



Republic of the Philippines
Province of Bukidnon
MUNICIPALITY OF MANOLO FORTICH
OFFICE OF THE SANGGUNIAN BAYAN
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EXCERPT FROM THE MINUTES OF THE 22nd REGULAR SESSION OF THE 20TH SANGGUNIAN BAYAN OF MANOLO FORTICH, BUKIDNON WHICH WAS HELD AT SANGGUNIAN BAYAN SESSION HALL ON DECEMBER 15, 2022.

PRESENT:

HON. REYNALDO L. BAGAYAS, JR.	Presiding Officer
	Municipal Vice Mayor
HON. MIGUEL D. DEMATA	Sanggunian Bayan Member
HON. JAY S. ALBARECE	Majority Floor Leader
HON. RINA E. QUIÑO	Sanggunian Bayan Member
HON. ELZEVIR A. DAGUNLAY	Sanggunian Bayan Member
HON. JOY L. CORDOVEZ	Sanggunian Bayan Member
HON. CHRISTY L. SALABE	Sanggunian Bayan Member
HON. RAQUEL A. BAYACAG	Sanggunian Bayan Member
HON. JUNIDINI J. ARTAJO	Sanggunian Bayan Member
HON. ALEX D. PAYANGGA	IP Mandatory Rep.
HON. JOHN ANTHONY G. LEYSON	SK Federation Rep.

ABSENT:

HON. FLORAMAE D. PENASO	Liga ng mga Barangay Rep.
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ORDINANCE NO. 2022-1790
(22nd Regular Session)

AN ORDINANCE PROVIDING FOR A COMMUNITY-BASED MENTAL HEALTH PROGRAM AND DELIVERY SYSTEM IN MANOLO FORTICH BUKIDNON AND APPROPRIATING THE NECESSARY FUNDS THEREFOR.

WHEREAS, the World Health Organization (WHO) defines mental health as "a state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully and is able to make a contribution to his/her community" and it also calls the attention of the public that mental health is more than just a presence of a psychiatric disorder/sickness but more importantly, almost redounds to a positive condition of one's mental well-being;

WHEREAS, mental health is a virtual part of a person's total health and that the problems on mental health contain not just the traditional mental disorders but the issues of target populations susceptible to psychosocial risks caused by extreme life experiences such as disasters, near-death experiences, heinous and violent

crimes, internal displacement brought about by religious and civil unrests as well as the psychosocial matters of daily living like preserving a sense of well-being in these complicated times;

WHEREAS, mental health programs therefore should realize the significance of community efforts with multi-spectral and multi-disciplinary participation and that such a programs must take into consideration the promotive, preventive, curative, and rehabilitative aspects of medical condition;

WHEREAS, patient care continues beyond institutional facilities, which must be made available in health centers and home, and relevant health care activities and interventions must be done closest to where the need or the patient is;

WHEREAS, in Manolo Fortich Bukidnon in particular and the Philippines in general, mental health services are clearly lacking and both the human and financial resources are still inadequate;

WHEREAS, there is a need to include mental health, health in the public health and hospital system in order to render available, accessible, affordable, and equitable quality mental health care and services to the constituents of the Municipality of Manolo Fortich Bukidnon especially the poor, the underserved and high risk population.

NOW THEREFORE

BE IT ORDAINED by the Sangguniang Bayan of Manolo Fortich, Bukidnon in session that;

SECTION 1. TITLE. This Ordinance shall be known as "The Municipality of Manolo Fortich Bukidnon Community-Based Mental Health Ordinance."

SECTION 2. GENERAL POLICIES. The Municipality of Manolo Fortich Bukidnon has the responsibility to uphold the right of the people to mental health and encourage mental health consciousness among the constituents. Towards this end, the Municipality of Manolo Fortich Bukidnon shall adopt an integrated and comprehensive approach to development of the Municipality's Mental Health Care Delivery System to deliver appropriate services and interventions, including provision of mental health protection, care, treatment and other essential services to those with mental illness or disability.

