# The Life of Eli

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This document can be found at https://github.com/darwinanddavis/Eli

#### Overview

Activity data for Eli for his first year, including time spent feeding, sleeping, in leisure and values for growth and other behavoural traits.

#### TO DO

- \* separate activity states
- \* separate hour and mins, then convert time to hours

#### Install dependencies

```
packages <- c("stringi","tidyr","sp","RColorBrewer","ggplot2","ggthemes")
if (require(packages)) {
    install.packages(packages,dependencies = T)
        require(packages)
}
lapply(packages,library,character.only=T)</pre>
```

#### Set plotting function

```
# plotting function (plot for MS or not, set bg color, set color palette from RColorBrewer, set alpha v
plot_it <- function(manuscript,bg,cp,alpha,family){</pre>
  graphics.off()
  if(manuscript==0){
    if(bg=="black"){
      colvec<-magma(200,1)</pre>
      par(bg = colvec[1],col.axis="white",col.lab="white",col.main="white",
          fg="white",bty="n",las=1,mar=c(5,6,4,2),family=family) #mono
      border=adjustcolor("purple",alpha=0.5)
    }else{
      colvec<-bpy.colors(200)
      par(bg = colvec[1],col.axis="white",col.lab="white",col.main="white",
          fg="white",bty="n",las=1,mar=c(5,6,4,2),family=family)
      border=adjustcolor("blue",alpha=0.5)
    }
 }else{
     graphics.off()
    par(bty="n",las=1,family=family)
  # color palettes
  # ifelse(manuscript==1,colvec<-adjustcolor(brewer.pal(9,cp)[9], alpha = alpha),colvec <- adjustcolor(
   # colfunc <<- colorRampPalette(brewer.pal(9,cp),alpha=alpha)</pre>
  colfunc <<- adjustcolor(brewer.pal(9,cp),alpha=alpha) # USES <<- OPERATOR</pre>
}
# Setting ggplot theme graphics
plot_it_gg <- function(bg){ # bg = colour to plot bg, family = font family</pre>
  if(bg=="white"){
    bg <- "white"
    fg <- "black"
 theme_tufte(base_family = "HersheySans") +
```

```
theme(panel.border = element_blank(),panel.grid.major = element_blank(),panel.grid.minor = element_
    theme(axis.line = element_line(color = fg)) +theme(axis.ticks = element_line(color = fg)) + theme(p)
} # end gg

# define colours

col1 <- "light blue"

col2 <- "orange"

# Set global plotting parameters
print("1/0, set colour, set colour palette 'display.brewer.all()',set alpha for col,set font")
plot_it(0,"blue","YlOrRd",1,"HersheySans") # set col function params
plot_it_gg("white") # same as above</pre>
```

#### Load and clean data

```
setwd(params$dir) # set wd
list.files()
 [1] "april.csv"
                       "eli_cache"
                                          "eli_files"
                                                            "eli_weight.mp4" "eli.docx"
 [6] "eli.html"
                                                            "eli.R"
                       "eli.md"
                                          "eli.pdf"
                                                                               "eli.Rmd"
[11] "Eli.Rproj"
                       "eli.tex"
                                          "feb.csv"
                                                            "junejulyaug.csv" "march.csv"
[16] "may.csv"
                       "Notes.csv"
d <- "may" # choose month or total period
data <- read.csv(paste0(d,".csv"),header=T,sep=",", stringsAsFactors=FALSE)
colnames(data) <- c("Activity", "Trait", "Start", "Finish", "Value")</pre>
data[c("Activity", "Trait")] <- sapply(data[c("Activity", "Trait")], as.character)</pre>
head(data)
# A tibble: 6 x 5
  Activity Trait
                        Start
                                               Finish
                                                                     Value
           <chr>
* <chr>
                        <chr>
                                               <chr>>
                                                                      <chr>>
1 Growth
           Head
                        16-Feb.-2018 8:06 pm 16-Feb.-2018 8:06 pm
                                                                     35cm
2 Growth Height
                        16-Feb.-2018 8:06 pm 16-Feb.-2018 8:06 pm
                                                                     53cm
                        16-Feb.-2018 11:59 pm 16-Feb.-2018 11:59 pm 3.61kg
3 Growth Weight
4 Feeding Right Breast 18-Feb.-2018 1:25 am 18-Feb.-2018 1:35 am
5 Feeding Left Breast 18-Feb.-2018 1:35 am 18-Feb.-2018 1:44 am
6 Feeding Right Breast 18-Feb.-2018 3:24 am 18-Feb.-2018 3:45 am
# load june july aug + data
# skip first three redundant rows
dd <- "junejulyaug"</pre>
data2 <- read.csv(paste0(dd,".csv"),header=T,sep=",", stringsAsFactors=FALSE,skip=3)
colnames(data2) <- c("Activity", "Trait", "Start", "Finish", "Value")</pre>
data2[c("Activity", "Trait")] <- sapply(data2[c("Activity", "Trait")], as.character)</pre>
str(data2)
'data.frame': 1330 obs. of 5 variables:
$ Activity: chr "Health" "Sleep" "Feeding" "Diapering" ...
 $ Trait : chr "Vaccination" "" "Right Breast" "Pee" ...
```

