

## Did you know that...

***... one in every two currently married women in the Cordillera is using a family planning method?***

The latest Family Planning Survey (FPS) of the National Statistics Office reveals that the contraceptive prevalence rate (CPR) for the Cordillera Administrative Region (CAR) was 51.6 percent in 2006. This means that only one in every two currently married women 15-49 years old in CAR is using any family planning method. This figure is slightly higher than the national CPR of 50.6 percent.



All women who were not pregnant and not using contraception at the time of the FPS were asked why they chose not to avoid or delay pregnancy. The results are presented in the table below.

More than one-fifth of the women cited wanting a child as the reason for not using contraception.

More than one-third of the women not using family planning methods cited reasons related to the contraceptive methods themselves. Side effects were cited by 14.9 percent of the women. Health concerns (8.5 percent) and lack of knowledge (2.0 percent) were reported by another tenth. Moreover, 6.6 percent of women viewed contraceptives as either inconvenient to use, too costly or hard to get.

In addition, some women reported non-use of contraception because they were either opposed to family planning (1.5 percent), prohibited by their religion (0.2 percent) or were simply fatalistic (3.0 percent). Other reasons cited accounted for 3.9 percent.

The FPS aims to provide planners with up-to-date information for the assessment of contraceptive use in the Philippines. The 2006 FPS was conducted by the NSO with technical assistance from the International Programs Center of the United States Census Bureau.

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**PERCENT DISTRIBUTION OF CURRENTLY MARRIED WOMEN 15 TO 49 YEARS OLD, WHO ARE NOT USING ANY FAMILY PLANNING METHOD, BY REASON FOR NOT USING ANY METHOD, PHILIPPINES AND CAR: 2006**

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Reason for Not Using Family Planning Method	Philippines	Cordillera
Wants Children	19.9	21.6
Reasons Relating to Exposure to Conception	35.6	37.6
Opposition to Use		
• Opposed to Family Planning	1.5	1.5
• Prohibited by Religion	2.3	0.2
Method-Related Reasons		
• Health Concerns	12.8	8.5
• Side Effects	14.0	14.9
• Other Method-Related Reasons	3.2	6.6
• Lack of Knowledge	2.9	2.0
Others		
• Fatalistic (Bahala Na)	4.6	3.0
• Others	3.4	3.9

SOURCE: National Statistics Office

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