

ICPSR 4248

**ACTIVE (Advanced Cognitive  
Training for Independent and Vital  
Elderly), 1999-2001 [United States]**

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Form 700 AN1 Abbreviated Battery Codebook

Inter-university Consortium for  
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# **Terms of Use**

The terms of use for this study can be found at:

<http://www.icpsr.umich.edu/cocoon/ICPSR/TERMS/4248.xml>



# ABBREVIATED BATTERY PART 1 (Level I and Level II)

## ANNUAL POST-TEST FORM #700

A1. Study ID#:

Label

A2. Visit #: AB3 AB4 (circle one)

VISIT	Frequency	Percent	Cum Freq	Cum Percent
A3	199	100.00	199	100.00

A2a. Level I.....1

Level II.....2

LEVEL	Frequency	Percent	Cum Freq	Cum Percent
1	194	97.49	194	97.49
2	5	2.51	199	100.00

A3. Form Version: 05/05/1999

## **GENERAL INTRODUCTION FOR PARTICIPANTS**

Thank you for continuing with the ACTIVE study. I know it was (difficult) OR (inconvenient) for you to participate this time but we really appreciate it and it is very important to the study.

As you know, the purpose of this program is to determine whether training in later adulthood can improve concentration, memory, and problem solving. In addition, the study will determine if older adults who have had this type of training remain healthier, more emotionally positive, and function more easily in daily activities, such as managing finances, taking medication, using the telephone, or driving.

For this visit, you are being asked to answer some questions about your health, your mobility and physical activities that you may do on your own or with assistance from others. One of the activities for this visit will be a medication inventory and one will be in the form of a paper and pencil questionnaire. All together, this visit will take about an hour and a half (two hours) to complete. If you (feel up to it) OR (have the time) we can complete it all in one session. Otherwise, we can split it up into a few smaller sessions, or just complete as much as possible.

## **GENERAL INTRODUCTION FOR PROXY**

The purpose of this program is to determine whether training in later adulthood can improve concentration, memory, and problem solving. In addition, the study will determine if older adults who have had this type of training remain healthier, more emotionally positive, and function more easily in daily activities, such as managing finances, taking medication, using the telephone, or driving.

Because you know (participant) well and s/he cannot complete this session, we would like to gather some information from you about her/his daily functioning, health, mobility, and use of health care and medications. You may not know everything that I ask, but we appreciate you taking time to talk with us. This visit (call) should take about 45-60 minutes to complete.

## **THE FOLLOWING CONFIDENTIALITY STATEMENT MUST BE READ TO ALL PARTICIPANTS**

Before we begin, I'd like to remind you of a few things. All of your responses are completely confidential and will only be seen or heard by people directly associated with the study. The information you provide will be grouped together with others in the study and your name will never appear in any report. No information about any specific individual will ever be reported. You may refuse to answer any questions or stop at any time. Do you have any questions before we begin?

## SECTION B: PRE-MDS

B1. WAS THIS MEASUREMENT COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1 GO TO SECTION D

YES ..... 2 COMPLETE QUESTIONS BELOW

MEASMDS	Frequency	Percent	Cum Freq	Cum Percent
2	199	100.00	199	100.00

B3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER.....1

IN-PERSON AT PARTICIPANT'S HOME.....2

IN-PERSON AT NURSING HOME.....3

IN-PERSON AT ALTERNATE LOCATION.....4

TELEPHONE.....5

INTVMDS	Frequency	Percent	Cum Freq	Cum Percent
1	3	1.51	3	1.51
5	196	98.49	199	100.00

B4. WITH WHOM:

PARTICIPANT ONLY ..... 1 (B5)

PARTICIPANT & PROXY ..... 2 (B4a)

PROXY ONLY.....3 (B4a)

WHOMMDS	Frequency	Percent	Cum Freq	Cum Percent
1	192	96.48	192	96.48
3	7	3.52	199	100.00

B4a. PROXY CODE:

SPOUSE..... 1

CHILD.....2

OTHER RELATIVE.....3

NON-RELATIVE.....4

FORMAL CAREGIVER..... 5

PRXYMDS	Frequency	Percent	Cum Freq	Cum Percent
- 1	192	96.48	192	96.48
1	2	1.01	194	97.49
2	2	1.01	196	98.49
4	1	0.50	197	98.99
5	2	1.01	199	100.00

**SECTION C: MDS**

***PROXY ALLOWED***

**INTRODUCTION:** For the first set of questions, I will be asking you about physical activities that you may do on your own or with assistance from others. Please think about your physical activities during the last seven days. What activities occur on a typical day? Start with today and think back over the last week, including weekdays and weekends. Then think of how other people may have assisted you over this period. Do the best you can. Most of us cannot remember everything that happened over a seven-day period.

For each of the physical activities that I read to you, I will ask you two questions.

- First, during the last 7 days, how much of the activity did you do on your own?  
  
and
- Second, how difficult was it for you to do the activity on your own? Or, if someone else did the activity for you, how difficult would it have been for you to do the activity on your own?

Let's begin. The first activity is . . .

**MDS cont.**

(1) In the last 7 days, how much of the activity did you do on your own?

(2) How difficult was it (or would it have been) to do on your own?

(CIRCLE ONE)

(CIRCLE ONE)

**1. SELF PERFORMANCE OF IADLs**

	Did all on own	Some help some of time	Help all of time	Fully performed by Others	Activity not performed by you or others	Not difficult	Some help needed or I am slow, or I became tired	Great difficulty																																																		
<u><b>Preparing Meals</b></u>																																																										
a. Planning meals, reading recipes, assembling ingredients	1	2	3	4	5	1	2	3																																																		
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b. Setting out food and utensils	1	2	3	4	5	1	2	3																																																		
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c. Cooking	1	2	3	4	5	1	2	3																																																		
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<b><u>Housework</u></b>																																																															
d. Doing dishes, dusting, making beds, tidying up	1	2	3	4	5	1	2	3																																																							
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<b><u>Managing Finances</u></b>																																																										
f. Handling money, writing checks	1	2	3	4	5	1	2	3																																																		
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g. Ensuring that all bills are paid on time	1	2	3	4	5	1	2	3																																																		
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h. Balancing checkbooks	1	2	3	4	5	1	2	3																																																																	
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i. Keeping household expenses balanced	1	2	3	4	5	1	2	3																																																																	
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(1) In the last 7 days, how much of the activity did you do on your own?

(2) How difficult was it (or would it have been) to do on your own?

(CIRCLE ONE)

(CIRCLE ONE)

	Did all On own	Some help some of time	Help all of time	Fully performed by others	Activity not performed by you or others	Not difficult	Some help needed or I am slow, or I became tired	Great difficulty																																																		
k. Remembering to take medications on time and as prescribed by doctor	1	2	3	4	5	1	2	3																																																		
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l. Opening medicine bottles, taking own medications	1	2	3	4	5	1	2	3																																																		
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m. Giving self injections, applying ointments, changing bandages	1	2	3	4	5	1	2	3																																																							
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<b><u>Phone Use</u></b>																																																															
n. Looking up phone numbers - either in phone books or by calling "information"	1	2	3	4	5	1	2	3																																																							
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5	47	23.62	199	100.00																																																											
IADLN2	Frequency	Percent	Cum Freq	Cum Percent																																																											
1	177	88.94	177	88.94																																																											
2	18	9.05	195	97.99																																																											
3	4	2.01	199	100.00																																																											

	Did all On own	Some help some of time	Help all of time	Fully performed by others	Activity not performed by you or others	Not difficult	Some help needed or I am slow, or I became tired	Great difficulty																																			
o. Remembering often called numbers without having to look them up	1	2	3	4	5	1	2	3																																			
	<table><tr><th>IADLO1</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr><tr><td>-8</td><td>2</td><td>1.01</td><td>2</td><td>1.01</td></tr><tr><td>1</td><td>165</td><td>82.91</td><td>167</td><td>83.92</td></tr><tr><td>2</td><td>7</td><td>3.52</td><td>174</td><td>87.44</td></tr><tr><td>3</td><td>3</td><td>1.51</td><td>177</td><td>88.94</td></tr><tr><td>4</td><td>1</td><td>0.50</td><td>178</td><td>89.45</td></tr><tr><td>5</td><td>21</td><td>10.55</td><td>199</td><td>100.00</td></tr></table>								IADLO1	Frequency	Percent	Cum Freq	Cum Percent	-8	2	1.01	2	1.01	1	165	82.91	167	83.92	2	7	3.52	174	87.44	3	3	1.51	177	88.94	4	1	0.50	178	89.45	5	21	10.55	199	100.00
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	-8	2	1.01	2	1.01																																						
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	-8	1	0.50	1	0.50																																						
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	2	14	7.04	184	92.46																																						
	3	15	7.54	199	100.00																																						
	p. Answering phone when someone calls	1	2	3	4	5	1	2	3																																		
		<table><tr><th>IADLP1</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr><tr><td>1</td><td>173</td><td>86.93</td><td>173</td><td>86.93</td></tr><tr><td>2</td><td>20</td><td>10.05</td><td>193</td><td>96.98</td></tr><tr><td>3</td><td>2</td><td>1.01</td><td>195</td><td>97.99</td></tr><tr><td>4</td><td>2</td><td>1.01</td><td>197</td><td>98.99</td></tr><tr><td>5</td><td>2</td><td>1.01</td><td>199</td><td>100.00</td></tr></table>								IADLP1	Frequency	Percent	Cum Freq	Cum Percent	1	173	86.93	173	86.93	2	20	10.05	193	96.98	3	2	1.01	195	97.99	4	2	1.01	197	98.99	5	2	1.01	199	100.00				
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q. Hanging up at end of call	1	2	3	4	5	1	2	3																																																							
	<table border="1"> <thead> <tr> <th>IADLQ1</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>-8</td> <td>1</td> <td>0.50</td> <td>1</td> <td>0.50</td> </tr> <tr> <td>1</td> <td>192</td> <td>96.48</td> <td>193</td> <td>96.98</td> </tr> <tr> <td>2</td> <td>4</td> <td>2.01</td> <td>197</td> <td>98.99</td> </tr> <tr> <td>4</td> <td>1</td> <td>0.50</td> <td>198</td> <td>99.50</td> </tr> <tr> <td>5</td> <td>1</td> <td>0.50</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table> <table border="1"> <thead> <tr> <th>IADLQ2</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>198</td> <td>99.50</td> <td>198</td> <td>99.50</td> </tr> <tr> <td>3</td> <td>1</td> <td>0.50</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table>								IADLQ1	Frequency	Percent	Cum Freq	Cum Percent	-8	1	0.50	1	0.50	1	192	96.48	193	96.98	2	4	2.01	197	98.99	4	1	0.50	198	99.50	5	1	0.50	199	100.00	IADLQ2	Frequency	Percent	Cum Freq	Cum Percent	1	198	99.50	198	99.50	3	1	0.50	199	100.00										
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3	1	0.50	199	100.00																																																											
<b><u>Shopping</u></b>																																																															
r. Shopping for food and household items	1	2	3	4	5	1	2	3																																																							
	<table border="1"> <thead> <tr> <th>IADLR1</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>-8</td> <td>1</td> <td>0.50</td> <td>1</td> <td>0.50</td> </tr> <tr> <td>1</td> <td>124</td> <td>62.31</td> <td>125</td> <td>62.81</td> </tr> <tr> <td>2</td> <td>21</td> <td>10.55</td> <td>146</td> <td>73.37</td> </tr> <tr> <td>3</td> <td>18</td> <td>9.05</td> <td>164</td> <td>82.41</td> </tr> <tr> <td>4</td> <td>22</td> <td>11.06</td> <td>186</td> <td>93.47</td> </tr> <tr> <td>5</td> <td>13</td> <td>6.53</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table> <table border="1"> <thead> <tr> <th>IADLR2</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>146</td> <td>73.37</td> <td>146</td> <td>73.37</td> </tr> <tr> <td>2</td> <td>29</td> <td>14.57</td> <td>175</td> <td>87.94</td> </tr> <tr> <td>3</td> <td>24</td> <td>12.06</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table>								IADLR1	Frequency	Percent	Cum Freq	Cum Percent	-8	1	0.50	1	0.50	1	124	62.31	125	62.81	2	21	10.55	146	73.37	3	18	9.05	164	82.41	4	22	11.06	186	93.47	5	13	6.53	199	100.00	IADLR2	Frequency	Percent	Cum Freq	Cum Percent	1	146	73.37	146	73.37	2	29	14.57	175	87.94	3	24	12.06	199	100.00
IADLR1	Frequency	Percent	Cum Freq	Cum Percent																																																											
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<u>Travel</u>																																						
s. Travel by vehicle to go to places beyond walking distances	1	2	3	4	5	1	2	3																														
	<table><tr><th>IADLS1</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr><tr><td>1</td><td>159</td><td>79.90</td><td>159</td><td>79.90</td></tr><tr><td>2</td><td>8</td><td>4.02</td><td>167</td><td>83.92</td></tr><tr><td>3</td><td>10</td><td>5.03</td><td>177</td><td>88.94</td></tr><tr><td>4</td><td>16</td><td>8.04</td><td>193</td><td>96.98</td></tr><tr><td>5</td><td>6</td><td>3.02</td><td>199</td><td>100.00</td></tr></table>								IADLS1	Frequency	Percent	Cum Freq	Cum Percent	1	159	79.90	159	79.90	2	8	4.02	167	83.92	3	10	5.03	177	88.94	4	16	8.04	193	96.98	5	6	3.02	199	100.00
	IADLS1	Frequency	Percent	Cum Freq	Cum Percent																																	
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**ADL SELF-PERFORMANCE CODING RULES FOR DRESSING AND PERSONAL HYGIENE:** THE ADL SELF-PERFORMANCE SCALE MEASURES WHAT A SUBJECT ACTUALLY DID (NOT WHAT S/HE MIGHT BE CAPABLE OF DOING) WITHIN EACH ADL CATEGORY OVER THE LAST 7 DAYS ACCORDING TO A PERFORMANCE-BASED SCALE.

