DIABETES DIAGNOSIS ANALYSIS

19TH JUNE, 2023

1 Problem Statement : Diabetes Diagnosis Analysis

1.1 Description:

Diabetes Mellitus is one of the currently deadliest diseases as it set the foundation for several conditions to develop in the body. Diabetes paves way for conditions such as high blood pressure, hyperlipidaemia, neuropathy, eye problems, kidney failure, among others. All these conditions also lead to other conditions that are also very dangerous to the body, making diabetes worth studied into more details. Between 2000 and 2019, there was a 3% increase in diabetes mortality rates by age. In 2019, diabetes and kidney disease due to diabetes caused an estimated 2 million deaths. In the diagnosis of diabetes, an important biomarker is blood glucose level, other biomarkers and physical characteristics play important role in the diagnosis as well. This article seeks the investigate the various factors involved in diabetes diagnosis to reveal new other more important features that can be used to detect the presence of diabetes and also to develop a Machine Learning Model to determine the diabetic state of a patient when their information is inputed.

21. Importing Libraries

```
import pandas as pd
import numpy as np
import seaborn as sns
import matplotlib.pyplot as plt
from sklearn.model_selection import train_test_split
from sklearn.preprocessing import OneHotEncoder
from sklearn.ensemble import RandomForestClassifier
from sklearn.metrics import mean_absolute_error
import warnings
warnings.filterwarnings('ignore')
```

2 The DataSets

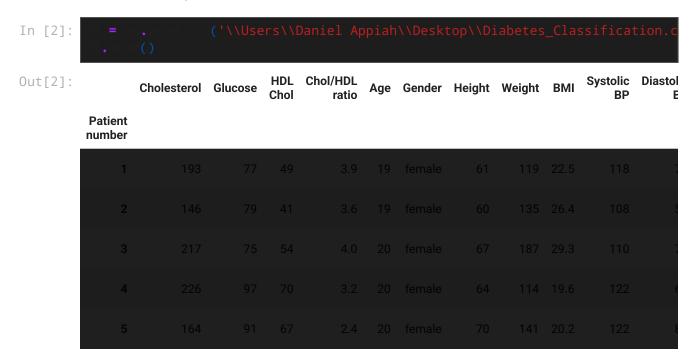
2.1 DataSets Information

Column attribute Description Patient number Identifies patients by number Cholesterol Total cholesterol Glucose Fasting blood sugar HDL HDL or good cholesterol Chol/HDL Ratio of total cholesterol to good cholesterol. Desirable result is < 5 Age All adult African Americans

Gender 162 males, 228 females Height In inches Weight In pounds (lbs) BMI 703 x weight (lbs)/ [height(inches]2 Systolic BP The upper number of blood pressure Diastolic BP The lower number of blood pressure Waist Measured in inches Hip Measured in inches Waist/hip Ratio is possibly a stronger risk factor for heart disease than BMI Diabetes Yes (60), No (330)

This dataset is a modified data from VanderBilt but the original dataset is from a study of rural African American in Virginia. The dataset already has 13 patients dropped due to missing data. It also has two features added, being Chol/HDL and Waist/hip.

2.2 Reading Datasets



2.3 Data Exploration

In [3]:



<class 'pandas.core.frame.DataFrame'> Int64Index: 390 entries, 1 to 390 Data columns (total 17 columns):

Daca	COTAMINS (COCAT)	, сотаниз,	
#	Column	Non-Null Count	Dtype
0	Cholesterol	390 non-null	int64
1	Glucose	390 non-null	int64
2	HDL Chol	390 non-null	int64
3	Chol/HDL ratio	390 non-null	float64
4	Age	390 non-null	int64
5	Gender	390 non-null	object
6	Height	390 non-null	int64
7	Weight	390 non-null	int64
8	BMI	390 non-null	float64
9	Systolic BP	390 non-null	int64
10	Diastolic BP	390 non-null	int64
11	waist	390 non-null	int64
12	hip	390 non-null	int64
13	Waist/hip ratio	390 non-null	float64
14	Diabetes	390 non-null	object
15	Unnamed: 16	1 non-null	float64
16	Unnamed: 17	1 non-null	float64
dtype	es: float64(5), i	nt64(10), object	(2)
mamai	CV 115200 5/1 8+ KI	R	

memory usage: 54.8+ KB

All features here are numeric except the column named Diabetes.

