



ATLAS SPECIALTY

SUPERMARKET & PERSIAN CUISINE

Serving Calgary since 1997, Atlas Specialty is the city’s premier Kabob House.
We hope you enjoy your meal.

APPETIZERS

	SMALL	LARGE
MASTO KHIAR (Mas-to-key-yar) Tzatziki style dip made with homemade yogurt, cucumbers and mint	\$ 4.99	\$ 7.99
MASTO MOSIR (Mas-to-moe-seer) An old favorite. Yogurt and wild shallot dip	\$ 5.99	\$ 9.50
MAST-O-ESFENAJ (Mas-to-es-fen-naj) Persian style spinach dip. A blend of yogurt, spinach & fried onions	\$ 5.50	\$ 9.50
KASHKO BADENJAN (Cash-ko-bah-den-john) Fried eggplant, roasted garlic and whey dip		\$ 9.99
MIRZAGHASEMI (Mir-za-ga-semi) Roasted eggplant, tomato and garlic dip		\$ 9.99
HOMMOS (Home-mos) Chick pea, tahini, garlic and lemon juice dip		\$ 6.99
APPETIZER PLATTER Can’t decide? Take your pick of three of the above		\$ 16.99

SALADS

	SMALL	LARGE
SALADEH SHIRAZI (Sah-lah-deh-shi-ra-zee) Tomatoes, cucumbers and onions with a mint lemon vinaigrette.	\$ 4.99	\$ 7.99
GREEK SALAD (Grr-eek-sal-lad) Atlas style with plenty of feta cheese, olives, green peppers, tomatoes, onions and cucumbers with our house greek dressing.	\$ 6.99	\$ 9.99
HOUSE SALAD (Hows-sal-lad) Lettuce, tomatoes, cucumbers and onions with your choice of dressing (ranch, Italian, thousand island, cucumber and house vinaigrette)	\$ 4.99	\$ 8.99

WRAPS

Our famous Kabobs wrapped in a pita bread stuffed with tomatoes, onions, pickles, hot peppers, and parsley with our own sauce. Served with Saladeh Shirazi (ask your server about substitutions).

VEGGIE WRAP Grilled seasonal vegetables, hommos, topped with feta	\$ 9.99
KOOBIDEH WRAP (ground beef)	\$ 9.99
JOOJEH WRAP (chicken)	\$ 13.50
BARG WRAP (striploin)	\$ 13.50
DOUBLE KOOBIDEH WRAP (ground beef)	\$ 13.50
CHEF COMBO WRAP (chicken and ground beef)	\$ 15.50
SOLTANI WRAP (striploin and ground beef)	\$ 15.50

KHORESHT (hor-rosht)

Slow cooked to ensure maximum flavor.

LARGE SIZES OF OUR KHORESHTS (stews) are served with a bed of Saffron rice.

	SMALL	LARGE
GHORMEH SABZI (Gore-meh-saab-zee) Fresh herbs, red kidney beans and chunks of grade AAA sirloin. A Persian favorite.	\$ 7.50	\$ 15.99
GHEIMEH (Ghey-meh) Yellow split beans and grade AAA sirloin chunks in a tomato broth. Mild and delicious.	\$ 5.99	\$ 12.99
BADENJAN (Bah-den-john) Fried eggplant and grade AAA sirloin chunks in a tomato broth. An instant classic.	\$ 7.50	\$ 15.99
BAMIYEH (Baa-mee-yeh) Okra, garlic, grade AAA sirloin beef chunks in a spicy tomato broth. Old world flavor, new world charm.	\$ 6.50	\$ 13.99
FESENJOON (Feh-sen-june) Nutty and rich, we combine walnuts, pomegranate paste and chicken to create a delightfully tangy and sweet stew.	\$ 7.99	\$ 16.99
KARAFS (Kah-rafs) Celery, tofu and sour plums in an herb broth. A vegetarian delight.	\$ 5.50	\$ 11.99
KHORESHT SAMPLER Can’t decide? Take your pick of three of the above.		\$ 17.99



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KABOBS (Cah-bobs)

A Persian staple. We take the finest marinated meats and cook them over an open flame.
All meals below are served on a bed of saffron rice, with roasted tomatoes and onions.