\$ Start : chr "19-Jun.-2018 10:10 am" "27-Jun.-2018 12:05 am" "27-Jun.-2018 9:31 am" "27-Jun.-2018 9 
\$ Finish : chr "19-Jun.-2018 10:10 am" "27-Jun.-2018 9:32 am" "27-Jun.-2018 9:40 am" "27-Jun.-2018 9

```
: chr "4mnth immunizations" "" "" ...
# add june july aug + data to existing data frame
data <- rbind(data,data2)</pre>
Subset activities
unique(data$Activity)
[1] "Growth"
                "Feeding"
                            "Sleep"
                                         "Diapering" "Health"
                                                                             "Pumping"
                                                                 "Leisure"
grow <- subset(data,subset=Activity=="Growth");head(grow)</pre>
# A tibble: 6 x 5
                                        Finish
                                                               Value
  Activity Trait Start
* <chr>
           <chr> <chr>
                                         <chr>
                                                               <chr>
1 Growth
           Head
                  16-Feb.-2018 8:06 pm 16-Feb.-2018 8:06 pm
                                                               35cm
2 Growth
           Height 16-Feb.-2018 8:06 pm 16-Feb.-2018 8:06 pm 53cm
3 Growth
           Weight 16-Feb.-2018 11:59 pm 16-Feb.-2018 11:59 pm 3.61kg
          Weight 27-Feb.-2018 12:00 pm 27-Feb.-2018 12:00 pm 3.67kg
4 Growth
          Weight 07-Mar.-2018 1:08 pm 07-Mar.-2018 1:08 pm 4.01kg
5 Growth
6 Growth
          Height 07-Mar.-2018 1:08 pm 07-Mar.-2018 1:08 pm 55cm
feed <- subset(data,subset=Activity=="Feeding");head(feed)</pre>
# A tibble: 6 x 5
  Activity Trait
                        Start
                                              Finish
                                                                     Value
* <chr>
           <chr>>
                        <chr>
                                               <chr>>
                                                                     <chr>
1 Feeding Right Breast 18-Feb.-2018 1:25 am 18-Feb.-2018 1:35 am
2 Feeding Left Breast 18-Feb.-2018 1:35 am 18-Feb.-2018 1:44 am
3 Feeding Right Breast 18-Feb.-2018 3:24 am 18-Feb.-2018 3:45 am
4 Feeding Left Breast 18-Feb.-2018 7:39 am 18-Feb.-2018 8:05 am
5 Feeding Right Breast 18-Feb.-2018 10:12 am 18-Feb.-2018 10:45 am ""
6 Feeding Left Breast 18-Feb.-2018 10:48 am 18-Feb.-2018 11:35 am ""
sleep <- subset(data, subset=Activity=="Sleep"); head(sleep)</pre>
# A tibble: 6 x 5
                                                              Value
  Activity Trait Start
                                       Finish
* <chr>
           <chr> <chr>
                                       <chr>>
                                                              <chr>
                 18-Feb.-2018 8:53 am 18-Feb.-2018 9:41 am
1 Sleep
                 18-Feb.-2018 11:32 am 18-Feb.-2018 3:16 pm
2 Sleep
           11 11
3 Sleep
                 18-Feb.-2018 10:24 pm 18-Feb.-2018 10:52 pm
           11 11
                 19-Feb.-2018 1:40 am 19-Feb.-2018 3:00 am
4 Sleep
           11 11
5 Sleep
                 19-Feb.-2018 3:36 am 19-Feb.-2018 3:38 am
6 Sleep
                 19-Feb.-2018 5:15 pm 19-Feb.-2018 6:05 pm
diaper <- subset(data, subset=Activity=="Diapering");head(diaper)</pre>
# A tibble: 6 x 5
  Activity Trait
                      Start
