

ICPSR 4248

**ACTIVE (Advanced Cognitive  
Training for Independent and Vital  
Elderly), 1999-2001 [United States]**

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Form 706b AN5 Abbreviated Battery Codebook

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# Terms of Use

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**ABBREVIATED BATTERY PART 1**  
**(Level I and Level II)****5<sup>th</sup> YEAR POST-TEST****FORM #706**

A1. Study ID#:

Label

A2. Visit #: ABB3, ABB4, ABB5, ABB6 (circle one)

VISIT	Frequency	Percent	Cum Freq	Cum Percent
ABB5	290	100.00	290	100.00

A2a. Level I.....1

Level II.....2

level1	Frequency	Percent	Cum Freq	Cum Percent
1	288	99.31	288	99.31
2	2	0.69	290	100.00

A3. Form Version: 07/01/2003

ver_id	Frequency	Percent	Cum Freq	Cum Percent
C	290	100.00	290	100.00

**A6 RECORD START TIME NOW:** \_\_\_\_\_ : \_\_\_\_\_ AM / PM

### **GENERAL INTRODUCTION FOR PARTICIPANTS**

Thank you for continuing with the ACTIVE study. I know it was (difficult) OR (inconvenient) for you to participate this time but we really appreciate it and it is very important to the study.

As you know, the purpose of this program is to determine whether training in later adulthood can improve concentration, memory, and problem solving. In addition, the study will determine if older adults who have had this type of training remain healthier, more emotionally positive, and function more easily in daily activities, such as managing finances, taking medication, using the telephone, or driving.

For this visit, you are being asked to answer some questions about your health, your mobility and physical activities that you may do on your own or with assistance from others. One of the activities for this visit will be a medication inventory and one will be in the form of a paper and pencil questionnaire. All together, this visit will take about an hour and a half (two hours) to complete. If you (feel up to it) OR (have the time) we can complete it all in one session. Otherwise, we can split it up into a few smaller sessions, or just complete as much as possible.

### **GENERAL INTRODUCTION FOR PROXY**

The purpose of this program is to determine whether training in later adulthood can improve concentration, memory, and problem solving. In addition, the study will determine if older adults who have had this type of training remain healthier, more emotionally positive, and function more easily in daily activities, such as managing finances, taking medication, using the telephone, or driving.

Because you know (participant) well and s/he cannot complete this session, we would like to gather some information from you about her/his daily functioning, health, mobility, and use of health care and medications. You may not know everything that I ask, but we appreciate you taking time to talk with us. This visit (call) should take about 45-60 minutes to complete.

### **THE FOLLOWING CONFIDENTIALITY STATEMENT MUST BE READ TO ALL PARTICIPANTS**

Before we begin, I'd like to remind you of a few things. All of your responses are completely confidential and will only be seen or heard by people directly associated with the study. The information you provide will be grouped together with others in the study and your name will never appear in any report. No information about any specific individual will ever be reported. You may refuse to answer any questions or stop at any time. Do you have any questions before we begin?

**SECTION B: PRE-MDS**

B1. WAS THIS MEASUREMENT COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1 GO TO SECTION D

YES ..... 2 COMPLETE QUESTIONS BELOW

MEASC	Frequency	Percent	Cum Freq	Cum Percent
1	2	0.69	2	0.69
2	288	99.31	290	100.00

B3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER.....1

IN-PERSON AT PARTICIPANT'S HOME.....2

IN-PERSON AT NURSING HOME.....3

IN-PERSON AT ALTERNATE LOCATION.....4

TELEPHONE.....5

I MODE	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	3	1.03	5	1.72
2	16	5.52	21	7.24
3	13	4.48	34	11.72
4	3	1.03	37	12.76
5	253	87.24	290	100.00

B4. WITH WHOM:

PARTICIPANT ONLY ..... 1 (B5)

PARTICIPANT & PROXY ..... 2 (B4a)

PROXY ONLY.....3 (B4a)

W WHOM	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	267	92.07	269	92.76
2	2	0.69	271	93.45
3	19	6.55	290	100.00

B4a. PROXY CODE:

SPOUSE..... 1

CHILD.....2

OTHER RELATIVE.....3

NON-RELATIVE.....4

FORMAL CAREGIVER..... 5

PROXY	Frequency	Percent	Cum Freq	Cum Percent
-2	269	92.76	269	92.76
1	4	1.38	273	94.14
2	12	4.14	285	98.28
3	1	0.34	286	98.62
4	1	0.34	287	98.97
5	3	1.03	290	100.00

**B6. MDS START TIME:** \_\_\_\_\_ : \_\_\_\_\_ AM / PM

**INTRODUCTION:** For the first set of questions, I will be asking you about physical activities that you may do on your own or with assistance from others. Please think about your physical activities during the last seven days. What activities occur on a typical day? Start with today and think back over the last week, including weekdays and weekends. Then think of how other people may have assisted you over this period. Do the best you can. Most of us cannot remember everything that happened over a seven-day period.

For each of the physical activities that I read to you, I will ask you two questions.

- First, during the last 7 days, how much of the activity did you do on your own?  
  
and
- Second, how difficult was it for you to do the activity on your own? Or, if someone else did the activity for you, how difficult would it have been for you to do the activity on your own?

Let's begin. The first activity is . . .

**MDS cont.**

(1) In the last 7 days, how much of the activity did you do on your own?

(2) How difficult was it (or would it have been) to do on your own?

(CIRCLE ONE)

(CIRCLE ONE)

### 1. SELF PERFORMANCE OF IADLs

	Did all on own	Some help some of time	Help all of time	Fully performed by Others	Activity not performed by you or others	Not difficult	Some help needed or I am slow, or I became tired	Great difficulty
<b><u>Preparing Meals</u></b>								
a. Planning meals, reading recipes, assembling ingredients	1	2	3	4	5	1	2	3

IADLA1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	138	47.59	140	48.28
2	72	24.83	212	73.10
3	22	7.59	234	80.69
4	56	19.31	290	100.00

IADLA2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	208	71.72	212	73.10
2	51	17.59	263	90.69
3	27	9.31	290	100.00

b. Setting out food and utensils	1	2	3	4	5	1	2	3
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IADLB1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	156	53.79	158	54.48
2	67	23.10	225	77.59
3	14	4.83	239	82.41
4	51	17.59	290	100.00

IADLB2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	225	77.59	229	78.97
2	35	12.07	264	91.03
3	26	8.97	290	100.00



c. Cooking	1	2	3	4	5	1	2	3
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IADLC1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	131	45.17	133	45.86
2	74	25.52	207	71.38
3	24	8.28	231	79.66
4	59	20.34	290	100.00

IADLC2	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	2	0.69	3	1.03
1	202	69.66	205	70.69
2	45	15.52	250	86.21
3	40	13.79	290	100.00

<b><u>Housework</u></b>								
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d. Doing dishes, dusting, making beds, tidying up	1	2	3	4	5	1	2	3
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IADLD1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	156	53.79	158	54.48
2	65	22.41	223	76.90
3	25	8.62	248	85.52
4	42	14.48	290	100.00

IADLD2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	154	53.10	158	54.48
2	82	28.28	240	82.76
3	50	17.24	290	100.00

e. Laundry	1	2	3	4	5	1	2	3
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IADLE1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	173	59.66	175	60.34
2	12	4.14	187	64.48
3	11	3.79	198	68.28
4	88	30.34	286	98.62
5	4	1.38	290	100.00

IADLE2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	194	66.90	198	68.28
2	37	12.76	235	81.03
3	55	18.97	290	100.00

<b><u>Managing Finances</u></b>								
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f. Handling money, writing checks	1	2	3	4	5	1	2	3
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IADLF1	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	2	0.69	3	1.03
1	212	73.10	215	74.14
2	18	6.21	233	80.34
3	10	3.45	243	83.79
4	41	14.14	284	97.93
5	6	2.07	290	100.00

IADLF2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	2	0.69	5	1.72
1	231	79.66	236	81.38
2	27	9.31	263	90.69
3	27	9.31	290	100.00

g. Ensuring that all bills are paid on time	1	2	3	4	5	1	2	3
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IADLG1	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	201	69.31	205	70.69
2	12	4.14	217	74.83
3	8	2.76	225	77.59
4	50	17.24	275	94.83
5	15	5.17	290	100.00

IADLG2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	2	0.69	5	1.72
1	228	78.62	233	80.34
2	33	11.38	266	91.72
3	24	8.28	290	100.00

h. Balancing checkbooks	1	2	3	4	5	1	2	3
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IADLH1	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	184	63.45	188	64.83
2	9	3.10	197	67.93
3	2	0.69	199	68.62
4	53	18.28	252	86.90
5	38	13.10	290	100.00

IADLH2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	2	0.69	5	1.72
1	209	72.07	214	73.79
2	34	11.72	248	85.52
3	42	14.48	290	100.00

i. Keeping household expenses balanced	1	2	3	4	5	1	2	3
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IADLI1	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	2	0.69	3	1.03
1	199	68.62	202	69.66
2	18	6.21	220	75.86
3	10	3.45	230	79.31
4	46	15.86	276	95.17
5	14	4.83	290	100.00

IADLI2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	234	80.69	238	82.07
2	25	8.62	263	90.69
3	27	9.31	290	100.00

**Managing Health Care**

j. Keeping track of doctor appointments	1	2	3	4	5	1	2	3
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IADLJ1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	173	59.66	175	60.34
2	10	3.45	185	63.79
3	10	3.45	195	67.24
4	20	6.90	215	74.14
5	75	25.86	290	100.00

IADLJ2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	248	85.52	252	86.90
2	17	5.86	269	92.76
3	21	7.24	290	100.00

**(1) In the last 7 days, how much of the activity did you do on your own?**

**(2) How difficult was it (or would it have been) to do on your own?**

**(CIRCLE ONE)**

**(CIRCLE ONE)**

	Did all On own	Some help some of time	Help all of time	Fully performed by others	Activity not performed by you or others	Not difficult	Some help needed or I am slow, or I became tired	Great difficulty
k. Remembering to take medications on time and as prescribed by doctor	1	2	3	4	5	1	2	3

IADLK1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	230	79.31	232	80.00
2	11	3.79	243	83.79
3	11	3.79	254	87.59
4	28	9.66	282	97.24
5	8	2.76	290	100.00

IADLK2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	239	82.41	243	83.79
2	27	9.31	270	93.10
3	20	6.90	290	100.00

l. Opening medicine bottles, taking own medications	1	2	3	4	5	1	2	3
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IADLL1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	229	78.97	231	79.66
2	15	5.17	246	84.83
3	8	2.76	254	87.59
4	27	9.31	281	96.90
5	9	3.10	290	100.00

IADLL2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	229	78.97	233	80.34
2	36	12.41	269	92.76
3	21	7.24	290	100.00

m. Giving self injections, applying ointments, changing bandages	1	2	3	4	5	1	2	3
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IADLM1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	52	17.93	54	18.62
2	3	1.03	57	19.66
3	1	0.34	58	20.00
4	16	5.52	74	25.52
5	216	74.48	290	100.00

IADLM2	Frequency	Percent	Cum Freq	Cum Percent
-9	4	1.38	4	1.38
-2	2	0.69	6	2.07
1	190	65.52	196	67.59
2	48	16.55	244	84.14
3	46	15.86	290	100.00

<u><b>Phone Use</b></u>								
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n. Looking up phone numbers - either in phone books or by calling "information"	1	2	3	4	5	1	2	3
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IADLN1	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	2	0.69	3	1.03
1	198	68.28	201	69.31
2	2	0.69	203	70.00
3	2	0.69	205	70.69
4	12	4.14	217	74.83
5	73	25.17	290	100.00

IADLN2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	242	83.45	246	84.83
2	25	8.62	271	93.45
3	19	6.55	290	100.00

o. Remembering often called numbers without having to look them up	1	2	3	4	5	1	2	3
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IADLO1	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	2	0.69	5	1.72
1	238	82.07	243	83.79
2	13	4.48	256	88.28
3	3	1.03	259	89.31
4	7	2.41	266	91.72
5	24	8.28	290	100.00

IADLO2	Frequency	Percent	Cum Freq	Cum Percent
-9	5	1.72	5	1.72
-2	2	0.69	7	2.41
1	215	74.14	222	76.55
2	44	15.17	266	91.72
3	24	8.28	290	100.00

p. Answering phone when someone calls	1	2	3	4	5	1	2	3
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IADLP1	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	2	0.69	3	1.03
1	255	87.93	258	88.97
2	18	6.21	276	95.17
3	3	1.03	279	96.21
4	6	2.07	285	98.28
5	5	1.72	290	100.00

IADLP2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	2	0.69	5	1.72
1	267	92.07	272	93.79
2	10	3.45	282	97.24
3	8	2.76	290	100.00

q. Hanging up at end of call	1	2	3	4	5	1	2	3
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IADLQ1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	272	93.79	274	94.48
2	5	1.72	279	96.21
3	2	0.69	281	96.90
4	5	1.72	286	98.62
5	4	1.38	290	100.00

IADLQ2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	2	0.69	5	1.72
1	268	92.41	273	94.14
2	10	3.45	283	97.59
3	7	2.41	290	100.00

<b><u>Shopping</u></b>								
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r. Shopping for food and household items	1	2	3	4	5	1	2	3
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IADLR1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	148	51.03	150	51.72
2	31	10.69	181	62.41
3	29	10.00	210	72.41
4	63	21.72	273	94.14
5	17	5.86	290	100.00

IADLR2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	170	58.62	174	60.00
2	57	19.66	231	79.66
3	59	20.34	290	100.00

<b><u>Travel</u></b>								
s. Travel by vehicle to go to places beyond walking distances	1	2	3	4	5	1	2	3

IADLS1	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	203	70.00	205	70.69
2	11	3.79	216	74.48
3	12	4.14	228	78.62
4	37	12.76	265	91.38
5	25	8.62	290	100.00

IADLS2	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	207	71.38	211	72.76
2	31	10.69	242	83.45
3	48	16.55	290	100.00



**ADL SELF-PERFORMANCE CODING RULES FOR DRESSING AND PERSONAL HYGIENE:**  
THE ADL SELF-PERFORMANCE SCALE MEASURES WHAT A SUBJECT ACTUALLY DID (NOT WHAT S/HE MIGHT BE CAPABLE OF DOING) WITHIN EACH ADL CATEGORY OVER THE LAST 7 DAYS ACCORDING TO A PERFORMANCE-BASED SCALE.

