

John Writer

Instructor's Name

Health

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Exercise Makes You Smarter, Scientists Say

```
curl -X POST "http://localhost:8000/studies/" \  
-H "Content-Type: application/json" \  
-d '{  
  "title": "Exercise Makes You Smarter, Scientists Say",  
  "text": "A new study shows exercise boosts brain power.",  
  "topic": "Health",  
  "discipline": "Science Communication",  
  "authors": [{"name": "John Writer"}],  
  "source": {  
    "type": "article",  
    "url": "https://example.com/exercise-article",  
    "title": "Exercise and Brain Health",  
    "authors": [{"name": "John Writer"}],  
    "citations": ["507f1f77bcf86cd799439011"]  
  }  
}'
```