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## Field Trainer Technical Overview

**Version:** 0.5.1 **Last Updated:** November 2025 **System Type:** Distributed Athletic Performance Training Platform **Target Platform:** Raspberry Pi Zero W (Field Devices) / Raspberry Pi 5 8GB (Gateway)

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### Executive Summary

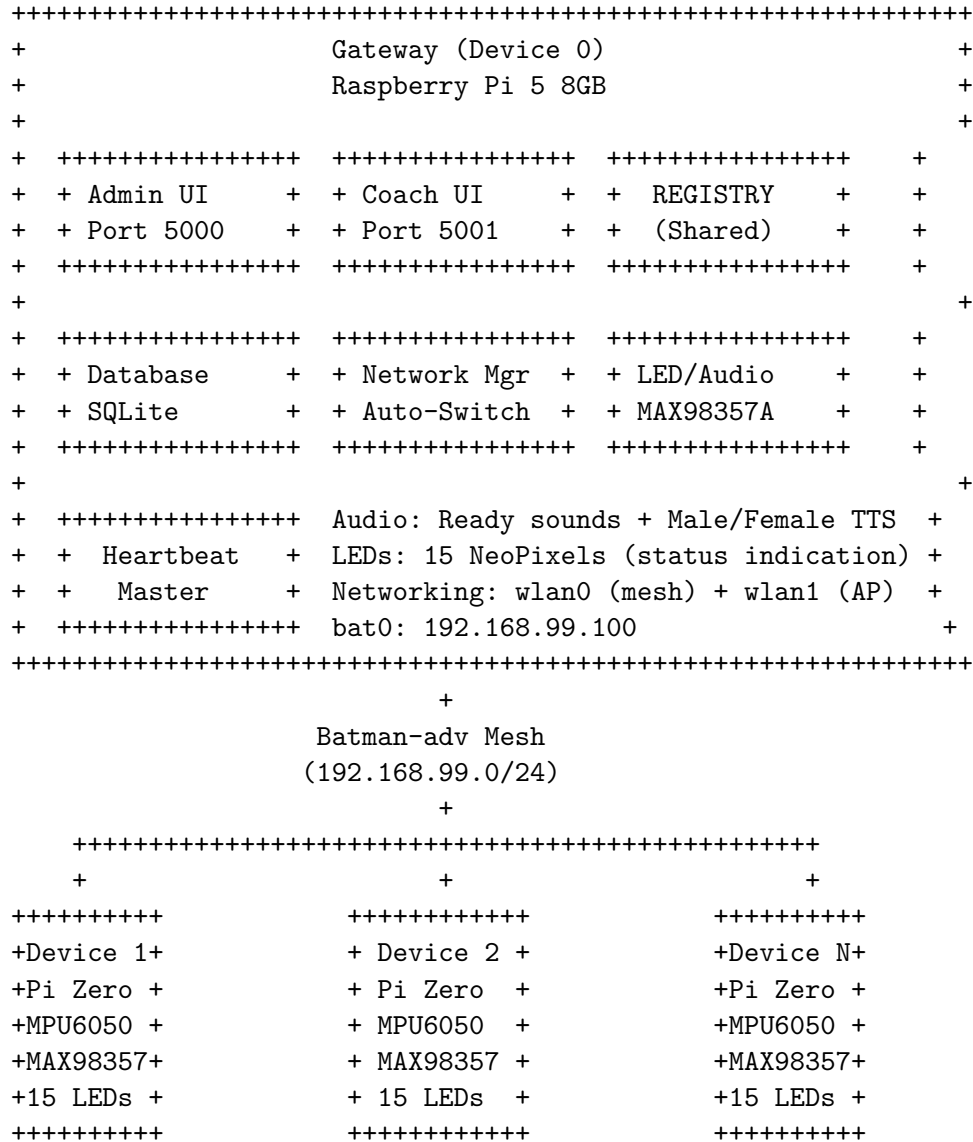
Field Trainer is a sophisticated athletic performance training system designed for amateur coaches and athletic trainers. The system uses a mesh network of wireless sensor devices to track athlete performance through training courses, providing real-time feedback, performance metrics, and comprehensive session management.

**Key Features:** - Wireless mesh network topology (Batman-adv) supporting up to 6+ field devices - Real-time touch detection and performance tracking - Dual-mode operation: Online (internet-connected) and Offline (Access Point) - Multi-athlete concurrent training support - Team and athlete management with full roster capabilities - Performance history tracking with personal records and achievements - Audio feedback system with TTS (male/female voices) - LED visual feedback on field devices and gateway - Web-based dual interface: Admin (port 5000) and Coach (port 5001) - SQLite database for persistent storage - Automatic network failover for field use

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## System Architecture

### High-Level Architecture



### Component Responsibilities

#### 1. Gateway (Device 0)

- Web interface hosting (admin + coach)
- Course deployment and lifecycle management
- Touch event processing and athlete attribution
- Performance data storage
- Audio announcements via MAX98357A (ready sounds + male/female TTS)
- Server-side LED status indication (15 NeoPixels)
- Network mode management (online/offline)
- Heartbeat master (monitors all field devices)

#### 2. Field Devices (Devices 1-N)

- Touch detection via MPU6050 accelerometer
  - LED visual feedback (15 NeoPixels)
  - Audio feedback via MAX98357A (action commands)
  - Mesh network communication
  - Heartbeat status reporting to gateway
  - Remote command execution (deploy, activate, deactivate, shutdown)
- 

## Hardware Requirements

### Gateway Device (Device 0)

**Production Hardware (All Required):** - Raspberry Pi 5 8GB RAM - MicroSD card: 32GB+ (Class 10 or better) - Power supply: 5V/5A USB-C - **WiFi #1 (wlan0):** Built-in WiFi - Mesh network (Batman-adv) - **WiFi #2 (wlan1):** USB WiFi adapter - Internet client OR Access Point - Recommended: Panda PAU09 or AC600 (MediaTek chipset) - Must support AP mode for offline operation - Avoid: Realtek RTL8188EUS (no AP mode support) - **Audio:** MAX98357A I2S amplifier (onboard audio disabled) - Provides ready notification sounds - Male and female voice TTS for action commands - **LEDs:** WS2812B NeoPixel LED strip (GPIO 18, 15 LEDs) - **HDMI monitor** for direct access - **USB keyboard** for emergency recovery

**Network Configuration:** - bat0 (mesh): 192.168.99.100/24 - wlan1 (internet/AP): Dynamic or 192.168.10.1 (AP mode)

### Field Devices (Devices 1-N)

**Per Device (All Required):** - Raspberry Pi Zero W - MicroSD card: 32GB (Class 10) - Power supply: 5V/2.5A Micro-USB - **MPU6050 accelerometer** (I2C) - VCC → 3.3V - GND → GND - SDA → GPIO 2 (I2C SDA) - SCL → GPIO 3 (I2C SCL) - **MAX98357A I2S amplifier** for audio feedback - Male and female voice TTS for action commands - **WS2812B NeoPixel LED strip** (GPIO 18, 15 LEDs) - Built-in WiFi for mesh network (wlan0)

