

POSTPARTUM SUPPORT INTERNATIONAL



***Free “OPEN FORUM” Chat with an Expert
Every Wednesday for Moms
First Mondays for Dads
Via Toll-Free Number***

PSI Phone forums, facilitated by expert and caring professionals, are available every Wednesday for moms and the first Monday of every month for Dads.

Imagine the benefits of being able to talk with a PSI expert about resources, symptoms, treatment options and general information about perinatal mood disorders from the privacy of your own home. No need to arrange child care or transportation. No need to pre-register or give your name.

Sessions are open to anyone with questions and concerns about themselves, a loved one, friend or family member. Limited to the first 15 callers, sessions are held every Wednesday and first Mondays.

Visit www.postpartum.net for call schedule and access codes, or call 1-800-944-4773 for further information.

**Take the first step, or the next step. Call us and remember:
*You are not alone, you are not to blame, and with help,
you WILL be well.***

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