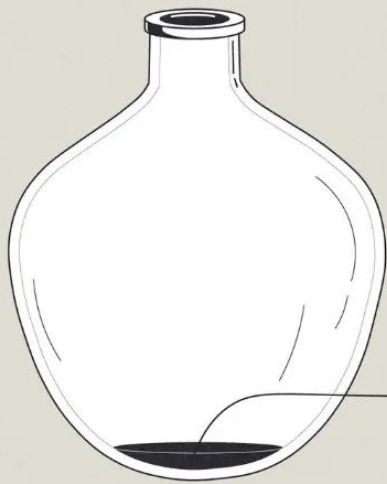


# **IMPROVE EVERYDAY**

1% DAILY



YOUR SKILL

**TODAY**



**1 YEAR LATER**

**THIS IS CONSISTENCY**



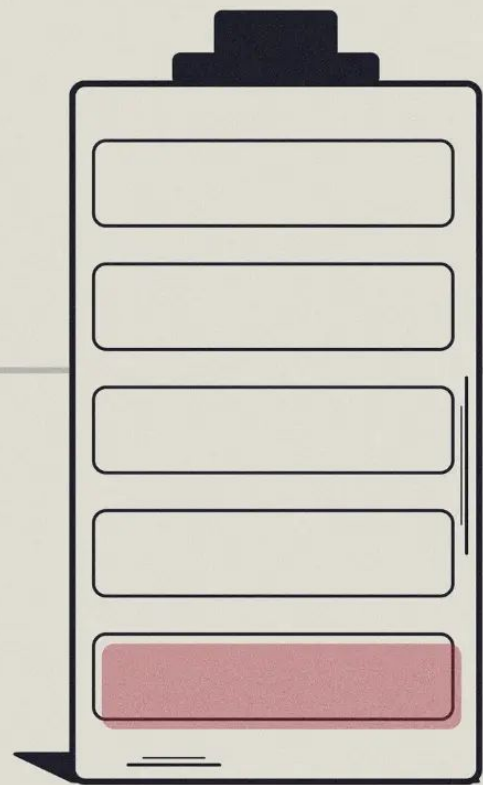
**SO IS THIS!**



# ***TAKE A BREAK!***



***HERE!***

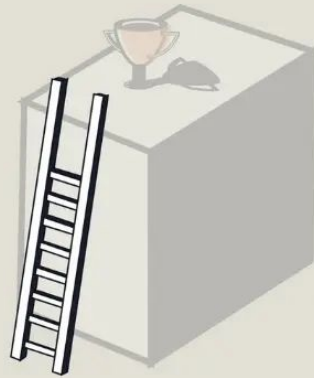


***NOT HERE!***

**DON'T GIVE UP!**

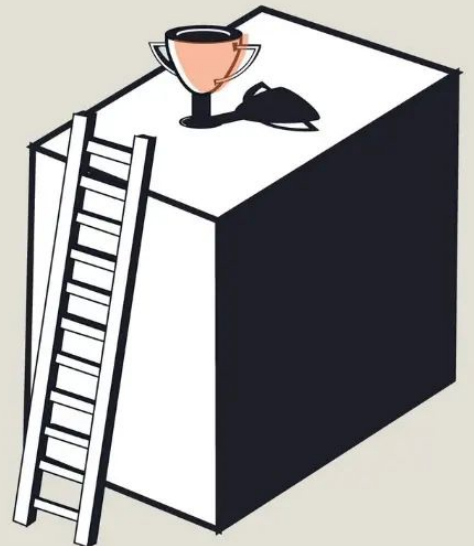
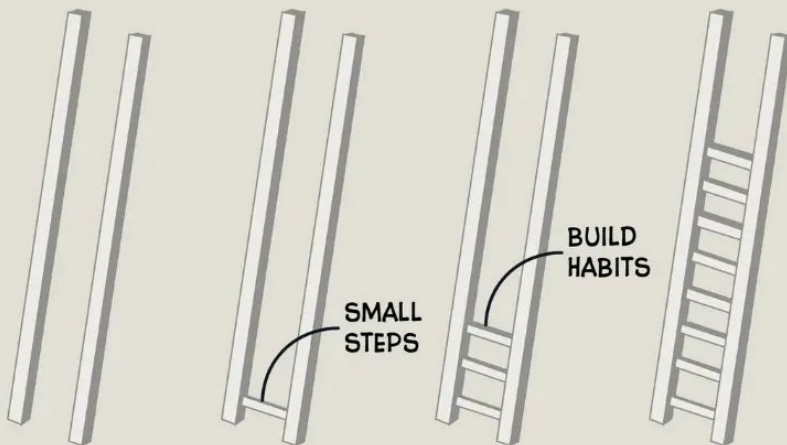


