



The Paleo Diet - Is for Dimwitted Diet Fad Followers: Enjoy These 50+ Healthy and Delicious Vegan Recipes, and Jump Off of the Paleo Fad Onto a Healthier Happier Way of Life (Paperback)

By Durian Hiker

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Every day animals are being mistreated and forced to spend their short and miserable life knowing that they will soon be butchered and fed to gluttons who have no respect or regard for inferior creatures that we are supposed to protect. HUNDREDS OF BILLIONS! Yes, you read that correctly, HUNDREDS OF BILLIONS (with a B) of animals are murdered each year to feed an already overweight fat population of gluttonous self centered individuals. People who can afford to consume meat are not of the starving who are forced to eat anything they can get their hands on in order to survive just another day. We are not capable of living solely off of meat alone. We were designed to be able to SURVIVE on a lot of things for a BRIEF TIME, and yes meat can be one of them. But while our bodies are capable of SURVIVING on many things if we absolutely have to, our bodies are designed to THRIVE on vegetation of the land. There are so many options for us to...



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