

# **Monthly Report**

Date: 19/12/2022

**Prepared for** 

## **Diaeta By Asmi**









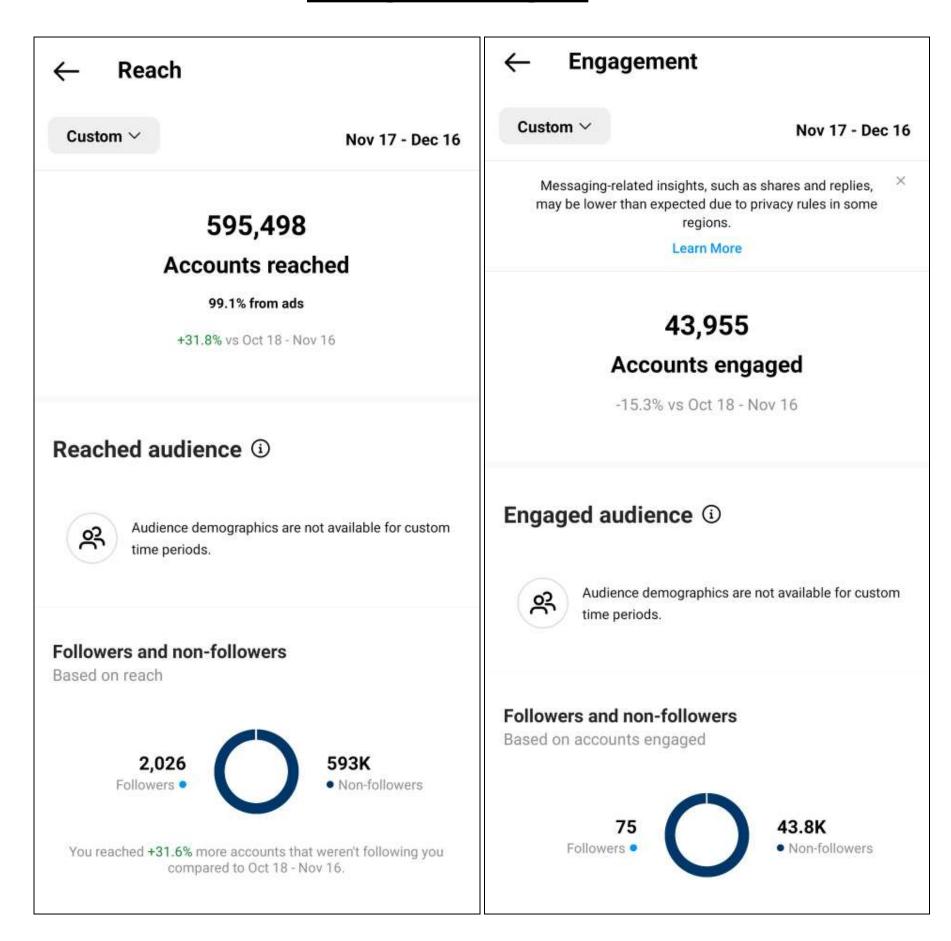
Created by

DigitalRooar Team





### **Instagram Insights**



#### **SEO Activity:**

Monthly Tasks							
Profile Creation							
https://twitter.com/Diaetabyasmiuae/							
Video Submission							
https://www.dropbox.com/s/kpnd2897fnoyn4q/Intermittent%20fasting.mp4?dl=0							
https://docs.zohopublic.in/file/at4t098ea110c8c094628957d23533b0ffb57							
https://www.pearltrees.com/diaetabyasmi/item487309020							
https://at.tumblr.com/diaetabyasmi/intermittent-fasting-fitness-diaeta-by-asmi/8u08lhl3ouw8							
https://www.4shared.com/video/3X1_DwbMge/Intermittent_Fasting1html							



https://medium.com/@diaetabyasmi/intermittent-fasting-fitness-diaeta-by-asmi-51441eea1aea

https://www.quora.com/profile/Asmi-Ahmad-1/Intermittent-Fasting-Fitness-Diaeta-By-Asmi-nutrition-nutritionist-diet-dietitian-die ticians-healthyfood-hea

