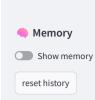
21/06/2025, 12:03 RAG Assistant



RAG Chat Assistant

Recommend me a full skincare routine from a European brand that doesn't test on animals.

Creating a comprehensive skincare routine using Lush products, which is a European brand that doesn't test on animals, can be both effective and ethical. Here's a well-organized plan tailored for morning and evening routines:

Morning Skincare Routine

- 1. Cleanser: Start with the Lush Cleansing Cubes. These gentle cubes, infused with jojoba beads, effectively cleanse without irritation.
- 2. Toner: Use the Lush Konjac Sponge to tone your skin. Wet the sponge and gently sweep it across your face to balance and soothe your skin.
- 3. Serum: Apply The Serum by Lush, rich in hyaluronic acid, to hydrate and plump your skin for a dewy complexion.
- 4. Moisturizer & Sunscreen: Finish with the Lush Sunscreen Face Cream SPF 30, providing broad-spectrum protection against UV rays without leaving a greasy residue.

Evening Skincare Routine

- 1. Cleanser: Begin with the Lush Dead Sea Scrub to thoroughly cleanse and gently exfoliate your skin, removing impurities and makeup.
- 2. Toner: Follow up with another pass of the Konjac Sponge, this time focusing on any leftover residue or impurities.
- 3. Serum/Essence: Use The Black Mask by Lush as a repairing serum to detoxify and clear impurities while you sleep.
- 4. Moisturizer: End with the Lush Sleeping Mask, a rich moisturizer that repairs and hydrates overnight, leaving your skin soft and rejuvenated in the morning.

Considerations

- Product Suitability: Ensure each product suits your skin type. For sensitive skin, the gentle jojoba beads in Cleansing Cubes are suitable.
- · Application Tips: Use warm water with Cleansing Cubes for better effectiveness. The Konjac Sponge can be used wet or dry depending on preference.

This routine offers a balanced approach to skincare, utilizing natural and ethically sourced products that work synergistically to maintain healthy skin.

Ask your question here..