FOR EACH ADL CATEGORY, CODE THE APPROPRIATE RESPONSE FOR THE SUBJECT'S ACTUAL PERFORMANCE DURING THE LAST 7 DAYS. CIRCLE THE CODE IN THE APPROPRIATE COLUMN. CONSIDER THE SUBJECT'S PERFORMANCE DURING THE LAST WEEK.

CODE	DESCRIPTION	DEFINITION
1	INDEPENDENT	NO HELP OR CAREGIVER OVERSIGHT <b>-OR-</b> CAREGIVER HELP/OVERSIGHT PROVIDED ONLY ONE OR TWO TIMES DURING THE LAST SEVEN DAYS
2	SUPERVISION	OVERSIGHT, ENCOURAGEMENT, OR CUEING PROVIDED THREE OR MORE TIMES DURING LAST SEVEN DAYS <b>-OR-</b> SUPERVISION (3 OR MORE TIMES) PLUS PHYSICAL ASSISTANCE PROVIDED ONLY ONE OR TWO TIMES DURING LAST SEVEN DAYS.
3	LIMITED ASSISTANCE	SUBJECT HIGHLY INVOLVED IN ACTIVITY, RECEIVED PHYSICAL HELP IN GUIDED MANEUVERING OF LIMBS OR OTHER NON-WEIGHT-BEARING ASSISTANCE ON THREE OR MORE OCCASIONS <b>-OR-</b> LIMITED ASSISTANCE (3 OR MORE TIMES) PLUS MORE HELP PROVIDED ONLY ONE OR TWO TIMES DURING LAST SEVEN DAYS
4	EXTENSIVE ASSISTANCE	WHILE THE SUBJECT PERFORMED PART OF ACTIVITY OVER LAST SEVEN DAYS, HELP OF FOLLOWING TYPE(S) WAS PROVIDED THREE OR MORE TIMES: <ul style="list-style-type: none"> <li>• WEIGHT-BEARING SUPPORT PROVIDED THREE OR MORE TIMES</li> <li>• FULL CARE GIVER PERFORMANCE OF ACTIVITY (3 OR MORE TIMES) DURING PART (BUT NOT ALL) OF LAST SEVEN DAYS</li> </ul>
5	TOTAL DEPENDENCE	FULL CAREGIVER PERFORMANCE OF THE ACTIVITY DURING ENTIRE SEVEN-DAY PERIOD. COMPLETE NON-PARTICIPATION BY THE SUBJECT IN ALL ASPECTS OF THE ADL DEFINITION.
8	ACTIVITY DIDN'T OCCUR DURING THE ENTIRE 7-DAY PERIOD	OVER THE LAST SEVEN DAYS, THE ADL ACTIVITY WAS NOT PERFORMED BY THE SUBJECT OR CAREGIVER. E.G., <u>THE PARTICULAR ACTIVITY DID NOT OCCUR AT ALL.</u>

## 2. INTRODUCE THE SELF PERFORMANCE OF ADLS:

In this next section, I will continue to ask you questions about your physical activities during the last seven (7) days. These questions will have to do with dressing, personal hygiene and bathing. Some of these questions are personal in nature, but we are required to ask them of all participants. As before, we are interested in knowing what activities occur on a typical day.

Start with today and think back over the last week, including weekdays and weekends. Then think of how others people may have assisted you over this period. Do the best you can. Most of us cannot remember everything that happened over a seven day period. For each of the physical activities that I read to you, I will only be asking you one question:

**In the last 7 days, how much of the activity did you do on your own?**

	INDEPENDENT	SUPERVISION	LIMITED ASSISTANCE	EXTENSIVE ASSISTANCE	TOTAL DEPENDENCE	ACTIVITY DIDN'T OCCUR
<b><i>DRESSING</i></b>						
a. Picking out and gathering clothes	1	2	3	4	5	8

ADLSA	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	260	89.66	262	90.34
2	6	2.07	268	92.41
3	2	0.69	270	93.10
4	6	2.07	276	95.17
5	14	4.83	290	100.00

b. Dressing or undressing lower part of body: pants, socks, shoes, pantyhose, underwear (not including fastening, tying or buttoning)	1	2	3	4	5	8
---	---	---	---	---	---	---

ADLSB	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	259	89.31	261	90.00
2	4	1.38	265	91.38
3	4	1.38	269	92.76
4	8	2.76	277	95.52
5	12	4.14	289	99.66
8	1	0.34	290	100.00

c. Tying/untying shoes, fastening/unfastening pants	1	2	3	4	5	8
---	---	---	---	---	---	---

ADLSC	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	256	88.28	258	88.97
2	3	1.03	261	90.00
3	4	1.38	265	91.38
4	5	1.72	270	93.10
5	13	4.48	283	97.59
8	7	2.41	290	100.00

d. Putting on or taking off shirt/blouse, dress, bra (not including fastening, tying or buttoning)	1	2	3	4	5	8
--	---	---	---	---	---	---

ADLSD	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	262	90.34	264	91.03
2	2	0.69	266	91.72
3	5	1.72	271	93.45
4	10	3.45	281	96.90
5	9	3.10	290	100.00

e. Fastening/unfastening bra, buttoning or unbuttoning, zipping or unzipping	1	2	3	4	5	8
--	---	---	---	---	---	---

ADLSE	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	2	0.69	3	1.03
1	259	89.31	262	90.34
2	3	1.03	265	91.38
3	3	1.03	268	92.41
4	9	3.10	277	95.52
5	10	3.45	287	98.97
8	3	1.03	290	100.00

<b>PERSONAL HYGIENE</b>						
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f. Gathering wash cloth, soap, shaving kit, makeup, toothbrush, etc.	1	2	3	4	5	8
--	---	---	---	---	---	---

ADLSF	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	2	0.69	3	1.03
1	263	90.69	266	91.72
2	4	1.38	270	93.10
3	2	0.69	272	93.79
4	6	2.07	278	95.86
5	12	4.14	290	100.00

g. Washing and drying perineum (private parts, groin)	1	2	3	4	5	8
---	---	---	---	---	---	---

ADLSG	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	266	91.72	268	92.41
2	1	0.34	269	92.76
3	3	1.03	272	93.79
4	6	2.07	278	95.86
5	12	4.14	290	100.00

h. Washing and drying face	1	2	3	4	5	8
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ADLSH	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	2	0.69	4	1.38
1	270	93.10	274	94.48
2	3	1.03	277	95.52
3	5	1.72	282	97.24
4	4	1.38	286	98.62
5	4	1.38	290	100.00

i. Brushing teeth, Shaving face, Make up application	1	2	3	4	5	8
---	---	---	---	---	---	---

ADLSI	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	2	0.69	3	1.03
1	271	93.45	274	94.48
2	2	0.69	276	95.17
3	3	1.03	279	96.21
4	4	1.38	283	97.59
5	5	1.72	288	99.31
8	2	0.69	290	100.00

j. Combing/brushing hair	1	2	3	4	5	8
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ADLSJ	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	2	0.69	3	1.03
1	264	91.03	267	92.07
2	3	1.03	270	93.10
3	7	2.41	277	95.52
4	3	1.03	280	96.55
5	6	2.07	286	98.62
8	4	1.38	290	100.00

**PROCEED TO BATHING ACTIVITIES ON NEXT PAGE,  
USING THE CODING RULES AT THE TOP OF THE NEXT PAGE.**

## ADL SELF-PERFORMANCE CODING RULES FOR BATHING

CODE	DESCRIPTION	DEFINITION
1	INDEPENDENT .....	DID ON OWN
2	SUPERVISION .....	OVERSIGHT HELP ONLY
3	LIMITED ASSISTANCE ...	RECEIVED ASSISTANCE IN TRANSFER ONLY
4	ASSISTANCE .....	RECEIVED ASSISTANCE IN PART OF BATHING SELF
5	TOTAL DEPENDENCE.....	TOTAL DEPENDENCE
8	ACTIVITY DIDN'T OCCUR...	ACTIVITY DID NOT OCCUR AT ALL

**In the last 7 days, how much of the activity did you do on your own?**

	INDEPENDENT	SUPERVISION	LIMITED ASSISTANCE	ASSISTANCE	TOTAL DEPENDENCE	ACTIVITY DIDN'T OCCUR
<b>BATHING</b>						
k. Gathering soap, towels, shampoo	1	2	3	4	5	8

ADLSK	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	255	87.93	257	88.62
2	6	2.07	263	90.69
3	3	1.03	266	91.72
4	4	1.38	270	93.10
5	20	6.90	290	100.00

l. Getting in and out of tub/bath	1	2	3	4	5	8
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ADLSL	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	231	79.66	233	80.34
2	7	2.41	240	82.76
3	10	3.45	250	86.21
4	15	5.17	265	91.38
5	13	4.48	278	95.86
8	12	4.14	290	100.00

m. Washing/drying: lower extremities excluding perineum (private parts, groin)	1	2	3	4	5	8
--	---	---	---	---	---	---

ADLSM	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	2	0.69	3	1.03
1	257	88.62	260	89.66
2	3	1.03	263	90.69
3	1	0.34	264	91.03
4	16	5.52	280	96.55
5	10	3.45	290	100.00

n. Washing/drying hair	1	2	3	4	5	8
------------------------	---	---	---	---	---	---

ADLSN	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	201	69.31	203	70.00
2	3	1.03	206	71.03
3	2	0.69	208	71.72
4	11	3.79	219	75.52
5	54	18.62	273	94.14
8	17	5.86	290	100.00

o. Washing/drying upper extremities	1	2	3	4	5	8
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ADLSO	Frequency	Percent	Cum Freq	Cum Percent
-2	2	0.69	2	0.69
1	256	88.28	258	88.97
2	4	1.38	262	90.34
3	4	1.38	266	91.72
4	15	5.17	281	96.90
5	9	3.10	290	100.00

**C1. MDS END TIME:** \_\_\_\_\_ : \_\_\_\_\_ AM / PM

Analysis Variable : mds_t					
N	Mean	SD	Minimum	Median	Maximum
284	8.7	6.3	1.0	8.0	68.0

mds_t	Frequency	Percent	Cum Freq	Cum Percent
.	6	100.00	6	100.00

## SECTION D: PRE-MOBILITY: LIFE SPACE/FALLS/DRIVING

D1. WERE THESE MEASUREMENTS COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1 GO TO SECTION I

YES ..... 2 COMPLETE QUESTIONS BELOW

measc_d	Frequency	Percent	Cum Freq	Cum Percent
2	290	100.00	290	100.00

D3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER.....1

IN-PERSON AT PARTICIPANT'S HOME.....2

IN-PERSON AT NURSING HOME.....3

IN-PERSON AT ALTERNATE LOCATION.....4

TELEPHONE.....5

i_mode_d	Frequency	Percent	Cum Freq	Cum Percent
1	3	1.03	3	1.03
2	16	5.52	19	6.55
3	14	4.83	33	11.38
4	3	1.03	36	12.41
5	254	87.59	290	100.00

D4. WITH WHOM:

PARTICIPANT ONLY ..... 1 (D5)

PARTICIPANT & PROXY ..... 2 (D4a)

PROXY ONLY.....3 (D4a)

w_whom_d	Frequency	Percent	Cum Freq	Cum Percent
1	269	92.76	269	92.76
2	2	0.69	271	93.45
3	19	6.55	290	100.00

D4a. PROXY CODE:

SPOUSE..... 1

CHILD.....2

OTHER RELATIVE.....3

NON-RELATIVE.....4

FORMAL CAREGIVER..... 5

d_proxy	Frequency	Percent	Cum Freq	Cum Percent
-2	269	92.76	269	92.76
1	4	1.38	273	94.14
2	12	4.14	285	98.28
3	1	0.34	286	98.62
4	1	0.34	287	98.97
5	3	1.03	290	100.00

**D6. MOBILITY: LIFE SPACE / FALLS / DRIVING QUESTIONS START TIME:**

\_\_\_\_\_ : \_\_\_\_\_ AM / PM



<b>SECTION E:</b>	<b>MOBILITY LIFE SPACE</b>	<b><i>PROXY ALLOWED</i></b>
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The next few sections ask questions about mobility. There is a section on general mobility, a brief section on falls, and a section on your driving habits. As we go through the sections, please feel free to ask me any questions about a particular item that may not be clear to you. I will read the questions and you should just select the answer most appropriate to you. Remember, if you have a question about how to interpret the question, just ask me about it.

E1. First, please tell me if you live alone or with others?

- 1. LIVES ALONE IN HOUSE/APT ..... 1 (E2)
- 2. LIVES WITH OTHERS IN HOUSE/APT ..... 2 (E1a)
- 3. LIVES IN ASSISTED LIVING/CONGREGATE HSG ..... 3 (E2)
- 4. LIVES IN NURSING HOME ..... 4 (GO TO SECTION F)

LIVEALON	Frequency	Percent	Cum Freq	Cum Percent
1	155	53.45	155	53.45
2	108	37.24	263	90.69
3	10	3.45	273	94.14
4	17	5.86	290	100.00

E1a. How many people live with you? Please include all people living in your home even if they are not blood relatives or only expect to live there temporarily.

RECORD NUMBER: \_\_\_\_\_

NUMBLIV E	Frequency	Percent	Cum Freq	Cum Percent
-2	182	62.76	182	62.76
0	1	0.34	183	63.10
1	83	28.62	266	91.72
2	15	5.17	281	96.90
3	7	2.41	288	99.31
5	2	0.69	290	100.00

E1b. IF ONE: How is s/he related to you?

IF > 1: How are they related to you?

PROBE AT END: Anyone else?

