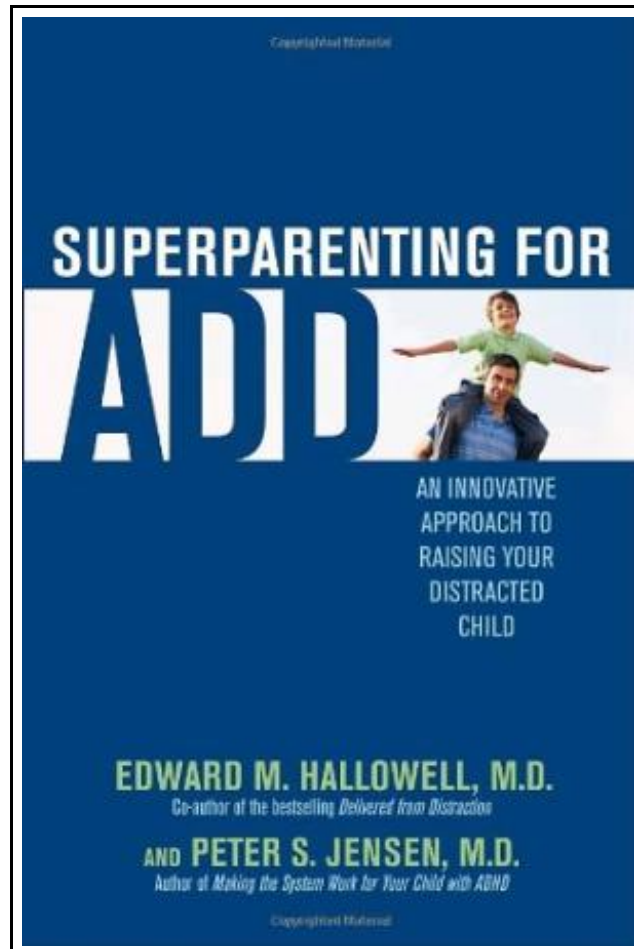


## Superparenting for ADD: An Innovative Approach to Raising Your Distracted Child (Hardback)



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(Claire Carroll DVM)*

## **SUPERPARENTING FOR ADD: AN INNOVATIVE APPROACH TO RAISING YOUR DISTRACTED CHILD (HARDBACK)**

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Random House USA Inc, United States, 2008. Hardback. Book Condition: New. 211 x 147 mm. Language: English . Brand New Book. With decades of experience working with ADD children, Dr. Edward Hallowell-a pediatric psychiatric clinician, father of two ADD children, and himself an adult with ADD-understands how easily the gifts of this condition are lost on a child amid negative comments from doctors, teachers, and even loving but frustrated parents. Hallowell has long argued that ADD is too often misunderstood, mistreated, and mislabeled as a disability. Now he teams up with top academic ADD researcher Peter S. Jensen, M.D., who is himself a father of an ADD child, to bring you an upbeat and encouraging new approach to living with and helping your ADD child. The practical strength-based techniques Drs. Hallowell and Jensen present put the talents, charms, and positive essence of your child ahead of any presumed shortcomings. Clearly outlined and organized, Superparenting for ADD offers a specific game plan that includes - UNCONDITIONAL LOVE Tune out the diagnosticians and labelers and simply notice and nourish the spirit of your child for who he is. Providing this unshakable base of support will set the tone for all interactions to come. - VIEWING THE MIRROR TRAITS There are positive sides of the negative symptoms associated with ADD: stubbornness = persistence; impulsiveness = creativity; intrusiveness = eagerness. By recognizing the mirror traits, you avoid the ravages of shame and fear. - THE CYCLE OF EXCELLENCE Use this critical 5-step process to help a child develop self- and social awareness. Nurture an environment in which a child can safely take risks, reserve time to let a child dabble as a way to learn, encourage playful practice, support mastery of a skill (whatever the skill may be), and then recognize a child s...

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