In [4]:	df.de	scribe()							
Out[4]:		Cholesterol	Glucose	HDL Chol	Chol/HDL ratio	Age	Height	Weight	
	count	390.000000	390.000000	390.000000	390.000000	390.000000	390.000000	390.000000	390
	mean								28
	std								ϵ
	min								15
	25%								24
	50%								27
	75%								32
	max								55

In [5]:



Out[5]:		Cholesterol	Glucose	HDL Chol	Chol/HDL ratio	Age	Height	Weight	ВМ
	Cholesterol	1.000000	0.158102	0.193162	0.475927	0.247333	-0.063601	0.062359	0.091695
	Glucose								0.129286
	HDL Chol								-0.241860
	Chol/HDL ratio								0.228407
	Age								-0.009164
	Height								-0.259589
	Weight								0.860147
	ВМІ								1.000000
	Systolic BP								0.121408
	Diastolic BP								0.145304
	waist								0.810701
	hip								0.881728
	Waist/hip ratio								0.100873
	Unnamed: 16	NaN			NaN		NaN		Nah
	Unnamed: 17	NaN	NaN	NaN	NaN	NaN	NaN	NaN	NaN

2.4 Handling Missing Data

In [6]:	df.ismull().sum()	
Out[6]:	Cholesterol	0
	Glucose	0
	HDL Chol	0
	Chol/HDL ratio	0
	Age	0
	Gender	0
	Height	0
	Weight	0
	BMI	0
	Systolic BP	0
	Diastolic BP	0
	waist	0
	hip	0
	Waist/hip ratio	0
	Diabetes	0
	Unnamed: 16	389
	Unnamed: 17	389
	dtype: int64	

The data has no missing values except for the last 2 unnamed features, which will be dropped due to the large number of null values.

2.5 Categorical Features

```
In [8]:
Out[8]: Cholesterol
                             153
        Glucose
                             116
        HDL Chol
                              75
        Chol/HDL ratio
                              69
        Age
                              68
        Gender
                              2
        Height
                              22
        Weight
                             139
        BMI
                             193
        Systolic BP
                              71
        Diastolic BP
                              56
        waist
                              30
        hip
                              32
        Waist/hip ratio
                              39
        Diabetes
                               2
        dtype: int64
```

From this and a critical look at the data, the 'Gender' and 'Diabetes' columns are nominal features and must be changed to categorical data type.

```
In [9]: df['Gender'] = ff['Gender'].astype('category')
df['Diabetes'] = ff['Diabetes'].astype('category')
df['Diabetes'].drypes
```

Out[9]: CategoricalDtype(categories=['Diabetes', 'No diabetes'], ordered=False)

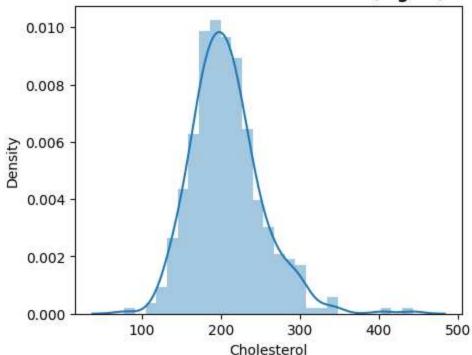
3. Data Visualization

3.1 Visualising the distribution of the data

Cholesterol level

Desirable Range (below 200 mg/dL): 184 patients. Borderline High Range (200-239 mg/dL): 130 patients. High Range (240 mg/dL and above): 76 patients.

