levinson, boarded the two Prep vans headed for Blairstown, New Jersey, where the Peer Leadership Retreat was held. During the previous day, all had met at Mrs. Halpern's house for a lunch and pool party to decide and shop for the meals for the retreat.

The sixteen seniors who are part of the program are: Kama Bethel, Joseph Bornheimer, Michelle Bressler, Bradford Costello, Marc Eisenberg, Donna Goodman, Matthew Group, Daniel Gura, Sloan Kroop, Paul Kuharsky, Michele McGuire, Cynthia Nacson, Mark Nathan, Andrea Neumaier, Heather Rotter, and Robert Tuckman. The main objective of the program is to help freshmen and new students to the upper school to adjust to Prep's environment. There will be one female and one male Peer Leader to every eight to twelve freshmen or new sophomores. The peer leaders will meet with their groups once a week, and will spend the other four days in class with each other and the two teachers.

The eighteen reached Camp Mason in Blairstown at about 8:30 in the morning. The breakfast crew immediately began preparing the first meal, while the rest of the group unpacked. The cabin, in which the group stayed, consisted of a large meeting room and a kitchen, and two hallways, each branching off into four bedrooms and a bathroom, leading in opposite directions.

At breakfast, each person told the rest of the group what he or she did over the summer, and how he or she may have benefited or learned something new from doing it. After everyone had finished eating (and throwing at each other) the delicious, well-made pancakes (the culinary masterpiece of the retreat), and the table was cleaned, everyone assembled in the meeting room and formed a circle.

The first exercise was called the Name Game. Each person told the others what his or her name meant to him or her, and why it might be special. After that, Mrs. Halpern and Mr. Levinson discussed certain

topics, such as the things that make a strong group.

Throughout the day, the eighteen participants learned more about each other through special exercises, in which they shared memories and feelings with each other. They also played "games" in which they tested their skills at working together. After the exhausting day, everyone went to sleep, with the exception of those who drifted into the kitchen at four in the morning for a cereal snack.

The next day began with physical "puzzle" activities, which entailed a lot of strategic thinking on the part of the sixteen seniors. These were more exercises geared towards working harmoniously in a group. Afterwards, the sixteen Peer Leaders sat in a room to decide who the

Peer Leader pairs should be. Everyone would probably agree that this was the most difficult part of the retreat, but after about four hours, the pairs were formed.

Before the group broke camp, everyone sat around in a circle to tell each other what they were thinking, in an activity called Comfort and Sharing. Most agreed that they had just spent the two most emotional days of their lives. The eighteen then headed back to Prep, where they arrived at about 8:30 on Wednesday evening. They learned a lot about themselves, and they learned a lot about their fellow Leaders; but most of all, they learned to work well in a group, which is what they will be helping the underclassmen to do during all of this year.

New Administration

Stephanie Levee

The 1986-87 school year heralds the arrival of many new teachers, and also welcomes two new people to Prep's administration. These are Mrs. Diane Hulse, who takes over for Mrs. Hagin as the Director of Admissions, and Mr. William Rowling, who replaces Dave Disend as Director of Development.

Mrs. Hulse comes to us from the Bergen School, in Jersey City, where she was the headmistress. Before that, she was in charge of college placement and scheduling at the Friends Seminary in Manhattan. Mrs. Hulse has been here at Prep since August, and commutes daily from her home in Staten Island.

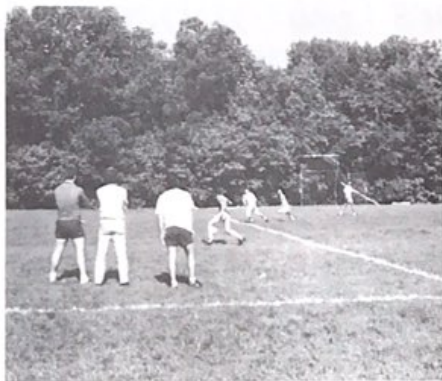
While she is here at Prep, one goal of Mrs. Hulse's is to "expand the marketing and recruitment" here at Prep. She would like a video of Prep to be made, to get more publicity for the school. A new tour program has already been implemented, so that prospective students have a chance to view the school and students in action. Mrs. Hulse has also taken a strong role in the Key Club, making it a more formal club. Mrs. Hulse feels "the students are the best salesmen." Her assistant is Mrs. Elizabeth Bateson, who joins the Prep community after living and working in Great Britain for numerous years.

Although he is new to Prep, Mr. Rowling is not new to the activities of the development office. The Director of Development's job is to keep in touch with alumni, establish public relations with the community, and to raise enough funds for a balanced budget and school programs. Mr. Rowling previously did fundraising for the Gordon School and Providence Country Day in Providence, Rhode Island, and for the Stonleigh-Burnham School in Greenfield, Massachusetts. A native of Detroit, Mr. Rowling holds a B.A. from the College of Wooster in Ohio and received his Bachelor of Divinity from McCormick Theological Seminary in Chicago.

