

Poem  
**15**

## He Came to Know Himself

(Sachal Sarmast)

### Words and Expressions

naught	—	nothing	کچھ نہیں
enmeshed	—	caught up; immersed; involved	گرفتار۔ مبتلا
alight	—	descend; land	نیچے اترنا
pour	—	splash; shower	برسانا
cascade	—	torrent; waterfall	دھارا۔ آبشار
mount	—	climb	چڑھنا
gallows	—	scaffold; stake	سولی، تختہ دار
tread	—	walk	چلنا
sojourn	—	stay; a short stay; visit	محضر قیام

### Multiple Choice Questions

Choose the correct synonym.

1. **Naught** else had He in view.  
A) many B) anything  
C) nothing D) plan
2. He got **enmeshed** in love.  
A) delighted B) grieved  
C) involved D) recognized
3. He **alighted** from high heaven.  
A) descended B) ascended  
C) blessed D) abandoned
4. To **pour** a cascade of love.  
A) splash B) command  
C) receive D) comprehend
5. To pour a **cascade** of love.  
A) means B) trial  
C) passion D) fountain
6. Became Mansur to **mount** the gallows.  
A) fix B) climb  
C) descend D) discard
7. Became Mansur to mount the **gallows**.  
A) scaffold B) mountain  
C) stage D) heights
8. He **treaded** the bazaars of Egypt.  
A) conquered B) subdued  
C) left D) walked
9. Sachu speaks the **bare** truth.  
A) small B) plain  
C) mysterious D) strange
10. To speak of His **sojourn** on earth.  
A) view B) knowledge  
C) stay D) blessing

### Answers

- |      |      |      |      |       |
|------|------|------|------|-------|
| 1. C | 3. A | 5. D | 7. A | 9. B  |
| 2. C | 4. A | 6. B | 8. D | 10. C |



## Questions and Answers

**Q.1** Why does the poet put emphasis on how to know himself?

**Ans.** *'Knowing others is intelligence; knowing yourself is true wisdom.'* The poet puts emphasis on self-knowledge because, by doing so one finds the reality of God and one's own self. Self realization is synonymous with the knowledge of God.

**Q.2** What makes one entangled in love?

**Ans.** Anybody who has a desire to get knowledge about his own self has to entangle himself in love of God. When he is deeply involved in love of God, he comes to realize the ultimate truth. The union of soul with another soul through the alchemy of love is the highest mystic truth.

**Q.3** Why did Mansur mount the gallows?

**Ans.** Mansur was so deeply engrossed in the love of God that he lost consciousness of himself. Once he shouted in a spiritual ecstasy, "I am the Truth". People understood this to mean that he was claiming to be God himself. Thus Mansur was condemned to death.

**Q.4** What is the bare truth?

OR

**What is the theme of the poem "He Came to Know Himself"?**

**Ans.** According to the poet, the bare truth is that God is present everywhere on the earth in the form of His lovers (prophets, saints and noble people). Love of God is a means to self-knowledge.

**Q.5** What does the poet say about "His sojourn on earth" in the last line of "He Came to Know Himself"?

**Ans.** The poet says that it was God Almighty Himself who came on earth in the form of prophets to tell the truth of life and spread the message of love.

**Q.6** Who is the author of the poem "He Came to Know Himself"?

**Ans.** "He Came to Know Himself" has been composed by Sachal Sarmast.

**Q.7** Who treaded the bazaars of Egypt?

**Ans.** Hazrat Yousuf (A.H.), a prophet of God, treaded the bazaars of Egypt, where he was sold as a slave.

## Explanation with Reference to the Context

**Stanza 1:**

He came to know Himself  
Naught else had He in view  
To be able to realize this  
He got enmeshed in love.

**Reference:**

These lines have been taken from the poem "He Came to Know Himself" by Sachal Sarmast.

**Context:**

The poet puts emphasis on self-realization. This is a spiritual undertaking; it is a voyage towards self-discovery. In spiritual dimensions, there are no conventional boundaries between entities. The soul must reach beyond itself and connect with the divine soul. It is the love of God and mystic abandonment that dawn upon man the divine secrets.

**Explanation:**

When man is lost in God's love, he is at rest. According to Sachal Sarmast, unless man develops this love, he is not sure to be redeemed in the end. Our final redemption is hidden in our unwavering faith and love for Allah and our obedience to His injunctions. If we have someone else in view, it would lead us astray. So, our sole aim must be to win His pleasure.



Love of God means the strength of our character and our priority in life. Hence our strong belief in Allah and our resoluteness for our religion is the way to success for all of us.

### Stanza 2:

He alighted from high heaven  
To pour a cascade of love  
Became Mansur to mount the gallows  
Just to have His head cut off.

### Reference:

These lines have been taken from the poem "He Came to Know Himself" by Sachal Sarmast.

### Context:

The poet puts emphasis on self-realization. This is a spiritual undertaking; it is a voyage towards self-discovery. In spiritual dimensions, there are no conventional boundaries between entities. The soul must reach beyond itself and connect with the divine soul. It is the love of God and mystic abandonment that dawn upon man the divine secrets.

### Explanation:

In these lines, the poet says that God came to the earth to spread the message of love. It means He sent saints and prophets to teach the lesson of love to the people. Serving humanity is the deepest pleasure the soul can experience. But it had its trials. The poet gives us the example of Saint Mansur who was so deeply involved in the love of God that he declared, "I am the Truth". People misunderstood him and put him to death. But he felt no hesitation to sacrifice his life.

### Stanza 3:

He treaded the bazaars of Egypt  
Just to be sold for a slave  
Sachu speaks the bare Truth.  
To speak of His sojourn on earth.

### Reference:

These lines have been taken from the poem "He Came to Know Himself" by Sachal Sarmast.

### Context:

The poet puts emphasis on self-realization. This is a spiritual undertaking; it is a voyage towards self-discovery. In spiritual dimensions, there are no conventional boundaries between entities. The soul must reach beyond itself and connect with the divine soul. It is the love of God and mystic abandonment that dawn upon man the divine secrets.

### Explanation:

In these lines, the poet gives us the example of Hazrat Yusuf (A.S.), a prophet of God who was sold in the bazaars of Egypt as a slave. But for the love of God he accepted every hardship with pleasure and faced all trials and tribulations. The poet reveals a clear truth in the end and says that we all human beings on the earth are for a short time. We will have to leave this world and all its pleasures. Our life is transient and nothing lies beyond but nothingness. But God Almighty is present on the earth. It was God Almighty Himself who came to the bazaars of Egypt in the guise of Hazrat Yusuf (A.S.).