                                            Finish
                                                                   Value
                      <chr>
                                            <chr>
                                                                   <chr>
* <chr>
            <chr>
1 Diapering Pee & Poo 18-Feb.-2018 10:01 am 18-Feb.-2018 10:01 am olive
                      18-Feb.-2018 6:42 pm 18-Feb.-2018 6:42 pm licorice, shiny
2 Diapering Poo
3 Diapering Poo
                      18-Feb.-2018 10:00 pm 18-Feb.-2018 10:00 pm small like earlier, olive green
4 Diapering Pee
                      20-Feb.-2018 2:46 am 20-Feb.-2018 2:46 am ""
```

```
5 Diapering Poo
                      20-Feb.-2018 2:47 am 20-Feb.-2018 2:47 am Fresh. Olive/brown
6 Diapering Pee & Poo 20-Feb.-2018 3:54 am 20-Feb.-2018 3:54 am
leisure <- subset(data, subset=Activity=="Leisure"); head(leisure)</pre>
# A tibble: 6 x 5
  Activity Trait
                     Start
                                            Finish
                                                                  Value
* <chr>
          <chr>>
                     <chr>>
                                            <chr>
                                                                  <chr>
1 Leisure Bath time 13-Mar.-2018 10:15 pm 13-Mar.-2018 10:30 pm ""
2 Leisure Bath time 15-Mar.-2018 9:15 pm 15-Mar.-2018 9:30 pm
3 Leisure Tummy time 17-Mar.-2018 8:00 pm 17-Mar.-2018 8:02 pm
4 Leisure Bath time 17-Mar.-2018 9:10 pm 17-Mar.-2018 9:30 pm
5 Leisure Tummy time 18-Mar.-2018 6:40 pm 18-Mar.-2018 6:45 pm
6 Leisure Tummy time 20-Mar.-2018 12:09 am 20-Mar.-2018 12:14 am ""
Subset traits
# activity states with traits: grow, feed, diaper, leisure
# grow
grow <- within(grow, rm("Finish")) # only time stamp, so remove Finish time col
head <- subset(grow,subset=Trait=="Head");head</pre>
# A tibble: 3 x 4
  Activity Trait Start
                                       Value
* <chr>
          <chr> <chr>
                                       <chr>
1 Growth Head 16-Feb.-2018 8:06 pm 35cm
2 Growth Head 07-Mar.-2018 1:08 pm 37.5cm
3 Growth Head 24-Apr.-2018 10:16 pm 40cm
height <- subset(grow, subset=Trait=="Height");height</pre>
# A tibble: 4 x 4
 Activity Trait Start
                                        Value
          <chr> <chr>
                                        <chr>
* <chr>
1 Growth
          Height 16-Feb.-2018 8:06 pm 53cm
2 Growth
          Height 07-Mar.-2018 1:08 pm 55cm
3 Growth
          Height 24-Apr.-2018 10:15 pm 61.5cm
4 Growth
          Height 23/05/18 20:20
                                        63cm
weight <- subset(grow, subset=Trait=="Weight"); weight</pre>
# A tibble: 10 \times 4
  Activity Trait Start
                                         Value
 * <chr>
           <chr> <chr>
                                         <chr>>
           Weight 16-Feb.-2018 11:59 pm 3.61kg
 1 Growth
2 Growth Weight 27-Feb.-2018 12:00 pm 3.67kg
3 Growth
          Weight 07-Mar.-2018 1:08 pm 4.01kg
4 Growth
          Weight 21-Mar.-2018 10:45 am 4.695kg
 5 Growth
          Weight 28-Mar.-2018 6:09 pm 5.1kg
6 Growth Weight 11-Apr.-2018 11:12 am 5.5kg
7 Growth Weight 16-Apr.-2018 2:28 pm 5.5kg, @ babybunting
8 Growth Weight 24-Apr.-2018 10:14 pm 5.73kg
9 Growth Weight 10/05/18 12:14
          Weight 02-Jul.-2018 1:10 pm 6.6kg
10 Growth
```

```
# feed
feed <- within(feed,rm("Value")) # no values, so remove Values col</pre>
