## 1 FREE THEOREM FOR subst

We already know, as a general fact, that

$$\begin{split} & \big[\!\!\big[\Gamma;\emptyset\mid x: \operatorname{Nat}^{\overline{\alpha},\overline{\gamma}}\!F\,G,\overline{y:\operatorname{Nat}^{\overline{\gamma}}\!\sigma\,\tau} \vdash ((\operatorname{\mathsf{map}}_G^{\overline{\sigma},\overline{\tau}})_{\emptyset}\overline{y}) \circ (L_{\overline{\gamma}}z.x_{\overline{\sigma},\overline{\gamma}}z): \operatorname{Nat}^{\overline{\gamma}}\!F\big[\overline{\alpha}:=\overline{\sigma}\big]\,G\big[\overline{\alpha}:=\overline{\tau}\big]\big]\!\!\big]^{\operatorname{Set}} \\ & = \big[\!\!\big[\Gamma;\emptyset\mid x:\operatorname{Nat}^{\overline{\alpha},\overline{\gamma}}\!F\,G,\overline{y:\operatorname{Nat}^{\overline{\gamma}}\!\sigma\,\tau} \vdash (L_{\overline{\gamma}}z.x_{\overline{\tau},\overline{\gamma}}z) \circ ((\operatorname{\mathsf{map}}_F^{\overline{\sigma},\overline{\tau}})_{\emptyset}\overline{y}): \operatorname{Nat}^{\overline{\gamma}}\!F\big[\overline{\alpha}:=\overline{\sigma}\big]\,G\big[\overline{\alpha}:=\overline{\tau}\big]\big]\!\!\big]^{\operatorname{Set}} \end{split}$$

In particular, if we instantiate x with any term subst of type  $\vdash \mathsf{Nat}^{\alpha}(\mathsf{Lam}\,(\alpha + 1) \times \mathsf{Lam}\,\alpha) \,\mathsf{Lam}\,\alpha$  (and thus there is a single  $\alpha$  and no  $\gamma$ 's) we have

$$\llbracket \Gamma; \emptyset \mid y : \operatorname{Nat}^{\emptyset} \sigma \tau \vdash ((\operatorname{map}_{\operatorname{Lam} \alpha}^{\sigma, \tau})_{\emptyset} y) \circ (L_{\emptyset} z. \operatorname{subst}_{\sigma} z) : \operatorname{Nat}^{\emptyset} (\operatorname{Lam} (\sigma + \mathbb{1}) \times \operatorname{Lam} \sigma) \operatorname{Lam} \tau \rrbracket^{\operatorname{Set}}$$

$$= \llbracket \Gamma; \emptyset \mid y : \operatorname{Nat}^{\emptyset} \sigma \tau \vdash (L_{\emptyset} z. \operatorname{subst}_{\tau} z) \circ ((\operatorname{map}_{\operatorname{Lam} (\alpha + \mathbb{1}) \times \operatorname{Lam} \alpha}^{\sigma, \tau})_{\emptyset} y) : \operatorname{Nat}^{\emptyset} (\operatorname{Lam} (\sigma + \mathbb{1}) \times \operatorname{Lam} \sigma) \operatorname{Lam} \tau \rrbracket^{\operatorname{Set}}$$

$$(2)$$

Thus, for any set environment  $\rho$  and any function  $f : [\Gamma; \emptyset \vdash \mathsf{Nat}^{\emptyset} \sigma \tau]^{\mathsf{Set}} \rho$ , we have that

