

# SYDNEY MITCHELL FLORES

1404 Juliet St Austin, TX 78704 | 832.392.6104 | sydneyflores9@yahoo.com

## OBJECTIVE

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Young professional with a wide ranging interests looking to diversify her skillset, explore her passions, and contribute to her community.

## EDUCATION

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### **The University of Texas at Austin**

*Bachelor of Arts in Sustainability Studies • Bachelor of Arts in International Relations and Global Studies  
Minor in French • Minor in Government • GPA: 3.95*

### **Sciences Po**

*Study abroad, Paris, France*

### **The University of Texas System**

*Bill Archer Fellowship Program, Washington, D.C.*

### **Université Toulouse - Jean Jaurès**

*Study abroad, Toulouse, France*

## EXPERIENCE

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### **AustinDeep, Austin, TX**

November 2023 – Current

#### *Massage Therapist*

- Provides physical and emotional relief to clients through the use of massage techniques, specializing in deep tissue, myofascial release, and trigger point therapy
- Focuses on client relationship building, customer service, treatment planning, active listening, time management, professional communication, and the promotion of health and wellness

### **El Raval and Juliet Italian Kitchen, Austin, TX**

July 2023 – Current

#### *Server & Certified Sommelier*

- Serves patrons with food and beverages in an enthusiastic and friendly manner
- Trains under beverage directors and master sommeliers in wine knowledge

### **Longevity Partners, Austin, TX**

June 2022 – April 2023

#### *US Policy & Regulation Country Lead*

- Carried out legislation reviews for all strategy projects run out of the Austin Office
- Managed all policy & regulation projects, managed policy analysts, and managed client portfolios
- Built master excel spreadsheet database for all US legislation under 17 designated sustainability categories
- Undertook BREEAM In-Use assessments for clients' assets across the country

### **White House Council on Environmental Quality, Washington, DC**

September 2021 – December 2021

#### *Federal Sustainability Fellow*

- Collaborated with UNEP to plan COP26 side event for Federal Chief Sustainability Officer, Andrew Mayock
- Conducted environmental justice reviews and of various federal government initiatives and legislation
- Organized stakeholder meetings, took minutes, and built contacts for Greening Government Initiative (GGI)

### **Environment Texas, Austin, TX**

January 2021 – May 2021

#### *Advocacy Intern*

- Planned "Student Climate Action Lobby Day" event to educate and engage 100+ students across Texas on how to lobby, and then gave them the opportunity to talk with their Texas senators and representatives
- Co-authored a 25-page report on climate change in Texas outlining the impacts, sources, and solutions to climate change that was released on Earth Day

## SKILLS & INTERESTS

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**Certifications:** Licensed BREEAM Assessor, Licensed Massage Therapist, WSET Level 1 Sommelier

**Digital Proficiency:** MS Office Suite, Google Suite, Social Media, iMovie, Canva

**Languages:** French (Proficient), Spanish (Conversational)

**Interests:** Public transportation, environmental policy, psychotherapy, equestrian, hospitality