RECORD NUMBER ON EACH LINE:

SPOUSE/PARTNER

---

SPOUSELV	Freq	Percent	Cum Freq	Cum Percent
-2	182	62.76	182	62.76
0	38	13.10	220	75.86
1	70	24.14	290	100.00

PARENTS/IN-LAW

---

PARENTLV	Freq	Percent	Cum Freq	Cum Percent
-2	182	62.76	182	62.76
0	106	36.55	288	99.31
1	2	0.69	290	100.00

CHILDREN/IN-LAW

---

CHILDRLV	Freq	Percent	Cum Freq	Cum Percent
-2	182	62.76	182	62.76
0	80	27.59	262	90.34
1	20	6.90	282	97.24
2	7	2.41	289	99.66
3	1	0.34	290	100.00

OTHER RELATIVES

---

OTHERLV	Freq	Percent	Cum Freq	Cum Percent
-2	182	62.76	182	62.76
0	92	31.72	274	94.48
1	7	2.41	281	96.90
2	7	2.41	288	99.31
3	1	0.34	289	99.66
5	1	0.34	290	100.00

NON-RELATIVES

---

NONRELLV	Freq	Percent	Cum Freq	Cum Percent
-2	182	62.76	182	62.76
0	103	35.52	285	98.28
1	4	1.38	289	99.66
2	1	0.34	290	100.00

- E2. Now I am interested in finding out about the places you have been recently, not counting today. The next six questions ask about your activities in the last 7 days. Today is \_\_\_\_\_ so we are interested in the period of time beginning with last \_\_\_\_\_ up to, and including, yesterday. Do you understand the time period I am asking about?

During the last seven days, but not counting today, have you been to other rooms of your house besides the room where you sleep?

YES ..... 1

NO ..... 2

LBEDRM7D	Frequency	Percent	Cum Freq	Cum Percent
-2	17	5.86	17	5.86
1	272	93.79	289	99.66
2	1	0.34	290	100.00

- E3. During the last seven days, but not counting today, have you been to an area immediately outside your home such as your porch, deck or patio, garage, or hallway of your apartment building? This includes going through these places on your way to somewhere else.

YES ..... 1

NO ..... 2

IMOUTS7D	Frequency	Percent	Cum Freq	Cum Percent
-2	17	5.86	17	5.86
1	263	90.69	280	96.55
2	10	3.45	290	100.00

- E4. During the last seven days, but not counting today, have you been to an area outside your home such as your yard, driveway, courtyard, or parking lot? Again, if you went through these places, you would answer 'Yes.'

YES ..... 1

NO ..... 2

OTSYSR7D	Frequency	Percent	Cum Freq	Cum Percent
-2	17	5.86	17	5.86
1	257	88.62	274	94.48
2	16	5.52	290	100.00

- E5. During the last seven days, but not counting today, have you been to places in your immediate neighborhood beyond your own property or apartment building? It doesn't matter how you got there, whether you walked or got a ride.

FOR HOMEOWNERS, THIS REFERS TO PLACES BEYOND THE PROPERTY LINE. FOR CITY APARTMENT DWELLERS, THIS REFERS TO PLACES BEYOND THE IMMEDIATE BLOCK. FOR RURAL AREAS, THIS INCLUDES LEAVING THE PROPERTY LINES.

YES ..... 1

NO ..... 2 **(E6)**

BEYPRP7D	Frequency	Percent	Cum Freq	Cum Percent
-2	17	5.86	17	5.86
1	247	85.17	264	91.03
2	26	8.97	290	100.00

- E5a. Did you personally drive there? If you actually drove there yourself then you should answer "Yes." If you were just a passenger in a car, then you should answer "No." [BEING A PASSENGER IN A CAR, TAXI, OR PUBLIC TRANSPORTATION DOESN'T QUALIFY FOR A 'YES' ANSWER.]

YES ..... 1

NO ..... 2

DRBEYP7D	Frequency	Percent	Cum Freq	Cum Percent
-2	43	14.83	43	14.83
1	149	51.38	192	66.21
2	98	33.79	290	100.00

- E6. During the last seven days, but not counting today, have you been to places outside your immediate neighborhood but within your town or community?

IN A CITY, THIS WOULD BE PLACES BEYOND THE SURROUNDING 5 BLOCKS. IN A SUBURBAN AREA THIS REFERS TO PLACES ABOUT 3 STREETS FROM THE HOME. FOR SPARSELY POPULATED RURAL AREAS, THIS INCLUDES GOING TO PLACES ON THE OTHER SIDE OF THE CLOSEST NEIGHBORS.

YES ..... 1

NO ..... 2 **(E7)**

OUTSNB7D	Frequency	Percent	Cum Freq	Cum Percent
-2	17	5.86	17	5.86
1	239	82.41	256	88.28
2	34	11.72	290	100.00

E6a. Did you personally drive there? Again, we are asking whether you drove there yourself.

YES ..... 1

NO ..... 2

DROUTN7D	Frequency	Percent	Cum Freq	Cum Percent
-2	51	17.59	51	17.59
1	143	49.31	194	66.90
2	96	33.10	290	100.00

E7. During the last seven days, but not counting today, have you been to places outside your immediate town or community?

Remember, that for this part of the question it doesn't matter how you got there.

THIS REFERS TO PLACES OUTSIDE A PARTICULAR SUB-REGION OF THE CITY. THIS COULD BE AREAS WITH A DISTINCT NAME, OR CITY AREAS SUCH AS EAST, WEST, NORTH, OR SOUTH. FOR RURAL AREAS, THIS INCLUDES GOING TO PLACES ON THE OTHER SIDE OF THE NEAREST TOWN.

YES ..... 1

NO ..... 2 (E8)

OUTSTN7D	Frequency	Percent	Cum Freq	Cum Percent
-2	17	5.86	17	5.86
1	175	60.34	192	66.21
2	98	33.79	290	100.00

E7a. Did you personally drive there?

YES ..... 1

NO ..... 2

DROUTT7D	Frequency	Percent	Cum Freq	Cum Percent
-2	115	39.66	115	39.66
1	98	33.79	213	73.45
2	77	26.55	290	100.00

- E8. Please note the change in time frame for the next 3 questions. The next three questions ask about activities over the last two months. Today is \_\_\_\_\_ so we are asking about the period of time from \_\_\_\_\_ up to, and including, yesterday.

During the last two months, but not counting today, have you been to places outside of your county (or city)?

THIS INCLUDES GOING TO, OR THROUGH, PLACES ON THE OTHER SIDE THE COUNTY LINE (WHERE SUBSTANTIAL TRAVEL IS INVOLVED) OR TO PLACES ON THE OTHER SIDE OF A LARGE CITY. SUBJECTS LIVING NEAR A COUNTY LINE WHERE CROSSING INTO ANOTHER COUNTY DOES NOT CONSTITUTE A SIGNIFICANT DISTANCE SHOULD NOT RESPOND "YES" HERE. IN RURAL AREAS ONE COULD USE A 20-MILE RADIUS AS A GUIDELINE TO ANSWERING QUESTIONS OF CLARIFICATION.

YES ..... 1

NO ..... 2 **(E9)**

OUTSCT2M	Frequency	Percent	Cum Freq	Cum Percent
-2	17	5.86	17	5.86
1	187	64.48	204	70.34
2	86	29.66	290	100.00

- E8a. Did you personally drive there?

YES ..... 1

NO ..... 2

DROUTC2M	Frequency	Percent	Cum Freq	Cum Percent
-2	103	35.52	103	35.52
1	74	25.52	177	61.03
2	113	38.97	290	100.00

E9. During the last two months, have you been to places outside your state?

YES ..... 1

NO ..... 2 **(E10)**

OUTSST2M	Frequency	Percent	Cum Freq	Cum Percent
-2	17	5.86	17	5.86
1	81	27.93	98	33.79
2	192	66.21	290	100.00

E9a. Did you personally drive there?

YES ..... 1

NO ..... 2

DROUTS2M	Frequency	Percent	Cum Freq	Cum Percent
-2	209	72.07	209	72.07
1	20	6.90	229	78.97
2	61	21.03	290	100.00

E10. During the last two months, have you been to places outside this region of the United States?

By this region, I mean the states of \_\_\_\_\_. (SEE QxQ's.)

YES ..... 1

NO ..... 2 **(GO TO SECTION F)**

OUTSRG2M	Frequency	Percent	Cum Freq	Cum Percent
-2	17	5.86	17	5.86
1	22	7.59	39	13.45
2	251	86.55	290	100.00

E10a. Did you personally drive there?

YES ..... 1

NO ..... 2

DROUTR2M	Frequency	Percent	Cum Freq	Cum Percent
-2	268	92.41	268	92.41
1	2	0.69	270	93.10
2	20	6.90	290	100.00

**SECTION F:****MOBILITY / FALLS*****PROXY ALLOWED***

In the next few questions I am interested in finding out about any falls you might have had in the last 2 months. Let me explain to you what I mean by falling. Falling includes accidentally losing your balance and falling on the ground or falling against something such as furniture.

F1. Have you had any falls in the last two months? Today is \_\_\_\_\_ so we are asking about the period of time from \_\_\_\_\_ up to, and including, yesterday.

YES ..... 1

NO ..... 2 (F7)

ANYFALLS	Frequency	Percent	Cum Freq	Cum Percent
1	47	16.21	47	16.21
2	243	83.79	290	100.00

F2. How many times have you fallen in the last 2 months?

So, since \_\_\_\_\_ how many falls have you had?

RECORD: \_\_\_\_  
NUMBER OF TIMES

TIMESFAL	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	243	83.79	245	84.48
1	37	12.76	282	97.24
2	5	1.72	287	98.97
3	1	0.34	288	99.31
4	1	0.34	289	99.66
7	1	0.34	290	100.00



HAVE THE SUBJECT MAKE THE BEST GUESS THEY CAN. PROMPT IF NECESSARY.

F3. Did any of your falls in the last two months . . . . .

		YES	NO
1)	Result in an injury? .....	1	2

INJFAL	Frequency	Percent	Cum Freq	Cum Percent
-2	243	83.79	243	83.79
1	17	5.86	260	89.66
2	30	10.34	290	100.00

2)	Require medical attention? .....	1	2
----	----------------------------------	---	---

MEDFAL	Frequency	Percent	Cum Freq	Cum Percent
-2	243	83.79	243	83.79
1	10	3.45	253	87.24
2	37	12.76	290	100.00

3)	Result in hospitalization? .....	1	2
----	----------------------------------	---	---

HOSPFAL	Frequency	Percent	Cum Freq	Cum Percent
-2	243	83.79	243	83.79
1	1	0.34	244	84.14
2	46	15.86	290	100.00

4)	Involve a loss of consciousness? .....	1	2
----	--	---	---

LOSSFAL	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	243	83.79	244	84.14
1	1	0.34	245	84.48
2	45	15.52	290	100.00

Now the next three questions are about your most recent fall. Try to remember your most recent fall in the last two months.

F4. Did something such as a rug, stairs, curb, or a wet or icy surface contribute to your most recent fall?

YES ..... 1

NO ..... 2

CONTRFAL	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	243	83.79	244	84.14
1	9	3.10	253	87.24
2	37	12.76	290	100.00

F5. Did anything else contribute to your most recent fall?

YES ..... 1

NO ..... 2 (F7)

ELSCONFL	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	243	83.79	244	84.14
1	29	10.00	273	94.14
2	17	5.86	290	100.00

F7. IS THIS A PROXY ADMINISTERED INTERVIEW?

YES ..... 1 (H9)

NO ..... 2 (GO TO SECTION G)

PROXY_B	Frequency	Percent	Cum Freq	Cum Percent
1	20	6.90	20	6.90
2	270	93.10	290	100.00

**SECTION G: MOBILITY / DRIVING HABITS*****PROXY NOT ALLOWED***

In the following sections we are interested in finding out about your driving habits.

- G1. For the purposes of our project, by current driver we mean someone who has driven a car within the last 12 months and someone who would drive a car today if they needed to. Using that definition, do you consider yourself a current driver?

YES ..... 1

NO ..... 2 **(GO TO SECTION H)**

curdrive	Frequency	Percent	Cum Freq	Cum Percent
-2	20	6.90	20	6.90
1	163	56.21	183	63.10
2	107	36.90	290	100.00

**SECTION G *cont.*: MOBILITY/DRIVING HABITS FOR CURRENT DRIVERS**  
***PROXY NOT ALLOWED***

- G2. Let me check this again. Do you currently drive?  
(THIS IS A VERIFICATION QUESTION.)

YES ..... 1

NO ..... 2 **(GO TO SECTION H)**

curdriv1	Frequency	Percent	Cum Freq	Cum Percent
-2	127	43.79	127	43.79
1	163	56.21	290	100.00

- G3. Which way do you prefer to get around? Do you prefer to.....

Drive by yourself..... 1

Have someone drive you ..... 2

Use public transportation .....3

PREFWAY	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	127	43.79	129	44.48
1	136	46.90	265	91.38
2	25	8.62	290	100.00

G4. How fast do you usually drive compared to the general flow of traffic? Would you say . . .

- Much faster..... 1
- Somewhat faster ..... 2
- About the same..... 3
- Somewhat slower ..... 4
- Much slower..... 5

fastdriv	Frequency	Percent	Cum Freq	Cum Percent
-2	127	43.79	127	43.79
2	11	3.79	138	47.59
3	128	44.14	266	91.72
4	23	7.93	289	99.66
5	1	0.34	290	100.00

G5. How would you rate the quality of your own driving? Would you say it is . . .

- Excellent..... 1
- Good..... 2
- Average ..... 3
- Fair ..... 4
- Poor ..... 5

qualdriv	Frequency	Percent	Cum Freq	Cum Percent
-2	127	43.79	127	43.79
1	40	13.79	167	57.59
2	100	34.48	267	92.07
3	21	7.24	288	99.31
4	2	0.69	290	100.00

G6. In an average week, how many days out of seven do you normally drive?

- ≤ 1                  2                  3                  4                  5                  6                  7

daysdriv	Frequency	Percent	Cum Freq	Cum Percent
-2	127	43.79	127	43.79
1	12	4.14	139	47.93
2	13	4.48	152	52.41
3	24	8.28	176	60.69
4	28	9.66	204	70.34
5	17	5.86	221	76.21
6	20	6.90	241	83.10
7	49	16.90	290	100.00

G7. How many miles do you drive in an average seven-day week?