SECTION 3. OBJECTIVES. The objectives of this Ordinance are the following;

- a. Promote a shift from hospital-based system to a strengthened community-based mental health care delivery system;



- b. Integrate mental health care in the general health care delivery system.
- c. Prevent, treat and control mental illness at all levels and rehabilitate persons with mental disability.
- d. Provide access to comprehensive health care and treatment which ensures a well-balanced mental health program of community-based and hospital care and treatment.
- e. Establish a multi-spectral joint network for the identification and prevention of mental illness or disability and the management of mental health problems among vulnerable group in the population which include those affected by overseas employment, children, adolescents, elderly and those who are in need of special protection like survivors of extreme life experiences and violence, among others;
- f. Promote the mental health of the people through a multi-disciplinary approach that covers health, education, labor and employment, justice and social welfare; provide community-based mental health program;
- g. Develop coping mechanism and strategies vital to recovery;
- h. Assist patients to have a productive, quality and livable life;
- i. Strengthen and improve referral system, in general, for efficient delivery of mental health care and services.

SECTION 4. DEFINITION OF TERMS

- a. **ALLIED PROFESSIONALS** - refers to any trained or certified non-specific physician, social worker, nurse, occupational therapist, physical therapist, counsellor, priest, minister, pastor and nun, trained or certified non-psychiatric individual or non-physician;
- b. **LEGAL REPRESENTATIVE**- refers to a person charged by law with the duty of representing a patient in any specified undertaking or of exercising specified rights on the patient's behalf.
- c. **MENTAL DISABILITY**- refers to impairment in activity limitations and individual participation restrictions denoting the negative aspects of interaction between an individual and his environment;



- d. **MENTAL HEALTH** - refers to a state of well-being in which an individual realises his or her own abilities, cope adequately with the normal stresses of life, displays resilience in the face of extreme life events, works productively and fruitfully, and is able to make a positive contribution to the community;
- e. **MENTAL HEALTH PROFESSIONAL**- refers to those persons with formal education and training in mental health and behavioural sciences, such as but not limited to psychiatrist, psychologist, psychiatric nurse or psychiatric social worker;
- f. **MENTAL HEALTH WORKERS**- refer to trained volunteers and advocates engaged in mental health promotion and services under supervision of mental health professionals;
- g. **MENTAL ILLNESS**- refers to mental or psychiatric disorder characterized by the existence of recognizable changes in the thoughts, feelings and general behaviour of an individual brought about by neurobiological causes and/or psychosocial factors causing psychological, intellectual or social dysfunction;
- h. **PATIENT** - refers to a person receiving mental health care and treatment or psychosocial intervention from a mental health care facility or clinic;
- i. **PSYCHOSOCIAL PROBLEM**-refers to a condition that indicates the existence or recognizable changes in the individuals' behaviour, thoughts and feelings brought about and closely related to sudden, extreme and prolonged stress in the physical or social environment.

SECTION 5. COMMUNITY-BASED MENTAL HEALTH CARE. The Mental Health Care Delivery System shall evolve from a predominantly hospital-based mental health care system to a community-based mental health care system which shall consist of:

A. MENTAL HEALTH SERVICE DEVELOPMENT

Mental health services shall, within the primary health care system in the community, include the following:

1. Development and integration of mental health care at the primary health care in the community.
2. Provision programs for capacity building among existing local health workers, nurses, midwife and different sectors of the community, trainings and private or government program in close coordination with mental or psychiatric hospitals or departments of psychiatry.



3. Continuous support services and intervention for families and co-workers; and
4. Advocacy and promotion of mental health awareness among the general population including public schools.

B. CAPACITY BUILDING REORIENTATION AND TRAINING

Capacity building, reorientation and training shall, in close coordination with the departments of psychiatry in general hospitals or mental facilities, be required for those who are mental health professional or workers whose previous education and training have not emphasized community mental health perspective. Also, training with Mental Health Gap Action Programme (MHGAP) and cascade to lay person shall be provided to our Local Health Worker (LHW) to capacitate them and other non-medical personnel to deliver a high quality community health services.

