

# Crisis Contingency and Relapse Prevention Plan



For:  
William Shakespeare

Created by:  
Anne Hathaway

Date:  
01-Dec-2018

This plan is to be developed by the worker, service user and (where appropriate) carer.

## Early stage

Warning signs of crisis/relapse

Helpful responses to these signs include:

Include people, places, methods that work well, medication recommendations, amendments, strategies, treatment approaches that reduce the risks/crises, do's and don'ts

## Mid stage

Warning signs of crisis/relapse

Helpful responses to these signs include:

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## Late stage

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