



# Overview of PK-PD/E-R (safety + efficacy) – part 2

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Module 11: Building on PopPK – Exposure response and PK-PD

Kemi Taylor, PhD and Amy Cheung, PhD

Senior Directors

# Learning Objectives

Recognise the range of exposure response models for safety and efficacy
<b>Analyse exposure-response data using direct, indirect and delayed response models</b>
Defend the choice of models subject to the type of data and the research question

# Lecture outline

## Other Types of Exposure-Response Models

- Understand how to:
  - Recap key concepts from Tutorial 1
  - What is indirect response, tolerance + rebound, receptor binding, signal transduction/transit model



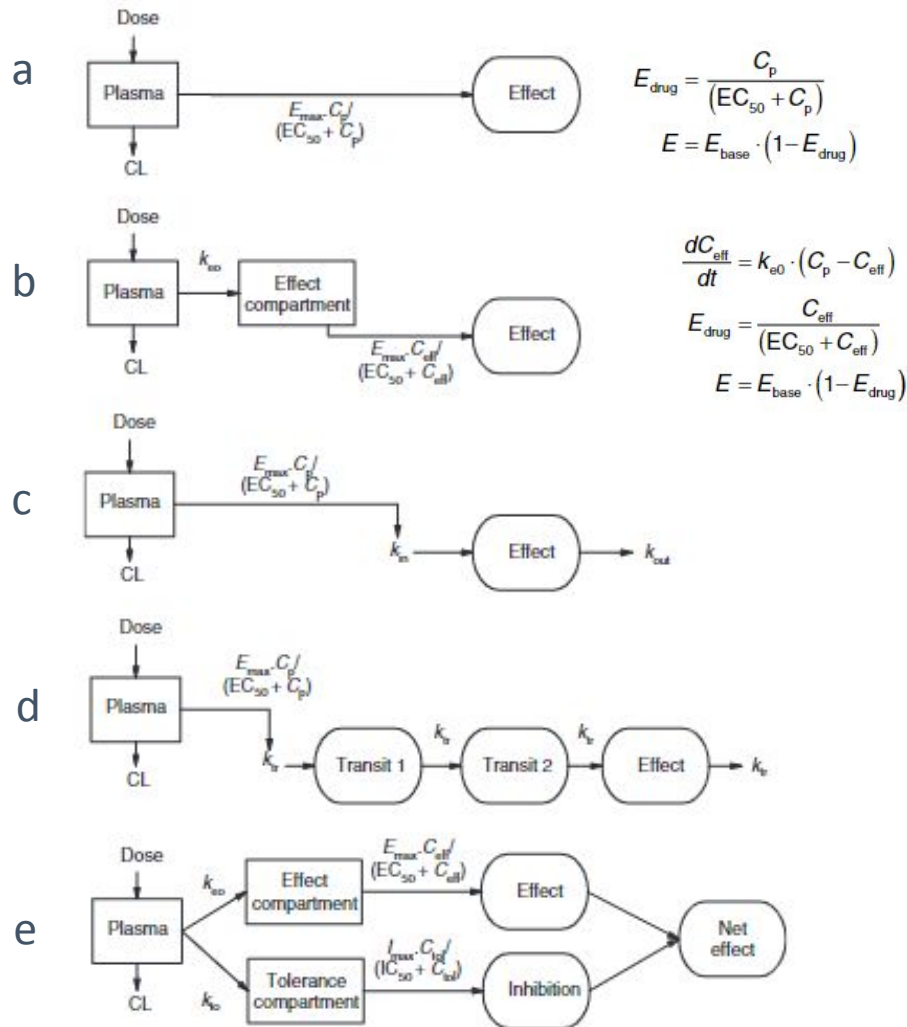
# Recap key concepts from Tutorial 1

# Lecture outline

## Overview of PK-PD/E-R (safety + efficacy) - part 1

- Understand:
  - What are the data types used in PK-PD, E-R (safety and efficacy) modeling?
  - What's the difference between PK-PD and E-R analysis?
  - Which type of PD models are available
  - Focus on PK-PD
    - Direct/ Indirect response modeling
    - Effect compartment modeling
  - Application of PK-PD modelling with Friberg myelosuppression model and structural identifiability
  - What's is therapeutic Index and its impact to labeling

# Continuous PD models



- (a) A direct response model where effect is driven by the plasma drug concentration.
- (b) An effect compartment model where effect is driven by the effect compartment drug concentration, which is delayed relative to the plasma concentration by a first-order rate constant  $k_{e0}$ .
- (c) A turnover model where drug effect is a balance between an apparent production rate ( $k_{in}$ ) and an apparent removal rate ( $k_{out}$ ). Drug affects the net effect by altering  $k_{in}$  or ( $k_{out}$ ).
- (d) A transit compartment model, where the drug effect is at the end of chain of processes and drug action is on the first process.
- (e) A tolerance compartment model, where the drug effect is described by an effect compartment and the development of tolerance is described by a slower inhibitory compartment that reduces the net drug effect with time.