**Network Configuration:** - All devices on same mesh: bat0 interface (192.168.99.0/24) - Gateway mesh IP: 192.168.99.100 - Field device IPs: 192.168.99.101, .102, .103, etc. - MAC filtering enabled for security

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## File Structure

```
/opt/
+++ field_trainer_main.py      # Main entry point, starts dual Flask apps
+++ field_trainer_web.py      # Admin interface (port 5000) - legacy
+++ coach_interface.py        # Coach interface (port 5001) - primary UI
+++ field_trainer_core.py      # Core field device logic (for Devices 1-N)
+++ field_client_connection.py # Mesh network client communication
+++ audio_manager.py           # Audio playback and TTS
+++ led_controller.py          # NeoPixel LED control
+++ mpu65xx_touch_sensor.py    # MPU6050 accelerometer interface
+++ athlete_routes.py          # Flask blueprint for athlete management
```

```

+++ athlete_helpers.py          # Athlete import/export helpers
+
+++ field_trainer/              # Core module
+   +++ __init__.py
+   +++ ft_version.py           # VERSION = "0.5.1"
+   +++ ft_registry.py          # REGISTRY singleton - system state
+   +++ ft_config.py            # System configuration constants
+   +++ ft_models.py            # Data models (NodeInfo, etc.)
+   +++ ft_courses.py           # Course loading (legacy JSON)
+   +++ ft_mesh.py              # Batman-adv mesh utilities
+   +++ ft_heartbeat.py         # Device heartbeat monitoring
+   +++ ft_touch.py             # Touch event processing
+   +++ ft_led.py               # LED manager for server LEDs
+   +++ ft_audio.py             # Audio manager interface
+   +++ ft_webapp.py            # Flask app utilities
+   +++ db_manager.py           # Database manager (53KB, comprehensive)
+   +++ settings_manager.py     # System settings management
+   +
+   +++ templates/              # Jinja2 HTML templates (22 files)
+   +   +++ base.html           # Base template with navigation
+   +   +++ index.html          # Admin dashboard
+   +   +++ health.html         # Service health check page
+   +   +++ settings.html       # System settings + network controls
+   +   +++ session_setup.html  # Session creation and management
+   +   +++ athletes.html       # Athlete roster management
+   +   +++ teams.html          # Team management
+   +   +++ ...                 # Performance, history, etc.
+   +
+   +++ static/                 # Static web assets
+   +   +++ css/
+   +   +   +++ custom.css
+   +   +   +++ style.css
+   +   +++ js/
+   +   +   +++ main.js
+   +   +   +++ app.js
+   +   +   +++ settings.js
+   +   +++ vendor/              # Local CDN replacements (offline mode)
+   +   +   +++ bootstrap/      # Bootstrap 5.3.2
+   +   +   +++ bootstrap-icons/ # Icons + fonts
+   +   +   +++ sortable/       # Sortable.js for drag-drop
+   +   +++ audio/              # Audio files
+   +       +++ .placeholder
+   +
+   +++ athletic_platform/      # Performance tracking module
+   +       +++ bridge_layer.py  # Bridge between sessions and analytics
+   +       +++ ...
+
+++ scripts/                    # Utility scripts

```

```

+   +++ ft-network-manager.py      # Network auto-switching daemon
+   +++ github_deploy.sh          # Git deployment script
+   +++ init_mac_filter.sh        # MAC filter initialization
+   +++ manage_mac_filter.sh      # MAC filter management
+   +++ vscode_setup.sh           # VSCode remote setup
+
+++ data/                          # Runtime data
+   +++ field_trainer.db          # SQLite database
+   +++ network-config.json       # Network manager configuration
+   +++ network-status.json       # Current network status
+   +++ *.backup*                 # Database backups
+
+++ test_*.py                      # Comprehensive test suites
+   +++ test_attribution_logic.py  # Touch attribution tests
+   +++ test_concurrency.py        # Multi-athlete concurrency
+   +++ test_database_integrity.py # Database validation
+   +++ test_load_stress.py        # Load testing
+   +++ test_touch_sequences.py    # Touch sequence validation
+
+++ backups/                       # System backups
+   +++ phase*_*/                 # Timestamped backups

```

## Configuration Files (System-wide)

```

/etc/
+++ systemd/system/
+   +++ field-trainer-server.service # Main service
+   +++ ft-network-manager.service   # Network manager service
+
+++ hostapd/
+   +++ hostapd-ft.conf              # Access Point config (offline mode)
+
+++ dnsmasq.d/
+   +++ ft-ap.conf                  # DHCP/DNS for AP mode
+
+++ avahi/services/
+   +++ fieldtrainer.service         # mDNS (fieldtrainer.local)
+
+++ field-trainer-macs.conf          # MAC filter whitelist

/home/pi/
+++ restore-network.sh               # Emergency network restore
+++ RESTORE_INSTRUCTIONS.txt        # Recovery documentation
+++ QUICK_REFERENCE.txt              # Quick reference card

```

---

## Core Components

### 1. REGISTRY (Singleton)

**File:** /opt/field\_trainer/ft\_registry.py

The REGISTRY is the heart of the system - a thread-safe singleton that maintains all runtime state.

**Key Responsibilities:** - Device management (nodes dictionary with NodeInfo objects) - Course lifecycle (deploy, activate, deactivate) - Touch event routing - System logging (ring buffer, max 200 entries) - LED control (server-side Device 0) - Audio management (TTS and playback) - Database integration - Snapshot generation for UI

#### Key Data Structures:

```
self.nodes: Dict[str, NodeInfo]           # node_id -> NodeInfo
self.logs: deque(maxlen=200)              # Ring buffer of log entries
self.course_status: str                   # "Inactive", "Deployed", "Active"
self.selected_course: Optional[str]       # Currently loaded course
self.assignments: Dict[str, str]          # node_id -> action
self.courses: Dict                       # Loaded from database
self._touch_handler: Callable             # Set by coach_interface
```

**Thread Safety:** - Uses `threading.Lock()` for nodes dictionary - All public methods are thread-safe  
- Used by both Flask apps simultaneously

**Key Methods:** - `snapshot()` - Returns complete system state for UI - `deploy_course(course_name)` - Deploy course to field devices - `activate_course()` - Start active training mode - `deactivate_course()` - Stop training, clear LEDs - `send_command(node_id, command)` - Send command to field device - `log(msg, level, source, node_id)` - Add structured log entry

### 2. DatabaseManager

**File:** /opt/field\_trainer/db\_manager.py (53KB)

Comprehensive SQLite database manager with 15 tables.

**Key Responsibilities:** - Course CRUD operations - Team and athlete management - Session and run management - Performance tracking - Personal records and achievements - Settings persistence - Contact and medical information

**Key Methods:** - `get_all_courses()` - List all courses - `get_course(course_id)` - Get course with actions - `create_team(name, age_group)` - Create team - `get_team_athletes(team_id)` - Get team roster - `create_session(team_id, course_id)` - Start new session - `create_run(session_id, athlete_id)` - Queue athlete - `record_touch(run_id, device_id, timestamp)` - Record touch event - `update_personal_record(athlete_id, metric, value)` - Track PRs

**Connection Management:** - Uses context managers for connection safety - Automatic connection pooling - Foreign key enforcement enabled

### 3. Coach Interface (Primary UI)

**File:** /opt/coach\_interface.py (94KB)

Flask application serving the primary user interface on port 5001.