Cholesterol Level Distribution(mg/dL)



Glucose level

```
In [11]: plt.figure(figsize=(5,4))
    sns.distplot(df.Glucose)
    plt.witle('Glucose Level Distribution(mg/dL) ',fontdicf={'fontweight': 'bold

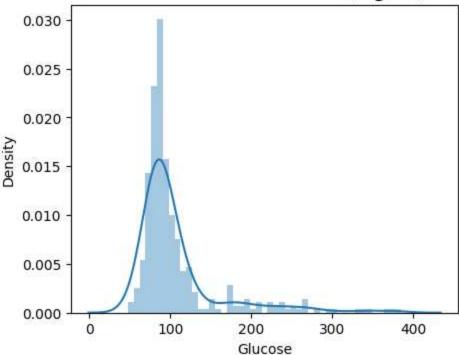
    desirable = df[df.Glucose < 100].count()[0]
    borderline = df[df.Glucose >= 100) & (df.Glucose < 125)].count()[0]

    diabetes = df[df.Glucose >= 126].count()[0]

print(f'Normal Range (below 100 mg/dL): {desirable} patients.')
    print(f'Prediabetes Range (100-125 mg/dL): {borderline} patients.')
    print(f'Diabetes Range (126 mg/dL and above): {diabetes} patients.')
```

Normal Range (below 100 mg/dL): 260 patients. Prediabetes Range (100-125 mg/dL): 69 patients. Diabetes Range (126 mg/dL and above): 60 patients.

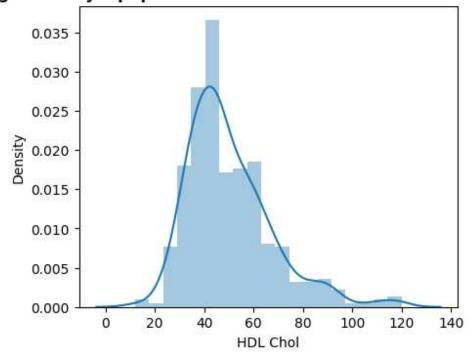
Glucose Level Distribution(mg/dL)



High density Lipoprotein

Low Range for men (below 40 mg/dL): 108 patients. Low Range for women (below 50 mg/dL): 226 patients. Normal HDL Range for men (40-59 mg/dL): 189 patients. Normal HDL Range for women(50-59 mg/dL): 71 patients. High HDL Range(60 mg/dL and above): 93 patients.

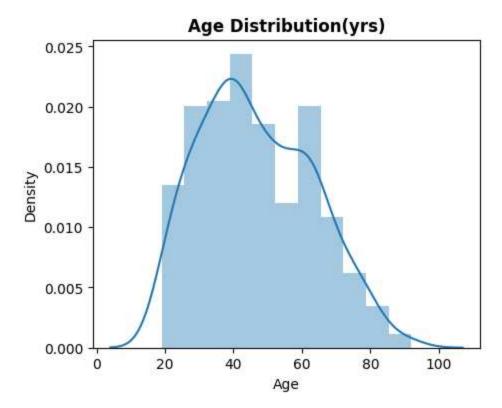
High Density Lipoprotein Cholesterol Level Distribution(mg/dL)



Age

```
In [13]: plt.figure(figsize=(5,4))
    sns.distplot(df.Age)
    plt.title('Age Distribution(yrs)',fontdict={'fontweight': 'bold'})
```

Out[13]: Text(0.5, 1.0, 'Age Distribution(yrs)')

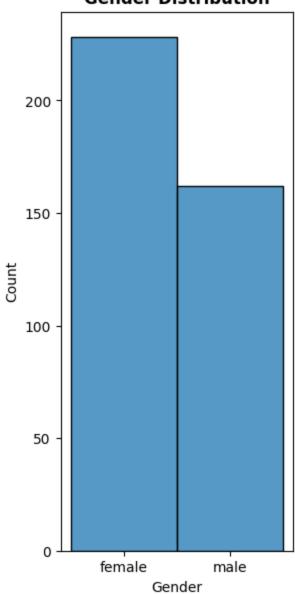


Gender

```
In [14]: plt.figure(figsize=(3,7))
    sns.histplot(df.Gender)
    plt.title('Gender Distribution',fontdict={'fontweight': 'bold'})
```

Out[14]: Text(0.5, 1.0, 'Gender Distribution')