One of Mr. Rowling's plans while he is Director of Development is basically, as he says, "to build on the work that Dave Disend did." This involves getting more volunteers for fundraising and other activities, and to build up the Alumni Program to get more alumni active in Prep functions. While he is here, Mr. Rowling hopes that he can get people to "get involved" working for the Prep community.



New Director of Admissions, Diane Hulse takes a break from her busy schedule.



Coach Marotto, Mr. Shiffman, and Senior Danny Gura watch the action on the soccer field during practice.

Boys' Soccer looks ahead to highly successful season

by Shirley Chwatko

Another season of Boy's Soccer is underway with much enthusiasm and eagerness. New coaches will lead both the varsity and junior varsity teams. Bob Moratto, Assistant Coach during the previous year, will be replacing Mike Delia as Head Coach, and Dave McNutt will head the junior varsity team. Both coaches were well received by the players and are looking forward to a promising season.

Although the team has lost several key players including captains Marc McMorris, Billy Coyer, and Walter Szymanski, competitive and strong players are available to maintain the strength of the team. Leading the varsity team this year are seniors Andy Hamelsky, Paul Kuharsky, Danny Gura, Greg Poole, Rob Tuckman, Craig Barrack, Larry Weiss, Mark Nathan, Mike Gato, and junior Tim Cirenza. As for the junior varsity team, helpers are Chris Gioffre, Danny Oross, Tony Folenio, Marc Levy, and Neil Bressler.

Some players devoted time this summer to soccer. The Hamelsky brothers attended a session of soccer camp at St. Joseph's High School in Metuchen. Andy felt that, "the camp was a good head start on the season. I learned many fine skills that I am now incorporating into my game." Larry added, "This summer experience eased me into the season with positive anticipation."

There are several key players that will be heavily relied on throughout the season. Included are last season's all-state and all-county players, Danny Gura and Tim Cirenza. Danny Gura, a major playmaker, will be needed to assist the defense as he plays center half back. Returning veteran Paul Kuharsky is a key goal scorer and pulls much weight on the offense of the team. In addition, Mark Nathan and Larry Weiss will be relied on to score. "There is a lot of talent on the team this year. We really need to unite as a whole in order to have a successful season."

The defense will partly consist of seniors Greg Poole, Rob Tuckman, and Craig Barrack.

They all are experienced members of the team. Craig Barrack speaks on the upcoming season, commenting that, "We are playing well as a team with positive feelings among the players." The team notes that Andy looks strong and much improved in defending Prep's goal.

Coach McNutt comments, "Practices have been mentally and physically challenging as well as fun. Coach Marotto and I

by Kama Bethel

The Girls' Soccer team is preparing for another eventful season under new direction. The Head Coach position is being filled by a new member of the Prep community, Heidi Nestvogel. She will be assisted by Carole Glantzow, who helped coach the team last year. The team members include seniors Michelle Bressler, Michele McGuire, Kama Bethel, and Elaine Protopapadakis; juniors Sue Metzger, Denise Goldman, Michelle Goldsmith, Caroline Santowasso, and Julie Cunjak; sophomores Dana Bernstein and Sandy Wardlow; and freshmen Nicole Chelel, Kristen Devine, Kim Schinasi, Krista Stella and Megan Coakley.

believe that our teams are ready to respond to the challenges to the game." The teams are concentrating on conditioning and stamina as well as developing and fine tuning the skills needed to play the game. The coaches both agree that successful balance between the two must be achieved in practices.

On a whole, the team looks good as they work on dissolving their weaknesses and strengthening their attributes.

Girls' team first at Newark Inv.

by Danny Gura

One just has to observe the Rutgers Prep Cross Country Team for a few moments to see that this is a team of winners. Not only is the team coming off one of the best records ever in a cross country season (9-5 for the boys, 4-0 for the girls), but many of its experienced runners are returning and raring to begin the season.

Coach Dougherty, who is able to motivate his team, states that it's too early to tell how the team will perform, but the attitude and spirit of the team is very positive. Many runners spent time in the summer at running camp, including sophomore Shirley Chwatko. Another summer activity which will prove vital not only to the Cross Countryers, but to other teams also, is the Ropes Course. Coach Dougherty spent most of his summer clearing out trees to make room for the new course. He brought in a consultant to advise him on obstacles that would build team unity from the smallest to the biggest athlete, thus encouraging everyone to participate. The new course has brought a great deal of enthusiasm from the runners, and will definitely be a useful facility throughout the years to come at Prep.