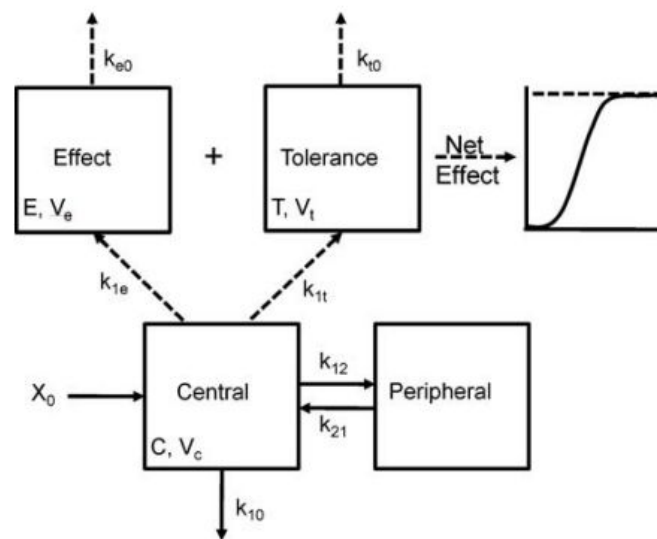


# Tolerance + Rebound Model



# Tolerance/ rebound model

- Used to describe biological system with homeostatic control, and when perturbed by drug, they tend to return to baseline state (set point)
- An example is the development of tolerance to opioids on the right
- Tolerance models can also be derived from turnover models, where tolerance acts by altering  $k_{in}$  or  $k_{out}$  or via depletion of a precursor pool when additional compartments are added to turnover models



The AAPS Journal, Vol. 10, No. 4, December 2008 (© 2008)  
DOI: 10.1208/s12248-008-9056-1

## Review Article

Themed Issue: Therapeutic Tolerance: Pharmacokinetic-Pharmacodynamic Mechanisms  
Guest Editors: Kathleen M. K. Boje and Gary M. Pollack

## Opioid Tolerance Development: A Pharmacokinetic/Pharmacodynamic Perspective

Emily O. Dumas<sup>1,2</sup> and Gary M. Pollack<sup>1</sup>

Received 19 February, 2008; accepted 14 July, 2008; published online 7 November 2008