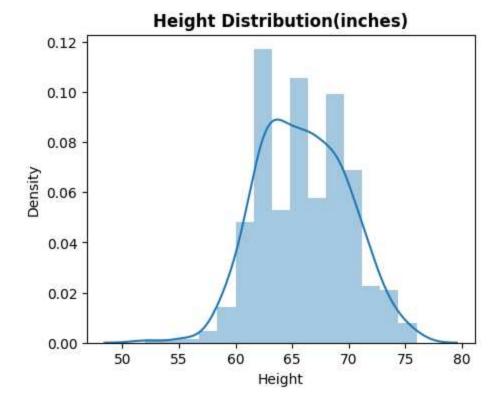
Gender Distribution



Height

```
In [15]: plt.figure(figsize=(5,4))
sns.distplot(df.Height)
plt.ritle('Height Distribution(inches)',fontdic*={'fontweight': 'bold'})
```

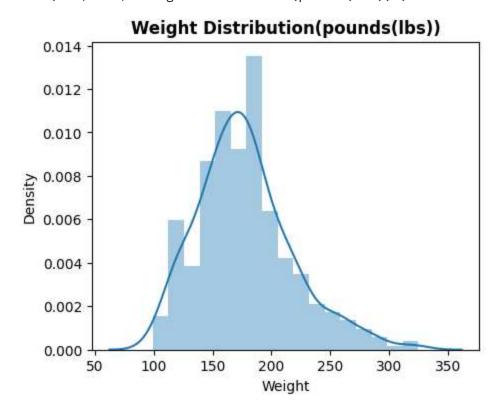
Out[15]: Text(0.5, 1.0, 'Height Distribution(inches)')



Weight

```
In [16]: plt.figure(figsize=(5,4))
    sns.distplot(df.Weight)
    plt.fitle('Weight Distribution(pounds(lbs))',fontdict={'fontweight': 'bold']
```

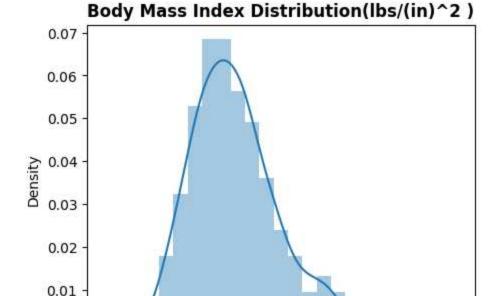
Out[16]: Text(0.5, 1.0, 'Weight Distribution(pounds(lbs))')



Body Mass Index

In [17]:

Underweight (below 18.5 lbs/in^2): 9 patients. Normal weight (18.5-24.9 lbs/in^2): 106 patients. Overweight (25-29.9 lbs/in^2): 107 patients. Obese (30 lbs/in^2 and above): 150 patients.



30

The BMI classes are as follows: underweight (BMI less than 18.5), normal weight (BMI between 18.5 and 24.9), overweight (BMI between 25 and 29.9), obesity (Class I, BMI between 30 and 34.9), obesity (Class II, BMI between 35 and 39.9), and obesity (Class III, BMI 40 or higher)

BMI

40

50

60

Systolic Blood Pressure

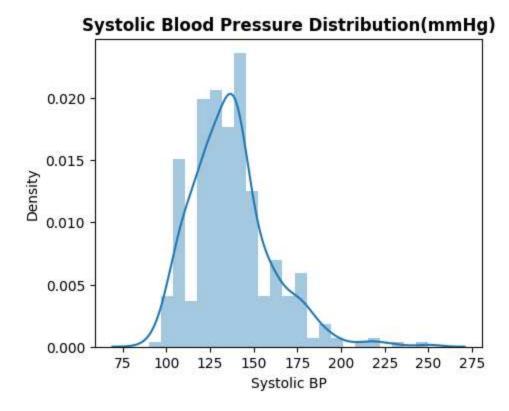
10

20

0.00

```
In [18]: olt.figure(figsize=(5,4))
sns.distplot(df['Systolic BP'])
```

Out[18]: Text(0.5, 1.0, 'Systolic Blood Pressure Distribution(mmHg)')