**Key Features:** - Session setup and management - Team and athlete management - Live session monitoring - Performance history review - Settings management - Network mode controls

### Key Routes:

```
GET / # Dashboard
GET /health # Service health check
GET /settings # Settings page
GET /session-setup # Session setup wizard
POST /api/session/create # Create new session
POST /api/session/{id}/start # Start session
POST /api/network/force-mode # Force online/offline mode
GET /api/network/status # Network status
```

**Touch Attribution Logic:** Sophisticated algorithm in `find_athlete_for_touch()`: 1. Identifies athletes at correct sequence position (`gap == 1`) 2. Handles athletes who skip devices (`gap > 1`) 3. Ignores repeated touches (`gap == 0`) and backwards motion (`gap < 0`) 4. Supports multiple simultaneous athletes

### Session State:

```
active_session_state = {
    'session_id': str,
    'active_runs': {run_id: {...}}, # Multiple concurrent athletes
    'device_sequence': [device_ids],
    'total_queued': int
}
```

## 4. Admin Interface (Legacy)

**File:** `/opt/field_trainer_web.py`

Flask application on port 5000 - original interface, now supplementary.

**Responsibilities:** - Course deployment (primary function) - System monitoring - Device status - System logs

**Note:** Admin and Coach interfaces share the same `REGISTRY` instance for state synchronization.

## 5. Network Manager

**File:** `/opt/scripts/ft-network-manager.py`

Python daemon that automatically switches between online and offline modes.

### Operation Modes:

#### 1. Online Mode (Default)

- wlan1 connects to home/office WiFi (`wpa_supplicant`)
- Internet access available
- Dynamic IP via DHCP
- Monitors internet connectivity every 60 seconds

#### 2. Offline Mode (Access Point)

- wlan1 becomes WiFi hotspot

- SSID: Field\_Trainer
- Password: RaspberryField2025
- Gateway IP: 192.168.10.1
- DHCP range: 192.168.10.10-100
- mDNS: fieldtrainer.local

**Automatic Failover:** - Checks internet every 60 seconds (8.8.8.8, 1.1.1.1) - After 3 consecutive failures → switch to AP mode - When internet returns → wait 5 minutes for stability - Automatically switches back to online mode

### Manual Control:

```
sudo python3 /opt/scripts/ft-network-manager.py force-online
sudo python3 /opt/scripts/ft-network-manager.py force-offline
sudo python3 /opt/scripts/ft-network-manager.py status
```

**Configuration:** /opt/data/network-config.json

```
{
  "network_mode": {
    "current": "online",
    "auto_switch": true
  },
  "monitoring": {
    "internet_check_interval": 60,
    "internet_check_retries": 3,
    "failback_delay": 300
  },
  "access_point": {
    "enabled": false,
    "ssid": "Field_Trainer",
    "password": "RaspberryField2025",
    "ip": "192.168.10.1"
  }
}
```

## 6. Audio Manager

**File:** /opt/audio\_manager.py

TTS and audio playback system using mpg123, pico2wave, and MAX98357A I2S amplifier.

**Hardware:** - MAX98357A I2S amplifier (onboard audio disabled) - Connected via I2S GPIO pins - Digital audio output for better quality

**Audio Types:** 1. **Ready Notification Sounds** - Pre-recorded alerts (course ready, session start, etc.) 2. **Male Voice TTS** - Action commands and announcements 3. **Female Voice TTS** - Action commands and announcements

**Features:** - Male/female voice selection - Volume control (0-100%) - Audio file playback (MP3, WAV) - Text-to-speech conversion - Automatic file caching



**Key Methods:** - `speak(text, voice=None)` - TTS announcement - `play_audio_file(filename)`  
- Play ready notification sounds - `set_voice_gender(gender)` - Switch between male/female voice  
- `set_volume(percent)` - Adjust volume

## 7. LED Manager

**File:** `/opt/led_controller.py` and `/opt/field_trainer/ft_led.py`

Controls WS2812B NeoPixel LED strips on gateway and field devices.

### LED States:

IDLE	<i># Blue pulse</i>
DEPLOYED	<i># Cyan solid</i>
ACTIVE	<i># Green solid</i>
TRIGGERED	<i># Yellow flash → Green</i>
COMPLETE	<i># Rainbow sequence</i>
ERROR	<i># Red flash</i>

**Hardware:** - GPIO 18 (PWM) - **15 LEDs** per device (gateway and field devices) - 5V power supply - Brightness configurable (default: 128/255)

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## Database Schema

**Database File:** `/opt/data/field_trainer.db` **Type:** SQLite 3 **Size:** ~500KB typical **Tables:** 15

### Core Tables

**1. teams** Stores team information with metadata.

```
team_id TEXT PRIMARY KEY
name TEXT NOT NULL UNIQUE
age_group TEXT
active INTEGER DEFAULT 1
created_at TIMESTAMP
updated_at TIMESTAMP
```

**2. athletes** Comprehensive athlete roster with demographics.

```
athlete_id TEXT PRIMARY KEY
team_id TEXT NOT NULL (FK → teams)
name TEXT NOT NULL
jersey_number INTEGER
athlete_number TEXT
age INTEGER
birthdate TEXT
gender TEXT
position TEXT
```

```
created_at TIMESTAMP
updated_at TIMESTAMP
```

**3. courses** Training course definitions with metadata.

```
course_id INTEGER PRIMARY KEY AUTOINCREMENT
course_name TEXT NOT NULL UNIQUE
description TEXT
category TEXT DEFAULT 'Agility'
mode TEXT DEFAULT 'sequential'
course_type TEXT DEFAULT 'conditioning'
num_devices INTEGER DEFAULT 6
total_devices INTEGER DEFAULT 6
distance_unit TEXT DEFAULT 'yards'
total_distance INTEGER DEFAULT 0
diagram_svg TEXT
layout_instructions TEXT
is_builtin INTEGER DEFAULT 0
version TEXT DEFAULT "1.0"
created_at TIMESTAMP
updated_at TIMESTAMP
```

**4. course\_actions** Sequence of actions within a course.

```
action_id INTEGER PRIMARY KEY AUTOINCREMENT
course_id INTEGER NOT NULL (FK → courses)
sequence INTEGER NOT NULL
device_id TEXT NOT NULL
device_name TEXT
action TEXT NOT NULL
action_type TEXT NOT NULL
audio_file TEXT
instruction TEXT
min_time REAL DEFAULT 1.0
max_time REAL DEFAULT 30.0
triggers_next_athlete BOOLEAN DEFAULT 0
marks_run_complete BOOLEAN DEFAULT 0
UNIQUE(course_id, sequence)
```

