## Hillsborough County Fire Rescue STANDING ORDERS AND PROTOCOL

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Subject: HYPOGLYCEMIA Section #: 343.16

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Approved By:

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1. Basic ALS Treatments.

- 2. Check blood glucose level
- 3. If blood glucose demonstrates hypoglycemia (<50 mg/dL):
  - a. Oral dextrose (patient who is awake with an adequate gag reflex)
    - i. Pt is <20 kg, administer 7.5 g PO (one-half tube)
    - ii. Pt is  $\geq$  20 kg, administer 15 g PO (whole tube)
      - 1. May be repeated in 10 minutes if there is a partial response. Otherwise, proceed to IV/IO dextrose.
  - b. Glucagon (when unable to establish an IV):
    - i. 0.03 mg/kg up to a maximum of 1 mg IM.
  - c. Intravenous dextrose:
    - i. Patients <20 kg, administer 0.25 g/kg of Dextrose 10% (D<sub>10</sub>W) IV/IO
    - ii. Patients >20 kg, administer 0.25 g/kg of Dextrose 25% (D<sub>25</sub>W) IV/IO
    - iii. Refer to HCFR PEDIATRIC MEDICATION DOSAGES protocol for mixing instructions.
    - iv. It is an acceptable approach to administer both glucagon and D<sub>10</sub>W if you are not initially able to establish an IV, as having glucagon does not prevent you from giving D<sub>10</sub>W later in the call.
- 4. **NOTE:** It is likely under this protocol that we will transport more patients with hypoglycemia, as glucagon at times does not suffice, and the administration of Dextrose D<sub>10</sub>W may take a long amount of time.