**Methods**

**Participants and Procedures**

* Peruvian students in grades X – X, ages X – X
  + Network of private secondary schools across Perú to support students from an emerging middle-class socioeconomic status
* Included data from participants who responded to surveys that were administered remotely through Qualtrics during week X of lockdown, which was MM, DD, YYYY AND during week X of lockdown, which was MM, DD, YYYY
  + Surveys were part of a delivery of a school-based intervention to promote digital citizenship
* Students received surveys via Qualtrics and provided demographic information and completed a battery of self-report measures to capture digital stress, anxiety, and depression
* Parents were aware of their child’s participation in these surveys and had the option to withdraw their adolescent from being in the study at any point in time
* Ethics approval granted by university human subjects committee.
* This is a longitudinal study to capture change in digital stress, anxiety, and depression across time and to explore if pr-existing mental health vulnerabilities influence rates of digital stress
* Total N = X, XX.X % female
* N time 1 = X
* N time 2 = X

**Measures**

*Digital Stress Scale (DSS)*

* Participants reported on their subject experiences of digital stress using a Spanish translated and validated version of the Digital Stress Scale (DSS)
* Divided into 5 components, digital stress captures:
  + Approval anxiety
  + Availability stress
  + Connection overload
  + Fear of missing out
  + Online vigilance
* This version of the DSS that was administered consist of 18 (DOUBLE CHECK) items
* Example items include
  + EXAMPLE 1
  + EXAMPLE 2
* DSS scored on a 5-point likert scale assessing frequency of digital stress experiences over the past week (1 = never, 5 = always)
* Items were averaged to produce a total mean score and items that measured one components were also averaged to produce an average score for each component
* Reliability of meaure and items using cronbach’s alpha
* DATA EXCLUSIONS AND MISSINGNESS?

*PROMIS Anxiety*

*PROMIS Depression*

* Participants self-reported their symptoms of depression over the past seven days using the PROMIS Depression measure
* This measure has 9 items that are rated on a likert scale from 1 (never) to 5 (almost always)
* Measure was translated to Spanish in-lab with native Spanish speakers

**Statistical Analyses**