**5. sessions** Training session records.

```
session_id TEXT PRIMARY KEY
team_id TEXT NOT NULL (FK → teams)
course_id INTEGER NOT NULL (FK → courses)
status TEXT CHECK IN ('setup', 'active', 'completed', 'incomplete')
started_at TIMESTAMP
completed_at TIMESTAMP
audio_voice TEXT CHECK IN ('male', 'female')
course_deployed INTEGER DEFAULT 0
```

```
deployment_timestamp TEXT
notes TEXT
created_at TIMESTAMP
```

**6. runs** Individual athlete run records.

```
run_id TEXT PRIMARY KEY
session_id TEXT NOT NULL (FK → sessions)
athlete_id TEXT NOT NULL (FK → athletes)
course_id INTEGER NOT NULL (FK → courses)
queue_position INTEGER NOT NULL
status TEXT CHECK IN ('queued', 'running', 'completed', 'incomplete', 'dropped', 'absent')
started_at TIMESTAMP
completed_at TIMESTAMP
total_time REAL
UNIQUE(session_id, queue_position)
```

**7. segments** Per-segment timing data within a run.

```
segment_id INTEGER PRIMARY KEY AUTOINCREMENT
run_id TEXT NOT NULL (FK → runs)
from_device TEXT NOT NULL
to_device TEXT NOT NULL
sequence INTEGER NOT NULL
expected_min_time REAL NOT NULL
expected_max_time REAL NOT NULL
actual_time REAL
touch_detected BOOLEAN DEFAULT 0
touch_timestamp TIMESTAMP
alert_raised BOOLEAN DEFAULT 0
alert_type TEXT CHECK IN ('missed_touch', 'too_slow', 'too_fast')
UNIQUE(run_id, sequence)
```

## Performance Tracking Tables

**8. performance\_history** Historical performance records.

```
record_id TEXT PRIMARY KEY
athlete_id TEXT NOT NULL (FK → athletes)
run_id TEXT (FK → runs)
session_id TEXT (FK → sessions)
metric_name TEXT NOT NULL
metric_value REAL NOT NULL
metric_unit TEXT
is_personal_record BOOLEAN DEFAULT 0
course_id INTEGER
segment_data TEXT
recorded_at TIMESTAMP
notes TEXT
```

**9. personal\_records** Current best performances per athlete per metric.

```
pr_id TEXT PRIMARY KEY
athlete_id TEXT NOT NULL (FK → athletes)
metric_name TEXT NOT NULL
current_best REAL NOT NULL
metric_unit TEXT
achieved_at TIMESTAMP NOT NULL
run_id TEXT
previous_best REAL
improvement REAL
UNIQUE(athlete_id, metric_name)
```

**10. achievements** Badges and milestones.

```
achievement_id TEXT PRIMARY KEY
athlete_id TEXT NOT NULL (FK → athletes)
badge_type TEXT NOT NULL
badge_name TEXT NOT NULL
description TEXT
criteria TEXT
earned_at TIMESTAMP
run_id TEXT
metric_value REAL
```

## Configuration Tables

**11. settings** System-wide settings (key-value store).

```
id INTEGER PRIMARY KEY AUTOINCREMENT
setting_key TEXT UNIQUE NOT NULL
setting_value TEXT NOT NULL
description TEXT
created_at TIMESTAMP
updated_at TIMESTAMP
```

Common settings: - voice\_gender: “male” or “female” - system\_volume: “0” to “100” - deployment\_timeout: seconds - distance\_unit: “yards” or “meters”

**12. coach\_preferences** Per-coach preferences (future multi-coach support).

```
coach_id TEXT PRIMARY KEY
distance_unit TEXT DEFAULT 'yards'
deployment_timeout INTEGER DEFAULT 300
audio_voice TEXT DEFAULT 'male'
theme TEXT DEFAULT 'light'
created_at TEXT
updated_at TEXT
```

## Athlete Extended Data

**13. athlete\_contacts** Emergency contacts and guardians.

```
contact_id INTEGER PRIMARY KEY AUTOINCREMENT
athlete_id TEXT NOT NULL (FK → athletes)
name TEXT NOT NULL
relationship TEXT
phone TEXT
email TEXT
is_primary INTEGER DEFAULT 0
can_pickup INTEGER DEFAULT 1
created_at TIMESTAMP
```

**14. athlete\_medical** Medical information for safety.

```
medical_id INTEGER PRIMARY KEY AUTOINCREMENT
athlete_id TEXT NOT NULL UNIQUE (FK → athletes)
allergies TEXT
allergy_severity TEXT
medical_conditions TEXT
medications TEXT
created_at TIMESTAMP
updated_at TIMESTAMP
```

---

## Network Architecture

### Batman-adv Mesh Network

**Purpose:** Wireless communication between gateway and field devices

**Configuration:** - Interface: `bat0` - Underlying interface: `wlan0` (built-in WiFi on all devices) - Network: 192.168.99.0/24 - Gateway: 192.168.99.100 (Device 0) - Field devices: 192.168.99.101, .102, .103, etc.

**Features:** - Self-healing mesh topology - Automatic route optimization - No infrastructure required - Range: ~100m outdoors per hop - MAC filtering for security

#### Commands:

```
batctl if          # Show mesh interfaces
batctl n           # Show mesh neighbors
batctl o           # Show mesh originators
sudo batctl ping <IP> # Mesh ping
```

### Internet Connectivity (`wlan1`)

**Gateway Only** - Field devices don't need internet

## Online Mode (Default)

- Interface: wlan1
- DHCP client via wpa\_supplicant
- Connects to home/office WiFi
- IP: Assigned by router
- Used for: Updates, git access, remote access

## Offline Mode (Access Point)

- Interface: wlan1
- Static IP: 192.168.10.1/24
- Services:
  - hostapd-ft: Access Point
  - dnsmasq-ft: DHCP + DNS
  - avahi-daemon: mDNS (fieldtrainer.local)

**Isolation:** - Mesh network (192.168.99.x) and AP network (192.168.10.x) are separate - No routing between networks - Mesh always available regardless of internet status

## Network Topology Diagram

Internet

```
+
+ (wlan1 online mode)
+
+++++
+ Gateway (Device 0) - Raspberry Pi 5      +
+ - eth0: 192.168.7.x (dev only)            +
+ - wlan0: Mesh interface                   +
+ - bat0: 192.168.99.100                    +
+ - wlan1: Internet OR Access Point         +
+ - 15 LEDs + MAX98357A Audio               +
+++++
+
+ (wlan0 → bat0 mesh)
+
+++++
+           +           +           +
+++++ ++++++ ++++++ ++++++
+Dev 1 + +Dev 2 + +Dev 3 + +Dev N +
+Pi 0W + +Pi 0W + +Pi 0W + +Pi 0W +
+.99.  + +.99.  + +.99.  + +.99.  +
+101   + +102   + +103   + +10N   +
+15LED + +15LED + +15LED + +15LED +
+Audio + +Audio + +Audio + +Audio +
+++++ ++++++ ++++++ ++++++
wlan0   wlan0   wlan0   wlan0
```

```
Coaches (Offline Mode)
+
+ (WiFi: Field_Trainer)
+
+++++
+ wlan1 AP Mode      +
+ 192.168.10.1       +
+ SSID: Field_Trainer+
+++++
```

