Lec 4 — Regularization

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## 1 Ridge Regression

SML

## 1.1 Equivalence between two forms

$$\begin{split} \hat{\beta}_{\text{ridge},t} &= \underset{\tilde{\beta}}{\operatorname{argmin}} ||Y - \mathbb{X}\tilde{\beta}||_2^2 \\ & \text{with } ||\tilde{\beta}||_2^2 - t \leqslant 0 \end{split} \tag{1}$$

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And its Lagrangian form:

$$\hat{\beta}_{\text{ridge},\lambda} = \underset{\beta}{\operatorname{argmin}} ||Y - \mathbb{X}\beta||_2^2 + \lambda ||\beta||_2^2.$$
 (2)

1 and 2 are equivalent because of the following arguments:

In 1,  $\hat{\beta}_{\text{ridge},t}$  satisfies  $||\tilde{\beta}||_2^2 - t = 0$  because the minimum is stained at the edge of the constraints. Notice by Lagrangian, it's equivalent to minimizing:

$$L(\beta, \alpha) = ||Y - X\beta||_2^2 + \alpha(||\beta||_2^2 - t)$$

Suppose the solution for 2 is  $\beta_{\lambda}$ , then let  $t = ||\beta_{\lambda}||_{2}^{2}$ ,  $\alpha = \lambda$ ,  $\beta = \beta_{\lambda}$ . We'll have  $\frac{\partial L}{\partial \beta} = 0$ ,  $\frac{\partial L}{\partial \alpha} = 0$ . Since the solution of Lagrangian is achieved at  $\nabla L = 0$ . So when  $t = ||\beta_{\alpha}||_{2}^{2}$ ,  $\beta = \beta_{\lambda}$  are exactly the solution to 1. Thus the equivalence holds.

#### 1.2 Ridge Estimator

Take derivative of 2, in the form of  $(Y - \mathbb{X}\beta)^{\top}(Y - \mathbb{X}\beta) + \lambda \beta^{\top}\beta$  w.r.t  $\beta$ , we get:

$$\frac{\partial (Y^{\top}Y - 2Y^{\top}X\beta + \beta^{\top}X^{\top}X\beta + \lambda\beta^{\top}\beta)}{\partial \beta} 
= -2Y^{\top}X + 2\beta^{\top}X^{\top}X + 2\lambda\beta^{\top} = 0$$
(3)

Use 3, we get  $\hat{\beta}_{\text{ridge},\lambda} = (\mathbb{X}^{\top}\mathbb{X} + \lambda I)^{-1}\mathbb{X}^{\top}Y$ 

#### 1.3 SVD interpretation

Assume  $\operatorname{rank}(\mathbb{X}_{n\times p}) = k \leqslant p, n$ . By SVD decomposition,  $\mathbb{X} = U_{n\times k}D_{k\times k}V_{p\times k}^{\top}$ , or  $\mathbb{X} = \tilde{U}_{n\times n}\tilde{D}_{n\times p}\tilde{V}_{p\times p}^{\top}$ . The two forms are equivalent and first k columns of U(V) are the same as  $\tilde{U}(\tilde{V})$ , nonzero diagonal elements of  $\tilde{D}$  are the same as diagonal elements of D. A more careful comparison of LS and ridge regressions are

given below:

$$\hat{\beta}_{LS} = V D^{-1} U^{\top} Y$$

$$= \sum_{j=1}^{k} \mathbf{v}_{j} \left( \frac{1}{d_{j}} \right) \mathbf{u}_{j}^{\top} Y$$

$$\hat{\beta}_{ridge,\lambda} = \tilde{V} (\tilde{D}^{\top} \tilde{D} + \lambda I)^{-1} \tilde{D}^{\top} \tilde{U}^{\top} Y$$

$$= \sum_{j=1}^{p} \mathbf{v}_{j} \left( \frac{d_{j}}{d_{j}^{2} + \lambda} \right) \mathbf{u}_{j}^{\top} Y.$$

Similarly

$$\mathbb{X}\hat{\beta}_{\mathrm{LS}} = UU^{\top}Y$$

$$= \sum_{j=1}^{k} \mathbf{u}_{j} \mathbf{u}_{j}^{\top}Y$$

$$\mathbb{X}\hat{\beta}_{\mathrm{ridge},\lambda} = \tilde{U}\tilde{D}(\tilde{D}^{\top}\tilde{D} + \lambda I)^{-1}\tilde{D}^{\top}\tilde{U}^{\top}Y$$

$$= \sum_{j=1}^{p} \mathbf{u}_{j} \left(\frac{d_{j}^{2}}{d_{j}^{2} + \lambda}\right) \mathbf{u}_{j}^{\top}Y.$$

We can see the LS estimation is equivalent to projecting Y to the column space of U, while ridge regression shrinks the projection to each direction by a factor of  $\frac{d_j^2}{d_j^2 + \lambda}$ .