FOR EACH ADL CATEGORY, CODE THE APPROPRIATE RESPONSE FOR THE SUBJECT'S ACTUAL PERFORMANCE DURING THE LAST 7 DAYS. CIRCLE THE CODE IN THE APPROPRIATE COLUMN. CONSIDER THE SUBJECT'S PERFORMANCE DURING THE LAST WEEK.

CODE	DESCRIPTION	DEFINITION
1	INDEPENDENT	NO HELP OR CAREGIVER OVERSIGHT <b>-OR-</b> CAREGIVER HELP/OVERSIGHT PROVIDED ONLY ONE OR TWO TIMES DURING THE LAST SEVEN DAYS
2	SUPERVISION	OVERSIGHT, ENCOURAGEMENT, OR CUEING PROVIDED THREE OR MORE TIMES DURING LAST SEVEN DAYS <b>-OR-</b> SUPERVISION (3 OR MORE TIMES) PLUS PHYSICAL ASSISTANCE PROVIDED ONLY ONE OR TWO TIMES DURING LAST SEVEN DAYS.
3	LIMITED ASSISTANCE	SUBJECT HIGHLY INVOLVED IN ACTIVITY, RECEIVED PHYSICAL HELP IN GUIDED MANEUVERING OF LIMBS OR OTHER NON-WEIGHT-BEARING ASSISTANCE ON THREE OR MORE OCCASIONS <b>-OR-</b> LIMITED ASSISTANCE (3 OR MORE TIMES) PLUS MORE HELP PROVIDED ONLY ONE OR TWO TIMES DURING LAST SEVEN DAYS
4	EXTENSIVE ASSISTANCE	WHILE THE SUBJECT PERFORMED PART OF ACTIVITY OVER LAST SEVEN DAYS, HELP OF FOLLOWING TYPE(S) WAS PROVIDED THREE OR MORE TIMES: <ul style="list-style-type: none"> <li>• WEIGHT-BEARING SUPPORT PROVIDED THREE OR MORE TIMES</li> <li>• FULL CARE GIVER PERFORMANCE OF ACTIVITY (3 OR MORE TIMES) DURING PART (BUT NOT ALL) OF LAST SEVEN DAYS</li> </ul>
5	TOTAL DEPENDENCE	FULL CAREGIVER PERFORMANCE OF THE ACTIVITY DURING ENTIRE SEVEN-DAY PERIOD. COMPLETE NON-PARTICIPATION BY THE SUBJECT IN ALL ASPECTS OF THE ADL DEFINITION.
8	ACTIVITY DIDN'T OCCUR DURING THE ENTIRE 7-DAY PERIOD	OVER THE LAST SEVEN DAYS, THE ADL ACTIVITY WAS NOT PERFORMED BY THE SUBJECT OR CAREGIVER. E.G., <u>THE PARTICULAR ACTIVITY DID NOT OCCUR AT ALL.</u>

## 2. INTRODUCE THE SELF PERFORMANCE OF ADLS:

In this next section, I will continue to ask you questions about your physical activities during the last seven (7) days. These questions will have to do with dressing, personal hygiene and bathing. Some of these questions are personal in nature, but we are required to ask them of all participants. As before, we are interested in knowing what activities occur on a typical day.

Start with today and think back over the last week, including weekdays and weekends. Then think of how others people may have assisted you over this period. Do the best you can. Most of us cannot remember everything that happened over a seven day period. For each of the physical activities that I read to you, I will only be asking you one question:

**In the last 7 days, how much of the activity did you do on your own?**

	INDEPENDENT	SUPERVISION	LIMITED ASSISTANCE	EXTENSIVE ASSISTANCE	TOTAL DEPENDENCE	ACTIVITY DIDN'T OCCUR																														
<b><i>DRESSING</i></b>																																				
a. Picking out and gathering clothes	1	2	3	4	5	8																														
	<table border="1"> <thead> <tr> <th>ADLSA</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>193</td> <td>96.98</td> <td>193</td> <td>96.98</td> </tr> <tr> <td>2</td> <td>1</td> <td>0.50</td> <td>194</td> <td>97.49</td> </tr> <tr> <td>3</td> <td>2</td> <td>1.01</td> <td>196</td> <td>98.49</td> </tr> <tr> <td>5</td> <td>3</td> <td>1.51</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table>						ADLSA	Frequency	Percent	Cum Freq	Cum Percent	1	193	96.98	193	96.98	2	1	0.50	194	97.49	3	2	1.01	196	98.49	5	3	1.51	199	100.00					
ADLSA	Frequency	Percent	Cum Freq	Cum Percent																																
1	193	96.98	193	96.98																																
2	1	0.50	194	97.49																																
3	2	1.01	196	98.49																																
5	3	1.51	199	100.00																																
b. Dressing or undressing lower part of body: pants, socks, shoes, pantyhose, underwear (not including fastening, tying or buttoning)	1	2	3	4	5	8																														
	<table border="1"> <thead> <tr> <th>ADLSB</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>186</td> <td>93.47</td> <td>186</td> <td>93.47</td> </tr> <tr> <td>2</td> <td>3</td> <td>1.51</td> <td>189</td> <td>94.97</td> </tr> <tr> <td>3</td> <td>5</td> <td>2.51</td> <td>194</td> <td>97.49</td> </tr> <tr> <td>4</td> <td>4</td> <td>2.01</td> <td>198</td> <td>99.50</td> </tr> <tr> <td>5</td> <td>1</td> <td>0.50</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table>						ADLSB	Frequency	Percent	Cum Freq	Cum Percent	1	186	93.47	186	93.47	2	3	1.51	189	94.97	3	5	2.51	194	97.49	4	4	2.01	198	99.50	5	1	0.50	199	100.00
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	INDEPEN- DENT	SUPER- VISION	LIMITED ASSISTANCE	EXTENSIVE ASSISTANCE	TOTAL DEPENDENCE	ACTIVITY DIDN'T OCCUR																																			
c. Tying/untying shoes, fastening/unfastening pants	1	2	3	4	5	8																																			
	<table border="1"> <thead> <tr> <th>ADLSC</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>179</td> <td>89.95</td> <td>179</td> <td>89.95</td> </tr> <tr> <td>3</td> <td>7</td> <td>3.52</td> <td>186</td> <td>93.47</td> </tr> <tr> <td>4</td> <td>1</td> <td>0.50</td> <td>187</td> <td>93.97</td> </tr> <tr> <td>5</td> <td>3</td> <td>1.51</td> <td>190</td> <td>95.48</td> </tr> <tr> <td>8</td> <td>9</td> <td>4.52</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table>						ADLSC	Frequency	Percent	Cum Freq	Cum Percent	1	179	89.95	179	89.95	3	7	3.52	186	93.47	4	1	0.50	187	93.97	5	3	1.51	190	95.48	8	9	4.52	199	100.00					
ADLSC	Frequency	Percent	Cum Freq	Cum Percent																																					
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5	3	1.51	190	95.48																																					
8	9	4.52	199	100.00																																					
d. Putting on or taking off shirt/blouse, dress, bra (not including fastening, tying or buttoning)	1	2	3	4	5	8																																			
	<table border="1"> <thead> <tr> <th>ADLSD</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>-7</td> <td>1</td> <td>0.50</td> <td>1</td> <td>0.50</td> </tr> <tr> <td>1</td> <td>190</td> <td>95.48</td> <td>191</td> <td>95.98</td> </tr> <tr> <td>2</td> <td>3</td> <td>1.51</td> <td>194</td> <td>97.49</td> </tr> <tr> <td>3</td> <td>2</td> <td>1.01</td> <td>196</td> <td>98.49</td> </tr> <tr> <td>4</td> <td>2</td> <td>1.01</td> <td>198</td> <td>99.50</td> </tr> <tr> <td>5</td> <td>1</td> <td>0.50</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table>						ADLSD	Frequency	Percent	Cum Freq	Cum Percent	-7	1	0.50	1	0.50	1	190	95.48	191	95.98	2	3	1.51	194	97.49	3	2	1.01	196	98.49	4	2	1.01	198	99.50	5	1	0.50	199	100.00
ADLSD	Frequency	Percent	Cum Freq	Cum Percent																																					
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e. Fastening/unfastening bra, buttoning or unbuttoning, zipping or unzipping	1	2	3	4	5	8																																			
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<b>PERSONAL HYGIENE</b>																																				
f. Gathering wash cloth, soap, shaving kit, makeup, toothbrush, etc.	1	2	3	4	5	8																														
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g. Washing and drying perineum (private parts, groin)	1	2	3	4	5	8																														
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h. Washing and drying face	1	2	3	4	5	8																														
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1	195	97.99	196	98.49																																
2	1	0.50	197	98.99																																
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i. Brushing teeth, Shaving face, Make up application	1	2	3	4	5	8																														
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j. Combing/brushing hair	1	2	3	4	5	8																																			
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**PROCEED TO BATHING ACTIVITIES ON NEXT PAGE,  
USING THE CODING RULES AT THE TOP OF THE NEXT PAGE.**

## ADL SELF-PERFORMANCE CODING RULES FOR BATHING

CODE	DESCRIPTION	DEFINITION
1	INDEPENDENT .....	DID ON OWN
2	SUPERVISION .....	OVERSIGHT HELP ONLY
3	LIMITED ASSISTANCE ...	RECEIVED ASSISTANCE IN TRANSFER ONLY
4	ASSISTANCE .....	RECEIVED ASSISTANCE IN PART OF BATHING SELF
5	TOTAL DEPENDENCE.....	TOTAL DEPENDENCE
8	ACTIVITY DIDN'T OCCUR...	ACTIVITY DID NOT OCCUR AT ALL

**In the last 7 days, how much of the activity did you do on your own?**

	INDEPENDENT	SUPERVISION	LIMITED ASSISTANCE	ASSISTANCE	TOTAL DEPENDENCE	ACTIVITY DIDN'T OCCUR																														
<i>BATHING</i>																																				
k. Gathering soap, towels, shampoo	1	2	3	4	5	8																														
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	INDEPENDENT	SUPERVISION	LIMITED ASSISTANCE	ASSISTANCE	TOTAL DEPENDENCE	ACTIVITY DIDN'T OCCUR																																								
l. Getting in and out of tub/bath	1	2	3	4	5	8																																								
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m. Washing/drying: lower extremities excluding perineum (private parts, groin)	1	2	3	4	5	8																																								
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n. Washing/drying hair	1	2	3	4	5	8																																								
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	INDEPEN- DENT	SUPER- VISION	LIMITED ASSISTANCE	ASSISTANCE	TOTAL DEPENDENCE	ACTIVITY DIDN'T OCCUR																														
o. Washing/drying upper extremities	1	2	3	4	5	8																														
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	ADLS0	Frequency	Percent	Cum Freq	Cum Percent																															
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## SECTION D: PRE-MOBILITY: LIFE SPACE/FALLS/DRIVING

D1. WERE THESE MEASUREMENTS COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1 GO TO SECTION I

YES ..... 2 COMPLETE QUESTIONS BELOW

MEASMOB	Frequency	Percent	Cum Freq	Cum Percent
2	199	100.00	199	100.00

D3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER.....1

IN-PERSON AT PARTICIPANT'S HOME.....2

IN-PERSON AT NURSING HOME.....3

IN-PERSON AT ALTERNATE LOCATION.....4

TELEPHONE.....5

INTVMOB	Frequency	Percent	Cum Freq	Cum Percent
1	3	1.51	3	1.51
5	196	98.49	199	100.00

D4. WITH WHOM:

PARTICIPANT ONLY ..... 1 (D5)

PARTICIPANT & PROXY ..... 2 (D4a)

PROXY ONLY.....3 (D4a)

WHOMMOB	Frequency	Percent	Cum Freq	Cum Percent
1	192	96.48	192	96.48
3	7	3.52	199	100.00

D4a. PROXY CODE:

SPOUSE..... 1

CHILD.....2

OTHER RELATIVE.....3

NON-RELATIVE.....4

FORMAL CAREGIVER..... 5

PRXYMOB	Frequency	Percent	Cum Freq	Cum Percent
- 1	192	96.48	192	96.48
1	2	1.01	194	97.49
2	2	1.01	196	98.49
4	1	0.50	197	98.99
5	2	1.01	199	100.00

<b>SECTION E:</b>	<b>MOBILITY LIFE SPACE</b>	<b><i>PROXY ALLOWED</i></b>
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The next few sections ask questions about mobility. There is a section on general mobility, a brief section on falls, and a section on your driving habits. As we go through the sections, please feel free to ask me any questions about a particular item that may not be clear to you. I will read the questions and you should just select the answer most appropriate to you. Remember, if you have a question about how to interpret the question, just ask me about it.

