

Crisis Contingency and Relapse Prevention Plan



For:
William Shakespeare

Created by:
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This plan is to be developed by the worker, service user and (where appropriate) carer.

Early stage

Warning signs of crisis/relapse

Helpful responses to these signs include:

Include people, places, methods that work well, medication recommendations, amendments, strategies, treatment approaches that reduce the risks/crises, do's and don'ts

Mid stage

Warning signs of crisis/relapse

Helpful responses to these signs include:

Include people, places, methods that work well, medication recommendations, amendments, strategies, treatment approaches that reduce the risks/crises, do's and don'ts

Late stage

Warning signs of crisis/relapse

Helpful responses to these signs include:

Include people, places, methods that work well, medication recommendations, amendments, strategies, treatment approaches that reduce the risks/crises, do's and don'ts