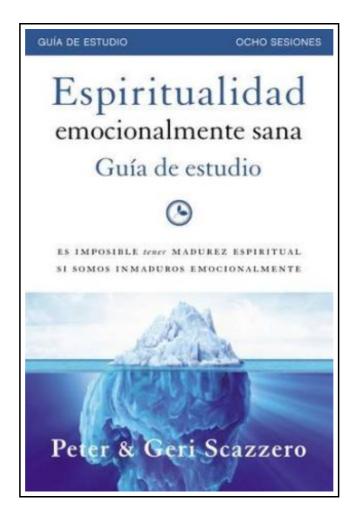
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Very helpful to any or all category of folks. It is writter in simple phrases rather than difficult to understand. Its been developed in an exceptionally simple way and is particularly just after i finished reading this pdf in which basically transformed me, modify the way in my opinion.

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Vida Publishers, United States, 2015. Paperback. Book Condition: New. Study Guide. 226 x 150 mm. Language: Spanish. Brand New Book. Para quienes desean tomar los pasos en su fe cristiana y discipulado, para liberarse de las ataduras del pasado y experimentar la sanidad, Espiritualidad emocionalmente sana es un estudio biblico de ocho sesiones con video sobre la integracion de la salud emocional y la espiritualidad contemplativa. Muchos seguidores de Cristo, que estan realmente apasionados por Dios, se unen a una iglesia, participan semanalmente en un grupo pequeno, sirven con sus dones, y quienes son considerados -maduros-, permanecen estancados a un nivel de inmadurez espiritual, especialmente cuando enfrentan conflictos y crisis interpersonales. El estudio en video Espiritualidad emocionalmente sana y la guia de estudio que lo acompana, ofrecen una estrategia para que el discipulado aborde este vacio, ofreciendo poderosos caminos hacia la transformacion que ayudara a las personas maduras a llegar a una fe llena de autenticidad y un profundo amor a Dios. Las ocho sesiones incluyen: 1.El problema de la espiritualidad emocionalmente no sana. 2.Saber que puedes conocer a Dios. 3.Retroceder para avanzar hacia adelante. 4.Viaje a traves de la pared. 5.Expandir tu alma a traves del dolor y la perdida. 6.Descubrir el ritmo de las Oficio diario y el Sabbat. 7.Crecer en un adulto emocionalmente sano. 8.Tomar el siguiente paso para desarrollar una -regla de vida-.

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