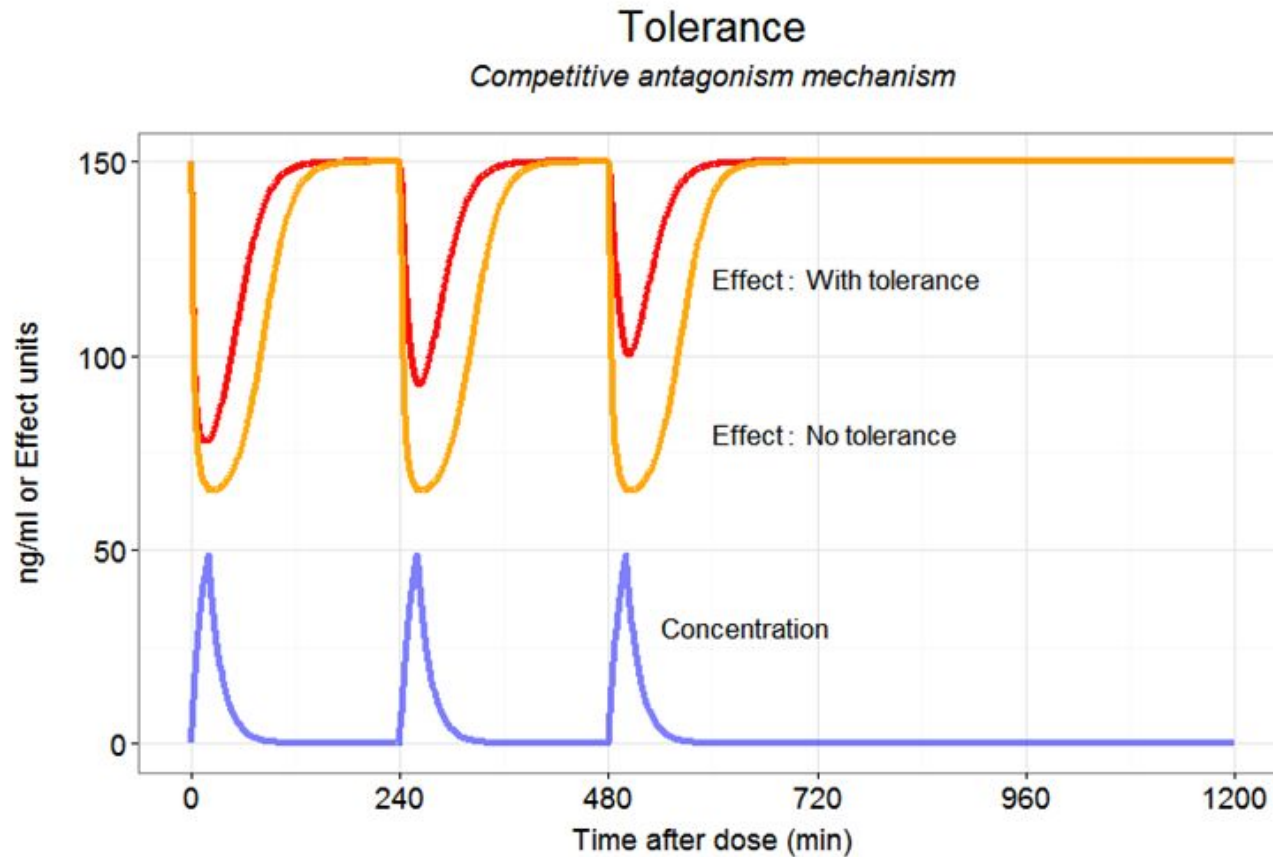
**Abstract.** The opioids are commonly used to treat acute and severe pain. Long-term opioid administration eventually reaches a dose ceiling that is attributable to the rapid onset of analgesic tolerance coupled with the slow development of tolerance to the untoward side effects of respiratory depression, nausea and decreased gastrointestinal motility. The need for effective long-term analgesia remains. In order to develop new therapeutics and novel strategies for use of current analgesics, the processes that mediate tolerance must be understood. This review highlights potential pharmacokinetic (changes in metabolite production, metabolizing enzyme expression, and transporter function) and pharmacodynamic (receptor type, location and functionality; alterations in signaling pathways and cross-tolerance) aspects of opioid tolerance development, and presents several pharmacodynamic modeling strategies that have been used to characterize time-dependent attenuation of opioid analgesia.

**KEY WORDS:** opioid; pharmacodynamics; pharmacokinetics; tolerance.

- Scheme depicting the PK-PD model of tolerance following multiple morphine i.v. bolus doses.
- The time course of morphine concentrations following multiple i.v. bolus doses was described by a two-compartment model with a central volume of distribution  $V_c$ , distribution between the central and peripheral compartment according to the rate constants  $k_{12}$  and  $k_{21}$ , and elimination from the central compartment by the first-order rate constant  $k_{10}$ .
- The time course of antinociception was described using an approach derived by Porchet et al. where the first-order rate constants of effect onset,  $k_{1e}$  and  $k_{1t}$ , link the central compartment to the effect (E) and tolerance (T) compartments of volumes  $V_e$  and  $V_t$  and, effect offset is governed by the first-order rate constants  $k_{e0}$  and  $k_{t0}$  [Adapted from Ouellet and Pollack]