E1. First, please tell me if you live alone or with others?

1. LIVES ALONE.....1 **(E2)**                      2. LIVES WITH OTHERS.....2 **(E1a)**

LIVEALON	Frequency	Percent	Cum Freq	Cum Percent
1	111	55.78	111	55.78
2	88	44.22	199	100.00

E1a. How many people live with you? Please include all people living in your home even if they are not blood relatives or only expect to live there temporarily.

RECORD NUMBER: \_\_\_\_\_

NUMBLIVE	Frequency	Percent	Cum Freq	Cum Percent
- 1	112	56.28	112	56.28
1	72	36.18	184	92.46
2	12	6.03	196	98.49
3	2	1.01	198	99.50
90	1	0.50	199	100.00

E1b. IF ONE: How is s/he related to you?

IF > 1: How are they related to you?

PROBE AT END: Anyone else?

RECORD NUMBER ON EACH LINE:

SPOUSE/PARTNER

---

SPOUSELV	Frequency	Percent	Cum Freq	Cum Percent
- 1	111	55.78	111	55.78
0	24	12.06	135	67.84
1	64	32.16	199	100.00

PARENTS/IN-LAW

---

PARENTLV	Frequency	Percent	Cum Freq	Cum Percent
- 1	111	55.78	111	55.78
0	86	43.22	197	98.99
1	2	1.01	199	100.00

CHILDREN/IN-LAW

---

CHILDRV	Frequency	Percent	Cum Freq	Cum Percent
- 1	111	55.78	111	55.78
0	65	32.66	176	88.44
1	18	9.05	194	97.49
2	5	2.51	199	100.00

OTHER RELATIVES

---

OTHERRLV	Frequency	Percent	Cum Freq	Cum Percent
- 1	111	55.78	111	55.78
0	84	42.21	195	97.99
1	3	1.51	198	99.50
2	1	0.50	199	100.00

NON-RELATIVES

---

NONRELLV	Frequency	Percent	Cum Freq	Cum Percent
- 1	111	55.78	111	55.78
0	83	41.71	194	97.49
1	4	2.01	198	99.50
90	1	0.50	199	100.00

- E2. Now I am interested in finding out about the places you have been recently, not counting today. The next six questions ask about your activities in the last 7 days. Today is \_\_\_\_\_ so we are interested in the period of time beginning with last \_\_\_\_\_ up to, and including, yesterday. Do you understand the time period I am asking about?

During the last seven days, but not counting today, have you been to other rooms of your house besides the room where you sleep?

YES .....1

NO.....2

LBEDRM7D	Frequency	Percent	Cum Freq	Cum Percent
1	199	100.00	199	100.00

- E3. During the last seven days, but not counting today, have you been to an area immediately outside your home such as your porch, deck or patio, garage, or hallway of your apartment building? This includes going through these places on your way to somewhere else.

YES .....1

NO.....2

IMOUTS7D	Frequency	Percent	Cum Freq	Cum Percent
1	198	99.50	198	99.50
2	1	0.50	199	100.00

- E4. During the last seven days, but not counting today, have you been to an area outside your home such as your yard, driveway, courtyard, or parking lot? Again, if you went through these places, you would answer 'Yes.'

YES .....1

NO.....2

OTSYSR7D	Frequency	Percent	Cum Freq	Cum Percent
1	194	97.49	194	97.49
2	5	2.51	199	100.00

- E5. During the last seven days, but not counting today, have you been to places in your immediate neighborhood beyond your own property or apartment building? It doesn't matter how you got there, whether you walked or got a ride.

FOR HOMEOWNERS, THIS REFERS TO PLACES BEYOND THE PROPERTY LINE.  
FOR CITY APARTMENT DWELLERS, THIS REFERS TO PLACES BEYOND THE IMMEDIATE BLOCK. FOR RURAL AREAS, THIS INCLUDES LEAVING THE PROPERTY LINES.

YES .....1

NO .....2 (E6)

BEYPRP7D	Frequency	Percent	Cum Freq	Cum Percent
1	190	95.48	190	95.48
2	9	4.52	199	100.00

- E5a. Did you personally drive there? If you actually drove there yourself then you should answer "Yes." If you were just a passenger in a car, then you should answer "No."  
[BEING A PASSENGER IN A CAR, TAXI, OR PUBLIC TRANSPORTATION DOESN'T QUALIFY FOR A 'YES' ANSWER.]

YES .....1

NO .....2

DRBEYP7D	Frequency	Percent	Cum Freq	Cum Percent
- 1	9	4.52	9	4.52
1	108	54.27	117	58.79
2	82	41.21	199	100.00

- E6. During the last seven days, but not counting today, have you been to places outside your immediate neighborhood but within your town or community?

IN A CITY, THIS WOULD BE PLACES BEYOND THE SURROUNDING 5 BLOCKS. IN A SUBURBAN AREA THIS REFERS TO PLACES ABOUT 3 STREETS FROM THE HOME. FOR SPARSELY POPULATED RURAL AREAS, THIS INCLUDES GOING TO PLACES ON THE OTHER SIDE OF THE CLOSEST NEIGHBORS.

YES .....1

NO.....2 (E7)

OUTSNB7D	Frequency	Percent	Cum Freq	Cum Percent
1	184	92.46	184	92.46
2	15	7.54	199	100.00

- E6a. Did you personally drive there? Again, we are asking whether you drove there yourself.

YES .....1

NO.....2

DROUTN7D	Frequency	Percent	Cum Freq	Cum Percent
- 1	15	7.54	15	7.54
1	117	58.79	132	66.33
2	67	33.67	199	100.00

- E7. During the last seven days, but not counting today, have you been to places outside your immediate town or community?

Remember, that for this part of the question it doesn't matter how you got there.

THIS REFERS TO PLACES OUTSIDE A PARTICULAR SUB-REGION OF THE CITY. THIS COULD BE AREAS WITH A DISTINCT NAME, OR CITY AREAS SUCH AS EAST, WEST, NORTH, OR SOUTH. FOR RURAL AREAS, THIS INCLUDES GOING TO PLACES ON THE OTHER SIDE OF THE NEAREST TOWN.

YES .....1

NO.....2 (E8)

OUTSTN7D	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
1	143	71.86	144	72.36
2	55	27.64	199	100.00

- E7a. Did you personally drive there?

YES .....1

NO.....2

DROUTT7D	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	55	27.64	56	28.14
1	83	41.71	139	69.85
2	60	30.15	199	100.00



- E8. Please note the change in time frame for the next 3 questions. The next three questions ask about activities over the last two months. Today is \_\_\_\_\_ so we are asking about the period of time from \_\_\_\_\_ up to, and including, yesterday.

During the last two months, but not counting today, have you been to places outside of your county (or city)?

THIS INCLUDES GOING TO, OR THROUGH, PLACES ON THE OTHER SIDE THE COUNTY LINE (WHERE SUBSTANTIAL TRAVEL IS INVOLVED) OR TO PLACES ON THE OTHER SIDE OF A LARGE CITY. SUBJECTS LIVING NEAR A COUNTY LINE WHERE CROSSING INTO ANOTHER COUNTY DOES NOT CONSTITUTE A SIGNIFICANT DISTANCE SHOULD NOT RESPOND "YES" HERE. IN RURAL AREAS ONE COULD USE A 20-MILE RADIUS AS A GUIDELINE TO ANSWERING QUESTIONS OF CLARIFICATION.

YES .....1

NO .....2 (E9)

OUTSCT2M	Frequency	Percent	Cum Freq	Cum Percent
-8	2	1.01	2	1.01
1	143	71.86	145	72.86
2	54	27.14	199	100.00

- E8a. Did you personally drive there?

YES .....1

NO .....2

DROUTC2M	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	54	27.14	55	27.64
1	69	34.67	124	62.31
2	75	37.69	199	100.00

- E9. During the last two months, have you been to places outside your state?

YES .....1

NO .....2 (E10)

OUTSST2M	Frequency	Percent	Cum Freq	Cum Percent
1	68	34.17	68	34.17
2	131	65.83	199	100.00

E9a. Did you personally drive there?

YES .....1

NO.....2

DROUTS2M	Frequency	Percent	Cum Freq	Cum Percent
- 1	131	65.83	131	65.83
1	21	10.55	152	76.38
2	47	23.62	199	100.00

E10. During the last two months, have you been to places outside this region of the United States?

By this region, I mean the states of \_\_\_\_\_. (SEE QxQ's.)

YES .....1

NO.....2 **(GO TO SECTION F)**

OUTSRG2M	Frequency	Percent	Cum Freq	Cum Percent
1	30	15.08	30	15.08
2	169	84.92	199	100.00

E10a. Did you personally drive there?

YES .....1

NO.....2

DROUTR2M	Frequency	Percent	Cum Freq	Cum Percent
- 1	169	84.92	169	84.92
1	3	1.51	172	86.43
2	27	13.57	199	100.00

**SECTION F:****MOBILITY / FALLS*****PROXY ALLOWED***

In the next few questions I am interested in finding out about any falls you might have had in the last 2 months. Let me explain to you what I mean by falling. Falling includes accidentally losing your balance and falling on the ground or falling against something such as furniture.

F1. Have you had any falls in the last two months? Today is \_\_\_\_\_ so we are asking about the period of time from \_\_\_\_\_ up to, and including, yesterday.

YES .....1

NO .....2 (GO TO SECTION G)

ANYFALLS	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
1	33	16.58	34	17.09
2	165	82.91	199	100.00

F2. How many times have you fallen in the last 2 months?  
So, since \_\_\_\_\_ how many falls have you had?

RECORD: \_\_\_\_

NUMBER OF TIMES

TIMESFAL	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-8	2	1.01	3	1.51
-1	165	82.91	168	84.42
1	17	8.54	185	92.96
2	6	3.02	191	95.98
3	2	1.01	193	96.98
4	1	0.50	194	97.49
5	1	0.50	195	97.99
6	2	1.01	197	98.99
8	2	1.01	199	100.00

Analysis Variable : TIMESFAL					
N	Mean	SD	Minimum	Median	Maximum
31	2.3	2.1	1.0	1.0	8.0

TIMESFAL	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.60	1	0.60
-8	2	1.19	3	1.79
-1	165	98.21	168	100.00

HAVE THE SUBJECT MAKE THE BEST GUESS THEY CAN. PROMPT IF NECESSARY.

F3. Did any of your falls in the last two months . . . . .

YES NO

1) Result in an injury? ..... 1 2

INJFAL	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	165	82.91	166	83.42
1	13	6.53	179	89.95
2	20	10.05	199	100.00

2) Require medical attention? ..... 1 2

MEDFAL	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	165	82.91	166	83.42
1	14	7.04	180	90.45
2	19	9.55	199	100.00

3) Result in hospitalization? ..... 1 2

HOSPFAL	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	165	82.91	166	83.42
1	5	2.51	171	85.93
2	28	14.07	199	100.00

4) Involve a loss of consciousness? ..... 1 2

LOSSFAL	Frequency	Percent	Cum Freq	Cum Percent
-8	2	1.01	2	1.01
-1	165	82.91	167	83.92
1	2	1.01	169	84.92
2	30	15.08	199	100.00

Now the next three questions are about your most recent fall. Try to remember your most recent fall in the last two months.

F4. Did something such as a rug, stairs, curb, or a wet or icy surface contribute to your most recent fall?

YES .....1

NO.....2

CONTRFAL	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	165	82.91	166	83.42
1	11	5.53	177	88.94
2	22	11.06	199	100.00

F5. Did anything else contribute to your most recent fall?

YES .....1

NO.....2 (GO TO SECTION G)

ELSCONFL	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	165	82.91	166	83.42
1	18	9.05	184	92.46
2	15	7.54	199	100.00

## SECTION G:    MOBILITY / DRIVING HABITS    *PROXY NOT ALLOWED*

In the following sections we are interested in finding out about your driving habits.

- G1.    For the purposes of our project, by current driver we mean someone who has driven a car within the last 12 months and someone who would drive a car today if they needed to. Using that definition, do you consider yourself a current driver?

YES ..... 1

NO ..... 2    **(GO TO SECTION H)**

curdrive	Frequency	Percent	Cum Freq	Cum Percent
-1	7	3.52	7	3.52
1	144	72.36	151	75.88
2	48	24.12	199	100.00

- G3.    Which way do you prefer to get around? Do you prefer to.....

Drive by yourself .....1

Have someone drive you.....2

Use public transportation..... 3

PREFWAY	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-8	1	0.50	2	1.01
-7	1	0.50	3	1.51
-1	55	27.64	58	29.15
1	120	60.30	178	89.45
2	19	9.55	197	98.99
3	2	1.01	199	100.00

G4. How fast do you usually drive compared to the general flow of traffic? Would you say . . .

Much faster .....1

Somewhat faster.....2

About the same .....3

Somewhat slower .....4

Much slower.....5

FASTDRIV	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	55	27.64	56	28.14
1	1	0.50	57	28.64
2	14	7.04	71	35.68
3	112	56.28	183	91.96
4	16	8.04	199	100.00

G5. How would you rate the quality of your own driving? Would you say it is . . .

