***Instructions of running the code:***

1. Open the BMICalcuator.java file.
2. Run the code.
3. The GUI of calculator will appear.
4. Select using which scale that is KG/CM or LB/IN you want to measure you BMI.
5. After you select the scale a prompt will pop up to ask for exact Height and Weight in the scale you have selected.
6. You won’t be able to type in the prompts. To enter the value into them you will have to scroll the respective scales to select the height and weight.
7. Click on Calculate button. Once you enter your exact weight and height in you preferred scale.
8. Your BMI result will be shown in the text field named Result.
9. With the help of the chart provided. Use the result number to determine that what is your health condition according to BMI. That is Underweight, Normal, Overweight, Obese, or extremely Obese.
10. That will be the end of the Application.
11. Run the application again to select a different scale.

Thanks,

Darpan