Urgent Care or ER?

When to come to Legacy Urgent Care-St. Helens

Health problems don't always happen when your doctor's office is open. When you or your child needs care, use this list to help decide if you should go to the ER or Legacy Urgent Care–St. Helens, which treats most minor injuries and illnesses.

Condition	Urgent Care	Emergency
Allergies	<i>V</i>	
Asthma attack (minor)	✓	
Asthma attack (severe)		V
Bleeding that won't stop		V
Broken bone (bone sticking out of skin)		~
Broken bone (bone not sticking out of skin)	>	
Burn (small)	>	
Burn (large)		V
Chest pain or severe chest pressure		~
Cold	✓	
Cough	✓	
Coughing or vomiting blood		~
Cuts and stitches	>	
Dehydration, not drinking and eating	>	
Diarrhea	✓	
Difficulty breathing or shortness of breath		~
Dizziness, weakness, or loss of coordination or balance		~
Earache	✓	
Eye problems	/	
Fainting		V
Fever (infants younger than 3 months old)		~
Fever (infants older than 3 months, children and adults)	✓	

Condition (continued)	Urgent Care	Emergency
Foreign object removal	✓	
Headache	✓	
Headache — sudden and severe		~
Head injury (without passing out)	✓	
Insect or minor animal bite	✓	
Incision and drainage	✓	
Poisoning		✓
Pregnancy-related issues (pain, bleeding)		~
Rash	V	
Seizure		✓
Sore throat	✓	
Sprain or strain	✓	
Stomach pain, mild	V	
Stomach pain, severe		~
Swallowed object		V
Urinary tract infection	✓	
Vomiting	/	

Legacy Urgent Care–St. Helens is open Monday–Friday, noon–8:30 p.m.; weekends and holidays, 10 a.m.–5 p.m. We are staffed by doctors, nurse practitioners and physician assistants.

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LEGACY MEDICAL GROUP

Urgent Care St. Helens