```
[
  {
    "name": "Delivered-To",
    "value": "tonyqiu12345@gmail.com"
  },
  {
    "name": "Received",
    "value": "by 2002:a54:324e:0:b0:259:b0da:9376 with SMTP id
g14csp1675145ecs;      Thu, 16 May 2024 00:04:51 -0700 (PDT)"
  },
  {
    "name": "X-Google-Smtp-Source",
    "value": "AGHT+IEYKx6XVoSQh6Ew6jX9jSUvjccL53a1GykI0b3s2H5odQKFD7YzDhi
tdlVAYc8SfyRkBQ4O"
  },
  {
    "name": "X-Received",
    "value": "by 2002:a2e:800a:0:b0:2e5:67a8:10f2 with SMTP id
38308e7fff4ca-2e567a8118dmr125378481fa.44.1715843091027;      Thu, 16 May
2024 00:04:51 -0700 (PDT)"
  },
  {
    "name": "ARC-Seal",
    "value": "i=1; a=rsa-sha256; t=1715843090; cv=none;      d=google.com;
s=arc-20160816;      b=ai/
IvJtWugGFvkmgj0OBOxL4YbMGDxjhE0en7QnOqTEx/05J0+CH/
RAIXduGPycwx7
agCQmUMF0LWvtqxOro8HnYHALv7kvRFHtzw3me4OhD4TG7ze3+0X5Xgs4yvx0E/
BMASj      sBDNX5kZ7rwlyN4A/
kOu8aGxlDWrbusuGdBHjMpyTzk81XQ8KZg4BZ28dKenqN0Gi0bz
Ck1EEoToj1A9U10lbNbYcH/
dN8mYFub86n5ZjtAA067g5IebzFSFCG2JpqcBZ7CVM7sU
XFcsKBVmHzbDUWQP/L1ES06u7qXW646TD/
IMkk6TGIfL85EM+1vFNtxRtz9QvPoE5tgA      Fpkg=="
  },
  {
    "name": "ARC-Message-Signature",
    "value": "i=1; a=rsa-sha256; c=relaxed/relaxed; d=google.com; s=arc-20160816;
h=message-id:to:subject:precedence:from:sender:date:list-archive      :list-help:list-
unsubscribe:feedback-id:list-post:list-owner      :list-subscribe:list-id:mime-
version:content-transfer-encoding      :dkim-signature;
bh=77f4nTgwqWuvK6W9k+yUltcyLKU3Atjigq3sQOLhL+M=;      fh=+VUGUBfKP/
hN/8KeSO6C5jQlq6QoJukOfHPJpYzf0io=;      b=MIkL4c6DUMrSYEUKQPcHc6mh4q
Q3uNRNLQ+tluEoruPlzyz0UwBqtuSr4fLB55bDsD
wQtJBSD38nbRbt1YkhgE3qdl3Y8OVBPBF/
tcVgS6XJcy7jC+mz2C5xuaONzqdkZQbp7H      eoPCcG+QKd+3LkVh4XPLRvGqJXN
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VgrrdJiFUKcavTDzYT5q+YPpdCgoihhCt5GQSh6AG   TjGb+wTnF1gMhL0eB8d/
gjK47BJo8UGvwdqYKi257aQn78l4qSE/1RZxXg7e8MNQNBQf   sUQBwHQDukuTD
9m6URQiH4VH1sL49zOXwRmfLa+zTmpq3cPBvfgwMdFDxK35Sgp6L4zg
UBmA==;   dara=google.com"
  },
  {
   "name": "ARC-Authentication-Results",
   "value": "i=1; mx.google.com;   dkim=pass header.i=@freecycle.org header.s=dkim
header.b=LMZvTHaU;   spf=pass (google.com: domain of
digest-32084750-3349@bounces.freecycle.org designates
2a01:7b8:2012:c2ef::7a9:adab as permitted sender)
smtp.mailfrom=digest-32084750-3349@bounces.freecycle.org;   dmarc=pass
(p=NONE sp=QUARANTINE dis=NONE) header.from=freecycle.org"
  },
  {
   "name": "Return-Path",
   "value": "<digest-32084750-3349@bounces.freecycle.org>"
  },
  {
   "name": "Received",
   "value": "from bulkmail14.freecycle.org (bulkmail14.freecycle.org.
