

Arithmancy.

$\{a, a+1, \dots, b\}$.

discrete uniform distribution and probability of each integer value is $\frac{1}{b}$ because each outcome occurs equally likely.

When $a=1$, $b=n$ the probability of each outcome is $p(a) = \frac{1}{n}$

Expected value can be derived by
 $E[X] = \sum_x x p(x)$ and for this problem.

$$E[X] = \sum_x x p(x) = 1 \cdot \frac{1}{n} + 2 \cdot \frac{1}{n} + 3 \cdot \frac{1}{n} + \dots + n \cdot \frac{1}{n}$$

$$\text{Factor out by } \frac{1}{n} = \frac{1}{n} (1 + 2 + 3 + \dots + n).$$

this part is a another summation series of natural number from 1 to n.

$$\sum_{k=1}^n k = \frac{1}{2} n(n+1)$$

therefore continue

$$= \frac{1}{n} \cdot \frac{1}{2} n(n+1)$$

$$= \frac{1}{2} \cdot (n+1) = \frac{n+1}{2}$$