RECORD NUMBER: \_\_\_\_

Analysis Variable : MILEDTRIV					
N	Mean	SD	Minimum	Median	Maximum
163	69.5	70.1	0.0	50.0	500.0

MILEDTRIV	Frequency	Percent	Cum Freq	Cum Percent
-2	127	100.00	127	100.00

MAY NEED TO PROMPT WITH RANGES, E.G., "LESS THAN 50?; MORE THAN 100? LESS THAN 500?," ETC.

Please note that the next series of questions asks about your driving during the last two months. Today is \_\_\_\_\_. The next set of questions ask about the period of time from \_\_\_\_\_ up to, and including, yesterday. I will be asking you some questions for which there are several alternative answers. To make it easy for you to pick the best response, you can use this card.

GIVE THE SUBJECT THE RESPONSE CARD.

G8. During the last two months, have you driven when it is raining?

YES ..... 1

NO ..... 2 (G8b)

RAINDRIV	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	127	43.79	128	44.14
1	136	46.90	264	91.03
2	26	8.97	290	100.00

G8a. Would you say that you drive in the rain with . . .

No difficulty at all ..... 1 (G9)

A little difficulty..... 2 (G9)

Moderate difficulty..... 3 (G9)

Extreme difficulty ..... 4 (G9)

RAINDRIV	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	153	52.76	154	53.10
1	85	29.31	239	82.41
2	43	14.83	282	97.24
3	8	2.76	290	100.00

G8b. Have you not driven in the rain because you avoid driving in the rain?

YES ..... 1

NO ..... 2

RAINDRB	Frequency	Percent	Cum Freq	Cum Percent
-2	264	91.03	264	91.03
1	13	4.48	277	95.52
2	13	4.48	290	100.00

G9. During the last two months, have you driven alone?

YES ..... 1

NO ..... 2 (G9b)

ALONDRIV	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	127	43.79	128	44.14
1	155	53.45	283	97.59
2	7	2.41	290	100.00

G9a. Would you say that you drive alone with . . .

No difficulty at all.....1 (G10)

A little difficulty.....2 (G10)

Moderate difficulty.....3 (G10)

Extreme difficulty.....4 (G10)

ALONDRA	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	134	46.21	135	46.55
1	148	51.03	283	97.59
2	7	2.41	290	100.00

G9b. Have you not driven alone because you avoid driving alone?

YES ..... 1

NO ..... 2

ALONDRB	Frequency	Percent	Cum Freq	Cum Percent
-2	283	97.59	283	97.59
2	7	2.41	290	100.00

G10. During the last two months, have you made left-hand turns across oncoming traffic? This is where you are waiting for traffic to clear before making a left-hand turn.

YES ..... 1

NO ..... 2 (G10b)

LHTURN	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	127	43.79	128	44.14
1	151	52.07	279	96.21
2	11	3.79	290	100.00

G10a. Would you say that you make left-handed turns across oncoming traffic with . . .

No difficulty at all ..... 1 (G11)

A little difficulty.....2 (G11)

Moderate difficulty.....3 (G11)

Extreme difficulty ..... 4 (G11)

LHTURNA	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	138	47.59	139	47.93
1	138	47.59	277	95.52
2	9	3.10	286	98.62
3	3	1.03	289	99.66
4	1	0.34	290	100.00

G10b. Have you not made left-hand turns across oncoming traffic because you avoid doing that?

YES ..... 1

NO ..... 2

LHTURNB	Frequency	Percent	Cum Freq	Cum Percent
-2	279	96.21	279	96.21
1	2	0.69	281	96.90
2	9	3.10	290	100.00

G11. During the last two months, have you merged into traffic while entering a highway or expressway?

YES ..... 1

NO ..... 2 **(G11b)**

mergtraf	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	127	43.79	128	44.14
1	130	44.83	258	88.97
2	32	11.03	290	100.00

G11a. Would you say that you merge into traffic while entering a highway or expressway with...

No difficulty at all.....1 **(G12)**

A little difficulty.....2 **(G12)**

Moderate difficulty.....3 **(G12)**

Extreme difficulty.....4 **(G12)**

MERGTRA	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	159	54.83	160	55.17
1	115	39.66	275	94.83
2	13	4.48	288	99.31
3	2	0.69	290	100.00

G11b. Have you not merged into traffic while entering a highway or expressway because you avoid doing that?

YES ..... 1

NO ..... 2

MERGTR B	Frequency	Percent	Cum Freq	Cum Percent
-2	258	88.97	258	88.97
1	14	4.83	272	93.79
2	18	6.21	290	100.00



G12. During the last two months, have you driven on high-traffic roads?

YES ..... 1

NO ..... 2 **(G12b)**

hightraf	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	127	43.79	128	44.14
1	138	47.59	266	91.72
2	24	8.28	290	100.00

G12a. Would you say that you drive on high-traffic roads with . . .

No difficulty at all.....1 **(G13)**

A little difficulty.....2 **(G13)**

Moderate difficulty.....3 **(G13)**

Extreme difficulty ..... 4 **(G13)**

HIGHTR A	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	151	52.07	152	52.41
1	122	42.07	274	94.48
2	13	4.48	287	98.97
3	3	1.03	290	100.00

G12b. Have you not driven on high traffic roads because you avoid doing that?

YES ..... 1

NO ..... 2

HIGHTR B	Frequency	Percent	Cum Freq	Cum Percent
-2	266	91.72	266	91.72
1	15	5.17	281	96.90
2	9	3.10	290	100.00

G13. During the last two months, have you driven in rush-hour traffic?

YES ..... 1

NO ..... 2 **(G13b)**

RUSHHOUR	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	127	43.79	128	44.14
1	107	36.90	235	81.03
2	55	18.97	290	100.00

G13a. Would you say that you drive in rush-hour traffic with. . .

No difficulty at all.....1 **(G14)**

A little difficulty.....2 **(G14)**

Moderate difficulty.....3 **(G14)**

Extreme Difficulty ..... 4 **(G14)**

RUSHOA	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	182	62.76	183	63.10
1	88	30.34	271	93.45
2	14	4.83	285	98.28
3	5	1.72	290	100.00

G13b. Have you not driven in rush-hour traffic because you avoid it?

YES ..... 1

NO ..... 2

RUSHOB	Frequency	Percent	Cum Freq	Cum Percent
-2	235	81.03	235	81.03
1	32	11.03	267	92.07
2	23	7.93	290	100.00

G14. During the last two months, have you driven at night?

YES ..... 1

NO ..... 2 **(G14b)**

nightdrv	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	127	43.79	128	44.14
1	92	31.72	220	75.86
2	70	24.14	290	100.00

G14a. Would you say that you drive at night with...

No difficulty at all.....1 **(G15)**

A little difficulty.....2 **(G15)**

Moderate difficulty.....3 **(G15)**

Extreme difficulty ..... 4 **(G15)**

NIGHTDRA	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	197	67.93	198	68.28
1	57	19.66	255	87.93
2	26	8.97	281	96.90
3	9	3.10	290	100.00

G14b. Have you not driven at night because you avoid doing that?

YES ..... 1

NO ..... 2

NIGHTDRB	Frequency	Percent	Cum Freq	Cum Percent
-2	220	75.86	220	75.86
1	59	20.34	279	96.21
2	11	3.79	290	100.00

G15. During the last two months, have you made lane changes while driving?

YES ..... 1

NO ..... 2 **(G15b)**

LANECHAN	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	127	43.79	128	44.14
1	143	49.31	271	93.45
2	19	6.55	290	100.00

G15a. Would you say that you make lane changes while driving with . . .

No difficulty at all.....1 **(G16)**

A little difficulty.....2 **(G16)**

Moderate difficulty.....3 **(G16)**

Extreme difficulty.....4 **(G16)**

LANECHA	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	146	50.34	147	50.69
1	132	45.52	279	96.21
2	9	3.10	288	99.31
3	2	0.69	290	100.00

G15b. Have you not made lane changes because you avoid doing that?

YES ..... 1

NO ..... 2

LANECH B	Frequency	Percent	Cum Freq	Cum Percent
-2	271	93.45	271	93.45
1	5	1.72	276	95.17
2	14	4.83	290	100.00

The remaining questions ask about things that might have happened to you in the last twelve months. I want to ask about the time period between ONE YEAR PREVIOUS (month/year), up to and including yesterday (month/year).

G16. Has anyone suggested to you in the last twelve months that you limit your driving or suggested that you stop driving? (PROMPT: Has anyone like your spouse, children, doctor, or a friend suggested that you not drive anymore or drive less?)

YES ..... 1

NO ..... 2 (G17)

limitdrv	Frequency	Percent	Cum Freq	Cum Percent
-2	127	43.79	127	43.79
1	13	4.48	140	48.28
2	150	51.72	290	100.00

G16a. Who made the suggestion to limit or stop your driving?

		YES	NO
1) SPOUSE.....	1		2

LIMITDR1	Frequency	Percent	Cum Freq	Cum Percent
-2	277	95.52	277	95.52
1	1	0.34	278	95.86
2	12	4.14	290	100.00

2) SON OR DAUGHTER .....	1	2
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LIMITDR2	Frequency	Percent	Cum Freq	Cum Percent
-2	278	95.86	278	95.86
1	7	2.41	285	98.28
2	5	1.72	290	100.00

3) FRIEND .....	1	2
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LIMITDR3	Frequency	Percent	Cum Freq	Cum Percent
-2	278	95.86	278	95.86
2	12	4.14	290	100.00

4) YOUR DOCTOR, OR OTHER MEDICAL PERSON .....	1	2
--	---	---

LIMITDR4	Frequency	Percent	Cum Freq	Cum Percent
-2	278	95.86	278	95.86
1	5	1.72	283	97.59
2	7	2.41	290	100.00

- 5) EYE DOCTOR (OPTOMETRIST OR  
OPHTHALMOLOGIST)..... 1 2

LIMITDR5	Frequency	Percent	Cum Freq	Cum Percent
-2	278	95.86	278	95.86
2	12	4.14	290	100.00

- 6) OTHER ..... 1 2

LIMITDR6	Frequency	Percent	Cum Freq	Cum Percent
-2	278	95.86	278	95.86
1	1	0.34	279	96.21
2	11	3.79	290	100.00

- G17. How many accidents have you been involved in over the last twelve months when you were the driver?  
Please indicate the number of accidents, whether or not you were at fault.

INCLUDE ALL MINOR OR MAJOR ACCIDENTS REGARDLESS OF FAULT.  
SUBJECT MUST HAVE BEEN THE DRIVER.

RECORD NUMBER: \_\_\_\_ \_

NUMBACDN	Frequency	Percent	Cum Freq	Cum Percent
-2	127	43.79	127	43.79
0	151	52.07	278	95.86
1	10	3.45	288	99.31
2	2	0.69	290	100.00

**IF NONE, GO TO G18.**

- G17a. To how many of these were the police called to the scene?

RECORD NUMBER: \_\_\_\_ \_

POLICACD	Frequency	Percent	Cum Freq	Cum Percent
-2	278	95.86	278	95.86
0	5	1.72	283	97.59
1	7	2.41	290	100.00

- G18. How many times in the last twelve months have you been pulled over by the police, regardless of whether you received a ticket? (PROMPT: Stopped for speeding or some other violation?)

RECORD NUMBER: \_\_\_\_ \_

**IF NONE, GO TO G19.**

NUMBPOL	Frequency	Percent	Cum Freq	Cum Percent
-2	127	43.79	127	43.79
0	149	51.38	276	95.17
1	13	4.48	289	99.66
2	1	0.34	290	100.00

- G18a. On how many of these occasions have you received a traffic ticket (other than a parking ticket), whether you think you were at fault?

RECORD NUMBER: \_\_\_\_ \_

NUMBTICK	Frequency	Percent	Cum Freq	Cum Percent
-2	276	95.17	276	95.17
0	11	3.79	287	98.97
1	3	1.03	290	100.00

**GO TO G19.**

**G19. MOBILITY: LIFE SPACE / FALLS / DRIVING QUESTIONS END TIME:**

\_\_\_\_ \_ : \_\_\_\_ \_ AM / PM

Analysis Variable : mobil1_t					
N	Mean	SD	Minimum	Median	Maximum
163	7.8	4.0	2.0	7.0	28.0

mobil1_t	Frequency	Percent	Cum Freq	Cum Percent
.	127	100.00	127	100.00

<b>SECTION H:     MOBILITY/DRIVING HABITS FOR NON-DRIVERS</b> <div style="text-align: right;"><b><i>PROXY NOT ALLOWED</i></b></div>
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H1.     Let me check this again. Do you currently drive?  
 (THIS IS A VERIFICATION QUESTION.)

YES ..... 1    **(GO BACK TO G3.)**

NO ..... 2

curdrv2	Frequency	Percent	Cum Freq	Cum Percent
-2	183	63.10	183	63.10
2	107	36.90	290	100.00

H2.     Which way do you prefer to get around? Do you prefer to . . .

Drive yourself..... 1

Have someone drive you ..... 2

Use public transportation or taxi cab ..... 3

DRIVPREF	Frequency	Percent	Cum Freq	Cum Percent
-2	183	63.10	183	63.10
1	15	5.17	198	68.28
2	77	26.55	275	94.83
3	15	5.17	290	100.00

H3.     Have you ever driven a car?

YES ..... 1

NO ..... 2    **(GO TO H9)**

EVERDRIV	Frequency	Percent	Cum Freq	Cum Percent
-2	183	63.10	183	63.10
1	88	30.34	271	93.45
2	19	6.55	290	100.00



H5. How long has it been since you last drove? (PROMPTING MAY BE NECESSARY.)

RECORD:

# YEARS

# MONTHS

Analysis Variable : ldrivvrs					
N	Mean	SD	Minimum	Median	Maximum
86	4.3	6.4	0.1	2.1	30.0

ldrivvrs	Frequency	Percent	Cum Freq	Cum Percent
.	204	100.00	204	100.00

**IF > 2 YEARS, GO TO H9.**

H6. Has anyone suggested to you in the last twelve months that you limit your driving or suggested that you stop driving? (PROMPT: Has anyone like your spouse, children, doctor, or a friend suggested that you not drive anymore or drive less?)

YES ..... 1

NO ..... 2 (H7)

LIMDRIV	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	254	87.59	257	88.62
1	18	6.21	275	94.83
2	15	5.17	290	100.00

H6a. Who made the suggestion to limit or stop your driving?

