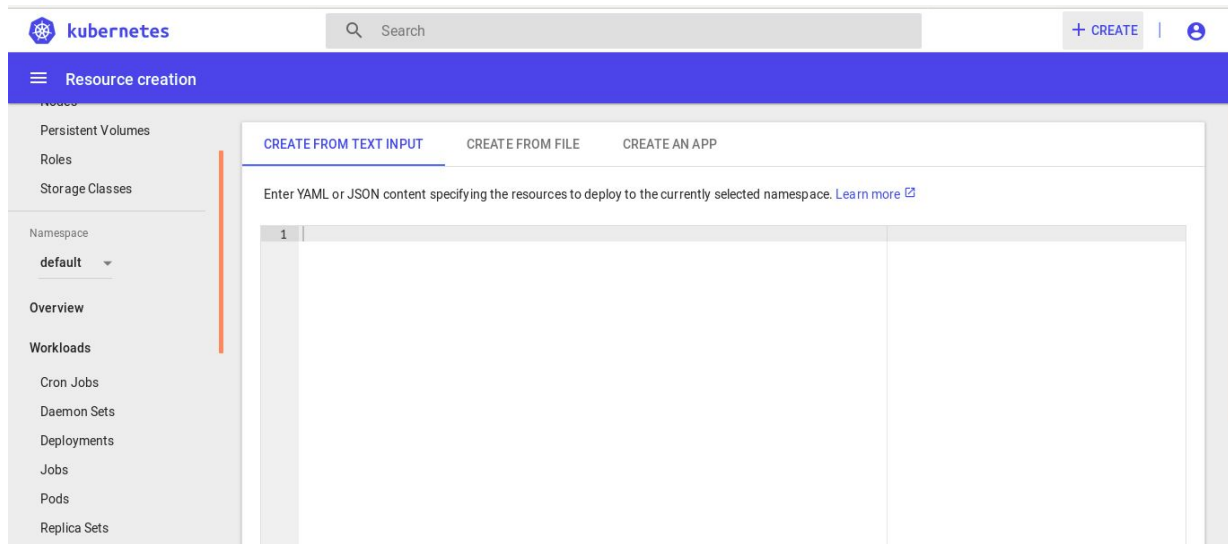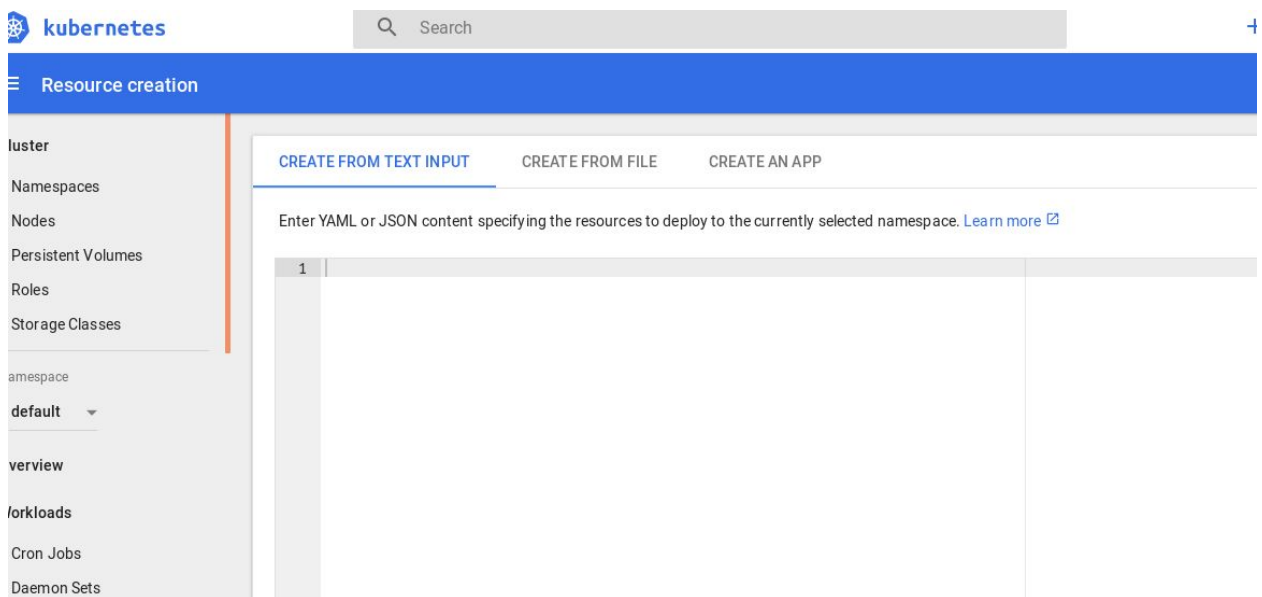**Login to the Kubernetes Dashboard from the Link provided in K8s Lab instructions
The default <u>username</u> is admin and the <u>password</u> is provided in K8s Lab instructions
Click SKIP when asked for the TOKEN.**

1. Click on +CREATE button the TOP right of the K8s Dashboard

2. Select the third option "CREATE FROM TEXT INPUT"

Copy and Paste the below yaml file.

```yaml
apiVersion: apps/v1beta2
kind: Deployment
metadata:
  name: nginx-deployment-albert
spec:
  selector:
        matchLabels:
        app: nginx
  replicas: 2
  template:
        metadata:
        labels:
        app: nginx
        spec:
        containers:
        - name: nginx
        image: nginx:1.7.9
        ports:
        - containerPort: 80
```

Now Click on **Upload**