# Detecting PD tolerance in observed data

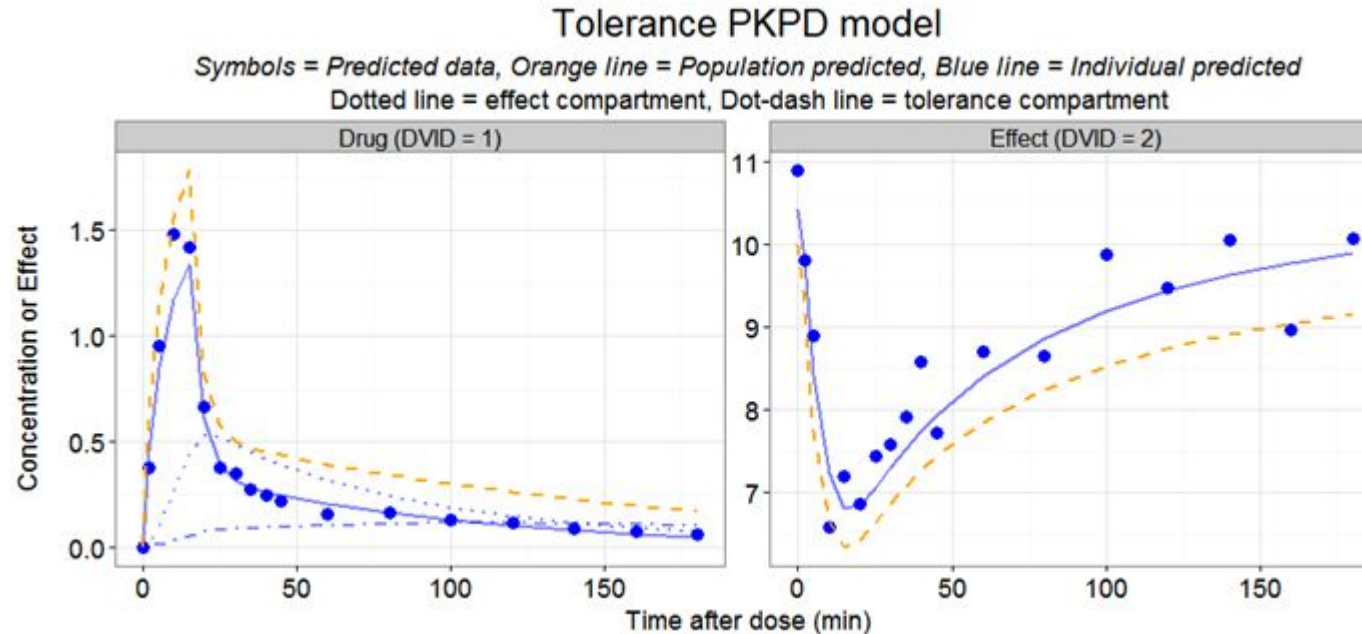


- Simulation where a hypothetical drug is infused for 20 minutes on three occasions 4 hours apart.
- The resultant plasma concentrations ( $C_p$ ) are shown in blue. The drug effect has a baseline of 150 units, and the time-course of effect is shown for a PD system with (red) and without (orange) a tolerance mechanism.
- The drug effect was described by an effect compartment (giving effect compartment concentrations,  $C_{eff}$ ) and  $E_{max}$  model that decreased effect from baseline ( $k_{e0} = 0.1$ ,  $E_{max} = 90$ ,  $EC_{50} = 50$ ).
- For the tolerance model, a tolerance compartment (giving tolerance compartment concentrations,  $C_{tol}$ ) was used to generate a slower evolving ( $k_{t0} = 0.001$ ,  $I_{max} = 50$ ,  $IC_{50} = 5$ ) inhibitory effect that countered the drug effect by a competitive antagonism mechanism, as describe by:
- $$\text{Effect} = \text{Base} - \frac{(E_{max} * C_{eff})}{C_{eff} + (EC_{50}/IC_{50}) * C_{tol} + EC_{50}}$$

<https://ascpt.onlinelibrary.wiley.com/doi/epdf/10.1038/psp.2013.71>

# Tolerance PKPD model

- 2-compartment PK model with zero order infusion.
- Drug effect is via an effect compartment via an Emax model with proportional decrease from baseline.
- A tolerance compartment with an inhibitory I<sub>max</sub> relationship provides the net drug effect via competitive antagonism.



