

# cindy mitchell

Guin, AL 35563

[gershcindy7@gmail.com](mailto:gershcindy7@gmail.com)

+12054125809

## Professional Summary

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Patient-centered professional with healthcare industry EXPERIENCE and Offer a collaborative approach to assess, plan, facilitate, and advocate for options and services. Communicate effectively to meet individual needs and coordinate available resources for vulnerable populations to promote top-notch customer service and quality outcomes.

- Strong written, verbal, and interpersonal skills for effective communication and documentation.
- Adept at managing time, coordinating details, and balancing competing demands.
- Microsoft Office Applications – MS Word.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

## Work Experience

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### **Home Health Aide**

Sunbridge Home Health-Decatur, AL

November 2021 to November 2022

- Take vital signs and assist with activities of daily living – personal hygiene, mobility, and feeding.
- Communicate and interact effectively and tactfully with patients, visitors, families, peers, and supervisory staff.
- Document and report observations of patient behavior, complaints, and physical symptoms.
- Maintain confidentiality standards of protected health information in accordance with HIPAA guidelines.

### **Home Health Aide**

DiversiCare-Winfield, AL

January 2018 to May 2021

- Took vital signs and assisted with basic patient care activities and with procedures ordered by physician.
- Provided nursing care in accordance with resident care policies and procedures.
- Met the needs of all assigned patients and ensured the utmost safety and well-being of the residents.
- Completed daily logs documenting patient condition and activities.

## Education

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### **Associate of Science degree in Health and Human Services**

Ultimate Medical Academy

2022

## Skills

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- Self-Care.
- Health and Human Services
- Healthcare Delivery
- Wellness Crisis Intervention
- Program Management
- Behavioral Health Intervention
- Social Services
- Guest services
- Restaurant experience
- Public and Community Health Systems
- Social Programs Family Dynamics
- Pathophysiology
- Counseling
- Intervention Strategies
- Customer service
- Interview Techniques Delivery of Services
- Interpersonal Professional Communications Allied Healthcare
- Customer support
- Anatomy & Physiology
- Quality assurance
- Hospitality
- HIPAA Compliance
- Leadership
- Evaluation Methods Community Resources
- HIPAA
- Advocacy
- Case Management
- Cultural Diversity
- Diversity
- Crisis Response
- Social Welfare
- Cash handling
- Vulnerable Populations
- Values and Ethics Medical Terminology
- Human Behavior
- Assembly
- Program Planning

## Certifications and Licenses

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### **Ordained minister license**

May 2024 to Present

### **CPR Certification**