# Module 1

# **Greek and Latin: History**

### **Earliest Greek Language**

- Greek ⊂ Indo-European
- Earliest evidence of Greek language: "Linear B" writing on clay tablets from 15th cen.
  BC Mycenaean civilization
- Dark Age (12th cen. BC to ~800 BC): disappearance of written records; started as Mycenaean civilization collapsed

### The Greek Language and Alphabet

- 950-750 BC: Greeks adopted the Phoenician alphabet:
  - For the hard "k" sound: Greek used letter *kappa* ( $\kappa$ ) while Latin used "c"
  - Letter "h" did not exist in Greek; considred just a puff of air and often treated like a vowel
  - Vowels:
    - upsilon (v) = "u" but sometimes "y"
    - iota (ι) = "i" but sometimes "e"
  - o Double letter consonants:
    - $rho(\rho) = "rh"$
    - $chi(\chi) = "ch"$
    - $psi(\psi) = "ps"$
    - $\blacksquare$  *phi* ( $\phi$ ) = "ph"

# **Rise of the Greek City States**

- Greek civilizations were organized into self-governing city-states, or polis
- Beginning in 1000 BC and ramping up in 8th cen. BC, Greeks spread throughout the Mediterranean basin: Sicily, southern Italy, southern France, Spain, North Africa, and Black Sea area

City states fought each other until the Persian Empire invaded Greece in early 5th cen.
 BC and they joined forces under Sparta and Athens

#### **Greek Classical Period**

- The century that followed the Persion Wars is considered the Greek "Golden Age"
  - o Great tregedians: Aeschylus, Sophocles, Euripides
  - Comic playright Aristophanes
  - Architecture: Parthenon on the Acropolis
  - Homer: Iliad and Odyssey
- Peloponnesian War: conflict between the two dominant city-states of Athens and Sparta;
  won by Sparta

### Age of Philip and Alexander

- Macedonians (Greek-speaking people from Northern part of Greek peninsula), lead by Phillip II forced city-states into an alliance in mid 4th cen. BC.
- Phillip planned revenge against the Persians; he was assassinated, but his son
  Alexander carried out the invasion
  - The Greek language was spread far eastwards; became the standard language of commerce and government in many areas

#### **Hellenistic Period**

- Alexander died suddenly after establishing his new empire
- Empire's center of influence shifted from the Greek peninsula to cities such as Alexandria in Egypt and Antioch in Syria
  - Advances in medicine (particularly in anatomy)
  - Great libraries established in Alexandria and Pergamum (in modern Turkey)

## **Earliest Latin Language**

- Latin ⊂ Indo-European
- Earliest evidence of Latin language: inscriptions from 6th cen. BC
- Latin alphabet = English alphabet minus letters "j" and "w"
- Rome began as a small, Latin-speaking settlement founded in the 8th cen. BC

 Rome grew during the Hellenistic Period and added Hellenistic regions to its own growing empire

#### Roman Republic

- Rome was originally ruled by kings, but in early 6th cen. BC the Republic (a system based on annually-elected magistrates and representative assemblies) was established
- Rome's expansion spread the Latin language:
  - Rome had conquered all of Italy by the 3rd cen. BC
  - Rome clashed with Carthage in the 3 Punic Wars for control of the western
    Mediterranean
  - Rome absorbed Greece and the Hellenistic kingdoms
  - Rome also expanded into North Africa, France, and Spain

#### **Romain Empire**

- Roman Republic system collasped and resulted in frequent bloody civil wars
- In late 1st cen. BC, Augustus became emperor
- Geographical linguistic divide "Latin West" and "Greek East", except:
  - Latin was used for law and administration throughtout
  - Greek was used for philosophy and medicine throughout

## **Greek and Latin After the End of Antiquity**

- Romain Empire collapsed in the late 5th cen. AD
- During medieval period (5 15th cen. AD), Latin was used for all scholarly and ecclesiastical works
  - Ecclesiastical Latin continues to be used by the Roman Catholic Church
- In 16th cen. AD (Renaissance) there were attempts to revive Classical Latin, which resulted in Neo-Latin
  - Neo-Latin was used for science, education, and diplomacy in Europe until gradually repaced by local languages by early 18th cen.
- Modern day:
  - Latin evolved into modern Romance languages