Excellent .....1

Good.....2

Average .....3

Fair .....4

Poor .....5

QUALDRIV	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	55	27.64	57	28.64
1	40	20.10	97	48.74
2	66	33.17	163	81.91
3	29	14.57	192	96.48
4	6	3.02	198	99.50
5	1	0.50	199	100.00

G6. In an average week, how many days out of seven do you normally drive?

≤ 1            2            3            4            5            6            7

DAYSDRIV	Frequency	Percent	Cum Freq	Cum Percent
- 1	56	28.14	56	28.14
1	7	3.52	63	31.66
2	14	7.04	77	38.69
3	7	3.52	84	42.21
4	20	10.05	104	52.26
5	22	11.06	126	63.32
6	11	5.53	137	68.84
7	62	31.16	199	100.00

G7. How many miles do you drive in an average seven-day week?

RECORD NUMBER: \_\_\_\_

Analysis Variable : MILEDRIV					
N	Mean	SD	Minimum	Median	Maximum
138	78.4	74.5	0.0	52.5	500.0

MILEDRIV	Frequency	Percent	Cum Freq	Cum Percent
-9	1	1.64	1	1.64
-8	4	6.56	5	8.20
-1	56	91.80	61	100.00

MAY NEED TO PROMPT WITH RANGES, E.G., "LESS THAN 50?; MORE THAN 100? LESS THAN 500?," ETC.



Please note that the next series of questions asks about your driving during the last two months. Today is \_\_\_\_\_. The next set of questions ask about the period of time from \_\_\_\_\_ up to, and including, yesterday. I will be asking you some questions for which there are several alternative answers. To make it easy for you to pick the best response, you can use this card.

GIVE THE SUBJECT THE RESPONSE CARD.

G8. During the last two months, have you driven when it is raining?

YES .....1

NO.....2 (G8b)

RAINDRIV	Frequency	Percent	Cum Freq	Cum Percent
- 1	56	28.14	56	28.14
1	125	62.81	181	90.95
2	18	9.05	199	100.00

G8a. Would you say that you drive in the rain with . . .

No difficulty at all.....1 (G9)

A little difficulty .....2 (G9)

Moderate difficulty .....3 (G9)

Extreme difficulty .....4 (G9)

RAINDRA	Frequency	Percent	Cum Freq	Cum Percent
- 1	74	37.19	74	37.19
1	79	39.70	153	76.88
2	30	15.08	183	91.96
3	14	7.04	197	98.99
4	2	1.01	199	100.00

G8b. Have you not driven in the rain because you avoid driving in the rain?

YES .....1

NO.....2

RAINDRB	Frequency	Percent	Cum Freq	Cum Percent
- 1	181	90.95	181	90.95
1	3	1.51	184	92.46
2	15	7.54	199	100.00

G9. During the last two months, have you driven alone?

YES .....1

NO .....2 (G9b)

ALONDRIV	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	56	28.14	57	28.64
1	135	67.84	192	96.48
2	7	3.52	199	100.00

G9a. Would you say that you drive alone with . . .

No difficulty at all.....1 (G10)

A little difficulty.....2 (G10)

Moderate difficulty.....3 (G10)

Extreme difficulty.....4 (G10)

ALONDRA	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-8	1	0.50	2	1.01
-1	63	31.66	65	32.66
1	127	63.82	192	96.48
2	3	1.51	195	97.99
3	4	2.01	199	100.00

G9b. Have you not driven alone because you avoid driving alone?

YES .....1

NO .....2

ALONDRB	Frequency	Percent	Cum Freq	Cum Percent
-1	192	96.48	192	96.48
1	2	1.01	194	97.49
2	5	2.51	199	100.00

G10. During the last two months, have you made left-hand turns across oncoming traffic? This is where you are waiting for traffic to clear before making a left-hand turn.

YES .....1

NO .....2 (G10b)

LHTURN	Frequency	Percent	Cum Freq	Cum Percent
-7	1	0.50	1	0.50
-1	56	28.14	57	28.64
1	136	68.34	193	96.98
2	6	3.02	199	100.00

G10a. Would you say that you make left-handed turns across oncoming traffic with . . .

No difficulty at all ..... 1 (G11)

A little difficulty .....2 (G11)

Moderate difficulty .....3 (G11)

Extreme difficulty ..... 4 (G11)

LHTURNA	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	62	31.16	64	32.16
1	120	60.30	184	92.46
2	11	5.53	195	97.99
3	4	2.01	199	100.00

G10b. Have you not made left-hand turns across oncoming traffic because you avoid doing that?

YES .....1

NO .....2

LHTURNB	Frequency	Percent	Cum Freq	Cum Percent
-1	193	96.98	193	96.98
1	1	0.50	194	97.49
2	5	2.51	199	100.00

G11. During the last two months, have you merged into traffic while entering a highway or expressway?

YES .....1

NO .....2 (G11b)

MERGTRAF	Frequency	Percent	Cum Freq	Cum Percent
- 7	1	0.50	1	0.50
- 1	56	28.14	57	28.64
1	115	57.79	172	86.43
2	27	13.57	199	100.00

G11a. Would you say that you merge into traffic while entering a highway or expressway with...

No difficulty at all .....1 (G12)

A little difficulty .....2 (G12)

Moderate difficulty .....3 (G12)

Extreme difficulty .....4 (G12)

MERGTRA	Frequency	Percent	Cum Freq	Cum Percent
- 7	1	0.50	1	0.50
- 1	83	41.71	84	42.21
1	96	48.24	180	90.45
2	16	8.04	196	98.49
3	3	1.51	199	100.00

G11b. Have you not merged into traffic while entering a highway or expressway because you avoid doing that?

YES .....1

NO .....2

MERGTRB	Frequency	Percent	Cum Freq	Cum Percent
- 1	172	86.43	172	86.43
1	15	7.54	187	93.97
2	12	6.03	199	100.00

G12. During the last two months, have you driven on high-traffic roads?

YES.....1

NO.....2 (G12b)

HIGHTRAF	Frequency	Percent	Cum Freq	Cum Percent
-7	1	0.50	1	0.50
-1	56	28.14	57	28.64
1	119	59.80	176	88.44
2	23	11.56	199	100.00

G12a. Would you say that you drive on high-traffic roads with . . .

No difficulty at all.....1 (G13)

A little difficulty.....2 (G13)

Moderate difficulty.....3 (G13)

Extreme difficulty ..... 4 (G13)

HIGHTRA	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	79	39.70	81	40.70
1	97	48.74	178	89.45
2	16	8.04	194	97.49
3	5	2.51	199	100.00

G12b. Have you not driven on high traffic roads because you avoid doing that?

YES.....1

NO.....2

HIGHTRB	Frequency	Percent	Cum Freq	Cum Percent
-1	176	88.44	176	88.44
1	15	7.54	191	95.98
2	8	4.02	199	100.00

G13. During the last two months, have you driven in rush-hour traffic?

YES .....1

NO.....2 (G13b)

RUSHHOUR	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	56	28.14	58	29.15
1	101	50.75	159	79.90
2	40	20.10	199	100.00

G13a. Would you say that you drive in rush-hour traffic with. . .

No difficulty at all.....1 (G14)

A little difficulty.....2 (G14)

Moderate difficulty.....3 (G14)

Extreme Difficulty .....4 (G14)

RUSHHOA	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	96	48.24	98	49.25
1	84	42.21	182	91.46
2	15	7.54	197	98.99
3	2	1.01	199	100.00

G13b. Have you not driven in rush-hour traffic because you avoid it?

YES .....1

NO.....2

RUSHHOB	Frequency	Percent	Cum Freq	Cum Percent
-1	159	79.90	159	79.90
1	25	12.56	184	92.46
2	15	7.54	199	100.00

G14. During the last two months, have you driven at night?

YES .....1

NO .....2 (G14b)

NIGHTDRV	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	56	28.14	58	29.15
1	100	50.25	158	79.40
2	41	20.60	199	100.00

G14a. Would you say that you drive at night with...

No difficulty at all.....1 (G15)

A little difficulty.....2 (G15)

Moderate difficulty.....3 (G15)

Extreme difficulty .....4 (G15)

NIGHTDRA	Frequency	Percent	Cum Freq	Cum Percent
-9	2	1.01	2	1.01
-7	1	0.50	3	1.51
-1	97	48.74	100	50.25
1	55	27.64	155	77.89
2	32	16.08	187	93.97
3	12	6.03	199	100.00

G14b. Have you not driven at night because you avoid doing that?

YES .....1

NO .....2

NIGHTDRB	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	158	79.40	159	79.90
1	30	15.08	189	94.97
2	10	5.03	199	100.00

G15. During the last two months, have you made lane changes while driving?

YES .....1

NO.....2 (G15b)

LANECHAN	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	56	28.14	58	29.15
1	133	66.83	191	95.98
2	8	4.02	199	100.00

G15a. Would you say that you make lane changes while driving with . . .

No difficulty at all.....1 (G16)

A little difficulty.....2 (G16)

Moderate difficulty.....3 (G16)

Extreme difficulty.....4 (G16)

LANECHA	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	64	32.16	66	33.17
1	115	57.79	181	90.95
2	17	8.54	198	99.50
3	1	0.50	199	100.00

G15b. Have you not made lane changes because you avoid doing that?

YES .....1

NO.....2

LANECHB	Frequency	Percent	Cum Freq	Cum Percent
-1	191	95.98	191	95.98
1	2	1.01	193	96.98
2	6	3.02	199	100.00



The remaining questions ask about things that might have happened since your last visit on, **(DATE TAKEN FROM VCS)**. Since today is \_\_\_\_\_(MONTH)\_\_\_\_\_, \_\_\_\_\_(YEAR)\_\_\_\_\_, the following questions are asking about the period of time from \_\_\_\_\_(MONTH)\_\_\_\_\_, \_\_\_\_\_(YEAR)\_\_\_\_\_, up to and including yesterday.

G16. Has anyone suggested since your last visit on, **(DATE TAKEN FROM VCS)** that you limit your driving or suggested that you stop driving? (PROMPT: Has anyone like your spouse, children, doctor, or a friend suggested that you not drive anymore or drive less?)

YES.....1

NO.....2 (G17)

LIMITDRV	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	55	27.64	57	28.64
1	8	4.02	65	32.66
2	134	67.34	199	100.00

G16a. Who made the suggestion to limit or stop your driving?

		YES	NO
1) SPOUSE .....	1		2

LIMITDR1	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	189	94.97	191	95.98
1	2	1.01	193	96.98
2	6	3.02	199	100.00

2) SON OR DAUGHTER.....	1	2
-------------------------	---	---

LIMITDR2	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	189	94.97	191	95.98
1	3	1.51	194	97.49
2	5	2.51	199	100.00

3) FRIEND..... 1 2

LIMITDR3	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	189	94.97	191	95.98
1	1	0.50	192	96.48
2	7	3.52	199	100.00

4) YOUR DOCTOR, OR OTHER MEDICAL  
PERSON..... 1 2

LIMITDR4	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	189	94.97	191	95.98
1	2	1.01	193	96.98
2	6	3.02	199	100.00

5) EYE DOCTOR (OPTOMETRIST OR  
OPHTHALMOLOGIST)..... 1 2

LIMITDR5	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	189	94.97	191	95.98
2	8	4.02	199	100.00

6) OTHER..... 1 2

LIMITDR6	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	189	94.97	191	95.98
1	1	0.50	192	96.48
2	7	3.52	199	100.00

- G17. How many accidents have you been involved in since your last visit on, **(DATE TAKEN FROM VCS)** when you were the driver? Please indicate the number of accidents, whether or not you were at fault.

INCLUDE ALL MINOR OR MAJOR ACCIDENTS REGARDLESS OF FAULT.  
SUBJECT MUST HAVE BEEN THE DRIVER.

RECORD NUMBER: \_\_\_\_

**IF NONE, GO TO G18.**

NUMBACDN	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	55	27.64	57	28.64
0	129	64.82	186	93.47
1	10	5.03	196	98.49
2	3	1.51	199	100.00

- G17a. To how many of these were the police called to the scene?

RECORD NUMBER: \_\_\_\_

POLICACD	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	184	92.46	186	93.47
0	7	3.52	193	96.98
1	5	2.51	198	99.50
2	1	0.50	199	100.00

- G18. How many times since, **(DATE TAKEN FROM VCS)** have you been pulled over by the police, regardless of whether you received a ticket? (PROMPT: Stopped for speeding or some other violation?)

RECORD NUMBER: \_\_\_\_

**IF NONE, GO TO G 19.**

NUMBPOL	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	55	27.64	57	28.64
0	129	64.82	186	93.47
1	12	6.03	198	99.50
2	1	0.50	199	100.00

G18a. On how many of these occasions have you received a traffic ticket (other than a parking ticket), whether you think you were at fault?

RECORD NUMBER: \_\_\_\_ \_\_\_\_ \_\_\_\_

**GO TO G 19.**

NUMBTICK	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-7	1	0.50	2	1.01
-1	184	92.46	186	93.47
0	10	5.03	196	98.49
1	3	1.51	199	100.00

<b>SECTION H:      MOBILITY/DRIVING HABITS FOR NON-DRIVERS</b> <b><i>PROXY NOT ALLOWED</i></b>
---

H1.    Let me check this again. Do you currently drive?  
 (THIS IS A VERIFICATION QUESTION.)

YES .....1    **(GO BACK TO G3.)**

NO .....2

H2.    Which way do you prefer to get around? Do you prefer to . . .

