

A simple table in an MS word document:

Head 1	Head 2	Head 3	Head 4	Head 5
Row 1 Col 1	Row 1 Col 2	Row 1 Col 3	Row 1 Col 4	Row 1 Col 5
Row 2 Col 1	Row 2 Col 2	Row 2 Col 3	Row 2 Col 4	Row 2 Col 5