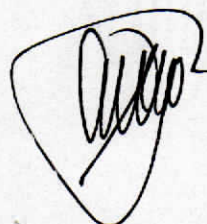
SECTION 6. ACCESS TO EFFECTIVE AND HIGH QUALITY MENTAL CARE. Any person shall have the right to receive mental health care appropriate to his needs and shall be entitled to care and treatment in accordance to the same standards and accessibility as other sick individuals. An improved, effective and easy access to mental health care shall made possible and a shift from a predominantly hospital-based mental health care to community-based care shall be provided.

SECTION 7. PERSON WITH MENTAL ILLNESS OR DISABILITY. The determination that a person has a mental illness or disability shall be made according to intentionally accepted medical classification and standards.

SECTION 8. CONFIDENTIALITY. All patients or clients with mental illness or disability shall enjoy the right to confidentiality.

SECTION 9. PSYCHIATRIC SERVICES. A psychiatric service shall be established in the Municipality of Manolo Fortich Bukidnon which shall provide the following:

- a. Hiring of a licensed psychiatrist to address the gap in mental health services in the municipality.
- b. Enrollment of identified mental health patients to a municipal directory for Mental Health Clients.
- c. Provision of maintenance medications for the identified Mental Health Clients.



- d. Monthly monitoring of all mental health clients by Mental Health Program Coordinators of the Municipal Health Office.
- e. Linkage and possible supervision of home care services for those with special needs as a consequence of long term hospitalization, unavailable families, inadequate or non-compliance to treatment.
- f. Coordination with Drug Rehabilitation Centers on the care, treatment and rehabilitation of persons suffering from drug or alcohol induced mental, emotional and behavioural disorders.
- g. Referral system with other health and social welfare programs, both government and non-government for programs in the prevention of mental illness, the management of those at risk for mental health and psychosocial problems and mental illness and disability.
- h. Establishment of Mental Health Care Facility to accommodate transient mental health patients (from other municipalities and cities) and Mental Health patients of the Municipalities in crisis.
- i. Out-patient clinic in close collaboration with the mental health program at the primary health centers in the area;
- j. Linkage and possible supervision of home care services for those with special needs as a consequence of long term hospitalization, unavailable families, inadequate or non-compliance to treatment;
- k. Coordination with drug rehabilitation centre on the care, treatment and rehabilitation of persons suffering from drug or alcohol induced mental, emotional and behavioural disorders;
- l. Referral system with other health and social welfare programs, both government and non-government for programs in the prevention of mental illness, the management of those at risk for mental health and psychosocial problems and mental illness and disability.
- m. Mental health services in public health such as counselling, provision of meds, monitoring.
- n. Data Profiling and Collection, Identification.



SECTION 10. PATIENT'S TREATMENT. A patient with mental illness or disability shall have the right to treatment in the least restrictive environment suited to the patient's mental health needs.

SECTION 11. ACCESS TO INFORMATION. Only patients or former patients shall be entitled to have access to their personal mental health record. For justifiable reason, such confidential information may not be given to the patient but instead be given to the patient's representative or counsel.

SECTION 12. APPROPRIATION. There should be appropriated the necessary amount of to be taken from the budget of the Municipality of Manolo Fortich Bukidnon Municipal Health Office Department for the implementation of this Ordinance.

SECTION 13. REPEALING CLAUSE. All Ordinances, rules and regulations or parts thereof, found to be in conflict with, or inconsistent with the provisions of the ordinance are hereby repealed or modified accordingly.

SECTION 14. EFFECTIVITY. This Ordinance shall take effect immediately upon its approval.

This Ordinance was enacted on motion of Honorable Joy L. Cordovez and unanimously seconded by the members present.

ENACTED: December 15, 2022.

CERTIFIED CORRECT:

LYDIA O. LASTIMOSA

Secretary to the Sanggunian

CERTIFIED AND ATTESTED TO HAVE
BEEN ENACTED ON DECEMBER 15, 2022:

REYNALDO L. BAGAYAS, JR.

Presiding Officer

Municipal Vice Mayor

APPROVED:

ROGELIO N. QUIÑO

Municipal Mayor