A conductor contains freely moving charged particles, an insulator does not:

In Static situations, the electric field E is zero inside the conductor.

Applying the field makes the e-move electrons to the left, these form their own E field which concers with the external Relation

Inside the conductor E is zero, the surface is also an equipotential e the electric field wies he perpendicular to the surface.

Surface Charge Consider the volume halfinside & half-outside a concluctor. Applying gauss' law...

$$\oint E \cdot d^{3} = \iint E \cdot d^{3} + \iint E \cdot d^{3}$$

The volume contains a total charge of σA 80 $E = \frac{\sigma}{\epsilon_0}$ Surface charge

Now if we shrink the area A to dA we can apply this to a sphere. The surface charge or will be

$$\sigma = \frac{Q}{4\pi\alpha^2} \qquad (\alpha - radius)$$

Inserting this into E= & gives

Electrositic Shielding

Inside an empty, arbitrarily shaped ravity in a conductor the electric field is zero, E=0.

Consider the closed surface S (inside the conductor, as in the conductor E =0, the via gauss' law there will be no charge enclosed,

-- The inner surface will have no net charge. However, maybe the charge is just distributed and such sure to zero.

Looking at the smaller line integral, $\int_{E} dl = \int_{E} dl + \int_{E} dl = 0$

it will be zero via gauss' law. The part inside the conductor will be zero. This implies that

$$\int_{B}^{A} E \cdot dL = 0 \implies E = 0$$

This means there is no electric field in the cavity. This is often collect a Faraday Cage.