#### 1.4 Bayesian interpretation

$$Y_i \sim N(X_i^{\top} \beta, \sigma^2)$$

and put a prior distribution of  $\beta \sim N(\mathbf{0}, \tau^2 I)$ .

Then we have the following posterior (making some conditional independence assumptions)

$$p(\beta|Y, \mathbb{X}, \sigma^2, \tau^2) \propto p(Y|\mathbb{X}, \beta, \sigma^2)p(\beta|\tau^2).$$

The kernel of exponential function is  $-\frac{2}{\sigma^2}\beta^\top \mathbb{X}^\top Y + \beta^\top (\frac{\mathbb{X}^\top \mathbb{X}}{\sigma^2} + \frac{1}{\tau^2})\beta$ , that is the quadratic form of  $\beta$ , so the posterior distribution of  $\beta$  is normal and its mean is ridge estimator with  $\lambda = \sigma^2/\tau^2$ .

#### 1.5 Generalized Cross Validation

Similar to LS regression, for ridge regression, define hat matrix  $H^{\lambda} = \mathbb{X}(\mathbb{X}^{\top}\mathbb{X} + \lambda I)^{-1}\mathbb{X}^{\top}$ , so  $\hat{Y} = H^{\lambda}Y$ . Let  $H^{\lambda} = (\mathbf{h}_{1}^{\lambda}, \dots, \mathbf{h}_{n}^{\lambda})^{\top}$ , and define the usual leave-one-out cross validation as:

$$\mathbb{V}_0(\lambda) = \frac{1}{n} \sum_{i=1}^n (y_i - \mathbb{X}\beta_{\lambda}^{[i]})^2$$
$$= \frac{1}{n} \sum_{i=1}^n \frac{(y_i - \mathbf{h}_k^{\lambda \top} Y)^2}{(1 - H_{kk}^{\lambda})^2}$$

where

$$\beta_{\lambda}^{[k]} = \underset{i \neq k}{\operatorname{argmin}} \sum_{\substack{i=1\\i \neq k}}^{n} (Y_i - X\beta_i)^2 + \lambda ||\beta||_2^2$$

So  $\lambda$  can be chosen to minimize  $\mathbb{V}_0(\lambda)$ . And the GCV (Generalized Cross Validation) is defined as:

$$\mathbb{V}(\lambda) = \frac{\frac{1}{n}||(I-H)Y||_2^2}{\left[\frac{1}{n}\operatorname{trace}(I-H)\right]^2}$$
$$= \frac{1}{n}\sum_{i=1}^n (y_i - \mathbb{X}\beta_{\lambda}^{[i]})^2 w_k(\lambda)$$

where:

$$w_k(\lambda) = \frac{(1 - H_{kk})^2}{\left[\frac{1}{n}\operatorname{trace}(I - H)\right]^2}$$

This definition is the same as what we've learned in class, since  $tr(H) = df(\hat{\beta})$ . And the GCV is a weighted version of usual CV in the case of ridge regression [1].

## 1.6 Ridge in practice

Ridge regression can be simply implemented using lm by data augmentation, thus using

$$\tilde{Y} = \begin{bmatrix} Y_1 \\ \vdots \\ Y_n \\ 0 \\ \vdots \\ 0 \end{bmatrix} \in \mathbb{R}^{n+p} \text{ and } \tilde{\mathbb{X}} = \begin{bmatrix} \mathbb{X} \\ \sqrt{\lambda}I \end{bmatrix}$$

or use glmnet.

## 2 Lasso

## 2.1 why Lasso?

In short,  $\ell_1$  constraint is both convex and able to do model selection (in the sense it forces some parameters to be 0). The estimator satisfies

$$\hat{\beta}_{lasso}(t) = \underset{||\beta||_1 \le t}{\operatorname{argmin}} ||\mathbb{Y} - \mathbb{X}\beta||_2^2$$

In its corresponding Lagrangian dual form:

$$\hat{\beta}_{lasso}(\lambda) = \underset{\beta}{\operatorname{argmin}} ||\mathbb{Y} - \mathbb{X}\beta||_{2}^{2} + \lambda ||\beta||_{1}$$

#### 2.2 Lasso in practice

glmnet uses gradient descent to quickly fit the lasso solution. lars is another option, which exploits the fact that the coefficient profiles are piecewise linear and leads to an algorithm with the same computational cost as the full least-squares fit on the data.

The tuning parameter is often chosen by cross-validation.

# References

[1] G. H. Golub, M. Heath, G. Wahba, Generalized cross-validation as a method for choosing a good ridge parameter, Technometrics 21 (2) (1979) 215–223.