<https://ascpt.onlinelibrary.wiley.com/doi/epdf/10.1038/psp.2013.71>

# Example control stream for a tolerance model (1)

## NONMEM control stream 5\_tolerance.ct1

```
$PROBLEM AN EXAMPLE TOLERANCE MODEL AS DIFFERENTIAL EQUATIONS
;Two compartment pharmacokinetic model with zero order infusion
;Effect compartment with an Emax model with decrease from baseline; Proportional relationship to
baseline
;Tolerance compartment with an inhibitory Imax model and net drug effect via competitive antago-
nism
;units are ug, L and min. concentration is ug/L = ng/ml
;DVID = 0 for dose, 1 for PK, 2 for PD
```

```
$INPUT ID TIME AMT RATE DV DVID MDV
```

```
$DATA testdata1.csv IGNORE=C
```

```
$SUBROUTINES ADVAN13 TOL=9
```

```
$MODEL
  COMP=(CENTRAL)
  COMP=(PERIPH)
  COMP=(EFFECT)
  COMP=(TOL)
```

```
$PK
;PK parameters
CL = THETA(1)*EXP(ETA(1))
V1 = THETA(2)*EXP(ETA(2))
Q = THETA(3)
V2 = THETA(4)
```

```
;PD parameters
EBASE = THETA(5)*EXP(ETA(3))
```

```
KE0 = THETA(6)
EMAX = THETA(7)
EC50 = THETA(8)*EXP(ETA(4))
```

```
KT0 = THETA(9)
IMX = THETA(10) ;Don't use IMAX as a variable - a known bug
IC50 = THETA(11)
```

```
$DES
```

```
C1 = A(1)/V1 ;Turn amounts into concentrations
C2 = A(2)/V2
C3 = A(3)
C4 = A(4)
```

```
DADT(1) = -Q*C1 +Q*C2 -CL*C1 ;Differential equation for central PK compartment
DADT(2) = Q*C1 -Q*C2 ;Differential equation for peripheral PK compartment
DADT(3) = KE0*(C1 - C3) ;Differential equation for effect compartment
DADT(4) = KT0*(C1 - C4) ;Differential equation for tolerance compartment
```

```
$THETA
```

```
1.5 ; POPCL
```

```
25 ; POPV1
```

```
5 ; POPQ
```

```
150 ; POPV2
```

```
10 ; POPEBASE
```

```
0.04 ; POPKE0
```

```
10 ; POPEMAX
```

```
0.3 ; POPEC50
```

```
0.004 ; POPKT0
```

```
5 ; POPIMX
```

```
0.03 ; POPIC50
```

<https://ascpt.onlinelibrary.wiley.com/doi/epdf/10.1038/psp.2013.71>

# Example control stream for a tolerance model (2)

```
$ERROR
  CP=A(1)/V1      ;Plasma concentration needs to be calculated again outside of $DES
  CEFF=A(3)       ;Apparent Effect compartment concentration needs to be calculated again outside
of $DES
  CTOL=A(4)       ;Apparent Tolerance compartment concentration needs to be calculated again out-
side of $DES
  E = EBASE-(EMAX*CEFF)/(CEFF+EC50/IC50*CTOL+EC50) ;Drug effect via competitive antagonism

  IF (DVID.LE.1) THEN
    IPRED = CP
    Y = IPRED*(1+ERR(1)) ;Proportional residual error for drug concentration
  ENDIF

  IF (DVID.EQ.2) THEN
    IPRED = E
    Y = IPRED+ERR(2)     ;Additive residual error for effect
  ENDIF

SIM = IREP      ;Simulation counter

$SIM (123) ONLYSIM NSUB=1

$TABLE ID TIME AMT CL V1 Q V2 EBASE KE0 EMAX EC50 KT0 IMX IC50 CP CEFF CTOL E DVID MDV SIM
IPRED NOPRINT ONEHEADER FILE=*.fit
```

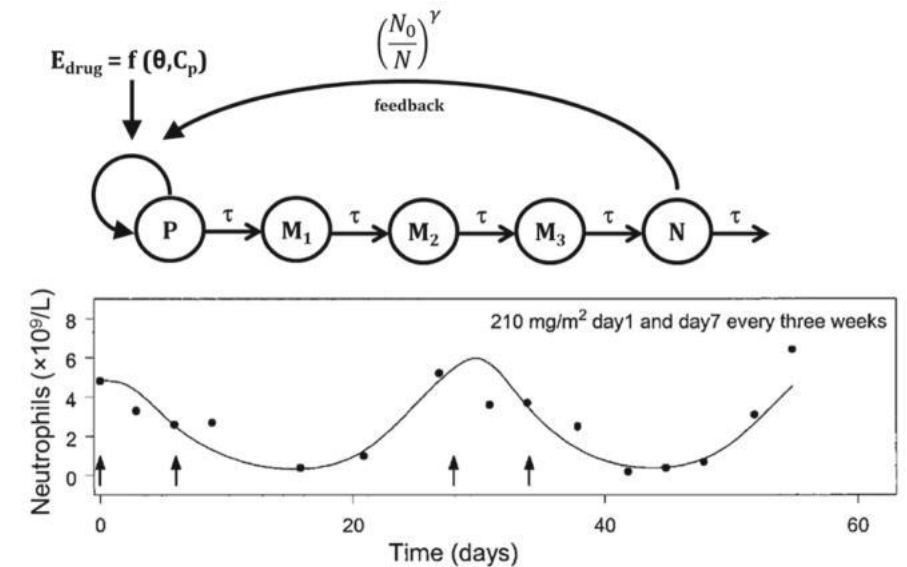
<https://ascpt.onlinelibrary.wiley.com/doi/epdf/10.1038/psp.2013.71>



