How to measure yourself for Ruby deMure Bespoke Pasties

Below is an image (courtesy of Manet, with a few adjustments!) I will need two measurements from you, marked 1 and 2 on the image. The pasties I make will be a cone shape, slightly bigger than your areolae (the entire nipple area).

N.B. Please do not use inches as they are not accurate enough. Use centimetres or millimetres and be as accurate as possible.

1: Stand in front of a mirror

Using a straight ruler (not a flexible measuring tape), measure across the widest part of the areola (this may be from top-to-bottom or left-to-right etc.) Don't roll the ruler along the skin, just measure straight across. Do this with both of your nipples (one is usually slightly bigger than the other). Write down just the bigger of the two (I will make the pasties identical, so they need to be big enough for both of your nipples). This measurement will be the DIAMETRE of the cone.

2: Now look down at your breasts

On the bigger of your nipples, use the ruler to measure from the outside of the areola to the tip of the nipple. Again, don't roll the ruler over it, just measure straight along. This measurement will be the SLANT HEIGHT of the cone.

Et voila! Send those measurements to me and I'll make your pasties to fit you perfectly!

