

Stories from our Community

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17,717 stories for you

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Popular this month



Certified HoloBody Coach

"Efficient and professional roadmap for achieving great results in the holistic life"

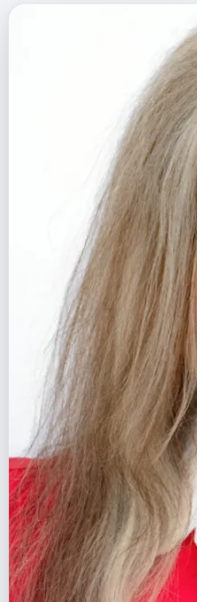
Efficient and professional roadmap for achieving great



Body Language for Dating & Attraction

"Thanks to this program I am now aware of what seduction looks like"

I'd say although this program is meant for females it is absolutely



Certified

"Valua whether to your integr coachi

Wellness other are

learned a lot! In the meantime the most important benefit is the structure which lead us and our clients to take action. Thank guys, thank you MindValley, I truly enjoyed this 3 months and looking forward...

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Matyas Sziraczki

Business Consultant
Dubai, United Arab Emirates

quick look into the world of dating and what a FANTASTIC LOOK...

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Robin Meringo

Student
Tallinn, Estonia

nutrition, but I certainly know the program focused on

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Gabriel

Coach
Stouffville,

Featured Story



WILDFIT

"Now I know how to control my thoughts on sugar intake"

Before this program it was something difficult for me to not consuming some sort of sugar/sweetener . But now I know how to control my thoughts on sugar intake. Thanks Mindvalley for an excellent program.

Penang, Malaysia

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Mindvalley is fueled by your stories

Our community runs on voices like yours. It keeps us going, and keeps us grounded.

Tell us like it is. What's your story?

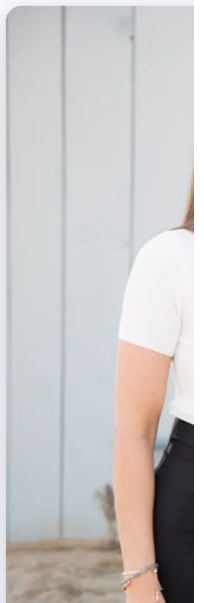
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[Lifebook Online](#)



[WILDFIT](#)



[Be Extra](#)

moving forward, beat cancer and have the life I envisioned!"

In March of 2022, I discovered that I had breast cancer and the health journey has been challenging. I was looking for something that would keep me inspired, help me go through chemo, and make it worth going thru treatments to "make it to the other side" of this. Cancer and tr...

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Patty Cruz

Consultant
Austin, United States

have in the last 5+ years, and I think it shows"

I've lost 26lbs., 4 inches off my chest, 4 inches off my mid-section, 3.75 inches off my waist, 3.5 inches off my hips. My body fat has decreased by 11% and my BMI has dropped significantly...

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Deborah Braxton

Consultant
Rossville, United States

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Thank yo
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Dr Ritu I

Internal Me
San Jose, L

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