```json
[
  {
    "name": "MIME-Version",
    "value": "1.0"
  },
  {
    "name": "Date",
    "value": "Sat, 18 May 2024 00:23:24 -0400"
  },
  {
    "name": "Message-ID",
    "value": "<CA+Ay5rJ__HrWtUpagkgpkJ73CxCtmKHYQ7-
e=WUDLihqF4vrcQ@mail.gmail.com>"
  },
  {
    "name": "Subject",
    "value": "hi"
  },
  {
    "name": "From",
    "value": "John Doe <awesomejohndoetest69420@gmail.com>"
  },
  {
    "name": "To",
    "value": "John Doe <awesomejohndoetest69420@gmail.com>"
  },
  {
    "name": "Content-Type",
    "value": "multipart/alternative; boundary=\"0000000000003d99a60618b2d4dc\""
  }
]
```