YES                      NO

---

1) SPOUSE..... 1                      2

LIMDR1	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	269	92.76	272	93.79
1	4	1.38	276	95.17
2	14	4.83	290	100.00

2) SON OR DAUGHTER ..... 1                      2

LIMDR2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	269	92.76	272	93.79
1	9	3.10	281	96.90
2	9	3.10	290	100.00

- 3) FRIEND ..... 1 2

LIMDR3	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	269	92.76	272	93.79
2	18	6.21	290	100.00

- 4) YOUR DOCTOR, OR OTHER MEDICAL  
PERSON..... 1 2

LIMDR4	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	269	92.76	272	93.79
1	6	2.07	278	95.86
2	12	4.14	290	100.00

- 5) EYE DOCTOR (OPTOMETRIST OR  
OPHTHALMOLOGIST)..... 1 2

LIMDR5	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	269	92.76	272	93.79
2	18	6.21	290	100.00

- 6) OTHER ..... 1 2

LIMDR6	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	269	92.76	272	93.79
1	1	0.34	273	94.14
2	17	5.86	290	100.00

- H7. How many accidents have you been involved in the last twelve months when you were the driver?  
Please indicate the number of accidents, whether or not you were at fault.

INCLUDE ALL MINOR OR MAJOR ACCIDENTS REGARDLESS OF FAULT. SUBJECT MUST HAVE BEEN THE DRIVER.

RECORD NUMBER: \_\_\_\_ \_\_\_\_ \_\_\_\_

NUMBACD2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	254	87.59	257	88.62
0	28	9.66	285	98.28
1	5	1.72	290	100.00

**IF NONE, GO TO H8.**

- H7a. To how many of these were the police called to the scene?

RECORD NUMBER: \_\_\_\_ \_\_\_\_ \_\_\_\_

policac2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	282	97.24	285	98.28
1	5	1.72	290	100.00

- H8. How many times in the last twelve months have you been pulled over by the police, regardless of whether you received a ticket?

STOPPED FOR SPEEDING OR SOME OTHER VIOLATION.

RECORD NUMBER: \_\_\_\_ \_\_\_\_ \_\_\_\_

NUMBPOL2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	254	87.59	257	88.62
0	32	11.03	289	99.66
1	1	0.34	290	100.00

**IF NONE, GO TO H9.**

- H8a. On how many of these occasions have you received a traffic ticket (other than a parking ticket) regardless of whether or not you think you were at fault?

RECORD NUMBER: \_\_\_\_ \_\_\_\_ \_\_\_\_

numbtic2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	286	98.62	289	99.66
0	1	0.34	290	100.00

That completes the section on mobility and driving.

**H9. MOBILITY: LIFE SPACE / FALLS / DRIVING QUESTIONS END TIME:**

\_\_\_\_\_ : \_\_\_\_\_ AM / PM

Analysis Variable : mobil2_t					
N	Mean	SD	Minimum	Median	Maximum
125	6.2	3.8	0.0	5.0	22.0

mobil2_t	Frequency	Percent	Cum Freq	Cum Percent
.	165	100.00	165	100.00

**- MAY OFFER BREAK HERE -**

**SECTION I: PRE - HEALTH AND HEALTH SERVICES UTILIZATION**

I1. WERE THESE MEASUREMENTS COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1 GO TO SECTION L

YES ..... 2 COMPLETE QUESTIONS BELOW

measc_i	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
2	289	99.66	290	100.00

I3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER.....1

IN-PERSON AT PARTICIPANT'S HOME.....2

IN-PERSON AT NURSING HOME.....3

IN-PERSON AT ALTERNATE LOCATION.....4

TELEPHONE.....5

i_mode_i	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
1	3	1.03	4	1.38
2	17	5.86	21	7.24
3	13	4.48	34	11.72
4	3	1.03	37	12.76
5	253	87.24	290	100.00

**I4. WITH WHOM:**

- PARTICIPANT ONLY ..... 1 **(I5)**
- PARTICIPANT & PROXY ..... 2 **(I4a)**
- PROXY ONLY ..... 3 **(I4a)**

w_whom_i	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
1	267	92.07	268	92.41
2	3	1.03	271	93.45
3	19	6.55	290	100.00

**I4a. PROXY CODE:**

- SPOUSE..... 1
- CHILD.....2
- OTHER RELATIVE.....3
- NON-RELATIVE.....4
- FORMAL CAREGIVER..... 5

i_proxy	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	267	92.07	268	92.41
1	4	1.38	272	93.79
2	13	4.48	285	98.28
3	1	0.34	286	98.62
4	1	0.34	287	98.97
5	3	1.03	290	100.00

**I6. HEALTH AND HEALTH SERVICES UTILIZATION QUESTIONS START TIME:**

\_\_\_\_\_ : \_\_\_\_\_ AM / PM

**SECTION J: HEALTH QUESTIONS*****PROXY ALLOWED***

The next two sections ask questions about your general health, your health habits, your health insurance and doctor and hospital visits. We know that a person may have more than one health condition at a time. For the first set of questions, I am going to read a list of health conditions that you may or may not have:

- J1. Has a doctor or nurse ever told you that you have (have had) . . .  
(CIRCLE ONE ANSWER FOR EACH QUESTION.)

	CONDITION	YES	NO	DON'T KNOW																				
a.	Osteoporosis, sometimes called thin or brittle bones?  <table border="1"> <thead> <tr> <th>HEALTH1</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>104</td> <td>35.86</td> <td>104</td> <td>35.86</td> </tr> <tr> <td>2</td> <td>180</td> <td>62.07</td> <td>284</td> <td>97.93</td> </tr> <tr> <td>8</td> <td>6</td> <td>2.07</td> <td>290</td> <td>100.00</td> </tr> </tbody> </table>	HEALTH1	Frequency	Percent	Cum Freq	Cum Percent	1	104	35.86	104	35.86	2	180	62.07	284	97.93	8	6	2.07	290	100.00	1	2	8
HEALTH1	Frequency	Percent	Cum Freq	Cum Percent																				
1	104	35.86	104	35.86																				
2	180	62.07	284	97.93																				
8	6	2.07	290	100.00																				
b.	Asthma or chronic bronchitis or emphysema?  <table border="1"> <thead> <tr> <th>HEALTH2</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>48</td> <td>16.55</td> <td>48</td> <td>16.55</td> </tr> <tr> <td>2</td> <td>240</td> <td>82.76</td> <td>288</td> <td>99.31</td> </tr> <tr> <td>8</td> <td>2</td> <td>0.69</td> <td>290</td> <td>100.00</td> </tr> </tbody> </table>	HEALTH2	Frequency	Percent	Cum Freq	Cum Percent	1	48	16.55	48	16.55	2	240	82.76	288	99.31	8	2	0.69	290	100.00	1	2	8
HEALTH2	Frequency	Percent	Cum Freq	Cum Percent																				
1	48	16.55	48	16.55																				
2	240	82.76	288	99.31																				
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c.	Cataracts?  <table border="1"> <thead> <tr> <th>HEALTH3</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>208</td> <td>71.72</td> <td>208</td> <td>71.72</td> </tr> <tr> <td>2</td> <td>78</td> <td>26.90</td> <td>286</td> <td>98.62</td> </tr> <tr> <td>8</td> <td>4</td> <td>1.38</td> <td>290</td> <td>100.00</td> </tr> </tbody> </table>	HEALTH3	Frequency	Percent	Cum Freq	Cum Percent	1	208	71.72	208	71.72	2	78	26.90	286	98.62	8	4	1.38	290	100.00	1	2	8
HEALTH3	Frequency	Percent	Cum Freq	Cum Percent																				
1	208	71.72	208	71.72																				
2	78	26.90	286	98.62																				
8	4	1.38	290	100.00																				
d.	Glaucoma?  <table border="1"> <thead> <tr> <th>HEALTH4</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>50</td> <td>17.24</td> <td>50</td> <td>17.24</td> </tr> <tr> <td>2</td> <td>234</td> <td>80.69</td> <td>284</td> <td>97.93</td> </tr> <tr> <td>8</td> <td>6</td> <td>2.07</td> <td>290</td> <td>100.00</td> </tr> </tbody> </table>	HEALTH4	Frequency	Percent	Cum Freq	Cum Percent	1	50	17.24	50	17.24	2	234	80.69	284	97.93	8	6	2.07	290	100.00	1	2	8
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1	50	17.24	50	17.24																				
2	234	80.69	284	97.93																				
8	6	2.07	290	100.00																				
e.	Macular degeneration?  <table border="1"> <thead> <tr> <th>HEALTH5</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>34</td> <td>11.72</td> <td>34</td> <td>11.72</td> </tr> <tr> <td>2</td> <td>251</td> <td>86.55</td> <td>285</td> <td>98.28</td> </tr> <tr> <td>8</td> <td>5</td> <td>1.72</td> <td>290</td> <td>100.00</td> </tr> </tbody> </table>	HEALTH5	Frequency	Percent	Cum Freq	Cum Percent	1	34	11.72	34	11.72	2	251	86.55	285	98.28	8	5	1.72	290	100.00	1	2	8
HEALTH5	Frequency	Percent	Cum Freq	Cum Percent																				
1	34	11.72	34	11.72																				
2	251	86.55	285	98.28																				
8	5	1.72	290	100.00																				

f.	Diabetic retinopathy or diabetic eye disease?	1	2	8																				
	<table> <tr> <th>HEALTH6</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>9</td><td>3.10</td><td>9</td><td>3.10</td></tr> <tr> <td>2</td><td>276</td><td>95.17</td><td>285</td><td>98.28</td></tr> <tr> <td>8</td><td>5</td><td>1.72</td><td>290</td><td>100.00</td></tr> </table>	HEALTH6	Frequency	Percent	Cum Freq	Cum Percent	1	9	3.10	9	3.10	2	276	95.17	285	98.28	8	5	1.72	290	100.00			
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1	9	3.10	9	3.10																				
2	276	95.17	285	98.28																				
8	5	1.72	290	100.00																				
g.	Angina or chest pain due to heart disease?	1	2	8																				
	<table> <tr> <th>HEALTH7</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>66</td><td>22.76</td><td>66</td><td>22.76</td></tr> <tr> <td>2</td><td>214</td><td>73.79</td><td>280</td><td>96.55</td></tr> <tr> <td>8</td><td>10</td><td>3.45</td><td>290</td><td>100.00</td></tr> </table>	HEALTH7	Frequency	Percent	Cum Freq	Cum Percent	1	66	22.76	66	22.76	2	214	73.79	280	96.55	8	10	3.45	290	100.00			
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1	66	22.76	66	22.76																				
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8	10	3.45	290	100.00																				
h.	Congestive heart failure?	1	2	8																				
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HEALTH8	Frequency	Percent	Cum Freq	Cum Percent																				
1	40	13.79	40	13.79																				
2	248	85.52	288	99.31																				
8	2	0.69	290	100.00																				
i.	Stroke, mini-stroke or TIA?	1	2	8																				
	<table> <tr> <th>HEALTH9</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>54</td><td>18.62</td><td>54</td><td>18.62</td></tr> <tr> <td>2</td><td>233</td><td>80.34</td><td>287</td><td>98.97</td></tr> <tr> <td>8</td><td>3</td><td>1.03</td><td>290</td><td>100.00</td></tr> </table>	HEALTH9	Frequency	Percent	Cum Freq	Cum Percent	1	54	18.62	54	18.62	2	233	80.34	287	98.97	8	3	1.03	290	100.00			
HEALTH9	Frequency	Percent	Cum Freq	Cum Percent																				
1	54	18.62	54	18.62																				
2	233	80.34	287	98.97																				
8	3	1.03	290	100.00																				
j.	Hypertension or high blood pressure?	1	2	8																				
	<table> <tr> <th>HEALTH10</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>192</td><td>66.21</td><td>192</td><td>66.21</td></tr> <tr> <td>2</td><td>95</td><td>32.76</td><td>287</td><td>98.97</td></tr> <tr> <td>8</td><td>3</td><td>1.03</td><td>290</td><td>100.00</td></tr> </table>	HEALTH10	Frequency	Percent	Cum Freq	Cum Percent	1	192	66.21	192	66.21	2	95	32.76	287	98.97	8	3	1.03	290	100.00			
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1	192	66.21	192	66.21																				
2	95	32.76	287	98.97																				
8	3	1.03	290	100.00																				
k.	High cholesterol?	1	2	8																				
	<table> <tr> <th>HEALTH11</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>144</td><td>49.66</td><td>144</td><td>49.66</td></tr> <tr> <td>2</td><td>134</td><td>46.21</td><td>278</td><td>95.86</td></tr> <tr> <td>8</td><td>12</td><td>4.14</td><td>290</td><td>100.00</td></tr> </table>	HEALTH11	Frequency	Percent	Cum Freq	Cum Percent	1	144	49.66	144	49.66	2	134	46.21	278	95.86	8	12	4.14	290	100.00			
HEALTH11	Frequency	Percent	Cum Freq	Cum Percent																				
1	144	49.66	144	49.66																				
2	134	46.21	278	95.86																				
8	12	4.14	290	100.00																				
l.	Arthritis?	1	2	8																				
	<table> <tr> <th>HEALTH12</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>199</td><td>68.62</td><td>199</td><td>68.62</td></tr> <tr> <td>2</td><td>87</td><td>30.00</td><td>286</td><td>98.62</td></tr> <tr> <td>8</td><td>4</td><td>1.38</td><td>290</td><td>100.00</td></tr> </table>	HEALTH12	Frequency	Percent	Cum Freq	Cum Percent	1	199	68.62	199	68.62	2	87	30.00	286	98.62	8	4	1.38	290	100.00			
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1	199	68.62	199	68.62																				
2	87	30.00	286	98.62																				
8	4	1.38	290	100.00																				

