

# Curry Up

Spice is the variety of life

Cuisine: Indian

## Appetizers

<b>Samosas (3 pc)</b>	[WHEAT]	<b>\$7.49</b>
Crispy pastry filled with spiced potatoes and peas, with tamarind chutney.		
Cal: 340   Protein: 6g   Fat: 18g   Carbs: 38g		

## Mains

<b>Butter Chicken</b>	[MILK, TREE_NUT]	<b>\$15.49</b>
Tandoori chicken in a creamy tomato-butter sauce with basmati rice.		
Cal: 560   Protein: 32g   Fat: 26g   Carbs: 48g		
<b>Chana Masala</b>	[WHEAT]	<b>\$12.99</b>
Spiced chickpea curry with tomatoes, onions, and cumin, served with naan.		
Cal: 420   Protein: 14g   Fat: 12g   Carbs: 64g		
<b>Lamb Vindaloo</b>		<b>\$16.99</b>
Fiery Goan-style lamb curry with potatoes and vinegar.		
Cal: 520   Protein: 30g   Fat: 24g   Carbs: 42g		
<b>Palak Paneer</b>	[MILK]	<b>\$13.49</b>
Cubes of paneer cheese in a creamy spinach sauce.		
Cal: 380   Protein: 18g   Fat: 22g   Carbs: 26g		

## Sides

<b>Garlic Naan</b>	[WHEAT, MILK]	<b>\$3.99</b>
Tandoor-baked flatbread brushed with garlic butter.		
Cal: 260   Protein: 6g   Fat: 8g   Carbs: 42g		

## Desserts

<b>Gulab Jamun (3 pc)</b>	[WHEAT, MILK]	<b>\$6.49</b>
Deep-fried milk dumplings soaked in rose-cardamom syrup.		
Cal: 360   Protein: 4g   Fat: 14g   Carbs: 56g		

## Drinks

<b>Mango Lassi</b>	[MILK]	<b>\$4.49</b>
Chilled yogurt drink blended with Alphonso mango pulp.		
Cal: 180   Protein: 6g   Fat: 4g   Carbs: 32g		