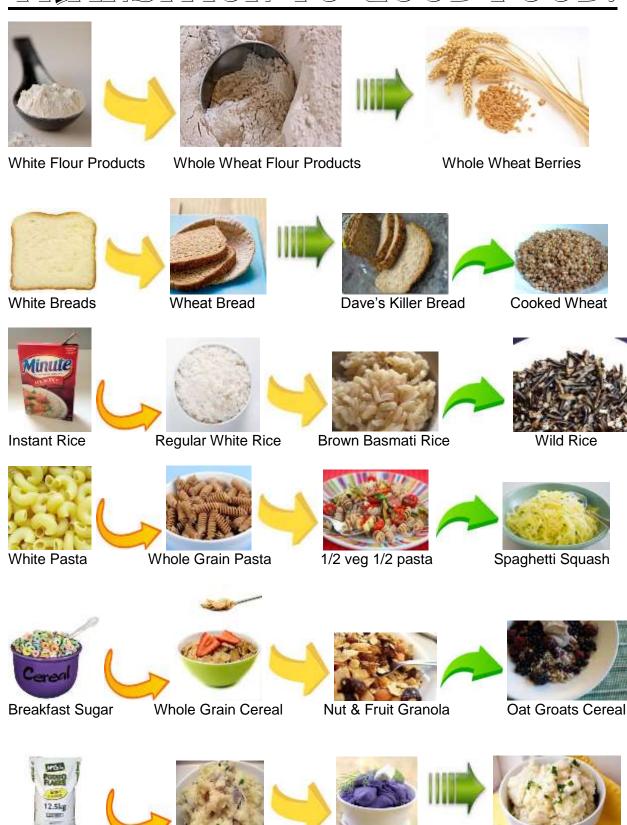


Passion For Healing Naturopathic Dr. Mindy Curry, ND.

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TRANSITION TO GOOD FOOD:

















Mashed Potatoes w/Skin Purple Potato Mash

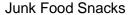
Cauliflower mash



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Whole Grain Crackers, Aged Cheese Fruit, Nuts, Veg, Hummus