https://www.flickr.com/photos/196410994@N08/52543993831/in/dateposted-public/

https://vimeo.com/778048297

https://visual.ly/community/Videos/health/intermittent-fasting-fitness-diaeta-asmi

https://www.dropbox.com/s/htiwoh4h2v8r33v/Fasting%20Q%26A.mp4?dl=0

https://docs.zohopublic.in/file/at4t0c2f95bcecfd140d8babc45a6c51a317e

https://www.pearltrees.com/diaetabyasmi/item487324935

https://www.tumblr.com/diaetabyasmi/702796078537474048/fasting-question-and-answers-diaeta-by-asmi?source=share

https://www.4shared.com/video/R62\_OsXOku/Fasting\_QA.html

https://medium.com/@diaetabyasmi/fasting-question-and-answers-diaeta-by-asmi-e7c02b5893fa

https://www.quora.com/profile/Asmi-Ahmad-1/Fasting-Question-and-Answers-Diaeta-By-Asmi-nutrition-nutritionist-diet-dietitian-dieticians-healthyfood-hea

https://www.flickr.com/photos/196410994@N08/52544346349/in/dateposted-public/

https://vimeo.com/778060302

https://visual.ly/community/Videos/health/intermittent-fasting-fitness-diaeta-asmi

https://www.evernote.com/shard/s330/sh/b947e69b-d1df-1dd3-a2b5-74036777677e/f0337e4d74b9c6f6cf06792b25b5430a

https://www.dropbox.com/s/ngmwwoxdrer8dmz/Ectomorph.mp4?dl=0

https://docs.zohopublic.in/file/fjloxde04205305754b3f97d506b4bb236ea8

https://www.pearltrees.com/diaetabyasmi/item489354576

https://www.tumblr.com/diaetabyasmi/703514072199610368/ectomorph-body-type-diaeta-by-asmi-ectomorph?source=share

https://www.4shared.com/video/EXVfLnPxfa/Ectomorph.html

https://medium.com/@diaetabyasmi/ectomorph-body-type-diaeta-by-asmi-90c688095719

https://www.quora.com/profile/Asmi-Ahmad-1/Ectomorph-Body-Type-Diaeta-by-Asmi-Ectomorph-It-is-not-disease-it-s-a-type-of-body-with-little-body-fat-littl

https://www.flickr.com/photos/196410994@N08/52561109515/in/dateposted-public/

https://visual.ly/community/Videos/health/ectomorph-body-type-diaeta-asmi

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https://www.dropbox.com/s/k9au2l6y4o3aje1/Menopause.mp4?dl=0

https://docs.zohopublic.in/file/67apl3e99625e3442416eb30d8e6d4bef49cb

https://www.pearltrees.com/diaetabyasmi/item489797203

https://at.tumblr.com/diaetabyasmi/menopause-summary-diaeta-by-asmi-menopause-is/qw659m4n6214

https://www.4shared.com/video/N92rfyP\_ku/Menopause.html

https://medium.com/@diaetabyasmi/menopause-summary-diaeta-by-asmi-c489dc5f6084

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https://visual.ly/community/Videos/health/menopause-summary-diaeta-asmi

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#### Twitter

https://twitter.com/Diaetabyasmiuae/status/1602589067232919553

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YouTube							
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#### **Paid Activity:**

17th November To 16th December - 2022											
Platform	Campaign	Goal	Result (Engagement)	Result Type	Impressions	Reach	Post Reaction	Cost Per Result	Spent		
Instagram	CBO_4Adset_engagment _14	Engagements + Followers	273,277	Like	971,397	445,953	29,656.00	dh0.01	dh2,975.46		
Instagram	CBO_4Adset_engagment _08-11	Engagements + Followers	175,979	Like	762,193	318,976	21,700	dh0.01	dh1,198.81		
Instagram	Followers Diaeta By Asmi	Followers (Link Clicks)	428	Link Clicks	41,289	29,680	438	dh0.68	dh290.16		
YouTube	Video Ads   Awareness   18-11   Asmi	Subscriber + Views	20,168	Views	1,295,549	0	0	dh0.04	dh708.40		
Total			469,852	-	3,070,428	794,609	51,794.00	dh0.01	dh5,172.83		