$$\begin{split} & \big[\!\big[\Gamma;\emptyset\mid y: \mathsf{Nat}^{\emptyset}\sigma\,\tau \vdash ((\mathsf{map}_{\mathsf{Lam}\,\alpha}^{\sigma,\tau})_{\emptyset}y) \circ (L_{\emptyset}z.\,\mathsf{subst}_{\sigma}\,z): \mathsf{Nat}^{\emptyset}(\mathsf{Lam}\,(\sigma+\mathbb{1})\times\mathsf{Lam}\,\sigma)\,\mathsf{Lam}\,\tau\big]\!\big]^{\mathsf{Set}}\rho f \\ & = \big[\!\big[\Gamma;\emptyset\mid y: \mathsf{Nat}^{\emptyset}\sigma\,\tau \vdash ((\mathsf{map}_{\mathsf{Lam}\,\alpha}^{\sigma,\tau})_{\emptyset}y)\big]\!\big]^{\mathsf{Set}}\rho f \circ \big[\!\big[\Gamma;\emptyset\mid y: \mathsf{Nat}^{\emptyset}\sigma\,\tau \vdash L_{\emptyset}z.\,\mathsf{subst}_{\sigma}\,z\big]\!\big]^{\mathsf{Set}}\rho f \\ & = \big[\!\big[\Gamma;\emptyset\mid\emptyset\vdash\mathsf{map}_{\mathsf{Lam}\,\alpha}^{\overline{\sigma},\overline{\tau}}\big]\!\big]^{\mathsf{Set}}\rho f \circ \big[\!\big[\Gamma;\emptyset\mid\emptyset\vdash L_{\emptyset}z.\,\mathsf{subst}_{\sigma}\,z\big]\!\big]^{\mathsf{Set}}\rho \\ & = \mathsf{map}_{\big[\!\big[\emptyset;\alpha\vdash\mathsf{Lam}\,\alpha\big]\!\big]^{\mathsf{Set}}\big[\alpha:=\_\big]}f \circ (\big[\!\big[\vdash\,\mathsf{subst}\big]\!\big]^{\mathsf{Set}}\big)_{\big[\!\big[\Gamma;\emptyset\vdash\sigma\big]\!\big]^{\mathsf{Set}}\rho} \end{split} \tag{3}$$

and

$$\begin{split} & \left[\!\!\left[\Gamma;\emptyset\mid y:\mathsf{Nat}^{\emptyset}\sigma\,\tau \vdash (L_{\emptyset}z.\,\mathsf{subst}_{\tau}\,z) \circ ((\mathsf{map}_{\mathsf{Lam}\,(\alpha+\mathbb{1})\times\mathsf{Lam}\,\alpha}^{\sigma,\tau})_{\emptyset}y):\mathsf{Nat}^{\emptyset}(\mathsf{Lam}\,(\sigma+\mathbb{1})\times\mathsf{Lam}\,\sigma)\,\mathsf{Lam}\,\tau\right]\!\!\right]^{\mathsf{Set}}\rho f \\ & = & \left[\!\!\left[\Gamma;\emptyset\mid y:\mathsf{Nat}^{\emptyset}\sigma\,\tau \vdash L_{\emptyset}z.\,\mathsf{subst}_{\tau}\,z\right]\!\!\right]^{\mathsf{Set}}\rho f \circ \left[\!\!\left[\Gamma;\emptyset\mid y:\mathsf{Nat}^{\emptyset}\sigma\,\tau \vdash (\mathsf{map}_{\mathsf{Lam}\,(\alpha+\mathbb{1})\times\mathsf{Lam}\,\alpha}^{\sigma,\tau})_{\emptyset}y\right]\!\!\right]^{\mathsf{Set}}\rho f \\ & = & \left[\!\!\left[\Gamma;\emptyset\mid\emptyset\vdash L_{\emptyset}z.\,\mathsf{subst}_{\tau}\,z\right]\!\!\right]^{\mathsf{Set}}\rho \circ \left[\!\!\left[\Gamma;\emptyset\mid\emptyset\mid\emptyset\vdash\mathsf{map}_{\mathsf{Lam}\,(\alpha+\mathbb{1})\times\mathsf{Lam}\,\alpha}^{\sigma,\tau}\right]\!\!\right]^{\mathsf{Set}}\rho f \\ & = & \left(\!\!\left[\!\!\left[\vdash\mathsf{subst}\right]\!\!\right]^{\mathsf{Set}}\right)_{\left[\!\!\left[\Gamma;\emptyset\vdash\tau\right]\!\!\right]^{\mathsf{Set}}\rho} \circ \mathsf{map}_{\left[\!\!\left[\emptyset;\alpha\vdash\mathsf{Lam}\,\alpha\right]\!\!\right]^{\mathsf{Set}}\left[\alpha:=\_\right]}f \\ & = & \left(\!\!\left[\!\!\left[\vdash\mathsf{subst}\right]\!\!\right]^{\mathsf{Set}}\right)_{\left[\!\!\left[\Gamma;\emptyset\vdash\tau\right]\!\!\right]^{\mathsf{Set}}\rho} \circ (\mathsf{map}_{\left[\!\!\left[\emptyset;\alpha\vdash\mathsf{Lam}\,\alpha\right]\!\!\right]^{\mathsf{Set}}\left[\alpha:=\_\right]}(f+\mathbb{1})\times\mathsf{map}_{\left[\!\!\left[\emptyset;\alpha\vdash\mathsf{Lam}\,\alpha\right]\!\!\right]^{\mathsf{Set}}\left[\alpha:=\_\right]}f ) \end{aligned} \tag{4}$$

