

Anticoagulation Clinic Newsletter

September 2007

Take Responsibility for your Healthcare

Patient Safety – What can you do to help?
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- Bring your medication list to every healthcare appointment –
 including the anticoagulation clinic
- Include prescriptions, over-the-counter medicines, vitamins, herbs and other dietary supplements

Tell your healthcare providers about all medications

- Help us help you prevent medication problems
- Call the anticoagulation clinic **ANYTIME** your medication changes

Know the names of your medications

Ask your pharmacist if your medications looks different than you expected

Ask questions on how to use the medications

- Can I take this medication with food? Should I take it in the morning or at night? What do I do if I miss a dose?
- Make sure you understand the answers

Know what your medication is for and how to use it

- Understand how it's going to help you (lower your cholesterol, get rid of your cough, improve my diabetes, etc)
- Read labels on your bottles and follow directions