m.	Diabetes?	1	2	8																				
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1	47	16.21	47	16.21																				
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8	2	0.69	290	100.00																				
n.	Heart Attack or Myocardial Infarction?	1	2	8																				
	<table> <tr> <th>HEALTH14</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>42</td><td>14.48</td><td>42</td><td>14.48</td></tr> <tr> <td>2</td><td>246</td><td>84.83</td><td>288</td><td>99.31</td></tr> <tr> <td>8</td><td>2</td><td>0.69</td><td>290</td><td>100.00</td></tr> </table>	HEALTH14	Frequency	Percent	Cum Freq	Cum Percent	1	42	14.48	42	14.48	2	246	84.83	288	99.31	8	2	0.69	290	100.00			
HEALTH14	Frequency	Percent	Cum Freq	Cum Percent																				
1	42	14.48	42	14.48																				
2	246	84.83	288	99.31																				
8	2	0.69	290	100.00																				
o.	Alzheimer's disease?	1	2	8																				
	<table> <tr> <th>HEALTH15</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>9</td><td>3.10</td><td>9</td><td>3.10</td></tr> <tr> <td>2</td><td>275</td><td>94.83</td><td>284</td><td>97.93</td></tr> <tr> <td>8</td><td>6</td><td>2.07</td><td>290</td><td>100.00</td></tr> </table>	HEALTH15	Frequency	Percent	Cum Freq	Cum Percent	1	9	3.10	9	3.10	2	275	94.83	284	97.93	8	6	2.07	290	100.00			
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1	9	3.10	9	3.10																				
2	275	94.83	284	97.93																				
8	6	2.07	290	100.00																				
p.	Pneumonia?	1	2	8																				
	<table> <tr> <th>HEALTH17</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>79</td><td>27.24</td><td>79</td><td>27.24</td></tr> <tr> <td>2</td><td>210</td><td>72.41</td><td>289</td><td>99.66</td></tr> <tr> <td>8</td><td>1</td><td>0.34</td><td>290</td><td>100.00</td></tr> </table>	HEALTH17	Frequency	Percent	Cum Freq	Cum Percent	1	79	27.24	79	27.24	2	210	72.41	289	99.66	8	1	0.34	290	100.00			
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1	79	27.24	79	27.24																				
2	210	72.41	289	99.66																				
8	1	0.34	290	100.00																				
q.	Cancer(s), other than skin cancer?	1 (J1r)	2 (J2)	8 (J2)																				
	<table> <tr> <th>HEALTH16</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>58</td><td>20.00</td><td>58</td><td>20.00</td></tr> <tr> <td>2</td><td>230</td><td>79.31</td><td>288</td><td>99.31</td></tr> <tr> <td>8</td><td>2</td><td>0.69</td><td>290</td><td>100.00</td></tr> </table>	HEALTH16	Frequency	Percent	Cum Freq	Cum Percent	1	58	20.00	58	20.00	2	230	79.31	288	99.31	8	2	0.69	290	100.00			
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1	58	20.00	58	20.00																				
2	230	79.31	288	99.31																				
8	2	0.69	290	100.00																				



Another important influence on health are personal habits. The following questions ask about personal habits that may or may not apply to you.

J2. Do you smoke now?

YES.....1 (J2a)

NO .....2 (J2b)

NEVER SMOKED .....3 (J3)

SMOKENOW	Frequency	Percent	Cum Freq	Cum Percent
1	9	3.10	9	3.10
2	132	45.52	141	48.62
3	149	51.38	290	100.00

J2a. On the average, about how many cigarettes per day do you now smoke?

RECORD: \_\_\_\_\_ (J3)  
CIGARETTES PER DAY

CIGARDAY	Frequency	Percent	Cum Freq	Cum Percent
-2	281	96.90	281	96.90
7	1	0.34	282	97.24
10	2	0.69	284	97.93
15	2	0.69	286	98.62
17	1	0.34	287	98.97
20	2	0.69	289	99.66
30	1	0.34	290	100.00

J2b. How old were you when you quit?

RECORD: \_\_\_\_\_  
YEARS OLD

Analysis Variable : SMOKQUIT					
N	Mean	SD	Minimum	Median	Maximum
129	50.2	15.5	17.0	50.0	77.0

SMOKQUIT	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.86	3	1.86
-2	158	98.14	161	100.00

J3. Now I'm going to ask you some questions about your exposure to alcohol. How often do you have a drink containing alcohol? Would you say . . .

Never ..... 0 (J4)

Monthly or less..... 1

Two to four times a month ..... 2

Two to three times a week ..... 3

Four to seven times a week ..... 4

DRINKOFT	Frequency	Percent	Cum Freq	Cum Percent
0	156	53.79	156	53.79
1	83	28.62	239	82.41
2	21	7.24	260	89.66
3	13	4.48	273	94.14
4	17	5.86	290	100.00

J3a. How many drinks containing alcohol do you have on a typical day when you are drinking?  
Would you say...

One to two ..... 1

Three to four ..... 2

Five to six ..... 3

Seven to nine ..... 4

Ten or more ..... 5

DRINKNUM	Frequency	Percent	Cum Freq	Cum Percent
-2	156	53.79	156	53.79
1	130	44.83	286	98.62
2	4	1.38	290	100.00

J4. The next questions ask about health-related events that may have happened to you in the last twelve months. Have you limited your activities because of pain?

YES ..... 1 (J4a)

NO ..... 2 (J5)

DON'T KNOW ..... 8 (J5)

LIMAPAIN	Frequency	Percent	Cum Freq	Cum Percent
1	132	45.52	132	45.52
2	154	53.10	286	98.62
8	4	1.38	290	100.00

J4a. Where is the pain that caused you to limit your activity?  
(CIRCLE ALL THAT APPLY.)

Neck..... 1

NECKPAIN	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	125	43.10	285	98.28
1	5	1.72	290	100.00

Elbows ..... 2

ELBOPAIN	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	127	43.79	287	98.97
2	3	1.03	290	100.00

Hips ..... 3

HIPSPAIN	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	103	35.52	263	90.69
3	27	9.31	290	100.00

Feet/Toes ..... 4

FEETPAIN	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	113	38.97	273	94.14
4	17	5.86	290	100.00

Back..... 5

BACKPAI N	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	69	23.79	229	78.97
5	61	21.03	290	100.00

Wrists..... 6

WRISPAIN	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	126	43.45	286	98.62
6	4	1.38	290	100.00

Knees ..... 7

KNEEPAIN	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	90	31.03	250	86.21
7	40	13.79	290	100.00

Shoulders ..... 8

SHOUPAIN	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	111	38.28	271	93.45
8	19	6.55	290	100.00

Hand/Fingers ..... 9

HANDPAIN	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	118	40.69	278	95.86
9	12	4.14	290	100.00

Ankles..... 10

ANKLPAIN	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	122	42.07	282	97.24
10	8	2.76	290	100.00

Other ..... 11

OTHEPAIN	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	158	54.48	160	55.17
0	74	25.52	234	80.69
11	56	19.31	290	100.00

- J5. The following are questions about your health insurance. Are you currently covered by any government health insurance programs, such as Medicare, Medicaid, or other government programs?

YES ..... 1 **(J5a)**

NO ..... 2 **(J6)**

DON'T KNOW ..... 8 **(J6)**

GOVERINS	Frequency	Percent	Cum Freq	Cum Percent
1	283	97.59	283	97.59
2	3	1.03	286	98.62
8	4	1.38	290	100.00

- J5a. Which program is that? (CIRCLE ALL THAT APPLY.)  
(PROBE: Any other program?)

MEDICARE ..... 1 **(J5b)**

MDCARINS	Frequency	Percent	Cum Freq	Cum Percent
-2	7	2.41	7	2.41
0	5	1.72	12	4.14
1	278	95.86	290	100.00

MEDICAID ..... 2

MDCAIINS	Frequency	Percent	Cum Freq	Cum Percent
-2	7	2.41	7	2.41
0	256	88.28	263	90.69
2	27	9.31	290	100.00

VA/CHAMPUS ..... 3

VACHAMP	Frequency	Percent	Cum Freq	Cum Percent
-2	7	2.41	7	2.41
0	281	96.90	288	99.31
3	2	0.69	290	100.00

OTHER ..... 4

OTHERINS	Frequency	Percent	Cum Freq	Cum Percent
-2	7	2.41	7	2.41
0	278	95.86	285	98.28
4	5	1.72	290	100.00

J5b. Do you have standard Medicare or are you in a Medicare HMO (health maintenance organization) such as [NAME(S) OF LOCAL HMOs]?

STANDARD MEDICARE ..... 1

MEDICARE HMO ..... 2

DON'T KNOW ..... 8

MCARETYP	Frequency	Percent	Cum Freq	Cum Percent
-2	12	4.14	12	4.14
1	222	76.55	234	80.69
2	37	12.76	271	93.45
8	19	6.55	290	100.00

J6. Do you have any health insurance obtained through your (or your spouse's) employer or former employer?

YES ..... 1 **(J6a)**

NO ..... 2 **(J7)**

DON'T KNOW ..... 8 **(J7)**

HINSEPL	Frequency	Percent	Cum Freq	Cum Percent
1	116	40.00	116	40.00
2	172	59.31	288	99.31
8	2	0.69	290	100.00

J6a. Is it from a current or former employer?

CURRENT ..... 1

FORMER ..... 2

DON'T KNOW ..... 8

CUREMPL	Frequency	Percent	Cum Freq	Cum Percent
-2	174	60.00	174	60.00
1	1	0.34	175	60.34
2	114	39.31	289	99.66
8	1	0.34	290	100.00

J7. Do you have any type of health insurance coverage, Medigap or other supplemental coverage, or long-term care insurance that is purchased directly from an insurance company or through a membership organization such as AARP (American Association of Retired Persons)?

YES ..... 1 **(J7a)**

NO ..... 2 **(GO TO SECTION K)**

DON'T KNOW ..... 8 **(GO TO SECTION K)**

HINSDIR	Frequency	Percent	Cum Freq	Cum Percent
1	143	49.31	143	49.31
2	140	48.28	283	97.59
8	7	2.41	290	100.00

J7a. What kind of coverage is that?

LONG TERM CARE.....1  
(INCLUDING NURSING HOME CARE)

OTHER ..... 2

DON'T KNOW ..... 8

KHINSDIR	Frequency	Percent	Cum Freq	Cum Percent
-2	147	50.69	147	50.69
1	21	7.24	168	57.93
2	117	40.34	285	98.28
8	5	1.72	290	100.00

**SECTION K: HEALTH SERVICES UTILIZATION*****PROXY ALLOWED***

I am now going to ask some questions about where you receive health care.

K1. When you need health care such as seeing a doctor, is there a place where you usually go?

YES..... 1 (K2)

NO ..... 2 (K3)

DON'T KNOW ..... 8 (K3)

HEALTHS1	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
1	281	96.90	284	97.93
2	6	2.07	290	100.00

K2. What is that place? Is it . . .

a private (or single) doctor's office ..... 1

a clinic or group practice with several  
doctors' offices ..... 2

an emergency room ..... 3

someplace else ..... 4

DON'T KNOW ..... 8

HEALTHS2	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	6	2.07	9	3.10
1	129	44.48	138	47.59
2	126	43.45	264	91.03
3	1	0.34	265	91.38
4	24	8.28	289	99.66
8	1	0.34	290	100.00

K3. Do you have a physician whom you see regularly?

YES..... 1 (K4)

NO ..... 2 (K5)

DON'T KNOW ..... 8 (K5)

HEALTHS3	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
1	275	94.83	278	95.86
2	11	3.79	289	99.66
8	1	0.34	290	100.00



K4. What kind of a physician is that? Is it . . .

- a geriatrician or a specialist in older persons .....1
- a family or general practitioner.....2
- an internist.....3
- a cardiologist or heart doctor .....4
- some other type .....5
- DON'T KNOW .....8

HEALTHS4	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-2	12	4.14	15	5.17
1	15	5.17	30	10.34
2	143	49.31	173	59.66
3	94	32.41	267	92.07
4	11	3.79	278	95.86
5	11	3.79	289	99.66
8	1	0.34	290	100.00

**IF SUBJECT REPORTS MULTIPLE PHYSICIANS:**

Which doctor do you see most frequently?

Which doctor do you see for routine care or minor problems?

The next set of questions asks about your use of doctor, hospital, or other health care services in the last twelve months. Today is (MONTH + YEAR), so I will be asking you about the period of time from (ONE YEAR AGO - MONTH + YEAR), up to, and including, yesterday.  
(PROVIDE THE MONTH + YEAR ON A PIECE OF PAPER FOR PARTICIPANTS REFERENCE)

K5. How many times in the last twelve months were you seen by or did you talk to a physician about your health? (CODE DK FOR DON'T KNOW RESPONSE.)

RECORD:            
TIMES (IF ZERO, GO TO K8.)

HEALTHS5	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-8	9	3.10	12	4.14
0	4	1.38	16	5.52
1	11	3.79	27	9.31
2	39	13.45	66	22.76
3	31	10.69	97	33.45
4	44	15.17	141	48.62
5	15	5.17	156	53.79
6	26	8.97	182	62.76
7	5	1.72	187	64.48
8	13	4.48	200	68.97
9	4	1.38	204	70.34
10	11	3.79	215	74.14
11	3	1.03	218	75.17
12	28	9.66	246	84.83
13	3	1.03	249	85.86
15	4	1.38	253	87.24
16	5	1.72	258	88.97
17	1	0.34	259	89.31
18	3	1.03	262	90.34
20	7	2.41	269	92.76
24	7	2.41	276	95.17
25	1	0.34	277	95.52
26	3	1.03	280	96.55
29	1	0.34	281	96.90
30	2	0.69	283	97.59
36	1	0.34	284	97.93
40	2	0.69	286	98.62
45	1	0.34	287	98.97
50	2	0.69	289	99.66
99	1	0.34	290	100.00

- K7. Thinking about the last time that you were seen by or talked to a physician, for what conditions or reasons were you there?  
(DO NOT READ RESPONSE OPTIONS, CODE BASED ON PARTICIPANT'S RESPONSES)

A COLD, COUGH, RESPIRATORY PROBLEM, OR THE FLU.....1  
 ROUTINE FOLLOWUP FOR CHRONIC CONDITIONS SUCH  
 AS HYPERTENSION, DIABETES, OR HEART PROBLEMS.....2  
 A FOLLOW-UP AFTER A PREVIOUS VISIT FOR AN ILLNESS  
 OR SURGERY.....3  
 A ROUTINE OR REGULAR CHECK-UP, SUCH AS AN ANNUAL  
 OR SEMI-ANNUAL PHYSICAL.....4  
 SOME OTHER REASON.....5

HEALTHS7	Frequency	Percent	Cum Freq	Cum Percent
-9	4	1.38	4	1.38
-8	6	2.07	10	3.45
-2	4	1.38	14	4.83
1	5	1.72	19	6.55
2	49	16.90	68	23.45
3	44	15.17	112	38.62
4	115	39.66	227	78.28
5	63	21.72	290	100.00

- K8. How many times in the last twelve months were you seen by or did you talk to a dentist about your oral health? (CODE DK FOR DON'T KNOW RESPONSE.)