# Signal Transduction/Transit Model

# Transit model

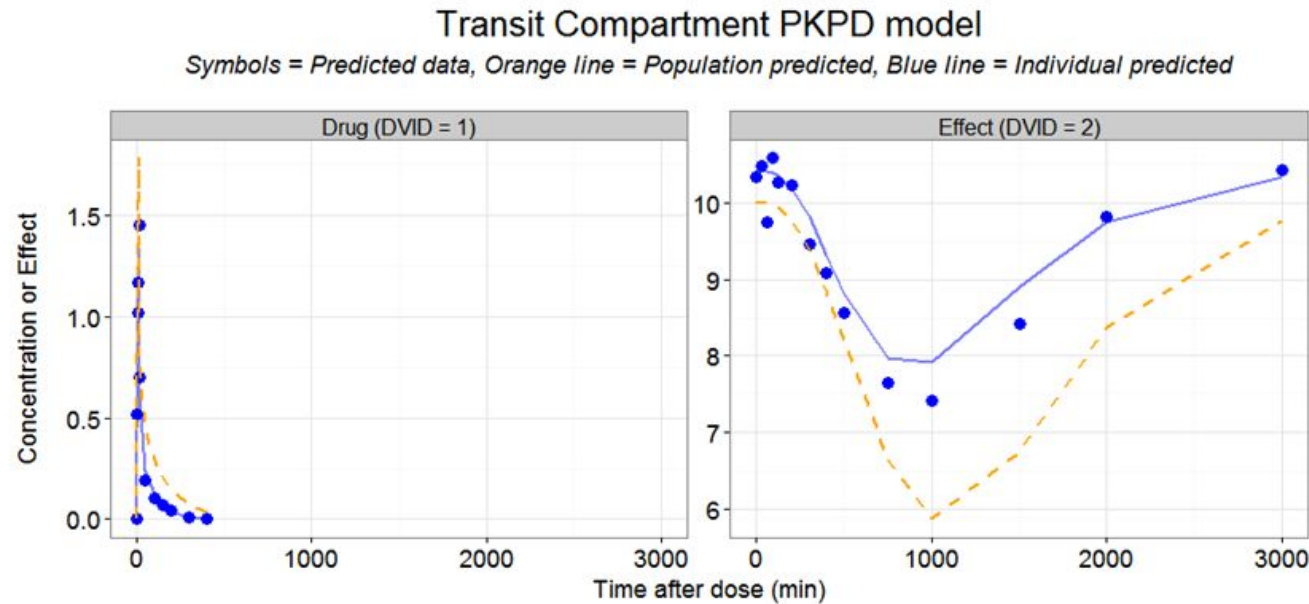
- An example is the Friberg model (Module 11, Tutorial 1)
- Neutrophils are formed from progenitor myeloblasts in the bone marrow which undergo maturation through at least five distinct cell populations before becoming neutrophils.
- Antineoplastics affect myelo-blast formation, lowering neutrophil counts only when the decreased production rate has propagated down the maturation pathway—often 5–7 days after antineoplastic administration.
- Each distinct cell population can be represented as transit compartment linked in series.
- While it may be feasible to define the  $k_{in}$  and  $k_{out}$  rate constants for each transit compartment, in practice, only one step is rate limiting, which is represented as a transit compartment rate constant ( $k_{tr}$ ), which is the same for each compartment
- The greater the number of transit compartments and the slower  $k_{tr}$ , the greater the delay between drug administration and first observable effect and the time of the peak drug effect. Transit compartment models are most easily represented as differential equations.





# Transit model

- This model is a two compartment pharmacokinetic model with zero order infusion. Drug effect is via  $E_{\max}$  relationship acting on  $K_{TR}$  for the first transit compartment of a three transit compartment model. Drug effect is represented by the third transit compartment.



