

Section: ALS OB/GYN
Subject: NEWBORN TREATMENT
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1. Basic ALS Treatments
2. Dry patient promptly & vigorously, especially the head.
3. Slight Trendelenburg with head turned to the side for drainage.
 - a. Suction the mouth first and then the nose.
 - i. Watch for bradycardia
4. Wrap in approved swaddle garment.
5. **Oxygen:** if indicated.
6. Record the time of delivery.
7. Record 1-minute and 5-minute APGAR scores, if practical.

Acronym	Score = 0	Score = 1	Score = 2	Score Total
A ppearance (Skin Color)	Blue all over	Blue extremities Pink body (acrocyanosis)	Body and extremities pink	
P ulse Rate	Absent	< 100 bpm	≥ 100 bpm	
G rimace (Reflex Irritability)	No response to stimulation	Grimace / feeble cry when stimulated	Sneeze, cough, pulls away when stimulated	
A ctivity (Muscle Tone)	None	Some Flexion	Active movement	
R espiration	Absent	Weak or irregular	Strong	
Total				

8. If the newborn is in distress, follow the American Heart Association's PALS guidelines.
9. If evidence of meconium staining, suction immediately.
 - a. If possible suction before delivery is complete.
10. **Remember, the name of the medic cutting the cord and the time in which it was cut must be recorded in the medical treatment record.**