This year the Cross Country Team is led by standout Chris Santi. Even as a freshman, Chris showed promise in running, and it's paying off. Last year, he placed 11th in the state as a sophomore, and this year he hopes to better his mark. Steve Ciraulo, an All-State Honorable Mention soccer player last year, has dropped his cleats for a pair of running shoes this year. Steve has great speed and stamina. He's a real workhorse, and his presence adds great depth to the team.

On the girls side, Mandy Holliday, a standout as a frosh, should lead the reins. Following close behind are senior leaders Lisa Silverman and Rebecca Kaizerman. Rebecca has improved a great deal over the years, and good things are expected of her this fall. Lisa Silverman commented that, "the team is solid throughout, and everyone is eager to compete towards a successful season."

The Cross Country Team this year should definitely not be taken lightly. It's evident that they are determined to bring home a banner. But it will take many hours of hard work, and the work has just begun. Practices have been quite rigorous, and runs have been taken of nine miles, six miles, or four miles in a single day in addition to timed sprints.

The team opened its season on September 13, at the Newark Academy Invitational. Both teams fared well. The girls won the team title, led by Mandy Holliday with a time of 22:42, who took second place. Justine DeSantis and Shirley Chwatko finished in 9th and 10th respectively. The boys' team finished in third place. Chris Santi was the top finisher in seventh place, with a time of 16:46.

New coach aids soccer

Coach Nestvogel expresses her desire to incorporate team morale and dedication this season. "We must start off with strong team morale and a lot of team effort." Dedication to the team and sport is necessary for a productive season. Once a commitment is made to participate on a team, it is important to follow through. Coaches Nestvogel and Glantzow both believe in giving as much as you can, as well as having a positive attitude. "The team has to give as much in practice as they do in game situations in order to improve on their skills and conditioning," Coach Glantzow added. Another area of concentration this season is the team's mechanics. When a skill or procedure is demonstrated in practice, it is expected that the team will try as if they are in a real game.

Soccer is just beginning, but already several strengths of the team as a whole are surfacing. "Because I am new to the school, I am providing a new environment on the field as well as new techniques of coaching. The team is adapting fairly nicely to the change," shares Coach Nestvogel. The team is enthusiastic about the upcoming

season. Most members on the team have played together for several years and there are a good number of freshmen joining. "The team is learning to work together, because we realize how vital this is to a successful season," Carole Glantzow also commented.

The team is preparing for a demanding season this year. The team looks forward to the leadership and playmaking of veterans Michele McGuire, Kama Bethel and Michelle Bressler. They all agreed that the stress placed on conditioning during practices will be very beneficial to the team. Some of the teams they face will be Princeton Day School, Pingry, Wardlaw Hartridge, and Ranney School, a big rival from last year. One of the handicaps this season is the loss of two key players from last year, Julia Lenaghan and Erika Barnes. However, there are capable players to fill their spots.

The team is working together and improving on their skills to meet the challenges that lie before them. Everyone is expecting an exciting season this year. The soccer season opened with a scrimmage on September 16 at Mt. St. Johns.

Tennis builds

As the girls' tennis team unfolds, the strengths and spirit of the team is becoming evident. Initially, the team was worried about filling the positions left open by the graduating seniors, but the healthy turn out of underclassmen alleviated this concern. They include Karen Robinovitz, Jennifer Costanza, Adrienne Johnson, Jennifer Wiern, and first time seniors; Melissa Mailman and Kara Dunigan.

The team will rely on the leadership of a new Head Coach, Mike Delia. He is holding the position that was once filled by Jerry Marone. Coach Delia was well received by the team who thrive on his spirit and determination to make this upcoming season a great one. This is Delia's first season coaching a tennis team, and he stated that, "It feels great to coach the sport. I truly love the game, and it is second only to lacrosse in my mind." Although Delia is not fully familiar with each member's individual style of play, he is aware of their personal goals, and he hopes to assist them in achieving those aims.

The nucleus of the team revolves around returning veterans Meredith Sapiro, Elissa Silverman, Sloan Kroop, and Eileen Coakley. It is obvious that they worked on their games over the summer and many attended tennis camps. Eileen noted that there is an overall improvement of the team as compared to last season. They all agree that they have a tough season ahead of them, but they know that their new coach will work them hard.

During the preseason practices, Coach Delia stresses some vital aspects of the game. Footwork and conditioning are two significant ones as well as a strong mental attitude. The latter is always important in order to boost one's confidence which more often than not leads to a formidable player. In addition, Delia wants the underclassmen to gain valuable experience on the court throughout the season.

Permanent positions on the team have not yet been established, but due to the turn out, there will be a junior varsity team. The team has a great deal of talent which must be utilized. In their first home match, the team faced Montclair Kimberly.



The cross-country teams gather to hear a few inspirational pre-practice words from Coach Dougherty.