RECORD: \_\_\_\_  
 TIMES (IF ZERO, GO TO K10.)

HEALTHS8	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-8	2	0.69	5	1.72
0	120	41.38	125	43.10
1	43	14.83	168	57.93
2	71	24.48	239	82.41
3	19	6.55	258	88.97
4	15	5.17	273	94.14
5	9	3.10	282	97.24
6	6	2.07	288	99.31
7	1	0.34	289	99.66
10	1	0.34	290	100.00

K10. How many times in the last twelve months were you a patient in the hospital overnight?

(CODE DK FOR DON'T KNOW RESPONSE.)

RECORD: \_\_\_\_\_

TIMES (IF ZERO, GO TO K12.)

hlths10	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-8	2	0.69	5	1.72
0	187	64.48	192	66.21
1	67	23.10	259	89.31
2	16	5.52	275	94.83
3	8	2.76	283	97.59
4	2	0.69	285	98.28
5	2	0.69	287	98.97
6	1	0.34	288	99.31
7	1	0.34	289	99.66
12	1	0.34	290	100.00

K10i. About how many nights did you spend in the hospital in the last twelve months?

(CODE DK FOR DON'T KNOW RESPONSE.)

RECORD:            
NIGHTS

hlths11	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-8	2	0.69	5	1.72
-2	187	64.48	192	66.21
0	1	0.34	193	66.55
1	12	4.14	205	70.69
2	9	3.10	214	73.79
3	10	3.45	224	77.24
4	10	3.45	234	80.69
5	9	3.10	243	83.79
6	3	1.03	246	84.83
7	3	1.03	249	85.86
8	5	1.72	254	87.59
9	1	0.34	255	87.93
10	5	1.72	260	89.66
11	1	0.34	261	90.00
12	2	0.69	263	90.69
13	2	0.69	265	91.38
14	5	1.72	270	93.10
15	2	0.69	272	93.79
16	1	0.34	273	94.14
17	1	0.34	274	94.48
20	1	0.34	275	94.83
21	1	0.34	276	95.17
23	1	0.34	277	95.52
24	1	0.34	278	95.86
25	2	0.69	280	96.55
30	3	1.03	283	97.59
42	2	0.69	285	98.28
45	1	0.34	286	98.62
51	1	0.34	287	98.97
60	1	0.34	288	99.31
90	2	0.69	290	100.00

K12. How many times in the last twelve months were you a resident in a nursing home?

(CODE DK FOR DON'T KNOW RESPONSE.)

RECORD: \_\_\_\_\_  
TIMES (IF ZERO, GO TO K13.)

hlths13	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-8	1	0.34	4	1.38
0	254	87.59	258	88.97
1	15	5.17	273	94.14
2	2	0.69	275	94.83
99	15	5.17	290	100.00

(IF PARTICIPANT A FULL TIME NURSING HOME RESIDENT, CODE '99' AND MAKE A COMMENT IN THE MARGIN TO THAT EFFECT)

K12i. About how many days did you spend in the nursing home in the last twelve months?

(CODE DK FOR DON'T KNOW RESPONSE.)

RECORD: \_\_\_\_\_  
DAYS

Analysis Variable : hlths14					
N	Mean	SD	Minimum	Median	Maximum
32	204.9	161.8	7.0	240.5	365.0

hlths14	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.16	3	1.16
-8	1	0.39	4	1.55
-2	254	98.45	258	100.00

hlths14	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-8	1	0.34	4	1.38
-2	254	87.59	258	88.97
7	1	0.34	259	89.31
12	1	0.34	260	89.66
15	1	0.34	261	90.00
16	1	0.34	262	90.34
19	1	0.34	263	90.69
20	2	0.69	265	91.38
30	1	0.34	266	91.72
32	1	0.34	267	92.07
49	1	0.34	268	92.41
50	1	0.34	269	92.76
52	1	0.34	270	93.10
60	1	0.34	271	93.45
100	1	0.34	272	93.79
120	1	0.34	273	94.14
210	1	0.34	274	94.48
271	1	0.34	275	94.83
365	15	5.17	290	100.00

(IF PARTICIPANT A FULL TIME NURSING HOME RESIDENT, CODE '365' AND MAKE A COMMENT IN THE MARGIN TO THAT EFFECT)

K13. How many times in the last twelve months have you received medical treatment in an emergency room? (CODE DK FOR DON'T KNOW RESPONSE.)

RECORD:       
TIMES

Analysis Variable : hlths15					
N	Mean	SD	Minimum	Median	Maximum
282	0.6	1.2	0.0	0.0	12.0

hlths15	Frequency	Percent	Cum Freq	Cum Percent
-9	3	37.50	3	37.50
-8	5	62.50	8	100.00

hlths15	Frequency	Percent	Cum Freq	Cum Percent
-9	3	1.03	3	1.03
-8	5	1.72	8	2.76
0	184	63.45	192	66.21
1	64	22.07	256	88.28
2	19	6.55	275	94.83
3	6	2.07	281	96.90
4	5	1.72	286	98.62
5	1	0.34	287	98.97
7	2	0.69	289	99.66
12	1	0.34	290	100.00

K14. About how many different times in the last twelve months have you used the services of:  
(CODE DK FOR DON'T KNOW RESPONSE.)

(COMMUNITY- BASED SERVICES)

a. a physical therapist \_\_\_\_\_ TIMES

Analysis Variable : hlths16a					
N	Mean	SD	Minimum	Median	Maximum
282	5.2	12.9	0.0	0.0	80.0

hlths16a	Frequency	Percent	Cum Freq	Cum Percent
-9	6	75.00	6	75.00
-8	2	25.00	8	100.00

hlths16a	Frequency	Percent	Cum Freq	Cum Percent
-9	6	2.07	6	2.07
-8	2	0.69	8	2.76
0	199	68.62	207	71.38
1	7	2.41	214	73.79
2	4	1.38	218	75.17
3	4	1.38	222	76.55
4	4	1.38	226	77.93
5	3	1.03	229	78.97
6	7	2.41	236	81.38
7	1	0.34	237	81.72
8	7	2.41	244	84.14
9	1	0.34	245	84.48
10	4	1.38	249	85.86
12	6	2.07	255	87.93
15	2	0.69	257	88.62
16	3	1.03	260	89.66
17	1	0.34	261	90.00
18	4	1.38	265	91.38
20	4	1.38	269	92.76
21	1	0.34	270	93.10
22	2	0.69	272	93.79
23	1	0.34	273	94.14
30	1	0.34	274	94.48
32	1	0.34	275	94.83
40	3	1.03	278	95.86
42	2	0.69	280	96.55
48	1	0.34	281	96.90
50	4	1.38	285	98.28
60	2	0.69	287	98.97
65	1	0.34	288	99.31
72	1	0.34	289	99.66
80	1	0.34	290	100.00



b. an audiologist (hearing therapist)

\_\_\_ \_\_ \_\_ TIMES

Analysis Variable : hlths16b					
N	Mean	SD	Minimum	Median	Maximum
282	0.3	0.8	0.0	0.0	5.0

hlths16b	Frequency	Percent	Cum Freq	Cum Percent
-9	6	75.00	6	75.00
-8	2	25.00	8	100.00

hlths16b	Frequency	Percent	Cum Freq	Cum Percent
-9	6	2.07	6	2.07
-8	2	0.69	8	2.76
0	244	84.14	252	86.90
1	17	5.86	269	92.76
2	7	2.41	276	95.17
3	8	2.76	284	97.93
4	5	1.72	289	99.66
5	1	0.34	290	100.00

c. a visiting nurse

\_\_\_ \_\_ \_\_ TIMES

Analysis Variable : hlths16c					
N	Mean	SD	Minimum	Median	Maximum
281	3.0	22.8	0.0	0.0	365.0

hlths16c	Frequency	Percent	Cum Freq	Cum Percent
-9	7	77.78	7	77.78
-8	2	22.22	9	100.00

hlths16c	Frequency	Percent	Cum Freq	Cum Percent
-9	7	2.41	7	2.41
-8	2	0.69	9	3.10
0	233	80.34	242	83.45
1	11	3.79	253	87.24
2	4	1.38	257	88.62
3	3	1.03	260	89.66
4	2	0.69	262	90.34
5	2	0.69	264	91.03
6	3	1.03	267	92.07
8	4	1.38	271	93.45
9	2	0.69	273	94.14
10	3	1.03	276	95.17
11	1	0.34	277	95.52
12	5	1.72	282	97.24
16	1	0.34	283	97.59
18	1	0.34	284	97.93
20	1	0.34	285	98.28
24	1	0.34	286	98.62
50	1	0.34	287	98.97
52	1	0.34	288	99.31
75	1	0.34	289	99.66
365	1	0.34	290	100.00

d. a home health aide

\_\_\_\_ TIMES

Analysis Variable : hlths16d					
N	Mean	SD	Minimum	Median	Maximum
281	6.0	39.7	0.0	0.0	365.0

hlths16d	Frequency	Percent	Cum Freq	Cum Percent
-9	8	88.89	8	88.89
-8	1	11.11	9	100.00

hlths16d	Frequency	Percent	Cum Freq	Cum Percent
-9	8	2.76	8	2.76
-8	1	0.34	9	3.10
0	254	87.59	263	90.69
1	3	1.03	266	91.72
2	4	1.38	270	93.10
3	1	0.34	271	93.45
4	2	0.69	273	94.14
5	1	0.34	274	94.48
6	2	0.69	276	95.17
8	1	0.34	277	95.52
9	1	0.34	278	95.86
12	1	0.34	279	96.21
20	1	0.34	280	96.55
24	2	0.69	282	97.24
52	1	0.34	283	97.59
60	1	0.34	284	97.93
100	2	0.69	286	98.62
150	1	0.34	287	98.97
365	3	1.03	290	100.00

e. a personal care attendant \_\_\_\_\_ TIMES

Analysis Variable : hlths16e					
N	Mean	SD	Minimum	Median	Maximum
281	9.2	52.7	0.0	0.0	365.0

hlths16e	Frequency	Percent	Cum Freq	Cum Percent
-9	8	88.89	8	88.89
-8	1	11.11	9	100.00

hlths16e	Frequency	Percent	Cum Freq	Cum Percent
-9	8	2.76	8	2.76
-8	1	0.34	9	3.10
0	265	91.38	274	94.48
1	1	0.34	275	94.83
2	1	0.34	276	95.17
7	1	0.34	277	95.52
8	1	0.34	278	95.86
16	1	0.34	279	96.21
24	1	0.34	280	96.55
30	1	0.34	281	96.90
52	1	0.34	282	97.24
104	1	0.34	283	97.59
280	1	0.34	284	97.93
290	1	0.34	285	98.28
300	1	0.34	286	98.62
365	4	1.38	290	100.00

f. an adult day care center \_\_\_\_\_ TIMES

Analysis Variable : hlths16f					
N	Mean	SD	Minimum	Median	Maximum
282	2.1	23.9	0.0	0.0	365.0

hlths16f	Frequency	Percent	Cum Freq	Cum Percent
-9	7	87.50	7	87.50
-8	1	12.50	8	100.00

hlths16f	Frequency	Percent	Cum Freq	Cum Percent
-9	7	2.41	7	2.41
-8	1	0.34	8	2.76
0	279	96.21	287	98.97
64	1	0.34	288	99.31
156	1	0.34	289	99.66
365	1	0.34	290	100.00

g. a psychologist or mental health worker \_\_\_\_\_ TIMES

Analysis Variable : hlths16g					
N	Mean	SD	Minimum	Median	Maximum
282	0.5	3.5	0.0	0.0	52.0

hlths16g	Frequency	Percent	Cum Freq	Cum Percent
-9	7	87.50	7	87.50
-8	1	12.50	8	100.00

hlths16g	Frequency	Percent	Cum Freq	Cum Percent
-9	7	2.41	7	2.41
-8	1	0.34	8	2.76
0	265	91.38	273	94.14
1	4	1.38	277	95.52
2	1	0.34	278	95.86
3	2	0.69	280	96.55
4	2	0.69	282	97.24
5	2	0.69	284	97.93
6	1	0.34	285	98.28
12	4	1.38	289	99.66
52	1	0.34	290	100.00

(DO NOT INCLUDE THESE SERVICES, IF RECEIVED IN A NURSING HOME)

**K15. RECORD END TIME:** \_\_\_\_:\_\_\_\_ AM / PM

Analysis Variable : health_t					
N	Mean	SD	Minimum	Median	Maximum
288	11.9	42.6	2.0	8.0	724.0

health_t	Frequency	Percent	Cum Freq	Cum Percent
.	2	100.00	2	100.00

**- MAY OFFER BREAK HERE -**

<b>SECTION L:</b>	<b>PRE - SF-36</b>
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L1. WAS THIS MEASUREMENT COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1            GO TO SECTION N

YES ..... 2            COMPLETE QUESTIONS BELOW

measc_1	Frequency	Percent	Cum Freq	Cum Percent
1	26	8.97	26	8.97
2	264	91.03	290	100.00

L3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER.....1

IN-PERSON AT PARTICIPANT'S HOME.....2

IN-PERSON AT NURSING HOME.....3

IN-PERSON AT ALTERNATE LOCATION.....4

TELEPHONE.....5

i_mode_1	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	2	0.69	28	9.66
2	17	5.86	45	15.52
3	8	2.76	53	18.28
4	2	0.69	55	18.97
5	235	81.03	290	100.00

L4. WITH WHOM:

PARTICIPANT ONLY ..... 1    **(L5)**

w_whom_1	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	263	90.69	290	100.00

L6. SF-36 START TIME:                      \_\_\_\_ : \_\_\_\_ AM / PM

INSTRUCTIONS: This section asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities.

