

4ª ETAPA CIRCUITO MÁSTER ZONA OCCIDENTAL CÁDIZ, 11/3/2023

Prueba 37 11/03/2023 - 10:00	Fem., 400	Fem., 400m Libre		20 años y mayores Resultados	
Puntos: DSV Masters 22					
ificación	AN	Tiempo Pts	100m 200m 300m	400m	
20+					
1. DELGADO ASENCIO, Lat 50m: 100m: 1:17.78	102 C.D. Máster Huelva 150m: 2:43.78	5:38.30 500 250m: 4:11.26	1:17.78 1:26.00 1:27.48 350m: 400m: 5:38.30	1:27.04	
25+					
1. FERNANDEZ-ARAMBURI	J97OR[R.C. Pineda De Sevilla	6:19.28 360 _{250m:}	1:26.54 1:37.11 1:39.10	1:36.53	
100m: 1:26.54	200m: 3:03.65	300m: 4:42.75	400m: 6:19.28		
45+					
1. ORTIZ MESA, Gema 50m: 100m: 1:34.30	77 C.N. Dos Hermanas 150m: 200m: 3:29.13	7:17.19 275 250m: 300m: 5:26.26	1:34.30 1:54.83 1:57.13 350m: 400m: 7:17.19	1:50.93	
2. CADENA SANZ, Mercede 50m: 100m: 1:43.91	577 C.N. Utrera 150m: 200m: 3:41.09	7:33.46 246 250m: 300m: 5:39.82	1:43.91 1:57.18 1:58.73 350m: 400m: 7:33.46	1:53.64	
3. LOPEZ ZARRIAS, M. 50m: 100m: 1:40.29	78 C.N. Los Barrios 150m: 200m: 3:37.83	7:33.57 246 250m: 300m: 5:37.08	1:40.29 1:57.54 1:59.25 350m: 400m: 7:33.57	1:56.49	
4. FLORIAN BALBUENA, P. 50m: 1:51.57	74 C.N. Bahia De Cadiz 150m: 200m: 3:58.34	8:11.46 193 250m: 300m: 6:06.77	1:51.57 2:06.77 2:08.43 350m: 400m: 8:11.46	2:04.69	
5. CARRASCO SANZ, M. 50m: 100m: 1:53.22	75 C.N. Cadiz 150m: 200m: 3:59.63	8:13.41 191 250m: 300m: 6:08.41	1:53.22 2:06.41 2:08.78 350m: 400m: 8:13.41	2:05.00	
55+					
	CO CN Codio	0.40 FF 444	0.00.40 0.00.00 0.05.05	0.00 55	
1. LÓPEZ BARRANCO, M. 50m: 100m: 2:06.43	68 C.N. Cadiz 150m: 200m: 4:32.65	9:18.55 141 250m: 6:58.00	2:06.43 2:26.22 2:25.35 350m: 400m: 9:18.55	2:20.5	
2. COCA PÉREZ, M. 50m:	64 C.N. Cadiz	10:11.86 107 _{250m:}	2:18.57 2:37.13 2:38.70 _{350m} :	2:37.46	
100m: 2:18.57	200m: 4:55.70	300m: 7:34.40	400m: 10:11.86		
60+					
1. MUÑOZ RAMOS, M. 50m:	63 C.N. San Fernando	7:55.65 394 250m:	1:52.92 2:01.00 2:01.72 350m:	2:00.0	



100m:

1:52.92

200m: 3:53.92



300m:

5:55.64



400m:

7:55.65