TAKE A DOLLAR OFF THE PRICE (half a dollar for half orders)
IF YOU'D LIKE TO SUBSTITUTE PITA BREAD FOR RICE

	HALF	FULL
KOOBIDEH KABOB (Coo-bee-day-cah-bob) Two flame broiled grade AAA ground beef kabobs. Our most popular dish	\$ 7.99	\$ 13.50
JOOJEH KABOB (Joo-jeh-cah-bob) A skewer of our tender marinated chicken breast. Served either traditional (saffron lemon) or Atlas spicy	\$ 8.99	\$ 15.50
KABOB BARG (Cah-bob-bah-rg) Flame broiled Grade AAA beef striploin kabob cooked to your liking	\$ 9.99	\$ 16.99
VEGGIE KABOB (Vej-jee-cah-bob) Flame grilled seasonal vegetables with a Mediterranean seasoning, topped off with feta		\$ 10.99
KIA COMBO Named after the guy who invented it. Three skewers of Koobideh (ground beef).		\$ 16.50
CHEF COMBO Our best seller. One skewer of Koobideh (ground beef) and one skewer of Joojeh (chicken).		\$ 17.50
KABOB SOLTANI (Cah-bob-sol-ton-nee) A meal fit for a king. One skewer of Koobideh (ground beef) and one skewer of Barg (striploin).		\$ 19.50
MAHI KABOB (Ma-hee-cah-bob) Saffron and lemon marinated fresh Atlantic Salmon, flame kissed and finished in the oven.		\$ 22.50
GEORGES SPECIAL Named after our good friend and owner of Tune Dub Inc. Two skewers of Joojeh (chicken) Try it spicy the way he likes it!		\$ 23.99
PRIMO COMBO Named after our cousin Sidney from Edmonton (Boo Oilers). Two skewers of Barg (striploin) done medium, try it with a side Hommos, he swears by it.		\$ 26.99
ULTIMATE COMBO One skewer of Barg (striploin) and one skewer of Joojeh (chicken). Served the way you like it.		\$ 24.99
ATLAS SPECIAL So good, we named it after ourselves. One skewer of Koobideh (ground beef) one skewer of Joojeh (chicken) and one skewer of Barg (striploin). Not for a small appetite.		\$ 28.50
PLATTER FOR TWO Two orders of rice, two Koobideh Kabobs (ground beef), and one of each of the Barg (striploin) and Joojeh (chicken). Meant to be shared, but tackle it alone for the king sized appetite.		\$ 34.99

*No substitutions can be made with any of the above Kabob meals except pita for rice.
Don't see a combination you like? Feel free to create one with the Add-ons below.

ADD-ONS

ADD A SKEWER TO ANY MEAL

KOOBIDEH (ground beef)	\$ 4.50
JOOJEH (chicken)	\$10.50
BARG (striploin)	\$11.50
VEGGIE	\$ 8.50
MAHI (salmon)	\$18.99

PLATE OF RICE	\$ 3.50
PITA BREAD BASKET	\$ 2.50
MIXED BREAD BASKET	\$ 3.50
ROASTED TOMATOES	\$ 1.50
ROASTED ONIONS	\$ 0.99
RAW EGG YOLK	\$ 0.99
TORSHI (Persian pickles)	\$ 2.99
ZERESHK	\$ 2.50

BEVERAGES

PERSIAN TEA free with your meal	
HERBAL TEA	\$ 2.50
PERRIER or PELLEGRINO sparkling water	\$ 3.75
POP (free refills) Coke, Diet Coke, Sprite, Orange, Iced tea, Ginger ale	\$ 2.75
JUICE Pomegranate, Sour cherry, Orange, Apple, Pineapple, Mango, Cranberry.	\$ 3.75
DOOGH Carbonated yogurt drink. The traditional accompaniment to any meal	\$ 3.00

Management reserves the right to add 15% gratuity to tables of SIX or more.