**Answer every question** by marking the answer as indicated. If you are unsure about how to answer a question, please give the best answer you can.

M1. In general, would you say your health is:

(circle one)

Excellent.....1

Very good.....2

Good.....3

Fair.....4

Poor.....5

health_g	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	20	6.90	46	15.86
2	70	24.14	116	40.00
3	96	33.10	212	73.10
4	66	22.76	278	95.86
5	12	4.14	290	100.00

M2. Compared to one year ago, how would you rate your health in general now?

(circle one)

Much better now than one year ago.....1

Somewhat better now than one year ago.....2

About the same.....3

Somewhat worse now than one year ago.....4

Much worse now than one year ago.....5

heal_1y	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	19	6.55	46	15.86
2	25	8.62	71	24.48
3	153	52.76	224	77.24
4	55	18.97	279	96.21
5	11	3.79	290	100.00

M3. The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?

(circle one number on each line)

<u>ACTIVITIES</u>		<b>Yes, limited a lot</b>	<b>Yes, limited a little</b>	<b>No, not limited at all</b>
a.	<b>Vigorous activities</b> , such as running, lifting heavy objects, participating in strenuous sports?	1	2	3

D3A	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	183	63.10	209	72.07
2	53	18.28	262	90.34
3	28	9.66	290	100.00

b.	<b>Moderate activities</b> , such as moving a table, pushing a vacuum cleaner, bowling or playing golf?	1	2	3
----	---	---	---	---

D3B	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	87	30.00	113	38.97
2	73	25.17	186	64.14
3	104	35.86	290	100.00

- c. Lifting or carrying groceries? 1 2 3

D3C	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	70	24.14	97	33.45
2	68	23.45	165	56.90
3	125	43.10	290	100.00

- d. Climbing **several** flights of stairs? 1 2 3

D3D	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	121	41.72	147	50.69
2	52	17.93	199	68.62
3	91	31.38	290	100.00

- e. Climbing **one** flight of stairs? 1 2 3

D3E	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	63	21.72	90	31.03
2	62	21.38	152	52.41
3	138	47.59	290	100.00

- f. Bending, kneeling, or stooping? 1 2 3

D3F	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	73	25.17	99	34.14
2	96	33.10	195	67.24
3	95	32.76	290	100.00

- g. Walking **more than a mile**? 1 2 3

D3G	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	150	51.72	176	60.69
2	37	12.76	213	73.45
3	77	26.55	290	100.00



h. Walking **several blocks?** 1 2 3

D3H	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	101	34.83	127	43.79
2	54	18.62	181	62.41
3	109	37.59	290	100.00

i. Walking **one block?** 1 2 3

D3I	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	43	14.83	69	23.79
2	67	23.10	136	46.90
3	154	53.10	290	100.00

j. Bathing or dressing yourself? 1 2 3

D3J	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	11	3.79	37	12.76
2	33	11.38	70	24.14
3	220	75.86	290	100.00

M4. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

(circle one number on each line)

**YES**

**NO**

- a. Cut down the **amount of time** you spent on work or other activities?

1

2

D4A	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	110	37.93	136	46.90
2	154	53.10	290	100.00

- b. **Accomplished less** than you would like?

1

2

D4B	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	150	51.72	177	61.03
2	113	38.97	290	100.00

- c. Were limited in the **kind** of work or other activities?

1

2

D4C	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	152	52.41	179	61.72
2	111	38.28	290	100.00

- d. Had **difficulty** performing the work or other activities (for example, it took extra effort)?

1

2

D4D	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	138	47.59	164	56.55
2	126	43.45	290	100.00

M5. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

(circle one number on each line)

**YES**

**NO**

- a. Cut down the **amount of time** you spent on work or other activities?

1

2

D5A	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	47	16.21	73	25.17
2	217	74.83	290	100.00

- b. **Accomplished less** than you would like?

1

2

D5B	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	60	20.69	87	30.00
2	203	70.00	290	100.00

- c. Didn't do work or other activities as **carefully** as usual?

1

2

D5C	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	41	14.14	68	23.45
2	222	76.55	290	100.00

M6. During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups?

(circle one)

Not at all.....1  
Slightly.....2  
Moderately.....3  
Quite a bit.....4  
Extremely.....5

D6	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	168	57.93	195	67.24
2	44	15.17	239	82.41
3	27	9.31	266	91.72
4	17	5.86	283	97.59
5	7	2.41	290	100.00

M7. How much bodily pain have you had during the past 4 weeks?

(circle one)

None.....1  
Very Mild.....2  
Mild.....3  
Moderate.....4  
Severe.....5  
Very Severe .....6

D7	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	63	21.72	89	30.69
2	59	20.34	148	51.03
3	41	14.14	189	65.17
4	73	25.17	262	90.34
5	21	7.24	283	97.59
6	7	2.41	290	100.00

M8. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

(circle one)

Not at all.....1

A little bit.....2

Moderately.....3

Quite a bit.....4

Extremely.....5

D8	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	132	45.52	158	54.48
2	61	21.03	219	75.52
3	33	11.38	252	86.90
4	29	10.00	281	96.90
5	9	3.10	290	100.00

M9. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks .....

(circle one number on each line)

**All of  
the time**      **Most of  
the time**      **A good  
bit of  
the time**      **Some of  
the time**      **A little  
of the  
time**      **None of  
the time**

a. Did you feel full of pep?      1      2      3      4      5      6

D9A	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-7	1	0.34	2	0.69
-2	26	8.97	28	9.66
1	6	2.07	34	11.72
2	63	21.72	97	33.45
3	36	12.41	133	45.86
4	75	25.86	208	71.72
5	55	18.97	263	90.69
6	27	9.31	290	100.00

- b. Have you been a very nervous person? 1 2 3 4 5 6

D9B	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	5	1.72	31	10.69
2	3	1.03	34	11.72
3	8	2.76	42	14.48
4	24	8.28	66	22.76
5	62	21.38	128	44.14
6	162	55.86	290	100.00

- c. Have you felt so down in the dumps that nothing could cheer you up? 1 2 3 4 5 6

D9C	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
2	3	1.03	29	10.00
3	7	2.41	36	12.41
4	29	10.00	65	22.41
5	48	16.55	113	38.97
6	177	61.03	290	100.00

- d. Have you felt calm and peaceful? 1 2 3 4 5 6

D9D	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	35	12.07	61	21.03
2	134	46.21	195	67.24
3	33	11.38	228	78.62
4	47	16.21	275	94.83
5	13	4.48	288	99.31
6	2	0.69	290	100.00

- e. Did you have a lot of energy? 1 2 3 4 5 6

D9E	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	5	1.72	32	11.03
2	70	24.14	102	35.17
3	36	12.41	138	47.59
4	61	21.03	199	68.62
5	61	21.03	260	89.66
6	30	10.34	290	100.00

- f. Have you felt downhearted and blue? 1 2 3 4 5 6

D9F	Frequency	Percent	Cum Freq	Cum Percent
-7	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	2	0.69	29	10.00
2	5	1.72	34	11.72
3	13	4.48	47	16.21
4	30	10.34	77	26.55
5	77	26.55	154	53.10
6	136	46.90	290	100.00

- g. Did you feel worn out? 1 2 3 4 5 6

D9G	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	7	2.41	33	11.38
2	17	5.86	50	17.24
3	35	12.07	85	29.31
4	79	27.24	164	56.55
5	70	24.14	234	80.69
6	56	19.31	290	100.00

- h. Have you been a happy person? 1 2 3 4 5 6

D9H	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	50	17.24	76	26.21
2	140	48.28	216	74.48
3	36	12.41	252	86.90
4	29	10.00	281	96.90
5	3	1.03	284	97.93
6	6	2.07	290	100.00

- i. Did you feel tired? 1 2 3 4 5 6

D9I	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	11	3.79	37	12.76
2	23	7.93	60	20.69
3	36	12.41	96	33.10
4	101	34.83	197	67.93
5	69	23.79	266	91.72
6	24	8.28	290	100.00

M10. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)?

(circle one)

All of the time.....1

Most of the time.....2

Some of the time.....3

A little of the time.....4

None of the time.....5

D10	Frequency	Percent	Cum Freq	Cum Percent
-9	4	1.38	4	1.38
-2	26	8.97	30	10.34
1	8	2.76	38	13.10
2	12	4.14	50	17.24
3	41	14.14	91	31.38
4	49	16.90	140	48.28
5	150	51.72	290	100.00

M11. How TRUE or FALSE is each of the following statements for you? Use the 5 point scale provided.

(circle one number on each line)

	<b>Definitely true</b>	<b>Mostly true</b>	<b>Don't know</b>	<b>Mostly false</b>	<b>Definitely false</b>
a. I seem to get sick a little easier than other people.	1	2	3	4	5

D11A	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.34	1	0.34
-2	26	8.97	27	9.31
1	2	0.69	29	10.00
2	11	3.79	40	13.79
3	15	5.17	55	18.97
4	93	32.07	148	51.03
5	142	48.97	290	100.00

b. I am as healthy as anybody I know.	1	2	3	4	5
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D11B	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	70	24.14	96	33.10
2	108	37.24	204	70.34
3	23	7.93	227	78.28
4	43	14.83	270	93.10
5	20	6.90	290	100.00



- c. I expect my health to get worse. 1 2 3 4 5

D11C	Frequency	Percent	Cum Freq	Cum Percent
-9	2	0.69	2	0.69
-2	26	8.97	28	9.66
1	12	4.14	40	13.79
2	68	23.45	108	37.24
3	65	22.41	173	59.66
4	61	21.03	234	80.69
5	56	19.31	290	100.00

- d. My health is excellent. 1 2 3 4 5

D11D	Frequency	Percent	Cum Freq	Cum Percent
-2	26	8.97	26	8.97
1	33	11.38	59	20.34
2	110	37.93	169	58.28
3	14	4.83	183	63.10
4	69	23.79	252	86.90
5	38	13.10	290	100.00

**M12. SF-36 END TIME:** \_\_\_\_\_ : \_\_\_\_\_ AM / PM

Analysis Variable : sf_t					
N	Mean	SD	Minimum	Median	Maximum
261	9.2	4.7	0.0	9.0	32.0

sf_t	Frequency	Percent	Cum Freq	Cum Percent
.	29	100.00	29	100.00

**- MAY OFFER BREAK HERE -**

<b>SECTION N:</b>	<b>PRE - MEDICATION AUDIT</b>
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N1. WAS THIS MEASUREMENT COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1 GO TO SECTION P

YES ..... 2 COMPLETE QUESTIONS BELOW

measc_n	Frequency	Percent	Cum Freq	Cum Percent
1	8	2.76	8	2.76
2	282	97.24	290	100.00

N3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER.....1

IN-PERSON AT PARTICIPANT'S HOME.....2

IN-PERSON AT NURSING HOME.....3

IN-PERSON AT ALTERNATE LOCATION.....4

TELEPHONE.....5

i_mode_n	Frequency	Percent	Cum Freq	Cum Percent
-2	8	2.76	8	2.76
1	3	1.03	11	3.79
2	17	5.86	28	9.66
3	12	4.14	40	13.79
4	1	0.34	41	14.14
5	249	85.86	290	100.00

N4. WITH WHOM:

PARTICIPANT ONLY ..... 1 (N5)

PARTICIPANT & PROXY ..... 2 (N4a)

PROXY ONLY.....3 (N4a)

w_whom_n	Frequency	Percent	Cum Freq	Cum Percent
-2	8	2.76	8	2.76
1	248	85.52	256	88.28
2	6	2.07	262	90.34
3	28	9.66	290	100.00

N4a. PROXY CODE:

SPOUSE..... 1

CHILD.....2

OTHER RELATIVE.....3

NON-RELATIVE.....4

FORMAL CAREGIVER..... 5

n_proxy	Frequency	Percent	Cum Freq	Cum Percent
-2	256	88.28	256	88.28
1	6	2.07	262	90.34
2	13	4.48	275	94.83
3	2	0.69	277	95.52
4	2	0.69	279	96.21
5	11	3.79	290	100.00

<b>SECTION O:</b>	<b>MEDICATION AUDIT</b>	<b><i>PROXY ALLOWED</i></b>
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USE THE STANDARDIZED PROCEDURES AND FORM # 618 WHEN COMPLETING THE MEDICATION AUDIT.

<b>SECTION P:</b>	<b>PRE - EPT</b>
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P1. WAS THIS MEASUREMENT COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1 GO TO SECTION R

YES ..... 2 COMPLETE QUESTIONS BELOW

measc_p	Frequency	Percent	Cum Freq	Cum Percent
1	146	50.34	146	50.34
2	144	49.66	290	100.00

P3. MODE OF INTERVIEW:

- IN-PERSON AT TESTING CENTER (Form 617).....1  
IN-PERSON AT PARTICIPANT'S HOME (Form 617).....2  
IN-PERSON AT NURSING HOME (Form 617).....3  
IN-PERSON AT ALTERNATE LOCATION (Form 617).....4  
AS A TAKE-HOME (Form 717).....6

i_mode_p	Frequency	Percent	Cum Freq	Cum Percent
-2	146	50.34	146	50.34
2	1	0.34	147	50.69
3	1	0.34	148	51.03
6	142	48.97	290	100.00

**SECTION Q: EPT**

***PROXY NOT ALLOWED***

USE THE STANDARDIZED SCRIPT WHEN COMPLETING THE EPT.

USE FORM #617 FOR IN-PERSON ADMINISTRATION.

USE FORM #717 FOR ANY EPT SENT HOME OR MAILED TO PARTICIPANT.

**Q1. EPT START TIME: \_\_\_\_\_ : \_\_\_\_\_ AM / PM**

**Q2. EPT END TIME: \_\_\_\_\_ : \_\_\_\_\_ AM / PM**

Analysis Variable : ept_t					
N	Mean	SD	Minimum	Median	Maximum
128	70.5	86.1	15.0	50.0	675.0

ept_t	Frequency	Percent	Cum Freq	Cum Percent
.	162	100.00	162	100.00