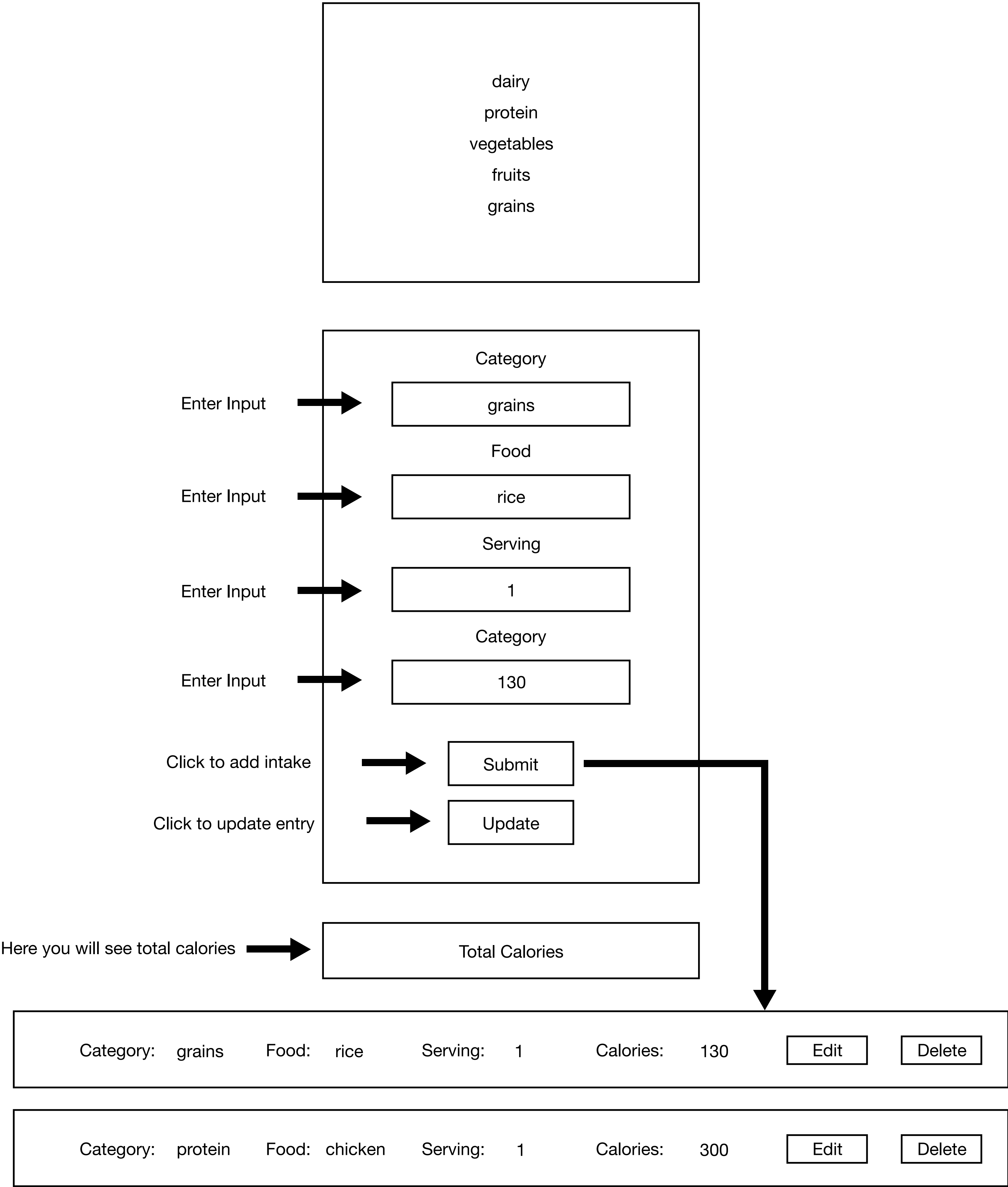


Track Your Calories



Track Your Calories

dairy

protein

vegetables

fruits

grains

Category

grains

Food

rice

Serving

2

Category

260

Submit

Update

Click to update entry

Total Calories

Category: grainsFood: riceServing: 2Calories: 260

EditDelete

Category: proteinFood: chickenServing: 1Calories: 300

EditDelete

Track Your Calories

dairy

protein

vegetables

fruits

grains

Category

grains

Food

rice

Serving

2

Category

260

Submit

Update

Total Calories

Category:

grains

Food:

rice

Serving:

2

Calories:

260

Edit

Delete

Deletes entry from database

Category:

protein

Food:

chicken

Serving:

1

Calories:

300

Edit

Delete

Track Your Calories

dairy

protein

vegetables

fruits

grains

Problem saving your entry

Please specify a category.

Please specify a food.

Please specify a serving.

Please specify calories.

Category

Food

Serving

Category

Submit

Update

Total Calories

If Category entered doesn't match the ones above a saving error will occur

If clicked with 0 inputs error message will appear

Category: protein

Food: chicken

Serving: 1

Calories: 300

Edit

Delete