## MAC Filtering Security

**Purpose:** Prevent unauthorized devices from joining mesh

**Configuration:** /etc/field-trainer-macs.conf

```
DEVICE_0_MAC="88:a2:9e:0d:29:98"
DEVICE_1_MAC="b8:27:eb:60:3c:54"
DEVICE_2_MAC="b8:27:eb:bd:c0:8f"
# ... etc
```

**Management Script:** /opt/scripts/manage\_mac\_filter.sh

```
sudo /opt/scripts/manage_mac_filter.sh enable    # Enable filtering
sudo /opt/scripts/manage_mac_filter.sh disable   # Disable filtering
sudo /opt/scripts/manage_mac_filter.sh status    # Check status
sudo /opt/scripts/manage_mac_filter.sh list      # List MACs
```

**Implementation:** - Uses batctl meshif bat0 ap\_isolation and custom iptables rules - Whitelist approach (only approved MACs allowed) - Applies to bat0 interface only (not wlan1 AP)

## API Endpoints

### Admin Interface (Port 5000)

#### System Status

```
GET /status
Returns: {
  "status": "ok",
  "course_status": "Active",
  "devices": 6,
  "version": "0.5.1"
}
```

#### Course Management

```
POST /deploy
Body: {"course_name": "Course Name"}
Returns: {"status": "success", "message": "Course deployed"}
```

POST /activate  
Returns: {"status": "success"}

POST /deactivate  
Returns: {"status": "success"}

## Device Commands

POST /send\_command  
Body: {  
 "node\_id": "device\_2",  
 "command": "shutdown"  
}  
Returns: {"status": "success"}

## Logs

GET /api/logs  
Returns: [  
 {  
 "ts": "2025-11-09T12:34:56Z",  
 "level": "info",  
 "source": "controller",  
 "node\_id": null,  
 "msg": "Course activated"  
 },  
 ...  
]

POST /api/logs/clear  
Returns: {"status": "success"}

## Coach Interface (Port 5001)

### Health Check

GET /health  
GET /health?format=json  
Returns: {  
 "service\_name": "Field Trainer Coach Interface",  
 "version": "0.5.1",  
 "pid": 12345,  
 "uptime": "2h 15m",  
 "registry\_id": "abc123",  
 "port": 5001,  
 "courses\_loaded": 8,  
 "nodes\_connected": 6,  
 "course\_status": "Active",  
 "active\_session": "Session Name",  
}



```
    "active_runs": 3,
    "started_at": "2025-11-09T10:19:23Z"
}
```

## Network Management

GET /api/network/status

```
Returns: {
  "mode": "online",
  "auto_switch": true,
  "ssid": "smithhome",
  "ap_ssid": "Field_Trainer",
  "monitoring": {
    "check_interval": 60,
    "retries": 3,
    "failback_delay": 300
  }
}
```

POST /api/network/force-mode

Body: {"mode": "online" | "offline"}

Returns: {"status": "success", "message": "..."}

POST /api/network/auto-switch

Body: {"enabled": true | false}

Returns: {"status": "success"}

## Session Management

POST /api/session/create

```
Body: {
  "session_name": "Practice Session",
  "team_id": "team_123",
  "course_id": 1,
  "audio_voice": "male"
}
Returns: {
  "status": "success",
  "session_id": "sess_123"
}
```

POST /api/session/<session\_id>/start

Returns: {"status": "success"}

POST /api/session/<session\_id>/add-athlete

```
Body: {
  "athlete_id": "athlete_456",
  "queue_position": 3
}
```

```
}
Returns: {
  "status": "success",
  "run_id": "run_789"
}
```

GET /api/session/<session\_id>/status

```
Returns: {
  "session_id": "sess_123",
  "status": "active",
  "active_runs": [
    {
      "run_id": "run_789",
      "athlete_name": "John Doe",
      "status": "running",
      "current_device": "device_3",
      "elapsed_time": 12.5
    },
    ...
  ]
}
```

## Team and Athlete Management

GET /api/teams

```
Returns: [{"team_id": "...", "name": "...", "age_group": "..."}, ...]
```

POST /api/teams/create

Body: {"name": "Team Name", "age\_group": "U15"}

```
Returns: {"status": "success", "team_id": "..."}

```

GET /api/teams/<team\_id>/athletes

```
Returns: [{"athlete_id": "...", "name": "...", "jersey_number": 10}, ...]
```

POST /api/athletes/import

Content-Type: multipart/form-data

Body: CSV file with athlete data

```
Returns: {
  "status": "success",
  "imported": 15,
  "errors": []
}
```

## Settings

GET /api/settings

```
Returns: {
  "voice_gender": "male",

```

```

    "system_volume": 60,
    "deployment_timeout": 300
}

POST /api/settings/update
Body: {
    "voice_gender": "female",
    "system_volume": 75
}
Returns: {"status": "success"}

```

---

## Resource Management

### Memory Management

**Constraints:** - Raspberry Pi 3 A+: 512MB RAM total - Typical usage: ~180-250MB - Flask apps: ~40MB each - REGISTRY: ~10-30MB depending on session size - Database: File-based (no RAM-resident)

**Optimization Strategies:** 1. Ring buffer logs (max 200 entries) 2. Lazy loading of course data 3. Efficient NodeInfo data structures 4. Connection pooling for database 5. Minimal external dependencies

### Storage Management

**MicroSD Card Usage:** - OS + System: ~4GB - Field Trainer: ~50MB - Database: ~500KB (grows with sessions) - Logs: Rotated by systemd (max 100MB) - Audio files: ~10MB - Static assets: ~2MB

**Database Growth:** - Small team (20 athletes): ~1MB per season - Large team (100 athletes): ~5MB per season - Automatic vacuuming enabled

**Backup Strategy:** - Manual backups before major updates - Location: `/opt/backups/` - Naming: `phase*_backup_YYYYMMDD_HHMMSS/` - Database backups: `/opt/data/*.backup*`

### CPU Management

**Load Distribution:** - Web UI: Low load, event-driven - Touch processing: Burst load on touches - Network monitoring: Minimal (60s intervals) - Audio: Burst on announcements - LEDs: PWM handled by hardware

**Process Management:** - Single Python process with two Flask apps (threaded) - systemd handles restart on crash - Graceful shutdown support (SIGTERM, SIGINT)

### Network Bandwidth

**Mesh Network:** - Heartbeats: 1 per device per second (~100 bytes) - Commands: On-demand, small packets - Touch events: Immediate, ~200 bytes - Total: <10 Kbps typical

**Internet (when available):** - Updates: On-demand - Git: On-demand - Web UI: ~50-200 KB per page load - API calls: <5 KB typical

---

## Logging

### System Logs (journalctl)

#### Main Service:

```
sudo journalctl -u field-trainer-server -f      # Follow
sudo journalctl -u field-trainer-server -n 100   # Last 100 lines
sudo journalctl -u field-trainer-server --since "1 hour ago"
```

