

## **7 Habits Affirmations**

1. I am proactive.
2. I begin with the end in mind.
3. I put first things first.
4. I seek first to understand then to be understood.
5. I think win/win.
6. I synergize.
7. I sharpen my saw.

I schedule my priorities.

I grow in courage and consideration

## **StrengthsFinder Affirmations**

Significance: I am significant in the eyes of others. I am recognized.

I am heard. I am known and appreciated for the unique strengths I bring.

I am admired as credible, professional, and successful.

I have a strong circle of friends that are also successful, and strong.

I decide what my reputation should be and steward it well.

Analytical: I delightfully share data driven decisions.

I'll help others organize a large amount of data.

i form great partnerships with people with the activator strength

I help others see patterns.

My friends need my insight to create a beautiful future.

The public needs my insight to know where they need to go.

Ideation

Futuristic: I celebrate possibilities with others.

I envision the future to make clear to others what is worth doing.

I share innovative original thought with others.

## **Bible Affirmations**

I am still and know God.

Isaiah 58. I free those who are wrongly imprisoned. I lighten the burden on those who work for me. I

let the oppressed go free. I remove the chains that bind people. I share my food with the hungry.

I give shelter to the homeless. I give clothes to those who need them. I welcome my relatives that are in need. My salvation comes like the dawn. My wounds quickly heal. My godliness leads me forward. The glory of the Lord protects me from behind. The Lord answers when I call. He is here.

Leviticus 17 - My sacrifices honor God before any other being.

I give to Gods children because He first gave to me.

My face shines from conversation with God. - Exodus 35.

I honor God in all that I build. Exodus in general.

I sacrifice to strengthen my connection to God. Leviticus 1.

I seek first the Kingdom of Heaven.

8. Exodus 12 Passover. I honor the way God marks the calendar
9. I love God's timing. He makes everything beautiful in it's time. Ecc 3:11
10. I enjoy sharing my blessing with my family. Judges 1
11. I lead from God's anointing and reject temptation to be merciful outside of God's will. Kings 1 . King Saul and David's story.

## Possessing Joy Affirmations

12. I laugh uproariously when I hear a lie from the devil. God's promises are true and the devil's words are false. I am chuckling more and more as I look at Satan's lies from God's perspective.
13. The joy of the Lord is my strength. I am increasing in joy daily. It is a secret in my life for endurance and power (spiritual strength). I am going from strength to strength in my life.
14. I am a cheerful giver. I am becoming a hilarious giver who jumps for joy when I get to give. It is something that God loves and I love it, too.
15. Right now I say out loud, "It's going to be okay." God is going to take care of me. As I wait for my miracle to manifest, I laugh and stir up joy. I regularly get with others who joyfully help me keep the right perspective in my fight of faith.

## Heartcore Affirmations

16. I am a powerful, committed, courageous man. Yes I am.
17. Oh what the fuck, do it anyway.
18. No guilt no shame, no something, blame. I take responsibility.

## 5HourFarm Affirmations

My farm feeds my wife and kids and builds their health.

Every plant and animal in my garden glorifies God.

We say yes to life of abundance with pure food, pure air, pure water.

Jesus says his burden is light and we say yes to that light burden on growing food. Matthew 11:30

## BCA Affirmations

19. I create from identity not for it.
20. I perform from identity not for it.
21. My studio is a perfect health zone.
22. This studio is a sanctuary, a place of safety, and a haven for my creativity. I perform from identity and not for it. I am His son and He loves me. My performance is a gift and I'm going to share it with the world. My gift has substance, has beauty and is lit up! I am so wonderfully made. I am a spirit being who has a soul and lives in a body, and when I perform, I am aligned to these truths. The only spirit that is welcome here is the Holy Spirit, and my spirit partners with Him. I am filled with excitement when I watch others perform, all is well with my soul.

My whole body is protected, full of vitality and 100% healthy. I value training, so body, I give you permission to work hard.

#### BSSM Affirmations

23. I owe the world a God encounter.

#### Darian Affirmations

24. My desires release the presence of God everywhere I go.

25. I love well.

26. Creative prosperity flows from God through my actions.

27. I am anointed to expand prosperity.

28. I live from God's favor not for it.

29. My sexuality blesses my wife.

30. My desires expand the Kingdom of Heaven.

#### Enneagram Affirmations

Healthy 3:

I accept myself as I am.

I am no longer motivated by a concern for what others think of me or a desire to obtain applause or admiration.

I shift my center of gravity to become inner-directed and self-generating; in so doing, I plant the seeds of my own interiority, my own feelings, my own identity. My development becomes interior and personal, a matter of discovering their own values rather than overt, outward behavior. Like many of the qualities of the very healthy Three, the ability to be inner-directed may not sound like much at first, but this is only a testament to the degree to which the illusions of the modern world have entranced us. To be truly inner-directed is a rare accomplishment. It does not mean that one is led by emotional reactions or fantasies, by avoidance or fear or compensations, any more than it means being influenced by the opinions of others or by prevailing tastes and mores. To be inner-directed is to follow the truth of one's own heart and to act and speak from that place. When I do this, I am inspiring and genuinely affecting. I communicate in a way that touches others and motivates them to pursue higher purposes. My self-expression is direct and entirely authentic. Healthy Threes feel deeply, but they are not sentimental or effusive. Rather, theirs is an openness of heart that takes in the truth of themselves and others with a childlike simplicity and compassion. Being authentic is an extraordinary accomplishment, especially when we consider how few moments in life we express our genuine feelings and perceptions to others. These moments are usually rare and precious, and entail a profound acceptance of self and others. Self-acceptance is a way of viewing one's self compassionately, without condemnation or justification. It is a starting point in life which makes other things possible. It celebrates the fullness and joy of being alive and of being who we are: accepting ourselves, however, does not mean embracing our neuroses or bad habits.

and celebrating them as if they were virtues. On the contrary, self-acceptance involves loving ourselves enough to accept painful truths about ourselves. It helps us to abjure the world of grandiose fantasies and to cease to listen to the temptation to be false about ourselves in any way. Self-acceptance is, at its simplest, the experience of one's self, here and now, as a complete human being, with all the glories and problems that condition entails. By accepting themselves, very healthy Threes take responsibility for developing themselves as they truly are, both to realize their many gifts and talents and to gracefully acknowledge their weaknesses and limitations.

#### Healthy 7:

Healthy: Highly responsive, excitable, enthusiastic about sensation and experience. Most extroverted type: stimuli bring immediate responses—they find everything invigorating. Lively, vivacious, eager, spontaneous, resilient, cheerful. / Easily become accomplished achievers, generalists who do many different things well: multitalented. Practical, productive, usually prolific, cross-