# Children's Day Surgery

# Welcome

Children aren't just "miniature grown-ups"; they are emotionally and physically different than adults. At Randall Children's Hospital, our physicians, nurses and staff understand those differences and offer the best care available in the most kid-friendly environment. Our Children's Day Surgery Department cares for children from birth through age 17, from surgery preparation through recovery and discharge. Every aspect of our service is focused on your child's comfort and safety. It is our goal to treat everyone with courtesy and respect, to listen carefully and to provide a clean, guiet and safe healing environment.

# Getting ready for surgery

To prepare for surgery, please read this information. If you have any questions, please call us Monday through Friday from 5:30 a.m. to 5:30 p.m. at 503-276-6900.

# The night before surgery

- Please do not give your child anything to eat or drink after midnight, unless otherwise instructed by your doctor.
- Bathe your child and dress in clean pajamas. Your surgeon may also give you a disposable antiseptic cloth to clean your child's skin before surgery. This cleanliness will help decrease the chance of infection after surgery.

# The day of surgery — checking in

- Park in the orange parking structure (Parking Lot 4).
- Please check in at Main Admitting in the lobby of Randall Children's Hospital.
- Important items to bring with you: a current list of medications and your insurance card. You should also be prepared to pay your co-pay, deposit or deductible.
- You may bring a favorite comfort item, blanket, robe and slippers for your child. We will provide pajamas for their stay.

#### **Before surgery**

- A nurse will greet you and get your child ready for the surgery or procedure. The nurse will do a quick exam of your child and ask you about health history and medications.
- Our staff will give your child a hospital ID bracelet. The parent(s) or guardian will receive a matching band.
- Your child will change into hospital pajamas.
- There may be time before surgery for your child to play in our playroom, play video games or explore our GetWell Network in their room.
- Just before surgery, your child may receive medicine to help him/her relax.

### **Surgery and recovery**

- You will have time to talk with your surgeon, anesthesiologist and the operating room nurse about the surgery plan before surgery.
- During surgery, you should wait in the family waiting lounge on the surgery level. Your surgeon will talk with you here after surgery is completed.
- After surgery, your child will go to the recovery room or Post Anesthesia Care Unit (PACU) to wake up. This may take a few minutes but sometimes can take more than an hour.
- Once your child starts to wake up, you will return to Children's Day Surgery or your overnight room
- Your child may be sleepy for a while after surgery and may have an I.V. (a small tube put in a vein to deliver fluids and medicine). We encourage you to stay with your child during the recovery time to help with the child's comfort and care.
- A nurse will check your child's heart rate, temperature, breathing and blood pressure. The nurse will also make sure your child is comfortable and will give pain medicine as needed.

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LEGACY

**LEGACY HOSPICE** 

 Once awake, depending on the surgery, your child may start drinking and eating with ice pops, apple juice or crackers.

# **Going home**

- When your child is ready to go home, your nurse will give you instructions about home care, activity, diet and any medicines the doctor has prescribed.
- You may have prescriptions filled in the Legacy Emanuel pharmacy on the first floor in the Atrium or at your local pharmacy.
- Your child will ride to the hospital entrance in a wheelchair or wagon, or may be carried by an adult.

Thank you for choosing Randall Children's Hospital for your child's surgery or procedure. Please let us know if there is anything our staff can do to improve your experience while you are our quest.

## **Questions?**

Please call us Monday through Friday from 5:30 a.m. to 5:30 p.m. at **503-276-6900**.