#### Network Manager:

```
sudo journalctl -u ft-network-manager -f
sudo journalctl -u ft-network-manager --since today
```

**Log Rotation:** - Managed by systemd-journald - Max size: 100MB - Retention: 7 days or until space needed

### Application Logs (REGISTRY)

**In-Memory Ring Buffer:** - Max entries: 200 (LOG\_MAX constant) - FIFO with automatic eviction - Structured format (JSON-compatible)

#### Log Entry Format:

```
{
  "ts": "2025-11-09T12:34:56.789Z",      # UTC timestamp
  "level": "info",                       # info, warning, error, debug
  "source": "controller",                # controller, device_N, system
  "node_id": "device_2",                 # Optional: which device
  "msg": "Touch detected on device 2"     # Human-readable message
}
```

**Access:** - Web UI: Admin dashboard → System Log - API: GET /api/logs - Direct: REGISTRY.logs (deque object)

**Log Levels:** - debug: Verbose operational details - info: Normal operations (default) - warning: Potential issues, degraded function - error: Failures requiring attention

## Diagnostic Logs

### Network Diagnostics:

```
sudo /opt/scripts/ft-network-manager.py status # Network status
ip addr show                                  # All interfaces
batctl if                                     # Mesh interfaces
batctl n                                       # Mesh neighbors
sudo rfkill list                               # Radio status
```

#### Service Status:

```
systemctl status field-trainer-server
systemctl status ft-network-manager
```

```
systemctl status hostapd-ft
systemctl status dnsmasq-ft
```

### Database Diagnostics:

```
sqlite3 /opt/data/field_trainer.db "PRAGMA integrity_check;"
sqlite3 /opt/data/field_trainer.db ".tables"
sqlite3 /opt/data/field_trainer.db "SELECT COUNT(*) FROM runs;"
```

---

## Deployment Configuration

### Systemd Services

**field-trainer-server.service** Location: /etc/systemd/system/field-trainer-server.service

#### [Unit]

Description=Field Trainer System (Device 0 - Gateway)

After=network.target batman-mesh.service

Wants=network.target

#### [Service]

Type=simple

User=pi

Group=pi

WorkingDirectory=/opt

ExecStart=/usr/bin/python3 /opt/field\_trainer\_main.py --host 0.0.0.0 --port 5000 --debug 0

Restart=always

RestartSec=10

StandardOutput=journal

StandardError=journal

Environment="PYTHONUNBUFFERED=1"

#### [Install]

WantedBy=multi-user.target

### Management:

```
sudo systemctl start field-trainer-server
sudo systemctl stop field-trainer-server
sudo systemctl restart field-trainer-server
sudo systemctl status field-trainer-server
sudo systemctl enable field-trainer-server    # Auto-start on boot
```

**ft-network-manager.service** Location: /etc/systemd/system/ft-network-manager.service

#### [Unit]

Description=Field Trainer Network Manager

After=network.target

#### [Service]

```
Type=simple
ExecStart=/usr/bin/python3 /opt/scripts/ft-network-manager.py
Restart=always
RestartSec=10
StandardOutput=journal
StandardError=journal
```

```
[Install]
```

```
WantedBy=multi-user.target
```

### Management:

```
sudo systemctl start ft-network-manager
sudo systemctl stop ft-network-manager
sudo systemctl restart ft-network-manager
sudo systemctl status ft-network-manager
```

### Network Services (Offline Mode)

**hostapd-ft.service** Managed by `ft-network-manager.py`:

```
sudo systemctl start hostapd-ft    # Start AP
sudo systemctl stop hostapd-ft     # Stop AP
```

**Config:** `/etc/hostapd/hostapd-ft.conf`

**dnsmasq-ft.service** Managed by `ft-network-manager.py`:

```
sudo systemctl start dnsmasq-ft
sudo systemctl stop dnsmasq-ft
```

**Config:** `/etc/dnsmasq.d/ft-ap.conf`

### Boot Sequence

1. Linux kernel loads
2. `network.target` reached
3. `batman-mesh.service` starts (mesh network)
4. `ft-network-manager.service` starts
  - Reads last known mode from config
  - Configures wlan1 appropriately
5. `field-trainer-server.service` starts
  - Initializes REGISTRY
  - Loads courses from database
  - Starts Flask on ports 5000 and 5001
6. System ready

**Boot Time:** ~45-60 seconds to full operation

---

## Troubleshooting Guides

### Problem: Service Not Starting

**Symptoms:** - Cannot access web interface - `systemctl status field-trainer-server` shows failed

#### Diagnosis:

```
sudo systemctl status field-trainer-server
sudo journalctl -u field-trainer-server -n 50
```

**Common Causes:** 1. **Port already in use** - Check: `sudo lsof -i :5000` and `sudo lsof -i :5001` - Fix: Kill conflicting process or reboot

#### 2. Database locked

- Check: `lsof /opt/data/field_trainer.db`
- Fix: `sudo systemctl restart field-trainer-server`

#### 3. Missing dependencies

- Check: `python3 -c "import flask; import sqlite3"`
- Fix: `sudo apt install python3-flask python3-sqlite`

#### 4. Permission issues

- Check: `ls -l /opt/data/field_trainer.db`
- Fix: `sudo chown pi:pi /opt/data/field_trainer.db`

### Problem: Different PIDs on Ports 5000 and 5001

**Symptoms:** - Health page shows different PIDs - State not synchronized between admin and coach  
- Different registry IDs

**Cause:** Two separate processes running instead of one unified service

#### Fix:

```
sudo systemctl restart field-trainer-server
```

This kills all port holders and starts fresh with one process hosting both ports.

#### Verification:

```
curl http://localhost:5000/health?format=json | jq .pid
curl http://localhost:5001/health?format=json | jq .pid
# Should be identical
```

### Problem: WiFi Shows “Not Connected” After AP Mode

**Symptoms:** - Settings page shows “Not connected” - `ip addr show wlan1` shows no IP - `rkill list` shows “Soft blocked: yes”

**Cause:** WiFi interface soft-blocked by `rkill` during mode transition

#### Fix:

```
sudo rkill unblock wifi
sudo systemctl restart wpa_supplicant@wlan1
sudo systemctl restart dhcpcd
```

**Prevention:** Network manager now automatically unblocks WiFi (as of v0.5.1)

### Problem: Mesh Network Not Working

**Symptoms:** - Gateway shows 0 devices - `batctl n` shows no neighbors - Field devices not responding

#### Diagnosis:

```
batctl if          # Should show wlan0
batctl n           # Should show neighbors
batctl o           # Should show originators
sudo batctl ping 192.168.99.101
```

#### Common Causes:

1. **Batman module not loaded**
  - Check: `lsmod | grep batman`
  - Fix: `sudo modprobe batman-adv`
2. **MAC filtering blocking devices**
  - Check: `sudo /opt/scripts/manage_mac_filter.sh status`
  - Fix: `sudo /opt/scripts/manage_mac_filter.sh disable` (temporary)
3. **WiFi channel mismatch**
  - All devices must be on same channel
  - Check mesh config on all devices
4. **Distance too far**
  - Max ~100m per hop in open space
  - Walls/obstacles reduce range significantly