**SCARY!**

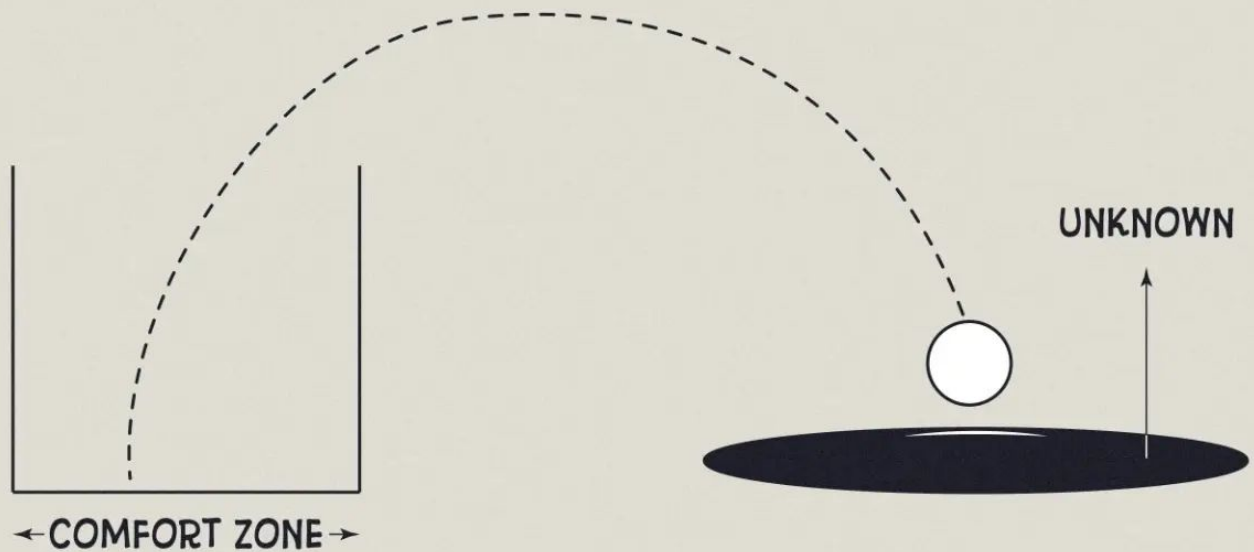


**DAY 1**

**INSTEAD START SMALL AND BUILD HABITS**



# NO NEED TO DO THIS...

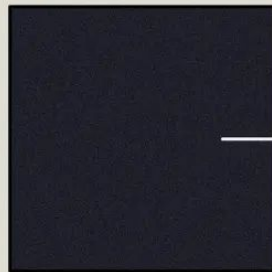


# YOU CAN DO THIS!



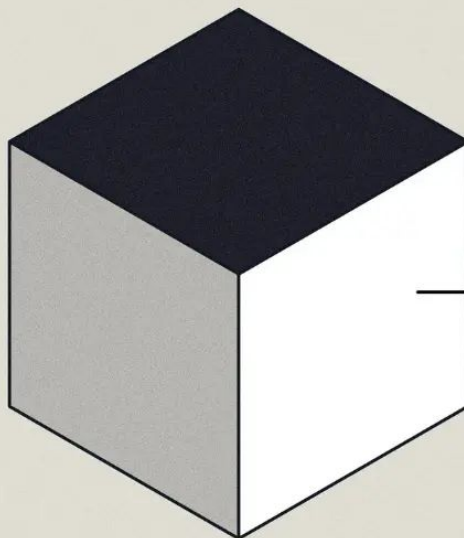
# ***PROBLEM SOLVING?***

STUCK?



