



NSCB Fact Sheet



NATIONAL STATISTICAL COORDINATION BOARD
Cordillera Administrative Region

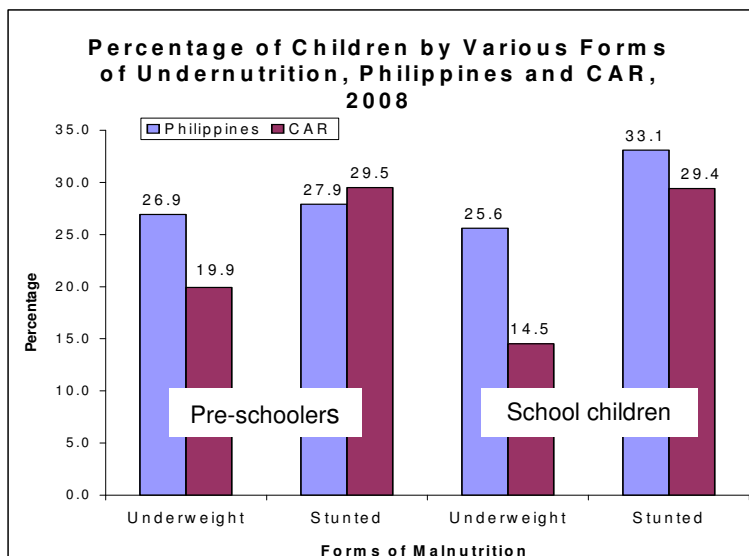
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Cordillera has least number of underweight children nationwide

Among the 17 regions in the Philippines, the Cordillera Administrative Region (CAR) had the least number of underweight children in the country in 2008 at 19.9 percent among pre-school children (0-5 years old) and 14.5 percent for school children (6-10 years old), based on the results of the 7th National Nutrition Survey (NNS). Both figures are lower than the national underweight prevalence rate for pre-schoolers of 26.2 percent and for school children of 25.6 percent.

The survey, conducted by the Food and Nutrition Research Institute of the Department of Science and Technology (FNRI-DOST), also showed that the proportion of stunted school children in CAR at 29.4 percent was lower than the national average of 33.1 percent. On the other hand, the proportion of underweight or stunted pre-schoolers in CAR of 29.5 percent was higher than the national average of 27.9 percent.



**PROPORTION OF UNDERNOURISHED CHILDREN
ALL REGIONS, 2008
(In Percent)**

Area	Pre-schoolers		School children	
	Under Weight	Stunted	Under Weight	Stunted
PHILIPPINES	26.2	27.9	25.6	33.1
NCR	20.7	20.1	20.0	23.1
CAR	19.9	29.5	14.5	29.4
Ilocos	26.1	23.9	23.6	28.4
Cagayan Valley	23.9	24.3	19.2	26.9
Central Luzon	20.2	18.9	18.1	23.0
CALABARZON	21.5	21.3	23.9	27.6
MIMAROPA	33.1	31.6	33.0	40.8
Bicol	33.8	33.5	34.0	39.2
Western Visayas	31.9	33.6	32.2	37.8
Central Visayas	25.8	31.1	24.7	35.1
Eastern Visayas	32.1	37.6	31.6	44.7
Zamboanga Peninsula	33.3	37.9	30.6	42.7
Northern Mindanao	26.0	32.3	27.2	40.4
Davao Region	26.3	31.6	26.2	38.1
SOCCSKSARGEN	30.5	34.1	27.8	40.1
CARAGA	28.8	31.6	25.6	36.9
ARMM	28.8	34.7	26.9	38.1

Notes: Pre-schoolers are children 5 years old and below.

Schoolchildren are from ages 6-10 years old.

Source: FNRI-DOST

Basic Nutrition Terms

Underweight - a condition where the child's weight is lower than that of a normal person of the same age and is measured using weight-for-age as the index

Underheight or Stunted - a condition where the child's height is lower than that of a normal person of the same age and is measured using height-for-age as the index

Undernutrition - an abnormal state resulting from the consumption of an inadequate quantity of food over an extended period of time

SOURCE: NSCB Resolution No.10, series of 2008 approved on June 11,2008

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