### Problem: Course Not Deploying

**Symptoms:** - Deploy button pressed, no change - Devices don't show "Deployed" LED state - REGISTRY shows "Inactive"

#### Diagnosis:

```
sudo journalctl -u field-trainer-server -n 100 | grep -i deploy
batctl n      # Check if devices are reachable
```

#### Common Causes:

1. **Devices not connected**
  - Check: Admin dashboard → Mesh Network
  - Fix: Ensure devices are powered and mesh is up
2. **Course not found**
  - Check: `sqlite3 /opt/data/field_trainer.db "SELECT course_name FROM courses;"`
  - Fix: Create course in database
3. **Deployment timeout**
  - Default: 300 seconds
  - Fix: Wait or increase timeout in settings
4. **Device MAC mismatch in course**



- Course specifies device\_ids that don't exist
- Fix: Edit course to match actual device IDs

### Problem: Touch Events Not Detected

**Symptoms:** - Athlete touches device, no response - No LED feedback - Touch not logged in session

#### Diagnosis:

```
# On field device (SSH to device_N):
sudo journalctl -u field-device -n 50 | grep -i touch
sudo i2cdetect -y 1      # Should show 0x68 (MPU6050)
```

#### Common Causes:

1. **MPU6050 not connected**
  - Check wiring: VCC, GND, SDA, SCL
  - Fix: Reconnect sensor
2. **I2C not enabled**
  - Check: `ls /dev/i2c-*`
  - Fix: `sudo raspi-config` → Interface Options → I2C → Enable
3. **Course not active**
  - Touches only processed in “Active” mode
  - Fix: Click “Activate” button after deploy
4. **Session not started**
  - Coach interface requires active session
  - Fix: Create session and add athletes to queue
5. **Touch attribution logic**
  - Check logs for “No active runs” or “Device not in sequence”
  - Fix: Ensure athletes are queued and course is correct

### Problem: Audio Not Playing

**Symptoms:** - No TTS announcements - Silent speaker

#### Diagnosis:

```
aplay -l          # List playback devices
speaker-test -t wav -c 2    # Test audio
mpg123 --test /opt/field_trainer/audio/test.mp3
```

#### Common Causes:

1. **Volume muted**
  - Check: `amixer get Master`
  - Fix: `amixer set Master 75%` or Settings page
2. **Wrong audio output**
  - Fix: `sudo raspi-config` → System Options → Audio → Select output
3. **mpg123 not installed**
  - Check: `which mpg123`
  - Fix: `sudo apt install mpg123`
4. **pico2wave not installed**

- Check: `which pico2wave`
  - Fix: `sudo apt install libttspico-utils`
5. **Audio disabled in config**
- Check: `/opt/field_trainer/ft_config.py` → `ENABLE_SERVER_AUDIO`
  - Should be `True`

### Problem: Offline Mode Not Activating

**Symptoms:** - No “Field\_Trainer” WiFi network visible - Manual force-offline fails

**Diagnosis:**

```
sudo python3 /opt/scripts/ft-network-manager.py status
sudo systemctl status hostapd-ft
sudo systemctl status dnsmasq-ft
iw list | grep -A 10 "Supported interface modes"
```

**Common Causes:**

1. **USB WiFi doesn't support AP mode**
  - Check: `iw list` → should show “AP” in supported modes
  - Fix: Replace with compatible adapter (Panda AC600)
2. **hostapd not installed**
  - Check: `which hostapd`
  - Fix: `sudo apt install hostapd dnsmasq`
3. **Configuration error**
  - Check: `/etc/hostapd/hostapd-ft.conf`
  - Verify interface name matches (`wlan1`)
4. **wpa\_supplicant still running**
  - Check: `ps aux | grep wpa_supplicant`
  - Fix: `sudo systemctl stop wpa_supplicant@wlan1`

### Problem: Database Corruption

**Symptoms:** - SQLite errors in logs - “database disk image is malformed” - Crashes on session creation

**Diagnosis:**

```
sqlite3 /opt/data/field_trainer.db "PRAGMA integrity_check;"
```

**Fix (Restore from Backup):**

```
cd /opt/data
cp field_trainer.db field_trainer.db.corrupted
cp field_trainer.db.backup_YYYYMMDD_HHMMSS field_trainer.db
sudo systemctl restart field-trainer-server
```

**Fix (Dump and Restore):**

```
sqlite3 /opt/data/field_trainer.db .dump > dump.sql
mv field_trainer.db field_trainer.db.corrupted
sqlite3 /opt/data/field_trainer.db < dump.sql
```

## Emergency Recovery

**Situation:** Complete system failure, need to restore

### Method 1: Network Restore (if SSH accessible)

```
ssh pi@fieldtrainer.local
/home/pi/restore-network.sh
sudo systemctl restart field-trainer-server
```

**Method 2: Direct Console (HDMI + Keyboard)** 1. Connect HDMI monitor and USB keyboard 2. Login: pi / password 3. Run: /home/pi/restore-network.sh 4. Follow on-screen prompts

**Method 3: Full Reinstall** 1. Backup database: cp /opt/data/field\_trainer.db ~ 2. Clone repo: cd /opt && git pull origin main 3. Restore database: cp ~/field\_trainer.db /opt/data/ 4. Restart: sudo systemctl restart field-trainer-server

---

## Development vs Production

### Key Differences

Aspect	Development (Pi 5)	Production (Pi 5)
Hardware	Raspberry Pi 5 8GB RAM	Raspberry Pi 5 8GB RAM
Ethernet	eth0 available	No ethernet used
Internet	eth0 + wlan1 dual-path	wlan1 only (single-path)
Failover Test	Requires unplugging eth0	Automatic on WiFi loss
Memory	Ample headroom	Ample headroom
Boot Time	~30 seconds	~30 seconds
USB Ports	4x USB-A	4x USB-A
Field Devices	Pi Zero W	Pi Zero W

### Development Workflow

#### 1. SSH Access:

```
ssh pi@192.168.7.116    # eth0 (development)
ssh pi@fieldtrainer.local # mDNS
```

#### 2. Code Changes:

```
cd /opt
git pull origin <branch>
sudo systemctl restart field-trainer-server
```

#### 3. Testing:

- Admin: http://192.168.7.116:5000
- Coach: http://192.168.7.116:5001
- Health: http://192.168.7.116:5001/health

#### 4. Log Monitoring:

```
sudo journalctl -u field-trainer-server -f
```

#### 5. Database Changes:

```
# Backup first
cp /opt/data/field_trainer.db /opt/data/field_trainer.db.backup_$(date +%Y%m%d_%H%M%S)

# Make changes
sqlite3 /opt/data/field_trainer.db

# Restart to reload
sudo systemctl restart field-trainer-server
```

### Production Deployment

#### 1. Pre-deployment:

- Test on dev system
- Backup production database
- Review git commit history

#### 2. Deployment:

```
ssh pi@fieldtrainer.local
cd /opt
cp /opt/data/field_trainer.db /opt/data/field_trainer.db.backup_$(date +%Y%m%d_%H%M%S)
git pull origin main
sudo systemctl restart field-trainer-server
```