PROBLEM

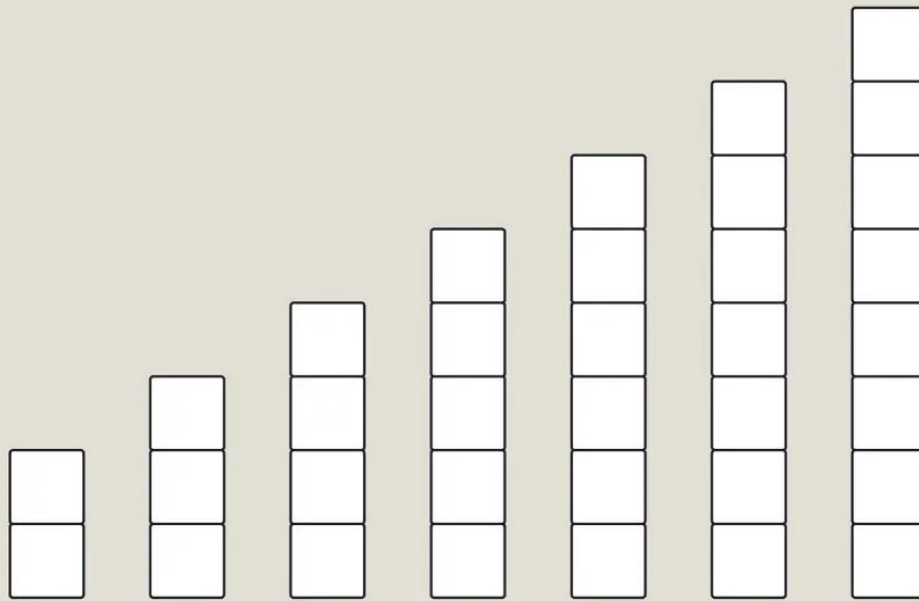
LOOK AT IT FROM DIFFERENT ANGLES



SOLUTION

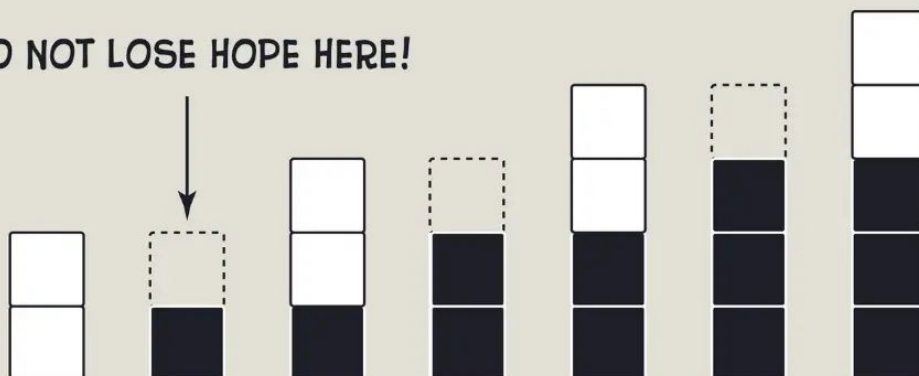


## WHAT WE THINK GROWTH IS....



## ACTUAL GROWTH!

DO NOT LOSE HOPE HERE!

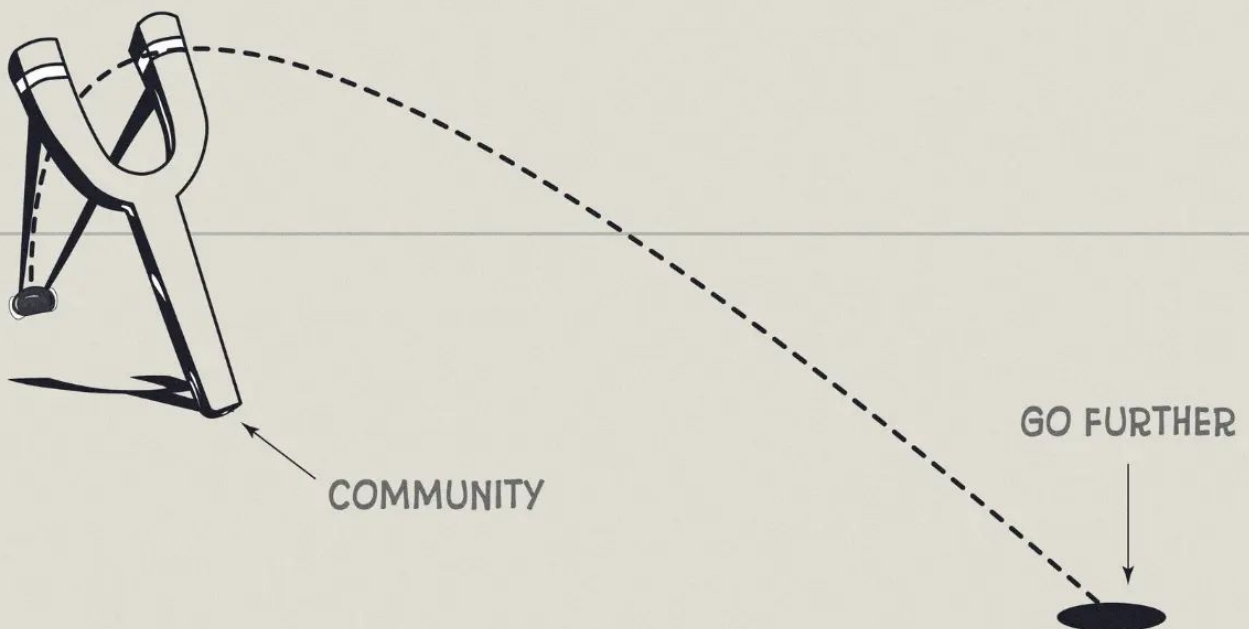




# DOING IT ALONE

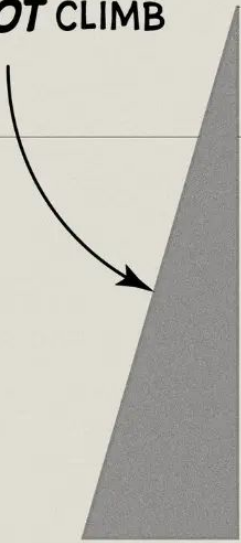


# WITH A SUPPORTIVE COMMUNITY



# ***TIME MAKES THINGS EASIER***

***CANNOT CLIMB***



***EASY CLIMB***



***TIME***

