Mamang Dai is a poet and novelist from Arunachal Pradesh. A former correspondent for the Hindustan Times, the Telegraph and The Sentinel newspapers Dai was President, Arunachal Pradesh Union of Working Journalists. She also worked with World Wide Fund for nature in the Eastern Himalaya Biodiversity Hotspots programme.

Her first publication was 'Arunachal Pradesh- the hidden land,' (2003) documented the culture and customs of her land for which she received the state's Verrier Elwin Award. Dai has featured in several national and international forums to promote the disappearing traditions of her state in the face of modernity and give voice to its people through the imaginative space of prose and poetry. In 2011 Dai was awarded the Padma Shri, in recognition of her contribution in the field of literature and education. Dai is a member of the North East Writers' Forum (NEWF) and Advisor, Arunachal Pradesh Literary Society. Currently she is Member, Arunachal Pradesh Public Service Commission.