breast_1 <- subset(feed, subset=Trait=="Left Breast"); head(breast_1)</pre>
# A tibble: 6 x 4
  Activity Trait
                                             Finish
                       Start
* <chr>
           <chr>
                       <chr>
                                             <chr>>
1 Feeding Left Breast 18-Feb.-2018 1:35 am 18-Feb.-2018 1:44 am
2 Feeding Left Breast 18-Feb.-2018 7:39 am 18-Feb.-2018 8:05 am
3 Feeding Left Breast 18-Feb.-2018 10:48 am 18-Feb.-2018 11:35 am
4 Feeding Left Breast 18-Feb.-2018 4:17 pm 18-Feb.-2018 4:17 pm
5 Feeding Left Breast 18-Feb.-2018 4:20 pm 18-Feb.-2018 4:20 pm
6 Feeding Left Breast 18-Feb.-2018 5:32 pm 18-Feb.-2018 5:40 pm
breast r <- subset(feed, subset=Trait=="Right Breast"); head(breast r)</pre>
# A tibble: 6 x 4
 Activity Trait
                        Start
                                              Finish
* <chr>
          <chr>
                        <chr>
                                              <chr>>
1 Feeding Right Breast 18-Feb.-2018 1:25 am 18-Feb.-2018 1:35 am
2 Feeding Right Breast 18-Feb.-2018 3:24 am 18-Feb.-2018 3:45 am
3 Feeding Right Breast 18-Feb.-2018 10:12 am 18-Feb.-2018 10:45 am
4 Feeding Right Breast 18-Feb.-2018 3:23 pm 18-Feb.-2018 3:56 pm
5 Feeding Right Breast 18-Feb.-2018 6:40 pm 18-Feb.-2018 6:52 pm
6 Feeding Right Breast 18-Feb.-2018 7:02 pm 18-Feb.-2018 7:30 pm
bottle <- subset(feed, subset=Trait=="Bottle"); head(bottle)</pre>
# A tibble: 6 x 4
 Activity Trait Start
                                        Finish
* <chr>
           <chr> <chr>
                                        <chr>>
1 Feeding Bottle 12-Mar.-2018 11:12 am 12-Mar.-2018 11:22 am
2 Feeding Bottle 19-Apr.-2018 1:10 pm 19-Apr.-2018 1:12 pm
3 Feeding Bottle 19-Apr.-2018 9:35 pm 19-Apr.-2018 9:42 pm
4 Feeding Bottle 21/05/18 11:47
                                        21/05/18 11:55
5 Feeding Bottle 25/05/18 19:12
                                        25/05/18 19:21
6 Feeding Bottle 08-Aug.-2018 12:09 pm 08-Aug.-2018 12:09 pm
# diaper
diaper <- within(diaper, rm("Finish")) # only time stamp, so remove Finish time col
pee <- subset(diaper,subset=Trait=="Pee");head(pee)</pre>
# A tibble: 6 x 4
 Activity Trait Start
                                        Value
* <chr>
           <chr> <chr>
                                        <chr>
1 Diapering Pee 20-Feb.-2018 2:46 am
2 Diapering Pee
                 20-Feb.-2018 11:20 am ""
3 Diapering Pee
                 20-Feb.-2018 4:29 pm ""
                  20-Feb.-2018 7:09 pm
4 Diapering Pee
5 Diapering Pee
                  20-Feb.-2018 8:30 pm
                 21-Feb.-2018 2:29 am
6 Diapering Pee
poo <- subset(diaper,subset=Trait=="Poo");head(poo)</pre>
# A tibble: 6 x 4
  Activity Trait Start
                                        Value
* <chr>
          <chr> <chr>
                                        <chr>>
```

```
1 Diapering Poo
                 18-Feb.-2018 6:42 pm licorice, shiny
                 18-Feb.-2018 10:00 pm small like earlier, olive green
2 Diapering Poo
3 Diapering Poo
                 20-Feb.-2018 2:47 am Fresh. Olive/brown
                 20-Feb.-2018 4:31 pm ""
4 Diapering Poo
5 Diapering Poo
                  21-Feb.-2018 12:45 am ""
6 Diapering Poo
                 21-Feb.-2018 1:51 pm ""
both <- subset(diaper, subset=Trait==unique(diaper$Trait)[1]); head(both)</pre>