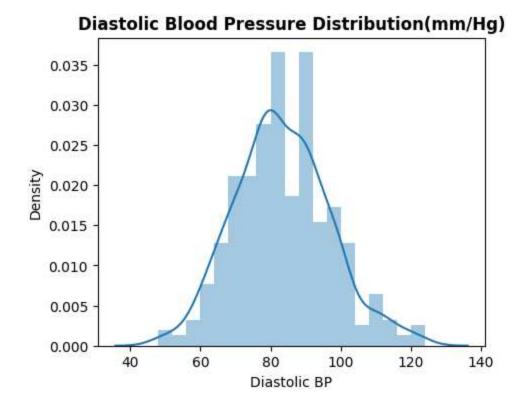


The systolic blood pressure (SBP) categories are as follows: normal (SBP below 120 mmHg but not up to 90mmHg), elevated (SBP between 120 and 129 mmHg), hypertension stage 1 (SBP between 130 and 139 mmHg), hypertension stage 2 (SBP 140 mmHg or higher), and hypertensive crisis (SBP higher than 180 mmHg and/or diastolic blood pressure (DBP) higher than 120 mmHg). This data has few portion below 120mmHg and the rest above.

Diastolic Blood Pressure

```
In [19]:
    plt.figure(figsize=(5,4))
    sns.distplot(df['Diastolic BP'])
    plt.title('Diastolic Blood Pressure Distribution(mm/Hg)', fontdic={'fontweig}
```

Out[19]: Text(0.5, 1.0, 'Diastolic Blood Pressure Distribution(mm/Hg)')

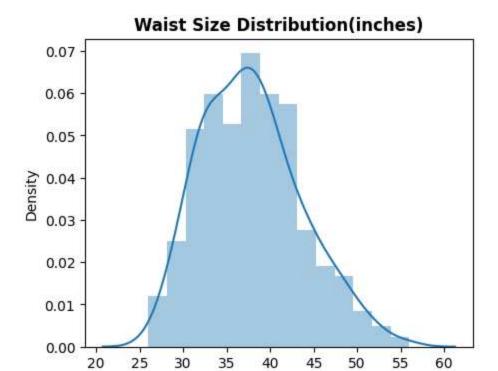


The diastolic blood pressure (DBP) categories are as follows: normal (DBP below 80 mmHg b ut not up to 60mmHg), elevated (DBP between 80 and 89 mmHg), hypertension stage 1 (DBP between 90 and 99 mmHg), hypertension stage 2 (DBP 100 mmHg or higher), and hypertensive crisis (DBP higher than 120 mmHg and/or systolic blood pressure (SBP) higher than 180 mmHg).

Waist size

```
In [20]:
    plt.figure(figsize=(5,4))
    sns.distplot(df['waist'])
    plt.title('Waist Size Distribution(inches)',fontdict={'fontweight': 'bold'})
```

Out[20]: Text(0.5, 1.0, 'Waist Size Distribution(inches)')

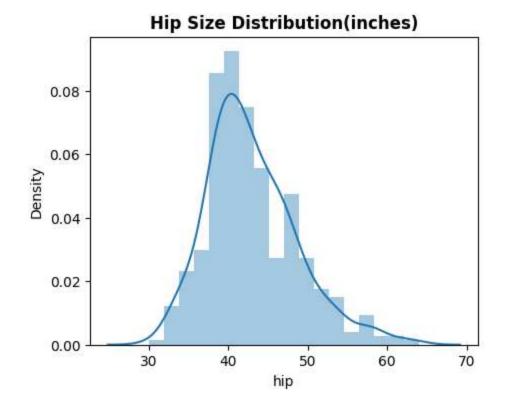


Hip Size

```
In [21]: plt.figure(figsize=(5,4))
sns.distplot(df['hip'])
plt.title('Hip Size Distribution(inches)',fontdict={'fontweight': 'bold'})
```

waist

Out[21]: Text(0.5, 1.0, 'Hip Size Distribution(inches)')



