

Relax Select Mantra Love

5 min Set Timer 10 min



Love

Relax

Sleep

5 min

10 min

15 min

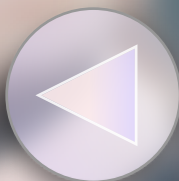


Relax (10 min)

**"Hari Om Namō Narayana"**

Dm A Hari Om Namō Narayana  
Om Namō Narayana Hm A Hm  
A Hari Om Namō Narayana, Hari  
Om Namō Narayana Dm A Dm  
A Dm Hari Om Namō Narayana,  
Hari Om Namō Narayana a a a  
Dm A Om Namō Narayana Hm  
A Hm A Hari Om Namō  
Narayana, Hari Om Namō  
Narayana

*source: <http://yoga-relax-mantra.blogspot.com>*



Relax (10 min)

**"Hari Om Namō Narayana"**

Dm A Hari Om Namō Narayana  
Om Namō Narayana Hm A Hm  
A Hari Om Namō Narayana, Hari  
Om Namō Narayana Dm A Dm  
A Dm Hari Om Namō Narayana,  
Hari Om Namō Narayana a a a  
Dm A Om Namō Narayana Hm  
A Hm A Hari Om Namō  
Narayana, Hari Om Namō  
Narayana

*source: <http://yoga-relax-mantra.blogspot.com>*



What is Mantra?

Why doing Mantra?

Settings

Credits