# A tibble: 6 x 4
  Activity Trait
                      Start
                                            Value
* <chr>
           <chr>
                      <chr>
                                            <chr>>
1 Diapering Pee & Poo 18-Feb.-2018 10:01 am olive
2 Diapering Pee & Poo 20-Feb.-2018 3:54 am ""
3 Diapering Pee & Poo 20-Feb.-2018 11:42 pm ""
4 Diapering Pee & Poo 21-Feb.-2018 4:53 am ""
5 Diapering Pee & Poo 22-Feb.-2018 10:20 pm ""
6 Diapering Pee & Poo 23-Feb.-2018 4:55 am ""
leisure <- within(leisure, rm("Value")) # no values, so remove Values col
bath <- subset(leisure, subset=Trait=="Bath time"); head(bath)</pre>
# A tibble: 6 x 4
 Activity Trait
                     Start
                                           Finish
* <chr>
           <chr>
                     <chr>>
                                           <chr>>
1 Leisure Bath time 13-Mar.-2018 10:15 pm 13-Mar.-2018 10:30 pm
2 Leisure Bath time 15-Mar.-2018 9:15 pm 15-Mar.-2018 9:30 pm
3 Leisure Bath time 17-Mar.-2018 9:10 pm 17-Mar.-2018 9:30 pm
4 Leisure Bath time 22-Mar.-2018 11:05 pm 22-Mar.-2018 11:29 pm
5 Leisure Bath time 24-Mar.-2018 9:10 pm 24-Mar.-2018 9:34 pm
6 Leisure Bath time 27-Mar.-2018 9:10 pm 27-Mar.-2018 9:30 pm
tummy <- subset(leisure, subset=Trait=="Tummy time");head(tummy)</pre>
# A tibble: 6 x 4
 Activity Trait
                      Start
                                            Finish
* <chr>
           <chr>
                      <chr>
                                            <chr>>
1 Leisure Tummy time 17-Mar.-2018 8:00 pm 17-Mar.-2018 8:02 pm
2 Leisure Tummy time 18-Mar.-2018 6:40 pm 18-Mar.-2018 6:45 pm
3 Leisure Tummy time 20-Mar.-2018 12:09 am 20-Mar.-2018 12:14 am
4 Leisure Tummy time 21-Mar.-2018 10:52 pm 21-Mar.-2018 10:54 pm
5 Leisure Tummy time 24-Mar.-2018 9:37 pm 24-Mar.-2018 9:40 pm
6 Leisure Tummy time 27-Mar.-2018 1:53 pm 27-Mar.-2018 2:00 pm
outdoors <- subset(leisure, subset=Trait=="Outdoors");outdoors</pre>
# A tibble: 6 x 4
 Activity Trait
                    Start
                                         Finish
* <chr>
           <chr>
                                         <chr>>
                    <chr>>
1 Leisure Outdoors 5/05/18 15:37
                                         5/05/18 16:11
2 Leisure Outdoors 6/05/18 13:46
                                       6/05/18 14:46
3 Leisure Outdoors 8/05/18 15:10
                                        8/05/18 16:16
4 Leisure Outdoors 25/05/18 14:03
                                         25/05/18 16:03
5 Leisure Outdoors 06-Jul.-2018 2:00 pm 06-Jul.-2018 3:45 pm
6 Leisure Outdoors 13-Jul.-2018 1:45 pm 13-Jul.-2018 3:33 pm
```

```
play <- subset(leisure, subset=Trait=="Play time"); head(play)</pre>
# A tibble: 6 x 4
 Activity Trait
                                    Finish
                     Start
* <chr>
           <chr>
                     <chr>
                                     <chr>
1 Leisure Play time 7/05/18 10:35 7/05/18 11:16
2 Leisure Play time 8/05/18 10:03 8/05/18 10:13
3 Leisure Play time 9/05/18 22:25 9/05/18 22:35
4 Leisure Play time 10/05/18 20:57 10/05/18 21:03
5 Leisure Play time 15/05/18 12:41 15/05/18 13:11
6 Leisure Play time 16/05/18 6:58 16/05/18 7:10
# sleep
sleep <- within(sleep,rm("Value")) # no values, so remove Values col</pre>
sleep <- within(sleep,rm("Trait")) # no Traits, so remove Traits col</pre>
```