Drive yourself .....1

Have someone drive you.....2

Use public transportation or taxi cab .....3

DRIVPREF	Frequency	Percent	Cum Freq	Cum Percent
-1	151	75.88	151	75.88
1	9	4.52	160	80.40
2	22	11.06	182	91.46
3	17	8.54	199	100.00

H3. Have you ever driven a car?

YES .....1

NO .....2 (GO TO H9)

EVERDRIV	Frequency	Percent	Cum Freq	Cum Percent
-1	151	75.88	151	75.88
1	38	19.10	189	94.97
2	10	5.03	199	100.00

H5. How long has it been since you last drove? (PROMPTING MAY BE NECESSARY.)

RECORD:

\_\_\_\_\_  
# YEARS

\_\_\_\_\_  
# MONTHS

Analysis Variable : ldrivvrs					
N	Mean	SD	Minimum	Median	Maximum
38	11.5	15.1	0.1	4.0	56.0

ldrivvrs	Frequency	Percent	Cum Freq	Cum Percent
-1	161	100.00	161	100.00

**IF > 2 YEARS, GO TO H9.**

H6. Has anyone suggested since your last visit on, (DATE TAKEN FROM VCS) that you limit your driving or suggested that you stop driving? (PROMPT: Has anyone like your spouse, children, doctor, or a friend suggested that you not drive anymore or drive less?)

YES .....1

NO .....2 (H7)

LIMDRIV	Frequency	Percent	Cum Freq	Cum Percent
-1	184	92.46	184	92.46
1	2	1.01	186	93.47
2	13	6.53	199	100.00

H6a. Who made the suggestion to limit or stop your driving?

YES NO

1) SPOUSE ..... 1 2

LIMDR1	Frequency	Percent	Cum Freq	Cum Percent
-1	197	98.99	197	98.99
2	2	1.01	199	100.00

2) SON OR DAUGHTER..... 1 2

LIMDR2	Frequency	Percent	Cum Freq	Cum Percent
-1	197	98.99	197	98.99
1	2	1.01	199	100.00

3) FRIEND ..... 1 2

LIMDR3	Frequency	Percent	Cum Freq	Cum Percent
-1	197	98.99	197	98.99
2	2	1.01	199	100.00

4) YOUR DOCTOR, OR OTHER MEDICAL  
PERSON..... 1 2

LIMDR4	Frequency	Percent	Cum Freq	Cum Percent
-1	197	98.99	197	98.99
2	2	1.01	199	100.00

5) EYE DOCTOR (OPTOMETRIST OR  
OPHTHALMOLOGIST)..... 1 2

LIMDR5	Frequency	Percent	Cum Freq	Cum Percent
-1	197	98.99	197	98.99
2	2	1.01	199	100.00

6) OTHER..... 1 2

LIMDR6	Frequency	Percent	Cum Freq	Cum Percent
-1	197	98.99	197	98.99
2	2	1.01	199	100.00

- H7. How many accidents have you been involved in since your last visit on, **(DATE TAKEN FROM VCS)** when you were the driver? Please indicate the number of accidents, whether or not you were at fault.

INCLUDE ALL MINOR OR MAJOR ACCIDENTS REGARDLESS OF FAULT.  
SUBJECT MUST HAVE BEEN THE DRIVER.

RECORD NUMBER: \_\_\_\_ \_\_\_\_ \_\_\_\_

**IF NONE, GO TO H8.**

NUMBACD2	Frequency	Percent	Cum Freq	Cum Percent
- 1	184	92.46	184	92.46
0	15	7.54	199	100.00

- H7a. To how many of these were the police called to the scene?

RECORD NUMBER: \_\_\_\_ \_\_\_\_ \_\_\_\_

POLICAC2	Frequency	Percent	Cum Freq	Cum Percent
- 1	199	100.00	199	100.00

- H8. How many times since your last visit on, **(DATE TAKEN FROM VCS)** have you been pulled over by the police, regardless of whether you received a ticket?

STOPPED FOR SPEEDING OR SOME OTHER VIOLATION.

RECORD NUMBER: \_\_\_\_ \_\_\_\_ \_\_\_\_

**IF NONE, GO TO H9.**

NUMBPOL2	Frequency	Percent	Cum Freq	Cum Percent
- 1	184	92.46	184	92.46
0	15	7.54	199	100.00

- H8a. On how many of these occasions have you received a traffic ticket (other than a parking ticket) regardless of whether or not you think you were at fault?

RECORD NUMBER: \_\_\_\_ \_\_\_\_ \_\_\_\_

NUMBTIC2	Frequency	Percent	Cum Freq	Cum Percent
- 1	199	100.00	199	100.00

That completes the section on mobility and driving.

## SECTION I: PRE - HEALTH AND HEALTH SERVICES UTILIZATION

I1. WERE THESE MEASUREMENTS COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1 GO TO SECTION L

YES ..... 2 COMPLETE QUESTIONS BELOW

Health & Utilization completed at this v				
MEASHLT	Frequency	Percent	Cum Freq	Cum Percent
2	199	100.00	199	100.00

I3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER.....1

IN-PERSON AT PARTICIPANT'S HOME.....2

IN-PERSON AT NURSING HOME.....3

IN-PERSON AT ALTERNATE LOCATION.....4

TELEPHONE.....5

Mode of Health interview				
INTVHLT	Frequency	Percent	Cum Freq	Cum Percent
1	3	1.51	3	1.51
5	196	98.49	199	100.00



- I4. WITH WHOM:
- PARTICIPANT ONLY ..... 1 (I5)
- PARTICIPANT & PROXY ..... 2 (I4a)
- PROXY ONLY.....3 (I4a)

Who did Health interview				
WHOMHLT	Frequency	Percent	Cum Freq	Cum Percent
1	192	96.48	192	96.48
3	7	3.52	199	100.00

- I4a. PROXY CODE:
- SPOUSE..... 1
- CHILD.....2
- OTHER RELATIVE.....3
- NON-RELATIVE.....4
- FORMAL CAREGIVER..... 5

Relation of Health proxy				
PRXYHLT	Frequency	Percent	Cum Freq	Cum Percent
- 1	192	96.48	192	96.48
1	2	1.01	194	97.49
2	2	1.01	196	98.49
4	1	0.50	197	98.99
5	2	1.01	199	100.00

**SECTION J: HEALTH QUESTIONS*****PROXY ALLOWED***

The next two sections ask questions about your general health, your health habits, your health insurance and doctor and hospital visits. We know that a person may have more than one health condition at a time. I am now going to ask you some questions about your health.

- J1. Has a doctor or nurse ever told you that you have . . .  
(CIRCLE ONE ANSWER FOR EACH QUESTION.)

	CONDITION	YES	NO	DON'T KNOW																				
a.	Osteoporosis, sometimes called thin or brittle bones?	1	2	8																				
	<table border="1"> <thead> <tr> <th>HEALTH1</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>52</td> <td>26.13</td> <td>52</td> <td>26.13</td> </tr> <tr> <td>2</td> <td>143</td> <td>71.86</td> <td>195</td> <td>97.99</td> </tr> <tr> <td>8</td> <td>4</td> <td>2.01</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table>	HEALTH1	Frequency	Percent	Cum Freq	Cum Percent	1	52	26.13	52	26.13	2	143	71.86	195	97.99	8	4	2.01	199	100.00			
HEALTH1	Frequency	Percent	Cum Freq	Cum Percent																				
1	52	26.13	52	26.13																				
2	143	71.86	195	97.99																				
8	4	2.01	199	100.00																				
b.	Asthma or chronic bronchitis or emphysema?	1	2	8																				
	<table border="1"> <thead> <tr> <th>HEALTH2</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>38</td> <td>19.10</td> <td>38</td> <td>19.10</td> </tr> <tr> <td>2</td> <td>160</td> <td>80.40</td> <td>198</td> <td>99.50</td> </tr> <tr> <td>8</td> <td>1</td> <td>0.50</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table>	HEALTH2	Frequency	Percent	Cum Freq	Cum Percent	1	38	19.10	38	19.10	2	160	80.40	198	99.50	8	1	0.50	199	100.00			
HEALTH2	Frequency	Percent	Cum Freq	Cum Percent																				
1	38	19.10	38	19.10																				
2	160	80.40	198	99.50																				
8	1	0.50	199	100.00																				
c.	Cataracts?	1	2	8																				
	<table border="1"> <thead> <tr> <th>HEALTH3</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>117</td> <td>58.79</td> <td>117</td> <td>58.79</td> </tr> <tr> <td>2</td> <td>79</td> <td>39.70</td> <td>196</td> <td>98.49</td> </tr> <tr> <td>8</td> <td>3</td> <td>1.51</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table>	HEALTH3	Frequency	Percent	Cum Freq	Cum Percent	1	117	58.79	117	58.79	2	79	39.70	196	98.49	8	3	1.51	199	100.00			
HEALTH3	Frequency	Percent	Cum Freq	Cum Percent																				
1	117	58.79	117	58.79																				
2	79	39.70	196	98.49																				
8	3	1.51	199	100.00																				
d.	Glaucoma?	1	2	8																				
	<table border="1"> <thead> <tr> <th>HEALTH4</th> <th>Frequency</th> <th>Percent</th> <th>Cum Freq</th> <th>Cum Percent</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>22</td> <td>11.06</td> <td>22</td> <td>11.06</td> </tr> <tr> <td>2</td> <td>176</td> <td>88.44</td> <td>198</td> <td>99.50</td> </tr> <tr> <td>8</td> <td>1</td> <td>0.50</td> <td>199</td> <td>100.00</td> </tr> </tbody> </table>	HEALTH4	Frequency	Percent	Cum Freq	Cum Percent	1	22	11.06	22	11.06	2	176	88.44	198	99.50	8	1	0.50	199	100.00			
HEALTH4	Frequency	Percent	Cum Freq	Cum Percent																				
1	22	11.06	22	11.06																				
2	176	88.44	198	99.50																				
8	1	0.50	199	100.00																				

e.	Macular degeneration?	1	2	8																				
	<table> <tr> <th>HEALTH5</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>17</td><td>8.54</td><td>17</td><td>8.54</td></tr> <tr> <td>2</td><td>180</td><td>90.45</td><td>197</td><td>98.99</td></tr> <tr> <td>8</td><td>2</td><td>1.01</td><td>199</td><td>100.00</td></tr> </table>	HEALTH5	Frequency	Percent	Cum Freq	Cum Percent	1	17	8.54	17	8.54	2	180	90.45	197	98.99	8	2	1.01	199	100.00			
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1	17	8.54	17	8.54																				
2	180	90.45	197	98.99																				
8	2	1.01	199	100.00																				
f.	Diabetic retinopathy or diabetic eye disease?	1	2	8																				
	<table> <tr> <th>HEALTH6</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>10</td><td>5.03</td><td>10</td><td>5.03</td></tr> <tr> <td>2</td><td>189</td><td>94.97</td><td>199</td><td>100.00</td></tr> </table>	HEALTH6	Frequency	Percent	Cum Freq	Cum Percent	1	10	5.03	10	5.03	2	189	94.97	199	100.00								
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1	10	5.03	10	5.03																				
2	189	94.97	199	100.00																				
g.	Angina or chest pain due to heart disease?	1	2	8																				
	<table> <tr> <th>HEALTH7</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>37</td><td>18.59</td><td>37</td><td>18.59</td></tr> <tr> <td>2</td><td>161</td><td>80.90</td><td>198</td><td>99.50</td></tr> <tr> <td>8</td><td>1</td><td>0.50</td><td>199</td><td>100.00</td></tr> </table>	HEALTH7	Frequency	Percent	Cum Freq	Cum Percent	1	37	18.59	37	18.59	2	161	80.90	198	99.50	8	1	0.50	199	100.00			
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1	37	18.59	37	18.59																				
2	161	80.90	198	99.50																				
8	1	0.50	199	100.00																				
h.	Congestive heart failure?	1	2	8																				
	<table> <tr> <th>HEALTH8</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>19</td><td>9.55</td><td>19</td><td>9.55</td></tr> <tr> <td>2</td><td>176</td><td>88.44</td><td>195</td><td>97.99</td></tr> <tr> <td>8</td><td>4</td><td>2.01</td><td>199</td><td>100.00</td></tr> </table>	HEALTH8	Frequency	Percent	Cum Freq	Cum Percent	1	19	9.55	19	9.55	2	176	88.44	195	97.99	8	4	2.01	199	100.00			
HEALTH8	Frequency	Percent	Cum Freq	Cum Percent																				
1	19	9.55	19	9.55																				
2	176	88.44	195	97.99																				
8	4	2.01	199	100.00																				
i.	Stroke, mini-stroke or TIA?	1	2	8																				
	<table> <tr> <th>HEALTH9</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>22</td><td>11.06</td><td>22</td><td>11.06</td></tr> <tr> <td>2</td><td>176</td><td>88.44</td><td>198</td><td>99.50</td></tr> <tr> <td>8</td><td>1</td><td>0.50</td><td>199</td><td>100.00</td></tr> </table>	HEALTH9	Frequency	Percent	Cum Freq	Cum Percent	1	22	11.06	22	11.06	2	176	88.44	198	99.50	8	1	0.50	199	100.00			
HEALTH9	Frequency	Percent	Cum Freq	Cum Percent																				
1	22	11.06	22	11.06																				
2	176	88.44	198	99.50																				
8	1	0.50	199	100.00																				
j.	Hypertension or high blood pressure?	1	2	8																				
	<table> <tr> <th>HEALTH10</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>120</td><td>60.30</td><td>120</td><td>60.30</td></tr> <tr> <td>2</td><td>78</td><td>39.20</td><td>198</td><td>99.50</td></tr> <tr> <td>8</td><td>1</td><td>0.50</td><td>199</td><td>100.00</td></tr> </table>	HEALTH10	Frequency	Percent	Cum Freq	Cum Percent	1	120	60.30	120	60.30	2	78	39.20	198	99.50	8	1	0.50	199	100.00			
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1	120	60.30	120	60.30																				
2	78	39.20	198	99.50																				
8	1	0.50	199	100.00																				

k.	High cholesterol?	1	2	8																				
	<table> <tr> <th>HEALTH11</th><th>Frequency</th><th>Percent</th><th>Cum Freq</th><th>Cum Percent</th></tr> <tr> <td>1</td><td>81</td><td>40.70</td><td>81</td><td>40.70</td></tr> <tr> <td>2</td><td>111</td><td>55.78</td><td>192</td><td>96.48</td></tr> <tr> <td>8</td><td>7</td><td>3.52</td><td>199</td><td>100.00</td></tr> </table>	HEALTH11	Frequency	Percent	Cum Freq	Cum Percent	1	81	40.70	81	40.70	2	111	55.78	192	96.48	8	7	3.52	199	100.00			
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1	81	40.70	81	40.70																				
2	111	55.78	192	96.48																				
8	7	3.52	199	100.00																				

Another important influence on health are personal habits. The following questions ask about personal habits that may or may not apply to you.

