connect your 3.3v serial adapter to your WIFI TXD/RXD respectively



(rxd on device to tx on usb)

load flymcu.exe app and setup for correct serial port, click 3 dots to select firmware.hex

FlyMcu V0.188MCU In System Programmerwww.mcuisp.com	_	×
System Help Language EnumPort Port:COM7 bps:115200 www.mcuisp.com,Programmer	About	
Code File For Online ISP:		
iotloader-bloated\mksbootloaderpio\build\mkstft_28_bl\firmware.hex	ogram	
HandHeld eLoader STM ISP Free STM IAP NXP ISP EP968_RS232		^
Start ISP(P) Verify Run After ISP complete Use RamIsp Continue Program Read ChipInfo(R) Erase Chip(Z) ReadFlash Option Bytes:		
✓ Program OptionBytes when ISP		
Setting(OptionBytes)		

Click start ISP

On the device :-

connect 3.3v(JTAG) to R10 (the side with text R10 & closest to eeprom IC)

press reset

release 3.3v connection to r10 when text displays uploading \dots