4 Correlation Analysis

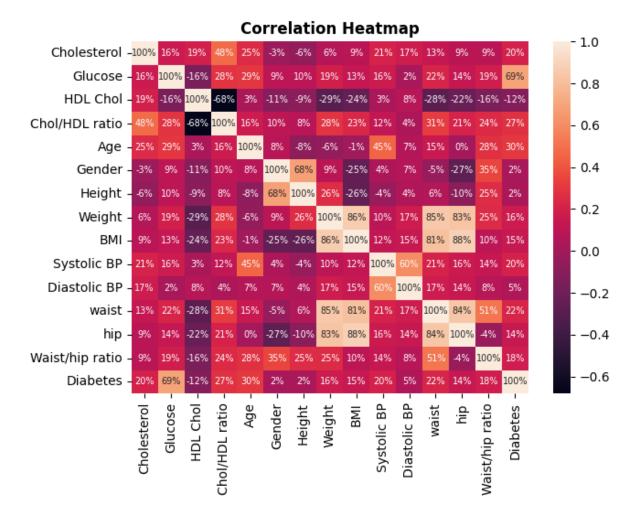
4.1 Categorical Feature Analysis

```
In [22]: from import im
```

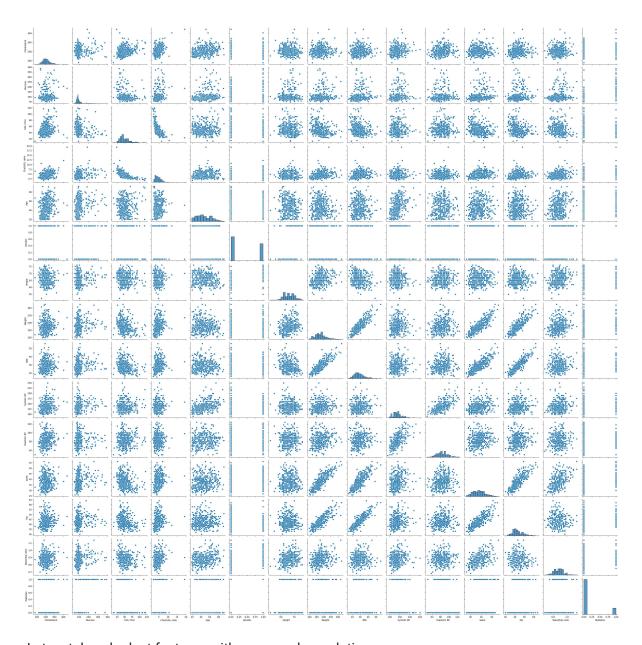
4.2 Visualizing the correlation among the various features of the data

```
In [23]:
data_correlation = df.corr()
plt.figure(figsize= (7,5))
plt.title('Correlation Heatmap', fontdix = {'fontweight':'bold'})
soc.beatmap(data_correlation,amod=True,fmt='.0%' , amod_kws= {'fontsize':
```

Out[23]: <AxesSubplot: title={'center': 'Correlation Heatmap'}>



```
In [24]: #cat= df['Diabetes_encoded', 'Gender_encoded']
    #data= df.drop(cat)
    #cat= df.drop(cat)
    #cat= df.drop(cat)
    #cat= df.drop(cat)
    #cat= df.drop(cat)
    #cat= df['Diabetes_encoded', 'Gender_encoded']
    #cat= df['Diabetes_encoded', 'Gender_encoded']
    #cat= df['Diabetes_encoded', 'Gender_encoded']
    #cat= df['Diabetes_encoded', 'Gender_encoded']
    #cat= df.drop(cat)
    #cat=
```



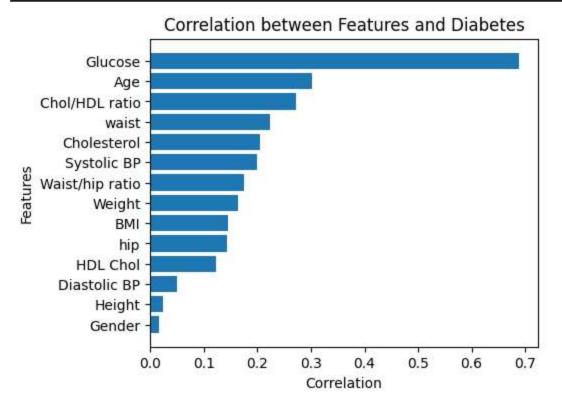
Let us take a look at features with very good correlation.