J2. In your lifetime, did you ever smoke more than 100 cigarettes (or 5 packs of cigarettes)?

YES .....1 (J2a)

NO.....2 (J3)

DON'T KNOW.....8 (J3)

SMOKE100	Frequency	Percent	Cum Freq	Cum Percent
1	97	48.74	97	48.74
2	101	50.75	198	99.50
8	1	0.50	199	100.00

J2a. How old were you when you first started smoking cigarettes fairly regularly?

YEARS OLD: \_\_\_\_\_ (J2b)

NEVER SMOKED REGULARLY 2 (J3)

Analysis Variable : AGESMOK					
N	Mean	SD	Minimum	Median	Maximum
93	19.0	6.4	10.0	18.0	60.0

AGESMOK	Frequency	Percent	Cum Freq	Cum Percent
-8	2	1.89	2	1.89
-1	102	96.23	104	98.11
2	2	1.89	106	100.00

J2b. During the entire time you smoked, on average, how many cigarettes did you usually smoke per day? (PROBE: Is that cigarettes, not packs?)

RECORD: \_\_\_\_\_

CIGARETTES PER DAY

Analysis Variable : CIGARDAY					
N	Mean	SD	Minimum	Median	Maximum
93	18.3	11.2	1.0	20.0	40.0

CIGARDAY	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.94	1	0.94
-8	1	0.94	2	1.89
-1	104	98.11	106	100.00

J2c. Do you smoke now?

YES .....1 (J2d)

NO .....2 (J2e)

SMOKENOW	Frequency	Percent	Cum Freq	Cum Percent
-1	104	52.26	104	52.26
1	14	7.04	118	59.30
2	81	40.70	199	100.00

J2d. On the average, about how many cigarettes per day do you now smoke?

RECORD: \_\_\_\_\_

(J3)

CIGARETTES PER DAY

Analysis Variable : CIGADAYN					
N	Mean	SD	Minimum	Median	Maximum
14	18.1	8.5	8.0	20.0	40.0

CIGADAYN	Frequency	Percent	Cum Freq	Cum Percent
-1	185	100.00	185	100.00

CIGADAYN	Frequency	Percent	Cum Freq	Cum Percent
-1	185	92.96	185	92.96
8	1	0.50	186	93.47
10	4	2.01	190	95.48
17	1	0.50	191	95.98
20	5	2.51	196	98.49
24	1	0.50	197	98.99
25	1	0.50	198	99.50
40	1	0.50	199	100.00

J2e. How old were you when you quit?

RECORD: \_\_\_\_\_  
YEARS OLD

Analysis Variable : SMOKQUIT					
N	Mean	SD	Minimum	Median	Maximum
80	49.1	15.7	13.0	50.0	81.0

SMOKQUIT	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.84	1	0.84
-1	118	99.16	119	100.00

J3. Now I'm going to ask you some questions about your exposure to alcohol. How often do you have a drink containing alcohol? Would you say . . .

Never.....0 **(J4)**

Monthly or less .....1

Two to four times a month.....2

Two to three times a week .....3

Four to seven times a week.....4

DRINKOFT	Frequency	Percent	Cum Freq	Cum Percent
0	95	47.74	95	47.74
1	63	31.66	158	79.40
2	12	6.03	170	85.43
3	15	7.54	185	92.96
4	14	7.04	199	100.00

J3a. How many drinks containing alcohol do you have on a typical day when you are drinking? Would you say...

One to two ..... 1  
 Three to four..... 2  
 Five to six..... 3  
 Seven to nine ..... 4  
 Ten or more ..... 5

DRINKNUM	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-1	95	47.74	96	48.24
1	101	50.75	197	98.99
2	1	0.50	198	99.50
3	1	0.50	199	100.00

J4. The next questions ask about health-related events that may have happened to you since your last visit on, (***DATE TAKEN FROM VCS***). Have you limited your activities because of pain?

YES .....1 (**J4a**)  
 NO.....2 (**J5**)  
 DON'T KNOW.....8 (**J5**)

LIMAPAIN	Frequency	Percent	Cum Freq	Cum Percent
-7	1	0.50	1	0.50
1	74	37.19	75	37.69
2	123	61.81	198	99.50
8	1	0.50	199	100.00

J4a. Where is the pain that caused you to limit your activity?  
(CIRCLE ALL THAT APPLY.)

Neck ..... 1

NECKPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	69	34.67	194	97.49
1	5	2.51	199	100.00

Elbows..... 2

ELBOPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	72	36.18	197	98.99
2	2	1.01	199	100.00

Hips ..... 3

HIPSPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	57	28.64	182	91.46
3	17	8.54	199	100.00

Feet/Toes ..... 4

FEETPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	61	30.65	186	93.47
4	13	6.53	199	100.00

Back..... 5

BACKPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	38	19.10	163	81.91
5	36	18.09	199	100.00

Wrists ..... 6

WRISPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	65	32.66	190	95.48
6	9	4.52	199	100.00



Knees..... 7

KNEEPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	50	25.13	175	87.94
7	24	12.06	199	100.00

Shoulders..... 8

SHOUPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	65	32.66	190	95.48
8	9	4.52	199	100.00

Hand/Fingers ..... 9

HANDPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	59	29.65	184	92.46
9	15	7.54	199	100.00

Ankles ..... 10

ANKLPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	65	32.66	190	95.48
10	9	4.52	199	100.00

Other..... 11

OTHEPAIN	Frequency	Percent	Cum Freq	Cum Percent
- 1	125	62.81	125	62.81
0	47	23.62	172	86.43
11	27	13.57	199	100.00

- J5. Since your last visit on, (***DATE TAKEN FROM VCS***), have you been treated for pneumonia?

YES .....1

NO.....2

DON'T KNOW.....8

TREATPN	Frequency	Percent	Cum Freq	Cum Percent
-7	1	0.50	1	0.50
1	19	9.55	20	10.05
2	177	88.94	197	98.99
8	2	1.01	199	100.00

- J6. The following are questions about your health insurance. Are you currently covered by any government health insurance programs, such as Medicare, Medicaid, or other government programs?

YES .....1 **(J6a)**

NO.....2 **(J7)**

DON'T KNOW.....8 **(J7)**

GOVERINS	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
1	190	95.48	192	96.48
2	5	2.51	197	98.99
8	2	1.01	199	100.00

J6a. Which program is that? (CIRCLE ALL THAT APPLY.)  
(PROBE: Any other program?)

MEDICARE.....1 (J6b)

MDCARINS	Frequency	Percent	Cum Freq	Cum Percent
- 1	9	4.52	9	4.52
0	1	0.50	10	5.03
1	189	94.97	199	100.00

MEDICAID.....2

MDCAIINS	Frequency	Percent	Cum Freq	Cum Percent
- 1	17	8.54	17	8.54
0	166	83.42	183	91.96
2	16	8.04	199	100.00

VA/CHAMPUS .....3

VACHAMP	Frequency	Percent	Cum Freq	Cum Percent
- 1	18	9.05	18	9.05
0	179	89.95	197	98.99
3	2	1.01	199	100.00

OTHER .....4

OTHERINS	Frequency	Percent	Cum Freq	Cum Percent
- 1	18	9.05	18	9.05
0	175	87.94	193	96.98
4	6	3.02	199	100.00

- J6b. Do you have standard Medicare or are you in a Medicare HMO (health maintenance organization) such as [NAME(S) OF LOCAL HMOs]?

STANDARD MEDICARE.....1

MEDICARE HMO .....2

DON'T KNOW.....8

MCARETYP	Frequency	Percent	Cum Freq	Cum Percent
- 1	10	5.03	10	5.03
1	134	67.34	144	72.36
2	45	22.61	189	94.97
8	10	5.03	199	100.00

- J7. Do you have any health insurance obtained through your (or your spouse's) employer or former employer?

YES .....1 (J7a)

NO.....2 (J8)

DON'T KNOW.....8 (J8)

HINSEMP	Frequency	Percent	Cum Freq	Cum Percent
- 7	2	1.01	2	1.01
1	88	44.22	90	45.23
2	104	52.26	194	97.49
8	5	2.51	199	100.00

- J7a. Is it from a current or former employer?

CURRENT.....1

FORMER .....2

DON'T KNOW.....8

CUREMPL	Frequency	Percent	Cum Freq	Cum Percent
- 1	111	55.78	111	55.78
1	8	4.02	119	59.80
2	80	40.20	199	100.00

J8. Do you have any type of health insurance coverage, Medigap or other supplemental coverage, or long-term care insurance that is purchased directly from an insurance company or through a membership organization such as AARP (American Association of Retired Persons)?

YES .....1 (J8a)

NO.....2 (GO TO SECTION K)

DON'T KNOW.....8 (GO TO SECTION K)

HINSDIR	Frequency	Percent	Cum Freq	Cum Percent
- 7	2	1.01	2	1.01
1	61	30.65	63	31.66
2	133	66.83	196	98.49
8	3	1.51	199	100.00

J8a. What kind of coverage is that?

LONG TERM CARE.....1  
(INCLUDING NURSING HOME CARE)

OTHER .....2

DON'T KNOW.....8

KHINSDIR	Frequency	Percent	Cum Freq	Cum Percent
- 1	138	69.35	138	69.35
1	12	6.03	150	75.38
2	46	23.12	196	98.49
8	3	1.51	199	100.00

<b>SECTION K: HEALTH SERVICES UTILIZATION</b> <b><i>PROXY ALLOWED</i></b>
--

THESE QUESTIONS ASSUME AN APPROXIMATE 14-MONTH INTERVAL PRIOR TO THE INTERVIEW.

I am now going to ask some questions about how often you need health care.

K1. When you need health care such as seeing a doctor, is there a place where you usually go?

YES ..... 1 (K2)

NO ..... 2 (K3)

DON'T KNOW ..... 8 (K3)

HEATHS01	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
1	194	97.49	196	98.49
2	3	1.51	199	100.00

K2. What is that place? Is it . . .

a private (or single) doctor's office ..... 1

a clinic or group practice with several  
doctors' offices ..... 2

an emergency room ..... 3

someplace else ..... 4

DON'T KNOW ..... 8

HEATHS02	Frequency	Percent	Cum Freq	Cum Percent
-1	5	2.51	5	2.51
1	76	38.19	81	40.70
2	108	54.27	189	94.97
3	1	0.50	190	95.48
4	8	4.02	198	99.50
8	1	0.50	199	100.00

K3. Do you have a physician whom you see regularly?

YES ..... 1 (K4)

NO ..... 2 (K5)

DON'T KNOW ..... 8 (K5)

HEALTHS3	Frequency	Percent	Cum Freq	Cum Percent
- 7	2	1.01	2	1.01
1	190	95.48	192	96.48
2	6	3.02	198	99.50
8	1	0.50	199	100.00

K4. What kind of a physician is that? Is it . . .

a geriatrician or a specialist in older persons..... 1

a family or general practitioner ..... 2

an internist ..... 3

a cardiologist or heart doctor ..... 4

some other type..... 5

DON'T KNOW ..... 8

IF SUBJECT REPORTS MULTIPLE PHYSICIANS: Which doctor do you see most frequently?

Which doctor do you see for routine care or minor problems?

HEALTHS4	Frequency	Percent	Cum Freq	Cum Percent
- 1	9	4.52	9	4.52
1	7	3.52	16	8.04
2	93	46.73	109	54.77
3	56	28.14	165	82.91
4	9	4.52	174	87.44
5	15	7.54	189	94.97
8	10	5.03	199	100.00

- K5. Since your last visit on, **(DATE TAKEN FROM VCS)**, how many times have you been seen by or talked to a physician about your health?  
(CODE DK FOR DON'T KNOW RESPONSE.)