#### 3. Verification:

- Check health page
- Verify PID matches on both ports
- Check mesh network status
- Test basic operations (deploy, activate)

#### 4. Rollback (if needed):

```
git log --oneline -5
git checkout <previous-commit>
sudo systemctl restart field-trainer-server
```

### Testing Internet Failover

#### On Development System (Pi 5 with eth0):

```
# Unplug eth0 to simulate WiFi loss
# OR disable WiFi:
sudo ifconfig wlan1 down

# Monitor:
sudo journalctl -u ft-network-manager -f
```

*# Should see:*  
*# - Internet check failed (1/3)*  
*# - Internet check failed (2/3)*  
*# - Internet check failed (3/3)*  
*# - Switching to AP mode*  
*# - AP mode active*

**On Production System (Pi 3 A+):** - Automatically triggers on real WiFi loss - No ethernet to interfere with testing

---

## Known Limitations

### Hardware Limitations

1. **Raspberry Pi Zero W (Field Devices)**
  - 512MB RAM total on field devices
  - Limited processing power compared to gateway
  - Single-core CPU
2. **USB WiFi Adapter Compatibility**
  - Not all adapters support AP mode
  - Realtek RTL8188EUS known incompatible
  - MediaTek chipsets (Panda) recommended
3. **Mesh Range**
  - ~100m per hop in open space
  - Walls/obstacles significantly reduce range
  - Max recommended: 6+ devices
4. **Pi Zero W Limitations**
  - No ethernet port
  - Single USB port (Micro-USB OTG)
  - Limited GPIO compared to full-size Pi

### Software Limitations

1. **Concurrent Athletes**
  - Tested up to 10 simultaneous runners
  - More may work but not validated
  - Touch attribution complexity increases
2. **Database Size**
  - SQLite performs well up to ~100MB
  - Large historical data may need archival
  - No automatic archiving implemented
3. **Touch Attribution**
  - Assumes athletes follow course sequence
  - Skipped devices detected but may cause attribution issues
  - Backwards motion ignored
4. **Network Failover**
  - 3-minute delay after internet returns before switching back

- No hysteresis on internet loss (immediate after 3 checks)
  - Cannot detect “slow” internet vs “no” internet
5. **Multi-User Support**
- No authentication/authorization system
  - Single-coach assumption
  - No concurrent session editing protection

## Operational Limitations

1. **Field Device Updates**
  - Must update each device individually
  - No over-the-air update system
  - Requires SSH access to each device
2. **Course Editing**
  - No visual course designer
  - Manual SQL or JSON editing required
  - No validation of device placement
3. **Performance Analytics**
  - Basic metrics only
  - No advanced statistical analysis
  - No comparative analytics between athletes
4. **Audio Feedback**
  - TTS quality limited by pico2wave
  - No custom audio per athlete
  - Single speaker only (no multi-device audio)
5. **LED Patterns**
  - Fixed patterns, not customizable via UI
  - Same pattern on all devices for same action
  - No per-athlete color coding

## Security Limitations

1. **No Authentication**
    - Web interface has no login
    - Anyone on network can access
    - Relies on network isolation for security
  2. **MAC Filtering Only**
    - Mesh security via MAC whitelist
    - Spoofing possible but unlikely in this context
    - No encryption on mesh traffic beyond WPA2
  3. **No HTTPS**
    - Plain HTTP only
    - Not an issue on isolated networks
    - Would need certificates for production internet use
-

## Future Enhancement Opportunities

### High Priority

- Visual course designer
- Over-the-air device updates
- Multi-user authentication
- Advanced performance analytics
- Athlete comparison reports

### Medium Priority

- Mobile app (iOS/Android)
- Video integration for form analysis
- Heart rate monitor integration
- GPS tracking for outdoor courses
- Parent portal for performance viewing

### Low Priority

- Cloud sync for multi-site deployments
  - Machine learning for form coaching
  - Integration with third-party platforms
  - Custom LED pattern designer
  - Multi-language support
- 

## Licensing and Commercial Use

### Current Status

- Proprietary system
- Developed for amateur athletic training
- All rights reserved

### Technical Strengths for Licensing

1. **Proven Architecture:** Mesh network topology with automatic failover
2. **Comprehensive Database:** 15-table schema with full audit trail
3. **Offline Capability:** Full operation without internet connectivity
4. **Scalability:** Tested with multiple simultaneous athletes
5. **Extensibility:** Modular design allows feature additions
6. **Resource Efficiency:** Runs on low-cost Raspberry Pi hardware
7. **Production Ready:** Systemd integration, logging, error handling

### Integration Points

- RESTful API for third-party integrations
- SQLite database accessible via standard tools
- Webhook support could be added

- CSV import/export for athlete data
  - JSON course format for external tools
- 

## Appendix: Quick Reference

### Essential Commands

#### *# Service Management*

```
sudo systemctl restart field-trainer-server
sudo systemctl status field-trainer-server
sudo journalctl -u field-trainer-server -f
```

#### *# Network Management*

```
sudo python3 /opt/scripts/ft-network-manager.py status
sudo python3 /opt/scripts/ft-network-manager.py force-online
sudo python3 /opt/scripts/ft-network-manager.py force-offline
```

#### *# Mesh Network*

```
batctl n                # Show neighbors
batctl o                # Show originators
batctl ping <IP>        # Mesh ping
```

#### *# Database*

```
sqlite3 /opt/data/field_trainer.db
.tables
.schema courses
SELECT * FROM runs LIMIT 10;
```

#### *# Emergency Restore*

```
/home/pi/restore-network.sh
```

### Important URLs

```
Admin Interface:  http://fieldtrainer.local:5000
Coach Interface:  http://fieldtrainer.local:5001
Health Check:     http://fieldtrainer.local:5001/health
Settings:         http://fieldtrainer.local:5001/settings
```

#### Offline Mode:

```
Connect to:       Field_Trainer (WiFi)
Password:         RaspberryField2025
Then access:      http://fieldtrainer.local:5001
Or:               http://192.168.10.1:5001
```

### File Locations

```
Main Code:        /opt/coach_interface.py
                  /opt/field_trainer/
```



Database:            /opt/data/field\_trainer.db  
Config:             /opt/field\_trainer/ft\_config.py  
                     /opt/data/network-config.json  
Logs:                sudo journalctl -u field-trainer-server  
Services:            /etc/systemd/system/field-trainer-server.service  
Recovery:            /home/pi/restore-network.sh

---

## Version History

- **0.5.1** (Nov 2025): Added offline mode, network auto-switching, local asset serving
  - **0.5.0** (Nov 2025): Added team management, athlete roster, CSV import
  - **0.4.0** (Oct 2025): Multi-athlete concurrent support, touch attribution
  - **0.3.0** (Oct 2025): Performance history, personal records, achievements
  - **0.2.0** (Sep 2025): Database integration, session management
  - **0.1.0** (Aug 2025): Initial mesh network, course deployment, basic touch detection
- 

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