Hillsborough County Fire Rescue STANDING ORDERS AND PROTOCOL

Section: ALS Protocols Page 1 of 1

Subject: NASOGASTRIC TUBE PLACEMENT

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1. Insertion of a nasogastric (NG) tube should be considered as an adjunct to airway control and ventilation.

- 2. A nasogastric tube may be inserted on cardiac arrest patient whenever possible.
 - a. This can help prevent aspiration and increase tidal volume during ventilations.
 - b. This is a mandatory procedure in all <u>intubated pediatric patients</u>.
- 3. Select the proper size nasogastric tube for placement.
 - a. To ensure a proper size NG tube in the pediatric patient, refer to the Broselow® tape.
 - b. Proper sizing in the adult patient will consist of nare size and patient body weight.
- 4. To approximate the proper length of insertion for the NG tube:
 - a. Place the NG tube distal tip at the xiphoid process, run it up the sternum, around the ear, and back down to the tip of the nose.
 - Mark this with tape or fingers prior to insertion to avoid placing too much of the tube in the stomach.
 - c. This technique will work for both adult and pediatric patients.
- 5. To be assured that the NG tube is properly placed:
 - a. Use a syringe to insert air into the tube and auscultate over the epigastrium.
 - b. The sound of air bubbling will confirm placement.
- 6. Secure the NG tube to the bridge of the nose with tape.
- Document in the ePCR the proper placement of the NG tube and that it was secured in place.