User Guide

Background:

Due to an increasingly busy routine, health care is not always a priority. The result is that most people still seek medical treatment only when the symptom of the disease has already manifested. The market is beginning to understand the impact of technology on health in the way of treating and preventing diseases.

In addition to allowing patients with type 2 diabetes to do their daily follow-up, through more intelligent monitoring, with individualized information and recommendations for activities that can prevent future problems and assist in maintaining health.

Details:

Key Features

- Blood Measurements: Record blood measurements, manual or synchronized with the meter used by the user. Based on the measurements, graphs will be generated to allow the user to track their evolution.

Blood measurement record

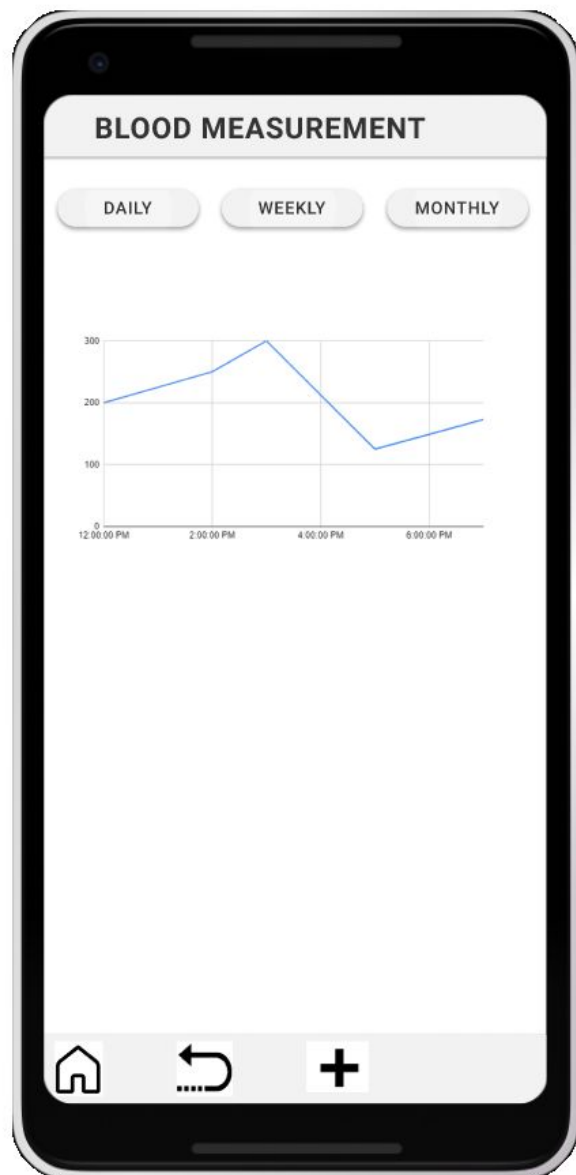Blood measurement chart

Measurements can also be made by synchronizing the app with a blood meter. Timing is done via Bluetooth.