#### Growth

No time period, just values

```
Head
require("stringi")
require("tidyr")
require("sp")
require("RColorBrewer")
plot_it(0,"blue","Blues",0.5,"HersheySans")
hv <- gsub("[^[:digit:]]", "", head$Value) # get just integers
stri_sub(hv,3,1) <- ".";hv # insert the decimal point in the correct place
[1] "35." "37.5" "40."
head$Value <- hv %>% as.numeric() # make numeric
d <- head
par(las=1,bty="n")
ylim <- round(max(d$Value,10))</pre>
with(d,plot(Value,
            col=col1,
            type="b", lwd=3,
            pch=20,
            ylim=c(0,ylim),
            ylab="Head circumference (cm)",
            xlab="Time",
            xaxt="n"
))
axis(1,at=1:4,labels=month.abb[2:5])
# started solids July 2 abline()
title("Head circumference (cm)")
```

#### Weight

```
require(RColorBrewer)
require(sp)
plot_it(0, "blue", "Blues", 0.5, "HersheySans")
wv <- gsub("[^[:digit:]]", "", weight$Value) # get just integers</pre>
stri_sub(wv,2,1) <- "."; wv # insert the decimal point in the correct place
 [1] "3.61" "3.67" "4.01" "4.695" "5.1"
                                              "5.5"
                                                               "5.73" "6."
                                                                                "6.6"
                                                     "5.5"
weight$Value <- wv %>% as.numeric() # make numeric
d <- weight
par(las=1,bty="n")
xlim <- length(weight$Value)</pre>
ylim <- round(max(weight$Value,10))</pre>
with(d,plot(Value,
            col=col1,
            type="b", lwd=3,
            pch=20,
            ylim=c(0,ylim),
            ylab="Weight (kg)",
            xlab="Time",
            xaxt="n"
))
# axis(1, at=1:xlim, labels=rep(month.abb[2:(xlim/2)], each=2))
# started solids July 2 abline()
title("Weight (kg) over time")
Height
require(RColorBrewer)
require(sp)
plot_it(0,"blue","Blues",0.5,"HersheySans")
hhv <- gsub("[^[:digit:]]", "", height$Value) # get just integers</pre>
stri_sub(hhv,3,1) <- "." ;hhv # insert the decimal point in the correct place</pre>
[1] "53." "55." "61.5" "63."
height$Value <- hhv %>% as.numeric() # make numeric
d <- height
par(las=1,bty="n")
with(d,plot(Value,
            col=col1,
            pch=20,
            type="b", lwd=3,
            ylim=c(0,70),
            ylab="Height (cm)",
            xlab="Time",
            xaxt="n"
))
axis(1,at=1:4,labels=month.abb[2:5])
# axis(1,at=c(0,length(d$Value)),labels=c("",""))# bookending axis tick marks
```

```
# started solids July 2 abline()
title("Height (cm) over time")
```

#### Feeding

Only time period, no values Started solids July 2

#### Left breast

Only time period, no values

```
# started solids July 2
head(breast_1)
```

#### Right breast

Only time period, no values

```
# started solids July 2
head(breast_r)
```

#### Diaper

Only time stamp (count) Started solids July 2

```
# started solids july 2
unique(diaper$Trait)
```

```
[1] "Pee & Poo" "Poo" "Pee"
```

#### Pee

```
Only time stamp (count)

# started solids july 2
which(pee$Start!=pee$Finish) # are there any time periods > 1?
```

```
integer(0)
```

nrow(pee)

[1] 1085

#### Poo

Only time stamp (count)

```
# started solids july 2
which(poo$Start!=poo$Finish) # are there any time periods > 1?
```

```
integer(0)
```

nrow(poo)

[1] 139

#### Both

Only time stamp (count)

```
# started solids july 2
which(both$Start!=both$Finish) # are there any time periods > 1?
```

integer(0)

nrow(both)

[1] 279

#### Leisure

Only time period, no values

#### Bath

Only time period, no values

#### Tummy

Only time period, no values

#### Outdoors

Only time period, no values

### Play

Only time period, no values

#### Sleep

No values, just time period

#### head(sleep)

```
# A tibble: 6 x 3
  Activity Start
                                Finish
                                 <chr>
* <chr>
           <chr>>
1 Sleep
           18-Feb.-2018 8:53 am 18-Feb.-2018 9:41 am
2 Sleep
           18-Feb.-2018 11:32 am 18-Feb.-2018 3:16 pm
           18-Feb.-2018 10:24 pm 18-Feb.-2018 10:52 pm
3 Sleep
4 Sleep
           19-Feb.-2018 1:40 am 19-Feb.-2018 3:00 am
5 Sleep
           19-Feb.-2018 3:36 am 19-Feb.-2018 3:38 am
6 Sleep
           19-Feb.-2018 5:15 pm 19-Feb.-2018 6:05 pm
```

#### Lab