[2a01:7b8:2012:c2ef::7a9:adab])   by mx.google.com with ESMTPS id
ffacd0b85a97d-3502c6fc994si9427295f8f.38.2024.05.16.00.04.50   for
<tonyqiu12345@gmail.com>   (version=TLS1_3
cipher=TLS_AES_256_GCM_SHA384 bits=256/256);   Thu, 16 May 2024 00:04:50
-0700 (PDT)"
  },
  {
   "name": "Received-SPF",
   "value": "pass (google.com: domain of
digest-32084750-3349@bounces.freecycle.org designates
2a01:7b8:2012:c2ef::7a9:adab as permitted sender) client-
ip=2a01:7b8:2012:c2ef::7a9:adab;"
  },
  {
   "name": "Authentication-Results",
   "value": "mx.google.com;   dkim=pass header.i=@freecycle.org header.s=dkim
header.b=LMZvTHaU;   spf=pass (google.com: domain of
digest-32084750-3349@bounces.freecycle.org designates
2a01:7b8:2012:c2ef::7a9:adab as permitted sender)
smtp.mailfrom=digest-32084750-3349@bounces.freecycle.org;   dmarc=pass
(p=NONE sp=QUARANTINE dis=NONE) header.from=freecycle.org"
  },
  {
   "name": "DKIM-Signature",
   "value": "v=1; a=rsa-sha256; q=dns/txt; c=relaxed/relaxed; d=freecycle.org; s=dkim;

h=Message-Id:To:Subject:Precedence:From:Sender:Date: List-Archive:List-Help:List-Unsubscribe:Feedback-ID:List-Post:List-Owner: List-Subscribe:List-ID:MIME-Version:Content-Transfer-Encoding:Content-Type: Reply-To; bh=77f4nTgwqWuvK6W9k+yUltcyLKU3Atjigq3sQOLhL+M=; b=LMZvTHaUfXrXVBDj KyTuyabiT3u7iVjoTTFHNV3TAF8qLbJJxHvT/ g+2Q0YSdUZqmRvRteKb9BF6UORIS79ZmEorYZqm3 1PgWA0NKhhOV6fuPs6NJujjC NPOQUZeYLplN1KHsy7OndQeJ2Y6V7Erwdnt8xv81T0aQfeeyXmzHs c=;"
  },
  {
    "name": "Received",
    "value": "from vps107.gra.freecycle.org ([141.95.238.6]:38776) by bulkmail14.freecycle.org with esmtp (Exim 4.96) (envelope-from <digest-32084750-3349@bounces.freecycle.org>) id 1s7VAY-00GvNy-2a for tonyqiu12345@gmail.com; Thu, 16 May 2024 07:04:50 +0000"
  },
  {
    "name": "Received",
    "value": "from localhost ([127.0.0.1] helo=freecycle.org) by vps107.gra.freecycle.org with esmtp (Exim 4.94.2) (envelope-from <digest-32084750-3349@bounces.freecycle.org>) id 1s7VAY-00Ajn1-Lt for tonyqiu12345@gmail.com; Thu, 16 May 2024 07:04:50 +0000"
  },
  {
    "name": "Content-Type",
    "value": "multipart/alternative; boundary=\"----------=_1715843090-2445619-2512\"; charset=\"UTF-8\""
  },
  {
    "name": "Content-Transfer-Encoding",
    "value": "binary"
  },
  {
    "name": "MIME-Version",
    "value": "1.0"
  },
  {
    "name": "List-ID",
    "value": "<ScarboroughON.groups.freecycle.org>"
  },
  {
    "name": "List-Subscribe",
    "value": "\"\<http://my.freecycle.org/home/groups/>, <mailto:ScarboroughON@mod.freecycle.org?subject=Please invite me>\""
  },
  {
    "name": "List-Owner",

      "value": "\"<mailto:ScarboroughON@mod.freecycle.org> (Group ModTeam)\""
    },
    {
      "name": "List-Post",
      "value": "<mailto:ScarboroughON@groups.freecycle.org>"
    },
    {
      "name": "Feedback-ID",
      "value": "digest:group-3349:member-32084750:TFNbulkmail"
    },
    {
      "name": "List-Unsubscribe",
      "value": "<http://confirm.freecycle.org/
unsubscribe/930e29085d4b16c7f89a06ba4a93268ad86a01e9/3349>"
    },
    {
      "name": "List-Help",
      "value": "\"<https://www.freecycle.orghttp://groups.freecycle.org/ScarboroughON>,
<mailto:ScarboroughON@mod.freecycle.org?subject=help> (Group ModTeam)\""
    },
    {
      "name": "X-Mailer",
      "value": "My Freecycle (http://my.freecycle.org)"
    },
    {
      "name": "List-Archive",
      "value": "http://groups.freecycle.org/ScarboroughON"
    },
    {
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      "value": "Thu, 16 May 2024 07:04:50 +0000"
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    {
      "name": "From",
      "value": "Scarborough Freecycle Group <no_reply@freecycle.org>"
    },
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      "value": "ScarboroughON"
    },
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      "value": "\"Scarborough Freecycle Group\" <no_reply@freecycle.org>"
    },
    {
      "name": "Precedence",
      "value": "bulk"
    },
    {
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      "value": "[Freecycle Scarborough] Recent Posts on Scarborough"
    },
    {
      "name": "To",
      "value": "tonyqiu12345 <tonyqiu12345@gmail.com>"
    },
    {
      "name": "Message-Id",
      "value": "<E1s7VAY-00Ajn1-Lt@vps107.gra.freecycle.org>"
    }
]