Initially the application will allow synchronization with the following meters:
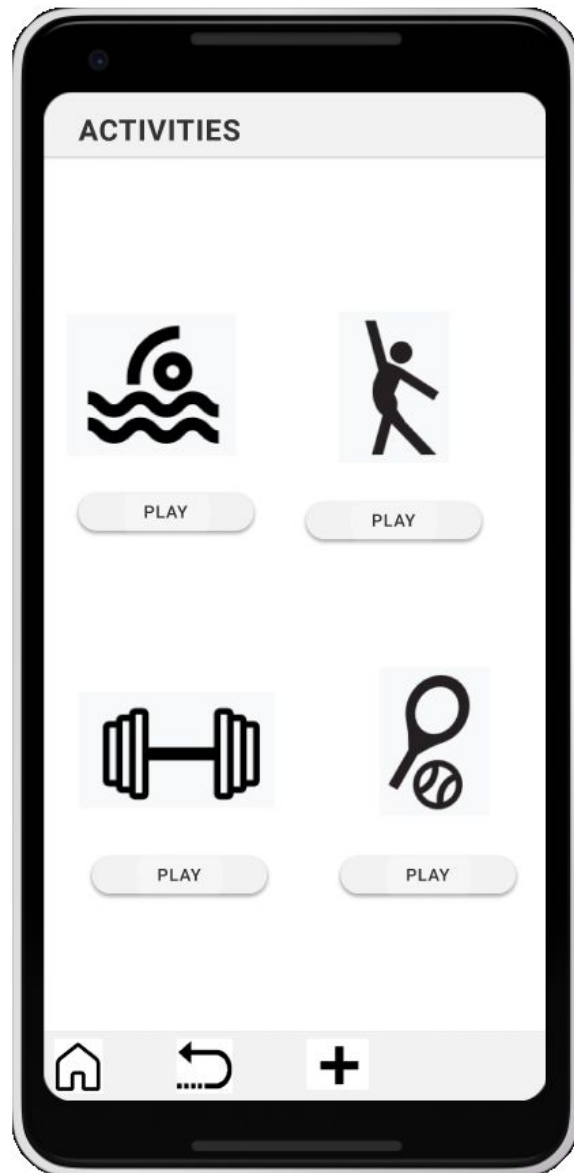
- Accu-Check Aviva Connect;
- Accu-Check Guide;
- Accu-Check Instant and
- Contour Next One.

- Weight Measurements: Record of body weight measurements. Based on the measurements, graphs will be generated to allow the user to track their evolution.
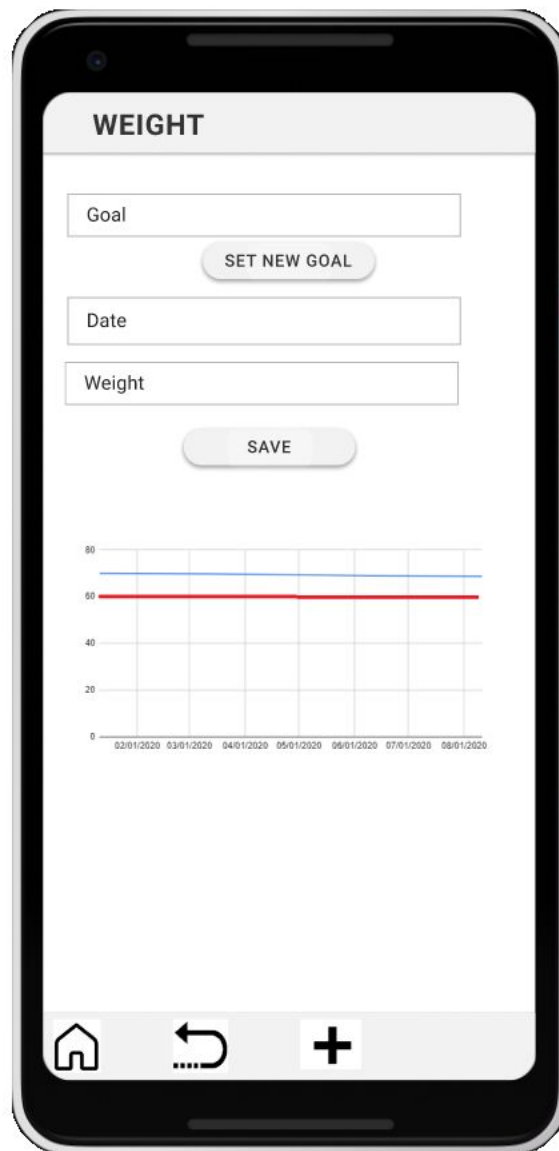
Record and weight chart

- Physical Activities: Suggestions of physical activities that can be performed daily. The application will also allow synchronization with Google Fit. From this synchronization, the data referring to the physical activities performed will be imported.

Physical activities