RECORD: \_\_\_\_\_  
TIMES

Analysis Variable : HEALTHS5					
N	Mean	SD	Minimum	Median	Maximum
194	7.9	11.4	0.0	4.0	99.0

HEALTHS5	Frequency	Percent	Cum Freq	Cum Percent
-9	1	20.00	1	20.00
-8	2	40.00	3	60.00
-7	2	40.00	5	100.00

- K7. Thinking about the last time that you were seen by or talked to a physician, for what conditions or reasons were you there?

A COLD, COUGH, RESPIRATORY PROBLEM, OR THE FLU.....1  
 ROUTINE FOLLOWUP FOR CHRONIC CONDITIONS SUCH  
 AS HYPERTENSION, DIABETES, OR HEART PROBLEMS .....2  
 A FOLLOW-UP AFTER A PREVIOUS VISIT FOR AN ILLNESS  
 OR SURGERY .....3  
 A ROUTINE OR REGULAR CHECK-UP, SUCH AS AN ANNUAL  
 OR SEMI-ANNUAL PHYSICAL .....4  
 SOME OTHER REASON.....5

HEALTHS7	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
1	7	3.52	9	4.52
2	40	20.10	49	24.62
3	36	18.09	85	42.71
4	57	28.64	142	71.36
5	57	28.64	199	100.00



K8. Since your last visit on, ***(DATE TAKEN FROM VCS)***, how many times have you been seen by or talked to a dentist about your oral health?  
(CODE DK FOR DON'T KNOW RESPONSE.)

RECORD: \_\_\_\_\_  
TIMES

Analysis Variable : HEALTHS8					
N	Mean	SD	Minimum	Median	Maximum
193	1.7	2.0	0.0	1.0	12.0

HEALTHS8	Frequency	Percent	Cum Freq	Cum Percent
-8	4	66.67	4	66.67
-7	2	33.33	6	100.00

HEALTHS8	Frequency	Percent	Cum Freq	Cum Percent
-8	4	2.01	4	2.01
-7	2	1.01	6	3.02
0	70	35.18	76	38.19
1	30	15.08	106	53.27
2	47	23.62	153	76.88
3	19	9.55	172	86.43
4	14	7.04	186	93.47
5	2	1.01	188	94.47
6	6	3.02	194	97.49
8	2	1.01	196	98.49
10	1	0.50	197	98.99
11	1	0.50	198	99.50
12	1	0.50	199	100.00

K10. Since you were 21 years old, have you ever been a patient in a hospital overnight (other than for pregnancy)?

YES.....1

NO.....2 (K14)

DON'T KNOW .....8 (K14)

HEATHS10	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
1	184	92.46	186	93.47
2	11	5.53	197	98.99
8	2	1.01	199	100.00

K11. Since your last visit on, (DATE TAKEN FROM VCS), how many times have you been a patient in the hospital overnight?  
(CODE DK FOR DON'T KNOW RESPONSE.)

RECORD: \_\_\_\_\_  
TIMES (IF ZERO, GO TO K14.)

Analysis Variable : HEATHS11					
N	Mean	SD	Minimum	Median	Maximum
182	0.7	1.4	0.0	0.0	10.0

HEATHS11	Frequency	Percent	Cum Freq	Cum Percent
-8	2	11.76	2	11.76
-1	15	88.24	17	100.00

HEATHS11	Frequency	Percent	Cum Freq	Cum Percent
-8	2	1.01	2	1.01
-1	15	7.54	17	8.54
0	112	56.28	129	64.82
1	46	23.12	175	87.94
2	9	4.52	184	92.46
3	9	4.52	193	96.98
5	3	1.51	196	98.49
7	1	0.50	197	98.99
8	1	0.50	198	99.50
10	1	0.50	199	100.00

K12. About how many nights did you spend in the hospital since, **(DATE TAKEN FROM VCS)**?  
(CODE DK FOR DON'T KNOW RESPONSE.)

RECORD:     \_\_\_ \_\_\_  
                  # NIGHTS

Analysis Variable : HEATHS12					
N	Mean	SD	Minimum	Median	Maximum
69	8.9	12.9	1.0	4.0	79.0

HEATHS12	Frequency	Percent	Cum Freq	Cum Percent
-8	3	2.31	3	2.31
-1	127	97.69	130	100.00

HEATHS12	Frequency	Percent	Cum Freq	Cum Percent
-8	3	1.51	3	1.51
-1	127	63.82	130	65.33
1	12	6.03	142	71.36
2	9	4.52	151	75.88
3	7	3.52	158	79.40
4	10	5.03	168	84.42
6	6	3.02	174	87.44
7	3	1.51	177	88.94
9	2	1.01	179	89.95
10	4	2.01	183	91.96
11	2	1.01	185	92.96
14	1	0.50	186	93.47
15	1	0.50	187	93.97
16	1	0.50	188	94.47
17	2	1.01	190	95.48
18	1	0.50	191	95.98
20	1	0.50	192	96.48
21	2	1.01	194	97.49
28	1	0.50	195	97.99
30	1	0.50	196	98.49
32	1	0.50	197	98.99
60	1	0.50	198	99.50
79	1	0.50	199	100.00

K14. Since you were 21 years old, have you ever been a resident in a nursing home?

YES.....1

NO.....2 (K17)

DON'T KNOW .....8 (K17)

HEATHS14	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
1	12	6.03	14	7.04
2	185	92.96	199	100.00

K15. Since your last visit on, (DATE TAKEN FROM VCS), how many times have you been a resident in a nursing home?  
(CODE DK FOR DON'T KNOW RESPONSE.)

RECORD: \_\_\_\_\_  
TIMES (IF ZERO, GO TO K17.)

Analysis Variable : HEATHS15					
N	Mean	SD	Minimum	Median	Maximum
12	0.7	0.7	0.0	1.0	2.0

HEATHS15	Frequency	Percent	Cum Freq	Cum Percent
-1	187	100.00	187	100.00

HEATHS15	Frequency	Percent	Cum Freq	Cum Percent
-1	187	93.97	187	93.97
0	5	2.51	192	96.48
1	6	3.02	198	99.50
2	1	0.50	199	100.00

K16. About how many days did you spend in the nursing home since your last visit on,  
(DATE TAKEN FROM VCS)? (CODE DK FOR DON'T KNOW RESPONSE.)

RECORD:                     
                   # DAYS

Analysis Variable : HEATHS16					
N	Mean	SD	Minimum	Median	Maximum
7	38.1	30.4	2.0	30.0	90.0

HEATHS16	Frequency	Percent	Cum Freq	Cum Percent
- 1	192	100.00	192	100.00

HEATHS16	Frequency	Percent	Cum Freq	Cum Percent
- 1	192	96.48	192	96.48
2	1	0.50	193	96.98
14	1	0.50	194	97.49
21	1	0.50	195	97.99
30	1	0.50	196	98.49
50	1	0.50	197	98.99
60	1	0.50	198	99.50
90	1	0.50	199	100.00

- K17. Since your last visit on, **(DATE TAKEN FROM VCS)**, how many times have you received medical treatment in an emergency room?  
(CODE DK FOR DON'T KNOW RESPONSE.)

RECORD: \_\_\_\_\_  
TIMES

Analysis Variable : HEATHS17					
N	Mean	SD	Minimum	Median	Maximum
195	0.8	1.5	0.0	0.0	15.0

HEATHS17	Frequency	Percent	Cum Freq	Cum Percent
-8	2	50.00	2	50.00
-7	2	50.00	4	100.00

HEATHS17	Frequency	Percent	Cum Freq	Cum Percent
-8	2	1.01	2	1.01
-7	2	1.01	4	2.01
0	103	51.76	107	53.77
1	62	31.16	169	84.92
2	15	7.54	184	92.46
3	5	2.51	189	94.97
4	4	2.01	193	96.98
5	4	2.01	197	98.99
6	1	0.50	198	99.50
15	1	0.50	199	100.00

- K18. Since your last visit on, **(DATE TAKEN FROM VCS)**, about how many different times have you used the services of:

CODE DK FOR DON'T KNOW RESPONSE.

a. a physical therapist \_\_\_\_\_ TIMES

Analysis Variable : HEATH18A					
N	Mean	SD	Minimum	Median	Maximum
196	4.5	13.4	0.0	0.0	90.0

HEATH18A	Frequency	Percent	Cum Freq	Cum Percent
-8	1	33.33	1	33.33
-7	2	66.67	3	100.00

b. an audiologist (hearing therapist)

\_\_\_ \_\_ TIMES

Analysis Variable : HEATH18B					
N	Mean	SD	Minimum	Median	Maximum
197	0.2	0.5	0.0	0.0	3.0

HEATH18B	Frequency	Percent	Cum Freq	Cum Percent
-7	2	100.00	2	100.00

c. a visiting nurse

\_\_\_ \_\_ TIMES

Analysis Variable : HEATH18C					
N	Mean	SD	Minimum	Median	Maximum
196	1.7	7.5	0.0	0.0	72.0

HEATH18C	Frequency	Percent	Cum Freq	Cum Percent
-8	1	33.33	1	33.33
-7	2	66.67	3	100.00

d. a home health aide

\_\_\_ \_\_ TIMES

Analysis Variable : HEATH18D					
N	Mean	SD	Minimum	Median	Maximum
195	1.6	9.4	0.0	0.0	99.0

HEATH18D	Frequency	Percent	Cum Freq	Cum Percent
-8	2	50.00	2	50.00
-7	2	50.00	4	100.00

e. a personal care attendant

\_\_\_ \_\_ TIMES

Analysis Variable : HEATH18E					
N	Mean	SD	Minimum	Median	Maximum
196	0.6	5.0	0.0	0.0	60.0

HEATH18E	Frequency	Percent	Cum Freq	Cum Percent
-8	1	33.33	1	33.33
-7	2	66.67	3	100.00

f. an adult day care center

\_\_\_ \_\_ TIMES

Analysis Variable : HEATH18F					
N	Mean	SD	Minimum	Median	Maximum
197	0.5	7.1	0.0	0.0	99.0

HEATH18F	Frequency	Percent	Cum Freq	Cum Percent
-7	2	100.00	2	100.00

g. a psychologist or mental health worker \_\_\_\_\_ TIMES

Analysis Variable : HEATH18G					
N	Mean	SD	Minimum	Median	Maximum
197	0.3	2.3	0.0	0.0	24.0

HEATH18G	Frequency	Percent	Cum Freq	Cum Percent
-7	2	100.00	2	100.00

We also have some questions about employment, including self-employment. This does not include unpaid or volunteer work.

K19. Have you ever worked?

YES.....1 (K19a)

NO.....2 (K20)

PWORKED	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-7	2	1.01	3	1.51
1	195	97.99	198	99.50
2	1	0.50	199	100.00

K20. Has your spouse ever worked?

YES..... 1 (K20a)

NO..... 2 (K21)

NOT APPLICABLE (NEVER MARRIED) .....-1 (K21)

SWORKED	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-8	2	1.01	3	1.51
-7	3	1.51	6	3.02
-1	14	7.04	20	10.05
1	167	83.92	187	93.97
2	12	6.03	199	100.00



<b>SECTION L:</b>	<b>PRE - SF-36</b>
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L1. WAS THIS MEASUREMENT COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1      GO TO SECTION N

YES ..... 2      COMPLETE QUESTIONS BELOW

SF-36 completed at this visit				
MEASSF	Frequency	Percent	Cum Freq	Cum Percent
1	11	5.53	11	5.53
2	188	94.47	199	100.00

L3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER.....1

IN-PERSON AT PARTICIPANT'S HOME.....2

IN-PERSON AT NURSING HOME.....3

IN-PERSON AT ALTERNATE LOCATION.....4

TELEPHONE.....5

Mode of SF-36 interview				
INTVSF	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	3	1.51	14	7.04
5	185	92.96	199	100.00

L4. WITH WHOM:

PARTICIPANT ONLY ..... 1    **(L5)**

Who did SF-36 interview				
INTVSF	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	188	94.47	199	100.00

**SECTION M:****SF-36*****PROXY NOT ALLOWED***

INSTRUCTIONS: This section asks for your views about your health. This information will help keep track of how you feel and how well you are able to do your usual activities.

**Answer every question** by marking the answer as indicated. If you are unsure about how to answer a question, please give the best answer you can.

M1. In general, would you say your health is:

(circle one)

Excellent.....1

Very good.....2

Good.....3

Fair.....4

Poor.....5

HEALTH_G	Frequency	Percent	Cum Freq	Cum Percent
- 1	11	5.53	11	5.53
1	14	7.04	25	12.56
2	44	22.11	69	34.67
3	75	37.69	144	72.36
4	46	23.12	190	95.48
5	9	4.52	199	100.00

M2. Compared to one year ago, how would you rate your health in general now?

(circle one)

Much better now than one year ago.....1

Somewhat better now than one year ago.....2

About the same.....3

Somewhat worse now than one year ago.....4

Much worse now than one year ago.....5

HEAL_1Y	Frequency	Percent	Cum Freq	Cum Percent
- 1	11	5.53	11	5.53
1	8	4.02	19	9.55
2	17	8.54	36	18.09
3	105	52.76	141	70.85
4	50	25.13	191	95.98
5	8	4.02	199	100.00

M3. The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?

