

## What if I forget to take a dose?

Take it as soon as you remember, even if it's several hours later on the same day. We recommend that you take your warfarin in the evening time. For example, if you normally take your dose at 6pm it's okay to take a missed dose anytime before you go to sleep. If you forgot your dose altogether, do not try to catch up on your dose the next morning. Instead, skip the missed dose, then take your scheduled dose at the normally scheduled time. If you're not sure what to do, please call us before taking your next dose.

PHONE NUMBERS

Legacy Good Samaritan 503.413.8165

Legacy Meridian Park 503.692.7794

**Legacy Emanuel** 503.413.2078

Legacy Salmon Creek 360.487.1768

Legacy Mount Hood 503.674.1229

## When to Call the Anticoagulation Clinic





## It's important to know when to call us

- If you forgot to take a dose, and you're not sure what to do.
- Anytime you start a new medication. This includes prescription medications, overthe-counter medications, vitamin and herbal supplements.
- Anytime you change your diet, especially when it comes to Vitamin K foods.

- If you are being treated for a blood clot and the area becomes more swollen or painful.
- If you are planning an extended trip away from home.
- If you are pregnant, or plan to become pregnant.

## Ask the pharmacist, if you have questions

- Anytime you are scheduled for surgery or other procedure where you may need to stop warfarin temporarily.
- Anytime you have an acute illness (e.g. fever greater than 101°F, vomiting or severe diarrhea lasting over 24 hours, or you stop eating for more than two days), worsening of congestive heart failure, any viral or bacterial infection, especially if you are treated with antibiotics.
- Any non-life threatening bleeding such as unusual bruises, nosebleeds, gum bleeding.
- If your tablet color or shape is different when you pick up a refill from your pharmacy.

In Case of Emergency Call: