



Menu

Mindvalley B

Mind

Step into your greatness an best-selling personal grow Don't miss out on the lates mind, body, spirit, an

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money

Type here to search...



Menu

Mind

Body

Soul

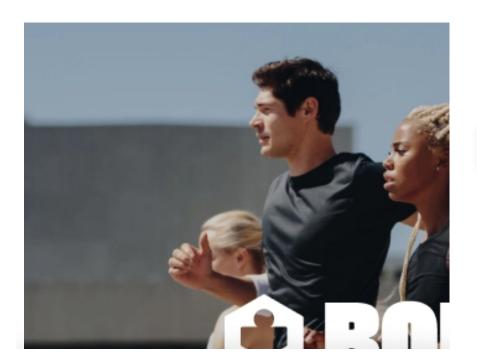
Relationships

Career Growth

Parenting

Performance

Money



Type here to search...





Menu

Mind

Body

Soul

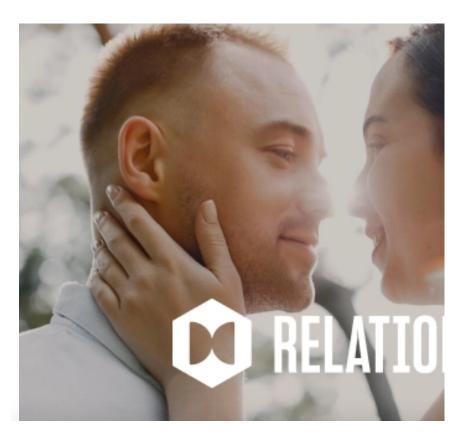
Relationships

Career Growth

Parenting

Performance

Money



Type here to search...





Menu

Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money



Type here to search...

Mindvalley"

Latest article



Menu

Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money

Performance

How to Create a Pe Mission Statement

Really Matters

by **Tatiana Azman** – 9 min read – [







Performance

Long-Term Goals T Inspire You to Do G

Things

by Jon Butcher, Irina Yugay - 12 mi

- December 19, 2022

Menu

Mind

Body

Soul

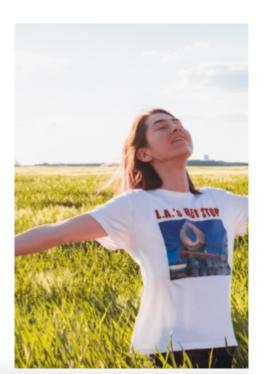
Relationships

Career Growth

Parenting

Performance

Money



Type here to search...

Mindvalley[™]

Is — and How It Car

Transform Your He

by Irina Yugay - 10 min read - Dece



Menu

Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money

Body

The 3 Body Types: F Take the Best Care

by **Alexandra Tudor** - 8 min read

- December 17, 2022







Mind

The Marvelous Propof Gamma Brain W

by **Alexandra Tudor** - 7 min read

- December 17, 2022

Menu

Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money



Performance

Lifebook Reviews: F

Mindvalley"

Transformed

by Jon & Missy Butcher, Alexandra

- 11 min read - December 16, 2022

Mindvalley*

Try Mindvalley fo



Experience the world's mo powerful life transformat platform

Begin your path to greatness w Quest lessons, daily live class meditations and healing sou community events, and more Unlock your free Mindvalley acc

Get started

Mindvalley[™]

Learn From The Trainers

Learn from the world's leadile best-selling authors, and acti

Menu

Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money

all on a mission to raise consciousness. **Mindvalley**



Founder & CEO of Minc

Vishen's Articles

Menu

Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money

Type here to search...





Motivational Speaker & Best-

Lisa's Articles

Mindvalley[™]

Menu

Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money

Type here to search...





World's Leader in Menta

Mindvalley*

Jim's Articles

Menu

Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money



Award-winning Hypnoth

Marisa's Articles

Type here to search...

Mindvalley*

Your Name

Email address



Our Recent Pod Episodes

Menu

Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money

Type here to search...

Mindvalley*

All Are Mina
Programs Our You

Download Team

Apps Press

Inst

Fac

Membership Link Careers Mindvalley[™] Blog **Books** Vishen Lakhiani **Events** Gear Menu About Mind **Our Events** Body Mindvalley University Soul Mindvalley Relationships A-Fest Career Growth **Local Seminars** Parenting Performance **Contact Us** My / Money Support Login Contact Us Our Partnerships Lifebo Type here to search... Mindvalley For Schools WILDF Mindvalley For Business Everc



Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money

Type here to search...

 $Q \equiv$

Mind

Body

Soul

Relationships

Career Growth

Parenting

Performance

Money