So, we can conclude that

$$\begin{split} & \operatorname{\mathsf{map}}_{\llbracket \emptyset; \alpha \vdash \operatorname{\mathsf{Lam}} \alpha \rrbracket}^{\operatorname{\mathsf{Set}}} [\alpha := \_] f \circ (\llbracket \vdash \operatorname{\mathsf{subst}} \rrbracket^{\operatorname{\mathsf{Set}}})_{\llbracket \Gamma; \emptyset \vdash \sigma \rrbracket}^{\operatorname{\mathsf{Set}} \rho} \\ & = (\llbracket \vdash \operatorname{\mathsf{subst}} \rrbracket^{\operatorname{\mathsf{Set}}})_{\llbracket \Gamma; \emptyset \vdash \tau \rrbracket^{\operatorname{\mathsf{Set}}} \rho} \circ (\operatorname{\mathsf{map}}_{\llbracket \emptyset; \alpha \vdash \operatorname{\mathsf{Lam}} \alpha \rrbracket}^{\operatorname{\mathsf{Set}}} [\alpha := \_] (f + \mathbb{1}) \times \operatorname{\mathsf{map}}_{\llbracket \emptyset; \alpha \vdash \operatorname{\mathsf{Lam}} \alpha \rrbracket}^{\operatorname{\mathsf{Set}}} [\alpha := \_] f) \end{split} \tag{5}$$

Moreover, for any A, B: Set, we can choose  $\sigma = v$  and  $\tau = w$  to be variables such that  $\rho v = A$  and  $\rho w = B$ . Then for any function  $f : A \to B$  we have that

$$\begin{split} \operatorname{\mathsf{map}}_{\llbracket \emptyset; \alpha \vdash \operatorname{\mathsf{Lam}} \alpha \rrbracket}^{\operatorname{\mathsf{Set}}}_{\{\alpha :=\_]} f \circ (\llbracket \vdash \operatorname{\mathsf{subst}} \rrbracket^{\operatorname{\mathsf{Set}}})_{A} \\ &= (\llbracket \vdash \operatorname{\mathsf{subst}} \rrbracket^{\operatorname{\mathsf{Set}}})_{B} \circ (\operatorname{\mathsf{map}}_{\llbracket \emptyset; \alpha \vdash \operatorname{\mathsf{Lam}} \alpha \rrbracket^{\operatorname{\mathsf{Set}}}[\alpha :=\_]} (f+1) \times \operatorname{\mathsf{map}}_{\llbracket \emptyset; \alpha \vdash \operatorname{\mathsf{Lam}} \alpha \rrbracket^{\operatorname{\mathsf{Set}}}[\alpha :=\_]} f) \end{split} \tag{6}$$

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1:2 Anon.

Remark 1. The free theorem for a type is always independent of the particular term of that type, so the above proof is independent of the choice of function subst. In addition, the above proof is independent of the particular data type — in this case, Lam — over which subst acts. Indeed, the result holds for any data type, and thus it is just a consequence of naturality.