Meridian Park Medical Foundation

Cardiac and Vascular Initiative

Providing advanced and comprehensive care

Your heart—it serves your entire body, and its health is critical to your well-being. However, despite the enormous strides made in preventing and treating cardiovascular disease in its various forms, it remains the leading cause of death for both men and women in Oregon, as well as in the United States, accounting for one in every three deaths each year. One-third of Oregon residents will die of heart and vascular disease, which is 32 percent more prevalent than cancer.

While Legacy Meridian Park Medical Center has long been at the forefront of heart-related medical advances, the technologies and integrated care models in use today have far outpaced the hospital



facilities. The program currently operates within extremely confined physical space, posing significant challenges to accommodating cardiovascular innovations, technologies and medical equipment. Moreover, increasing demand for our services means the current facility is in need of expansion.

Meeting the community's growing needs

As a leader in our community's health, Legacy Meridian Park is committed to providing the most advanced and comprehensive care close to home. Building on a legacy of proven excellence and compassionate care, the medical center will address growing community needs by expanding and integrating more innovations into the Cardiac and Vascular Initiative and its programs. Key components of the three-phase project include:

Replacement of the medical center's two interventional cardiology suites (Phase I)
This modernization is essential for Legacy Meridian Park to maintain state-of-the-art technological capability for patients requiring advanced cardiovascular treatment. It offers advanced interventional cardiology services and provides immediate treatment to local residents. Legacy Health committed the full \$5 million necessary to fund phase I.

"The cardiology catheterization team at Legacy Meridian Park saved my life. I will forever be indebted to them for their readiness, skill and extraordinary professional care. Words cannot describe the gratefulness and respect that I along with my family have toward this exceptional team."

-Jim Zupancic, grateful patient

• Expansion of the Cardiac Rehabilitation Unit (Phase II)

Legacy Meridian Park Medical Center recently completed the relocation, expansion and improvement of its Cardiac Rehabilitation Unit. An expanded Cardiac Rehabilitation Unit will enable Meridian Park to accommodate the growing need for post-cardiac care. It will also provide educational opportunities in cardiac disease prevention for the community.

In the broad spectrum of services needed to treat cardiovascular problems, cardiac rehabilitation services play a vital role, which is often overlooked. With growing demand placing greater strain on its already limited space, the Cardiac Rehabilitation Unit expansion ensures Legacy Meridian Park can continue providing the highest quality rehabilitative services.

Creation of a Chest Pain Center and purchase of enhanced equipment (Phase III)

The Chest Pain Center acts as an extension of the emergency room for low-risk cardiac patients, allowing specially trained staff to observe a patient for 24 to 48 hours while diagnostic tests are conducted. Currently, Legacy Meridian Park's Chest Pain Center operates as a "virtual" center in the medical center's critical care department, with cardiac patients receiving treatment alongside patients being treated for other types of medical problems.

The creation of a dedicated center within the Emergency Department will improve the patient flow and adherence to treatment guidelines of chest pain protocols. The center will be equipped with state-of-the-art technology and staffed by highly trained nurses specializing in acute coronary syndrome care. Taken together, these improvements will dramatically increase the quality of chest pain treatment and patient outcomes at Legacy Meridian Park.

Make an investment of the heart

Meridian Park Medical Foundation is conducting a \$1 million fundraising campaign to ensure our local community has the best and most advanced cardiology care close to home. We are asking donors to invest in our community's health by making a gift to this essential project. The ability to provide critical evaluations and offer superior post-cardiac care will largely depend on support from our community.

Through your support, we will provide truly comprehensive cardiac care: preventive, diagnostic, acute and rehabilitative services for those who suffer from, or are at risk of, heart and vascular disease.

To make a gift, please contact Jan Renfro, associate director of development for Meridian Park Medical Foundation at 503-692-7624 or jrenfro@lhs.org, or Michael Schultz, executive director at 503-413-7384 or mischultz@lhs.org. You can also visit www.legacyhealth.org/giving.

