

Sample Company Home Care Provider
120 Spencer St, Melbourne VIC 3000
Created By: Case Manager Name
Date Created: 18/09/2024

My Plan

Client Number: 200001
Client Name: Client: Emily Clark
Client Address: 789 Elm St, Springfield
Case Manager: John Doe
Assessed Level: Level 2
Assessment Date: 18/09/2024
Plan Review: N/A
Venue: Physically At Home

GOALS:

HYGIENE Emily Clark requires Supervision (stand-by/in home whilst undertaken) for bathing, grooming, dressing, and undressing tasks. Emily Clark can walk to the bathroom, and can scrub with a sponge or brush. Emily Clark is also able to groom themselves and prefers to shower daily, preferably in the morning (AM). Emily Clark does not require a caregiver and has a preference for no one to assist them. When it comes to dressing and undressing, Emily Clark also requires full physical assistance. Emily Clark can dress themselves. They can undress themselves. Similarly, they can put on socks and shoes. They can take off socks and shoes. Assistance is preferred in the morning (AM), and Emily Clark requires a caregiver for these tasks, with a preference for no one to assist them. Emily Clark requires Encouragement (prompting/reminding) for oral hygiene. They can hold a toothbrush. They can squeeze toothpaste by themselves. They are able to rinse their mouth without assistance. Emily Clark has Yes and has Denture. Their last dentist visit was on 2024-09-18, and their next scheduled visit is on 2024-09-18. Emily Clark's dentist name and contact details are . Emily Clark requires Encouragement (prompting/reminding) for toileting. They are able to walk to the toilet, can put down underpants or pads, and able sit on the toilet by themselves. Additionally, Emily Clark is able to wash and able to dry their perineal area independently. For continence needs, Emily Clark also requires Independent. They can put on or remove pads, and can wipe and dry their perineal area on their own. Emily Clark's preferred brand of incontinence pads is , and the size is . Their continence aid is funded by . **MOBILITY** Emily Clark requires Independent for toileting. They can transfer from sitting to standing. They can transfer from standing to sitting. Emily Clark can transfer from sitting to lying. They can transfer from lying to sitting. Emily Clark can walk independently. They can get into and out of a car. Finally, Emily Clark can use stairs. The client uses no mobility aids as aids for mobility. Emily Clark requires a mechanical lifter and Emily Clark has a history of falls. Details of their last fall include . Emily Clark is exercising. They are doing . They requires a referral to Allied Health Services such as physiotherapy, hydrotherapy, or occupational therapy. In terms of mobility, Emily Clark is unsteady, stooped over, and leaning to one side. Emily Clark does have trouble breathing. Regarding communication, Emily Clark has No specific limitation. Emily Clark is able to fit their hearing aids and able to check or change batteries. **NUTRITION** Emily Clark requires no assistance for their nutritional needs. They require assistance with nutrition, meal preparation, or when eating or drinking. They require a meal delivery service. Emily Clark has swallowing difficulties when eating or drinking. They have lost weight in the past year and do take any meal or nutritional supplements. Emily Clark uses specialty cutlery and has any special dietary needs. Their preferred meal size is small. A referral for further or specialist nutrition assessment or services is required. **SKIN INTEGRITY** Emily Clark has any skin tear, wound, or pressure injury. They have skin problems and do not use do not use skin care products, which include (N/A). Emily Clark has any wound dressings, and requires assistance to