

Otto Bock[®]

QUALITY FOR LIFE



Epi Forsa Plus: Epicondylitis orthosis

| Patient Information |

Epi Forsa Plus

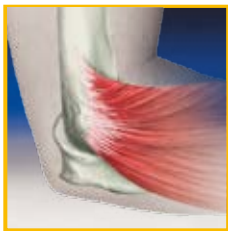
50A3

Epicondylitis – what is it?

Epicondylitis is an inflammatory condition at the epicondyle of the elbow, and is one of the most common orthopedic problems. It occurs when the tendons that connect the muscles of the fingers and hand to the epicondyle become inflamed.

Pain can occur at the elbow as well as in the hand, and can worsen with rotational or lifting movements, making it difficult to use the injured arm at all.

What's the cause of epicondylitis?



The reasons for epicondylitis are likely mechanical. It develops when the forearm muscles are strained by uniform, repetitive activities, such as work with a jack hammer or typewrite. As for sports, tennis players (tennis elbow) and golf players (golf elbow) are the most affected groups.



What are the advantages of the Epi Forsa Plus?



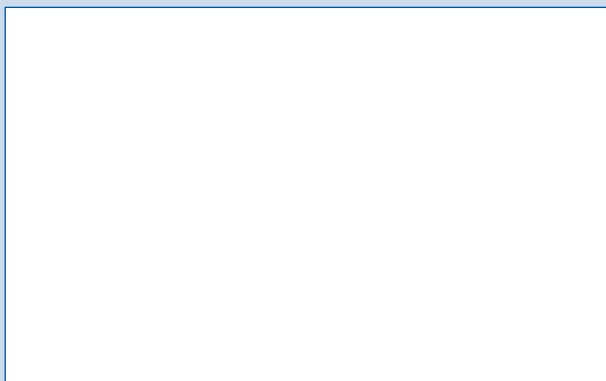
The Epi Forsa Plus exerts a targeted and measured pressure on the forearm muscles, to help reduce load on the aching tendon insertions of the elbow. To find out how to wear your Epi Forsa Plus, please speak with your medical professional.

The Epi Forsa Plus is manufactured from a comfortable, skin-friendly material using the latest production methods, and remains comfortable even during strenuous activities.

A useful tip:



Even when your epicondylitis has healed and you no longer have any pain symptoms, we recommend that you use your Epi Forsa Plus as a prophylactic device when performing repetitive work or athletic activities.



Please contact us if you have any further questions
or would like to have more information.

Otto Bock®

QUALITY FOR LIFE

Otto Bock HealthCare GmbH – Orthotics
Max-Näder-Straße 15 · 37115 Duderstadt/Germany
Phone +49 5527 848-0 · Fax +49 5527 848-1414
healthcare@ottobock.de · www.ottobock.com