<https://ascpt.onlinelibrary.wiley.com/doi/epdf/10.1038/psp.2013.71>



# Example control stream for a transit model

## NONMEM control stream 4\_transit.ct1

```
$PROBLEM AN EXAMPLE TRANSIT COMPARTMENT PD MODEL AS DIFFERENTIAL EQUATIONS
;Two compartment pharmacokinetic model with zero order infusion
;Emax model acting on KTR
;units are ug, L and min. concentration is ug/L = ng/ml
;DVID = 0 for dose, 1 for PK, 2 for PD
```

```
$INPUT ID TIME AMT RATE DV DVID MDV
```

```
$DATA testdata2.csv IGNORE=C
```

```
$SUBROUTINES ADVAN13 TOL=9
```

```
$MODEL
```

```
COMP=(CENTRAL)
COMP=(PERIPH)
COMP=(TRANSIT1)
COMP=(TRANSIT2)
COMP=(TRANSIT3)
```

```
$PK
```

```
;PK parameters
CL = THETA(1)*EXP(ETA(1))
V1 = THETA(2)*EXP(ETA(2))
Q = THETA(3)
V2 = THETA(4)
```

```
;PD parameters
```

```
EMAX = 1 ;Emax set to 1 so that maximal drug effect reduces KTR to zero
EC50 = THETA(5)
EBASE = THETA(6)*EXP(ETA(3)) ;Baseline
MTT = THETA(7) ;Transit compartment rate constant
```

```
;Calculate turnover compartment rate constants
```

```
KTR = 3/MTT ;Baseline KTR
A_0(3)= 1 ;Set transit compartment1 initial value
A_0(4)= 1 ;Set transit compartment2 initial value
A_0(5)= 1 ;Set transit compartment3 initial value
```

```
$DES
C1 = A(1)/V1 ;Turn amount into concentrations - plasma concentration
C2 = A(2)/V2 ;Turn amount into concentrations - peripheral compartment concentration

DADT(1) = -Q*C1 +Q*C2 -CL*C1 ;Differential equation for central PK compartment
DADT(2) = Q*C1 -Q*C2 ;Differential equation for peripheral PK compartment

EDRUG = EMAX*C1/(EC50+C1) ;Plasma concentration modifies first transit compartment rate constant
;Baseline value of transit compartments is 1 - used to scale Ebase
DADT(3) = KTR*(1-EDRUG) - KTR*A(3) ;Differential equation for transit compartment1
DADT(4) = KTR*A(3) - KTR*A(4) ;Differential equation for transit compartment2
DADT(5) = KTR*A(4) - KTR*A(5) ;Differential equation for transit compartment3

$THETA
1.5 ; POPCL
25 ; POPV1
5 ; POPQ
150 ; POPV2

0.01 ;POPEC50
10 ;POPEBASE
1000 ;POPMITT

$ERROR
CP=A(1)/V1 ;Plasma concentration needs to be calculated again outside of $DES
E=A(5)*EBASE ;Last transit compartment amount reflects drug effect

IF (DVID.LE.1) THEN
IPRED = CP
Y = IPRED*(1+ERR(1)) ;Proportional residual error for drug concentration
ENDIF

IF (DVID.EQ.2) THEN
IPRED = E
Y = IPRED+ERR(2) ;Additive residual error for effect
ENDIF

SIM = IREP ;Simulation counter

$SIM (123) ONLYSIM NSUB=1

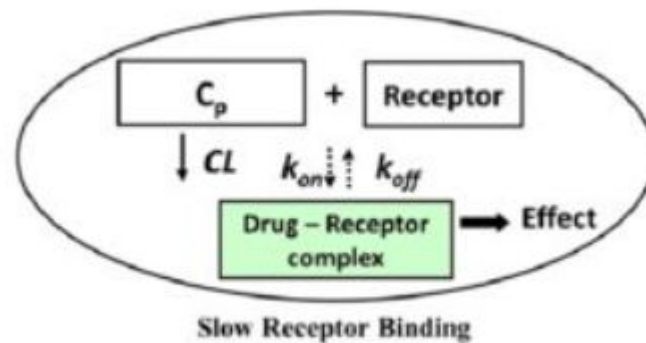
$TABLE ID TIME AMT CL V1 Q V2 EDRUG KTR EMAX EBASE EC50 CP E DVID MDV SIM IPRED NOPRINT ONE-
HEADER FILE=*.fit
```



# Receptor Binding Model

# Receptor Binding Model

- Receptors: a ligand binds and alters the biochemical activity (note that a ligand may do this by inhibiting the effects of endogenous substances from stimulating the receptor)
- Any macromolecular tissue site where a drug may bind can be considered a binding site and if this site has some functional activity then it is a receptor
- Drug response is a result of chemical interactions between a drug and a binding site
- The drug concentration at the site of the receptor determines the intensity of a drug's effect



<https://pharmrev.aspetjournals.org/content/72/2/414.long>

# PK/PD Model: Assessing the Impact of Covariates on a Biomarker

[https://cran.r-project.org/web/packages/coveffectsplot/vignettes/PKPD\\_Example.html#specifying-a-pkpd-model-using-mrgsolve](https://cran.r-project.org/web/packages/coveffectsplot/vignettes/PKPD_Example.html#specifying-a-pkpd-model-using-mrgsolve)