(circle one number on each line)

ACTIVITIES

**Yes,  
limited a  
lot**

**Yes,  
limited a  
little**

**No, not  
limited at  
all**

- a. **Vigorous activities**, such as running, lifting heavy objects, participating in strenuous sports?

1

2

3

D3A	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	121	60.80	132	66.33
2	37	18.59	169	84.92
3	30	15.08	199	100.00

- b. **Moderate activities**, such as moving a table, pushing a vacuum cleaner, bowling or playing golf?

1

2

3

D3B	Frequency	Percent	Cum Freq	Cum Percent
-7	1	0.50	1	0.50
-1	11	5.53	12	6.03
1	48	24.12	60	30.15
2	61	30.65	121	60.80
3	78	39.20	199	100.00

- c. Lifting or carrying groceries?

1

2

3

D3C	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	44	22.11	55	27.64
2	56	28.14	111	55.78
3	88	44.22	199	100.00

- d. Climbing **several** flights of stairs?

1

2

3

D3D	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	74	37.19	85	42.71
2	53	26.63	138	69.35
3	61	30.65	199	100.00

- e. Climbing **one** flight of stairs? 1 2 3

D3E	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	26	13.07	37	18.59
2	56	28.14	93	46.73
3	106	53.27	199	100.00

- f. Bending, kneeling, or stooping? 1 2 3

D3F	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	46	23.12	57	28.64
2	65	32.66	122	61.31
3	77	38.69	199	100.00

- g. Walking **more than a mile**? 1 2 3

D3G	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	11	5.53	12	6.03
1	84	42.21	96	48.24
2	47	23.62	143	71.86
3	56	28.14	199	100.00

- h. Walking **several blocks**? 1 2 3

D3H	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-1	11	5.53	12	6.03
1	56	28.14	68	34.17
2	51	25.63	119	59.80
3	80	40.20	199	100.00

- i. Walking **one block**? 1 2 3

D3I	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	24	12.06	35	17.59
2	41	20.60	76	38.19
3	123	61.81	199	100.00

- j. Bathing or dressing yourself? 1 2 3

D3J	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	1	0.50	12	6.03
2	24	12.06	36	18.09
3	163	81.91	199	100.00

M4. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

(circle one number on each line)

YES NO

- a. Cut down the **amount of time** you spent on work or other activities?

1 2

D4A	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	73	36.68	84	42.21
2	115	57.79	199	100.00

- b. **Accomplished less** than you would like?

1 2

D4B	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	116	58.29	127	63.82
2	72	36.18	199	100.00

- c. Were limited in the **kind** of work or other activities?

1 2

D4C	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	106	53.27	117	58.79
2	82	41.21	199	100.00

- d. Had **difficulty** performing the work or other activities (for example, it took extra effort)?

1 2

D4D	Frequency	Percent	Cum Freq	Cum Percent
-7	1	0.50	1	0.50
-1	11	5.53	12	6.03
1	91	45.73	103	51.76
2	96	48.24	199	100.00

M5. During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

(circle one number on each line)

**YES**

**NO**

- a. Cut down the **amount of time** you spent on work or other activities?

1

2

D5A	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	27	13.57	38	19.10
2	161	80.90	199	100.00

- b. **Accomplished less** than you would like?

1

2

D5B	Frequency	Percent	Cum Freq	Cum Percent
-1	11	5.53	11	5.53
1	45	22.61	56	28.14
2	143	71.86	199	100.00

- c. Didn't do work or other activities as **carefully** as usual?

1

2

D5C	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
-8	2	1.01	3	1.51
-1	11	5.53	14	7.04
1	24	12.06	38	19.10
2	161	80.90	199	100.00

M6. During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups?

(circle one)

Not at all.....1

Slightly.....2

Moderately.....3

Quite a bit.....4

Extremely.....5

D6	Frequency	Percent	Cum Freq	Cum Percent
- 7	1	0.50	1	0.50
- 1	11	5.53	12	6.03
1	109	54.77	121	60.80
2	40	20.10	161	80.90
3	18	9.05	179	89.95
4	18	9.05	197	98.99
5	2	1.01	199	100.00

M7. How much bodily pain have you had during the past 4 weeks?

(circle one)

None.....1

Very Mild.....2

Mild.....3

Moderate.....4

Severe.....5

Very Severe .....6

D7	Frequency	Percent	Cum Freq	Cum Percent
- 1	11	5.53	11	5.53
1	47	23.62	58	29.15
2	39	19.60	97	48.74
3	37	18.59	134	67.34
4	44	22.11	178	89.45
5	15	7.54	193	96.98
6	6	3.02	199	100.00



M8. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

(circle one)

Not at all.....1

A little bit.....2

Moderately.....3

Quite a bit.....4

Extremely.....5

D8	Frequency	Percent	Cum Freq	Cum Percent
- 1	11	5.53	11	5.53
1	101	50.75	112	56.28
2	38	19.10	150	75.38
3	30	15.08	180	90.45
4	9	4.52	189	94.97
5	10	5.03	199	100.00

M9. These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling. How much of the time during the past 4 weeks .....

(circle one number on each line)

**All of  
the time**      **Most of  
the time**      **A good  
bit of  
the time**      **Some of  
the time**      **A little  
of the  
time**      **None of  
the time**

a. Did you feel full of pep?      1      2      3      4      5      6

D9A	Frequency	Percent	Cum Freq	Cum Percent
- 7	2	1.01	2	1.01
- 1	11	5.53	13	6.53
1	11	5.53	24	12.06
2	40	20.10	64	32.16
3	27	13.57	91	45.73
4	58	29.15	149	74.87
5	28	14.07	177	88.94
6	22	11.06	199	100.00

- b. Have you been a very nervous person?
- All of the time**      **Most of the time**      **A good bit of the time**      **Some of the time**      **A little of the time**      **None of the time**  
 1                      2                      3                      4                      5                      6

D9B	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
1	1	0.50	14	7.04
2	8	4.02	22	11.06
3	5	2.51	27	13.57
4	29	14.57	56	28.14
5	35	17.59	91	45.73
6	108	54.27	199	100.00

- c. Have you felt so down in the dumps that nothing could cheer you up?
- 1                      2                      3                      4                      5                      6

D9C	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
2	2	1.01	15	7.54
3	4	2.01	19	9.55
4	13	6.53	32	16.08
5	29	14.57	61	30.65
6	138	69.35	199	100.00

- d. Have you felt calm and peaceful?
- 1                      2                      3                      4                      5                      6

D9D	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
1	23	11.56	36	18.09
2	82	41.21	118	59.30
3	34	17.09	152	76.38
4	31	15.58	183	91.96
5	10	5.03	193	96.98
6	6	3.02	199	100.00

- e. Did you have a lot of energy?
- All of the time**    **Most of the time**    **A good bit of the time**    **Some of the time**    **A little of the time**    **None of the time**
- 1                      2                      3                      4                      5                      6

D9E	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
1	18	9.05	31	15.58
2	38	19.10	69	34.67
3	27	13.57	96	48.24
4	44	22.11	140	70.35
5	35	17.59	175	87.94
6	24	12.06	199	100.00

- f. Have you felt downhearted and blue?
- 1                      2                      3                      4                      5                      6

D9F	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
2	1	0.50	14	7.04
3	3	1.51	17	8.54
4	25	12.56	42	21.11
5	64	32.16	106	53.27
6	93	46.73	199	100.00

- g. Did you feel worn out?
- 1                      2                      3                      4                      5                      6

D9G	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
1	10	5.03	23	11.56
2	7	3.52	30	15.08
3	14	7.04	44	22.11
4	48	24.12	92	46.23
5	55	27.64	147	73.87
6	52	26.13	199	100.00

- h. Have you been a happy person?
- All of the time**      **Most of the time**      **A good bit of the time**      **Some of the time**      **A little of the time**      **None of the time**
- 1                      2                      3                      4                      5                      6

D9H	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
1	45	22.61	58	29.15
2	77	38.69	135	67.84
3	28	14.07	163	81.91
4	21	10.55	184	92.46
5	9	4.52	193	96.98
6	6	3.02	199	100.00

- i. Did you feel tired?
- 1                      2                      3                      4                      5                      6

D9I	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
1	14	7.04	27	13.57
2	15	7.54	42	21.11
3	18	9.05	60	30.15
4	63	31.66	123	61.81
5	56	28.14	179	89.95
6	20	10.05	199	100.00

M10. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting with friends, relatives, etc.)?

(circle one)

All of the time.....1

Most of the time.....2

Some of the time.....3

A little of the time.....4

None of the time.....5

D10	Frequency	Percent	Cum Freq	Cum Percent
-7	1	0.50	1	0.50
-1	11	5.53	12	6.03
1	5	2.51	17	8.54
2	15	7.54	32	16.08
3	32	16.08	64	32.16
4	37	18.59	101	50.75
5	98	49.25	199	100.00

M11. How TRUE or FALSE is each of the following statements for you? Use the 5 point scale provided.

(circle one number on each line)

		<b>Definitely true</b>	<b>Mostly true</b>	<b>Don't know</b>	<b>Mostly false</b>	<b>Definitely false</b>
a.	I seem to get sick a little easier than other people.	1	2	3	4	5

D11A	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
1	6	3.02	19	9.55
2	7	3.52	26	13.07
3	13	6.53	39	19.60
4	48	24.12	87	43.72
5	112	56.28	199	100.00

- b. I am as healthy as anybody I know.
- Definitely true**      **Mostly true**      **Don't know**      **Mostly false**      **Definitely false**  
 1                      2                      3                      4                      5

D11B	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
1	54	27.14	67	33.67
2	57	28.64	124	62.31
3	22	11.06	146	73.37
4	28	14.07	174	87.44
5	25	12.56	199	100.00

- c. I expect my health to get worse.
- 1                      2                      3                      4                      5

D11C	Frequency	Percent	Cum Freq	Cum Percent
-7	2	1.01	2	1.01
-1	11	5.53	13	6.53
1	17	8.54	30	15.08
2	40	20.10	70	35.18
3	38	19.10	108	54.27
4	33	16.58	141	70.85
5	58	29.15	199	100.00

- d. My health is excellent.
- 1                      2                      3                      4                      5

D11D	Frequency	Percent	Cum Freq	Cum Percent
-8	1	0.50	1	0.50
-7	2	1.01	3	1.51
-1	11	5.53	14	7.04
1	32	16.08	46	23.12
2	57	28.64	103	51.76
3	11	5.53	114	57.29
4	47	23.62	161	80.90
5	38	19.10	199	100.00

<b>SECTION N:</b>	<b>PRE - MEDICATION AUDIT</b>
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N1. WAS THIS MEASUREMENT COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1      GO TO SECTION P

YES ..... 2      COMPLETE QUESTIONS BELOW

Med Audit completed at this visit				
MEASMED	Frequency	Percent	Cum Freq	Cum Percent
1	21	10.55	21	10.55
2	178	89.45	199	100.00

N3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER.....1

IN-PERSON AT PARTICIPANT'S HOME.....2

IN-PERSON AT NURSING HOME.....3

IN-PERSON AT ALTERNATE LOCATION.....4

TELEPHONE.....5

Mode of Med Audit interview				
INTVMED	Frequency	Percent	Cum Freq	Cum Percent
- 1	21	10.55	21	10.55
1	4	2.01	25	12.56
5	174	87.44	199	100.00

N4. WITH WHOM:

PARTICIPANT ONLY ..... 1 (N5)

PARTICIPANT & PROXY ..... 2 (N4a)

PROXY ONLY.....3 (N4a)

Who did Med Audit interview				
WHOMMED	Frequency	Percent	Cum Freq	Cum Percent
- 1	21	10.55	21	10.55
1	174	87.44	195	97.99
2	1	0.50	196	98.49
3	3	1.51	199	100.00

N4a. PROXY CODE:

SPOUSE..... 1

CHILD.....2

OTHER RELATIVE.....3

NON-RELATIVE.....4

FORMAL CAREGIVER..... 5

Relation of Med Audit proxy				
PRXYMED	Frequency	Percent	Cum Freq	Cum Percent
- 1	195	97.99	195	97.99
1	2	1.01	197	98.99
2	1	0.50	198	99.50
5	1	0.50	199	100.00



**SECTION O: MEDICATION AUDIT*****PROXY ALLOWED***

USE THE STANDARDIZED PROCEDURES AND FORM # 618 WHEN COMPLETING THE MEDICATION AUDIT.

**SECTION P: PRE - EPT**

P1. WAS THIS MEASUREMENT COMPLETED AT THIS FOLLOW-UP VISIT?

NO ..... 1 GO TO SECTION R

YES ..... 2 COMPLETE QUESTIONS BELOW

EPT completed at this visit				
MEASEPT	Frequency	Percent	Cum Freq	Cum Percent
-9	1	0.50	1	0.50
1	47	23.62	48	24.12
2	151	75.88	199	100.00

P3. MODE OF INTERVIEW:

IN-PERSON AT TESTING CENTER (Form 617).....1

IN-PERSON AT PARTICIPANT'S HOME (Form 617).....2

IN-PERSON AT NURSING HOME (Form 617).....3

IN-PERSON AT ALTERNATE LOCATION (Form 617).....4

AS A TAKE-HOME (Form 717).....6

Mode of EPT interview				
INTVEPT	Frequency	Percent	Cum Freq	Cum Percent
-1	48	24.12	48	24.12
6	151	75.88	199	100.00