[('Cholesterol', 'Chol/HDL ratio'), ('Glucose', 'Diabetes'), ('HDL Chol', 'Chol/HDL ratio'), ('Chol/HDL ratio', 'waist'), ('Age', 'Systolic BP'), ('Age', 'Diabetes'), ('Gender', 'Height'), ('Gender', 'Waist/hip ratio'), ('Weight', 'BMI'), ('Weight', 'waist'), ('Weight', 'hip'), ('BMI', 'waist'), ('BMI', 'hip'), ('Systolic BP', 'Diastolic BP'), ('waist', 'hip'), ('waist', 'Waist/hip ratio')]

The pairs above show features that have correlation coefficent above plus or minus 0.3.

4.3 Visualizing correlation between features and target(Diabetes column)

```
In [26]:
    correlation_matrix = df.corr()
    target_correlation = correlation_matrix['Diabetes']
    target_correlation = target_correlation.ono('Diabetes')
    olt.figure(figsiz==(5, 4))
    olt.bark(target_correlation.index, target_correlation.values)
    olt.vlabel('Correlation')
    olt.vlabel('Features')
    olt.title('Correlation between Features and Diabetes')
    olt.shor()
```



From the graph we can see that glucose level has the highest correlation coefficient with Diabetes, then surprisingly, age through to height having the lowest correlation coefficient with Diabetes.

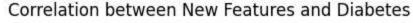
4. 4 Exploring new features

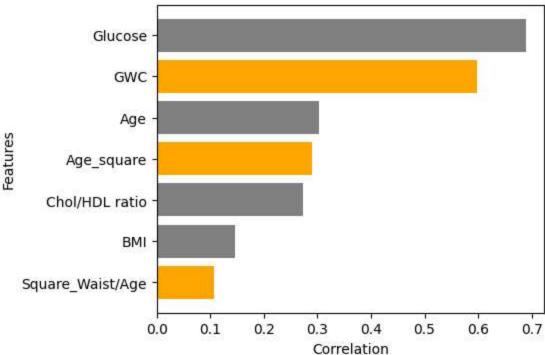
Since the age seems to have a good correlation, let us utilise it in exploring new features with higher correlation.

Waist seems to have a good correlation with Diabetes, I am creating a new feature ((waist)^2/Age) to see how it will correlate with diabetes since a relationship between a person's waist and age can reveals obesity.

```
In [28]: Square_Waist_per_Age= df['waist']**2/df['Age']
New_features['Square_Waist/Age']= Square_Waist_per_Age
```

Creating another feature which is square root of (Glucose level * Weight * (Chol/HDL))





Correlation Coefficient of GWC is 0.5975911038445685 whilst that of glucose is 0.6890795038664445

From the graph, it could be revealed that the new feature GWC which is the square root of (Weight * Glucose Level * (cholesterol level/HDL level) tends to be of a very high correlation coefficient with Diabetes and can be a very useful factor in diagnosing diabetes even over most of the traditional factors that have always been used. The feature GWC makes use of glucose level, cholesterol level, weight and HDL level to give a more accurate foresight concerning the likelihood of the patient being diabetic or not. From analysis, GWC above 200 calls for attention since it is more likely patient is diabetic.

5 Prediction Model

model accuracy: 0.9230769230769231 mean absolute error: 0.07692307692307693

5.2Testing the model

5. 3 Creating an automated diagnosing predictor

```
In [36]: import
```

```
Age of patient: 43
Waist size in Inches: 41
Weight of patient in lbs: 200
Fasting glucose level in mg/dL: 127
Cholesterol level in mg/dL: 293
HDL Cholesterol level in mg/dL: 60
Gender (Input '1' for male or '0' for female): 1
Height of patient in inches: 65
Systolic Blood Pressure: 141
Diastolic Blood Pressure: 97
Hip size in inches: 39
This patient is likely to be undiabetic.
```

In []:

In []: