Hillsborough County Fire Rescue STANDING ORDERS AND PROTOCOL

Section: **Adult Medical** Page 1 of 1 Subject: Hypothermia

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Basic ALS Treatments.

- Initiate passive re-warming procedures:
 - a. Remove any wet clothing
 - Cover the patient, including the head, with blankets
 - Move the patient into the heated unit or other warm environment
- 3. Severe hypothermia (core temp $\leq 95^{\circ}$ F):
 - Apply hot packs to the arm pit, groin, trunk, and behind the neck regions
 - Handle the patient gently because they are prone to spontaneous V-fib
- ACLS modifications for cardiac arrest in hypothermia:
 - a. Start CPR
 - Intubation and IV access b.
 - For V-fib/pVT, limit defibrillation to one (1) shock at 360j
 - Withhold IV medications pending Medic-1 contact
- Contact Medic-1:
 - a. For the administration of drugs
 - b. Electrical therapy beyond the first counter shock