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PK/PD Model: Assessing the Impact of Covariates on a Biomarker

## PK/PD Model: Assessing the Impact of Covariates on a Biomarker

- △ Specifying a PK/PD Model using `mrgsolve`
  - △ Simulate Reference Subjects with BSV
    - Compute PD Parameters and Summarize BSV
  - △ Construct and Simulate at Combinations of Covariate of Interest
    - Compute PD Parameters and Distributions Plots
  - △ Summarize, add the BSV Ranges and Putting it all Together Using `forest_plot`

Here we illustrate how the ordinary differential equations (ODEs) model and the approach of varying one covariate at a time, can be expanded.

We link the same two-compartment PK model (from the PK Example vignette) to an indirect response pharmacodynamic (PD) model where the drug concentrations inhibit the rate constant of input (Kin).

The covariates model included several covariates effects on Clearance, Volume and Kin. The baseline PD value is controlled by the ratio of  $K_{in}/K_{out}$ .

In this vignette we do not go into a lot of details, as we assume that the user has read and run the code of the Introduction to `coveffectsplot` and PK Example vignettes and that the reader is familiar with PK/PD concepts. At the end we show how we can add a table under a multiple parameters forest plot.

### Specifying a PK/PD Model using `mrgsolve`

```
codepkpdmodelcov <- '
$PARAM @annotated
KA : 0.5 : Absorption rate constant Ka (1/h)
CL : 4 : Clearance CL (L/h)
V : 10 : Central volume Vc (L)
Vp : 50 : Peripheral volume Vp (L)
Qp : 10 : Intercompartmental clearance Q (L/h)
CLALB : -0.8 : Albumin on CL (ref. 45 g/L)
CLSEX : 0.2 : Sex on CL (ref. Female)
CLWT : 1 : Weight on CL (ref. 85 kg)
VSEX : 0.07 : Sex on Vc (ref. Female)
VWT : 1 : Weight on Vc (ref. 85 kg)
```

[https://cran.r-project.org/web/packages/coveffectsplot/vignettes/PKPD\\_Example.html#specifying-a-pkpd-model-using-mrgsolve](https://cran.r-project.org/web/packages/coveffectsplot/vignettes/PKPD_Example.html#specifying-a-pkpd-model-using-mrgsolve)

1/15

Double click to open

# Questions?



# Additional resources – Textbooks

- Introduction to pharmacokinetics and pharmacodynamics, Tozer and Rowland
- Pharmacokinetic and Pharmacodynamics data analysis, Gabrielson and Weiner

# Additional Resources – Journal Articles

- Derendorf H, Meibohm B. Modeling of pharmacokinetic/pharmacodynamic (PK/PD) relationships: concepts and perspectives. Pharm Res. 1999;16(2):176-185. doi:10.1023/a:1011907920641
- Sharma A, Ebling WF, Jusko WJ. Precursor-dependent indirect pharmacodynamic response model for tolerance and rebound phenomena. J Pharm Sci. 1998;87(12):1577-1584. doi:10.1021/js980171q
- Gabrielsson J, Hjorth S. Pattern Recognition in Pharmacodynamic Data Analysis. AAPS J. 2016;18(1):64-91. doi:10.1208/s12248-015-9842-5
- Mould, D., Walz, A.-C., Lave, T., Gibbs, J. and Frame, B. (2015), Developing Exposure/Response Models for Anticancer Drug Treatment: Special Considerations. CPT Pharmacometrics Syst. Pharmacol., 4: 12-27.  
<https://doi.org/10.1002/psp4.16>



# Additional resources – links

- FDA Guidance. Exposure-Response Relationships — Study Design, Data Analysis, and Regulatory Applications (May 2003). <https://www.fda.gov/media/71277/download>
- MI210: Essentials of Population PK-PD Modeling and Simulation (<https://www.metrumrg.com/course/mi210-essentials-population-pk-pd-modeling-simulation/>)
- MI212: Advanced Topics in Population PK-PD Modeling & Simulation (<https://www.metrumrg.com/course/mi212-advanced-topics-population-pk-pd-modeling-simulation/>)
- [https://www.page-meeting.org/pdf\\_assets/2573-time-to-event-tutorial.pdf](https://www.page-meeting.org/pdf_assets/2573-time-to-event-tutorial.pdf)

# Finally...

- If you have any question, please contact Kemi and Amy 😊 (Anna is away...)
- Thanks to Rik, Colin, Rita, Anna
- Thanks to Nathan for his slides

