

1. R on Windows

This section includes instructions for downloading and installing R and RStudio on Windows. Install these in the order listed below.

1.1 Installing R on Windows

Download R from the following URL: <https://cran.rstudio.com/>. First click on “Download R for Windows,” then select “install R for the first time” and then select the newest version of R for Windows to download the file.

Navigate to the .exe in the downloads folder, open it and follow the instructions to install R.

1.2 Installing RStudio on Windows

A free version of RStudio is available at the following URL:

<https://www.rstudio.com/products/rstudio/download/>.

Navigate to this page and then scroll to the bottom and click to download the installer for Windows. Navigate to the .exe in the downloads folder, open it and follow the instructions to install RStudio.

2. R on OSX

This section includes instructions for downloading and installing XQuartz, R and RStudio on Windows. Install these in the order listed below.

2.1 Installing XQuartz on OSX

XQuartz is required for the graphical user interfaces of some software products developed for OS X. Download the .dmg for the latest version from the following URL:

<https://www.xquartz.org/>.

Navigate to the .dmg in the downloads folder, open it and follow the instructions to install XQuartz.

2.2 Installing R on OSX

Download R from the following URL: <https://cran.rstudio.com/>. First click on “Download R for (Mac) OS X” and then download the .pkg for the latest version.

Navigate to the .pkg in the downloads folder, open it and follow the instructions to install R.

2.3 Installing RStudio on OSX

A free version of RStudio is available at the following url:

<https://www.rstudio.com/products/rstudio/download/>.

Navigate to this page and then scroll to the bottom and click to download the installer for OS X. Navigate to the .dmg in the downloads folder, open it and move RStudio in the Applications folder to install RStudio.