- Latin is used to name and describe species
- o Ancient Greek remains important theologically due to the New Testament
- Ancient Greek serves as the primary source for most medical terminology

#### **Greek and Roman Medicine**

#### Important Figures in Greco-Roman Medicine

All Greeks, no Romans; Romans did not consider bio-medicine worthwhile, while Greeks considered it an extension of philosophy

- Hippocrates: father of medicine
  - 5th cen. BC; physician and medical writer
  - Over 60 medical texts
  - Humoral theory; role of lifestyle and environment in inllness
- Plato:
  - 5th cen. BC; philosopher
  - Timaeus outlined his conception of the body and soul and their interactions, though internal anatomy and physiology was entirely theorized
  - Very respected, his ideas about the human body were valued even though he was not a physician
- Aristotle:
  - 4th cen. BC; philosopher and Plato's student
  - Ideas about human body drew upon analogies from animal dissections; better understanding than Plato, but also sometimes wildly inaccurate
  - Promoted empirical investigation of the natural world; first to attempt a systematic classification of the natural world
- Dioscorides:
  - 1st cen. AD; physician and pharmacologist
  - Work on pharmaceutical herbalism *Die Materia Medica* was a standard work of medical reference well into the 17th cen.
- Galen:

- o 2nd cen. AD; physician of the emperor in Rome
- Several hundreds of medical texts
- Held ideas of Hippocrates in very high esteem; modified humoral theory to its modern form
- Often referred to Soranus with great respect
- Soranus:
  - o 2nd cen. AD; physician in Ephesus
  - Known for Gynaecia: a treatise on gynecology, obstetrics, and paediatrics

#### **Bio-Medical Theories of the Classical World**

- Theories:
  - Theory of humours: most common in ancient world
    - Handed down and relied upon well into the 19th cen.
    - First recorded by Hippocrates, modified and promoted by Galen
    - A person's physical and mental states are determined by the relative ratios of various (\$n\$) liquids in the body
      - According to Galen (n=4):
        - Blood: hot + wet = Air
        - Phlegm: cold + wet = Water
        - Yellow bile: hot + dry = Fire
        - Black bile: cold + dry = Earth
    - Physician's job was to restore balance to the humours
  - Pneumatic theory:
    - Disorder of the pneuma (breath / spirit that was believed to flow in arteries)
      was the cause of illness
  - Corpuscular theory:
    - Blockage of corpuscles (little bodies that flowed through the body) was the cause of illness

- · Sects:
  - o Dogmatist: e.g. Hippocrates and Galen
    - Physician should combine theory of disease causation, anatomy knowledge, and understanding of the patient in their practice
  - Methodism:
    - Understanding human anatomy is unnecessary
    - Used corpuscular theory: physician needed only techniques to 'adjust the size of the corpuscular channels to alleviate blockage'
  - o Empiricist:
    - Understanding human anatomy is unnecessary
    - Cause of disease was irrelevant; instead detailed notes of what has worked in the past should guide a physician

### **Divine Healing**

- Hippocratic Oath calls upon various Greek gods of healing
- Galen was a therapeutes (servant) in an Asclepion (temple of Asclepius, the Greek god of healing)

## The Continued Use of Greek and Latin in Medicine and Biology

- Greek and Latin elements make up 94% of all life/health science terminology
- · Reasons for use:
  - Greek and Latin medical terms are well entrenched in history
    - Greek was the language of medicine; even during the Roman Empire, medical texts were written in Greek
    - Greek medical terms were transliterated (i.e. letter-for-letter) into Latin terms
    - After the fall of the Roman Empire, Latin became more prominent in medical texts
  - Greek and Classical Latin are dead languages and no longer change
  - The word structure of Ancient Greek allows for complex ideas to be made into a single word