## **Pediatric Intensive Care Unit (PICU)**

### Welcome

At Randall Children's Hospital, we believe that parents and families are **the** most important members of the child's care team and play a vital role in their healing. This is at the heart of our family-centered care philosophy.

We encourage you to be a partner in your child's care — from helping make decisions about treatment to supporting your child during medical procedures to staying overnight with your child. Randall Children's Hospital is designed to allow families to stay together as much as possible. It is our goal to treat everyone with courtesy and respect, to listen carefully and to provide a clean, quiet and safe healing environment. If you have any questions, please call us any time, day or night.

#### While in the hospital

- Please wash or sanitize your hands when entering the unit and entering and leaving a patient room.
- "It's OK to ask" about anything that may concern you, at any time. Be sure that you understand why your child has been hospitalized. Children whose parents are more active in their child's health care tend to heal faster and stay safer. We depend on you to provide accurate information, and we welcome you to speak up when you have questions or concerns.
- Remember your own needs and your need to rest.
- Let the staff know about your child's likes and dislikes, special nicknames, routines and special words.
- Continue routines that comfort you and your child.
- Tell your child that the doctors and nurses are

here to help. Children often do not know why they are in the hospital.

- Explain that nurses and doctors might wear special clothes or masks.
- Please let us know if you or your child has any special needs. We are happy to do whatever we can for you and your child.
- A team of physicians and staff will visit daily to discuss your child's care; parents are encouraged to participate.
- Our building has free Wi-Fi.

### Safety and special considerations

- Make sure the rails of the bed or crib are raised for safety, at all times.
- Wash bottles or toys dropped on the floor.
- Please respect the rights and privacy of others.
- Please don't share toys between siblings.
- Live plants and latex balloons are not allowed.
- Please put cell phones on vibrate while in the unit.

#### What to bring

The hospital supplies most of the items your child needs. GetWell Network, televisions, video games, music, toys and books are available. Among the items you may bring for your child:

- Robe and slippers
- Toothbrush and toothpaste
- Comb and brush
- Pictures of family and friends
- Favorite stuffed animal, blanket, book or toy

continued...



#### **Visiting**

Parents or guardians are the most important part of the care team and are welcome any time, day and night. Your child's room has a bed for parents. In addition, the hospital has many family areas: lounges, kitchens, a wellness center and a garden.

Visiting hours for the PICU are 9 a.m. to 9 p.m.

# For the well-being of all, please follow these basic guidelines on visiting:

- Siblings are welcome during visiting hours and should be accompanied by an adult at all times.
- Families and visitors who have been exposed to or have signs of illness are asked not to visit.
- Ask visitors to leave by 9 p.m.

#### Questions?

We welcome all questions or calls to check on your child's progress any time day or night. Parents please call **503-276-9500**. Please have friends and relatives contact you for updates. We release information only to parents.

