

# Cost effective prediction of bodyfat

An example of project presentation slides

Aki Vehtari  
Aalto University

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Introduce yourself

# Measuring bodyfat percentage

- Bodyfat percentage is related to many health outcomes

[Nice figures here]

# Measuring bodyfat percentage

- Bodyfat percentage is related to many health outcomes
- Relatively accurate way to measure bodyfat is to weight a person in air and immersed in water
  - proportion of body fat can be derived from body density with Siri's (1956) formula
  - water immersion requires a big tub for the water and harness system for lowering a person to water

[Nice figures here]

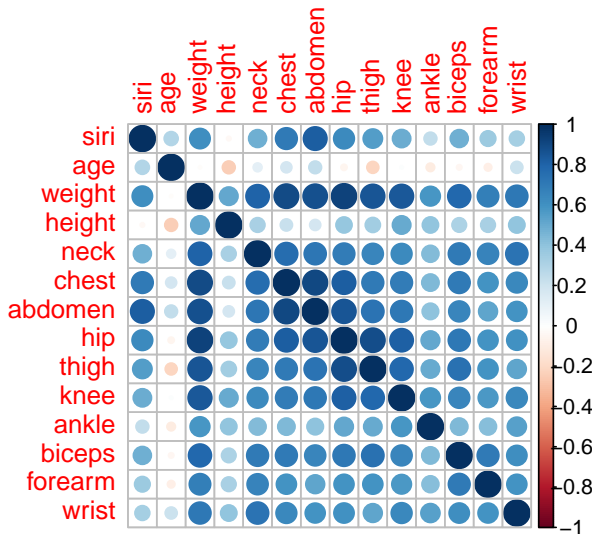
# Measuring bodyfat percentage

- Bodyfat percentage is related to many health outcomes
- Relatively accurate way to measure bodyfat is to weight a person in air and immersed in water
  - proportion of body fat can be derived from body density with Siri's (1956) formula
  - water immersion requires a big tub for the water and harness system for lowering a person to water
- Can we estimate the bodyfat percentage with faster and a smaller equipment?
  - with just a scale and measure tape?
  - 252 subjects

[Nice figures here]

# Measuring bodyfat percentage

- With just a scale and measure tape?



# Bodyfat predictive model

- Gaussian linear regression model with normal vs. regularized horseshoe prior ( $p_0 = 5$ ) on coefficients

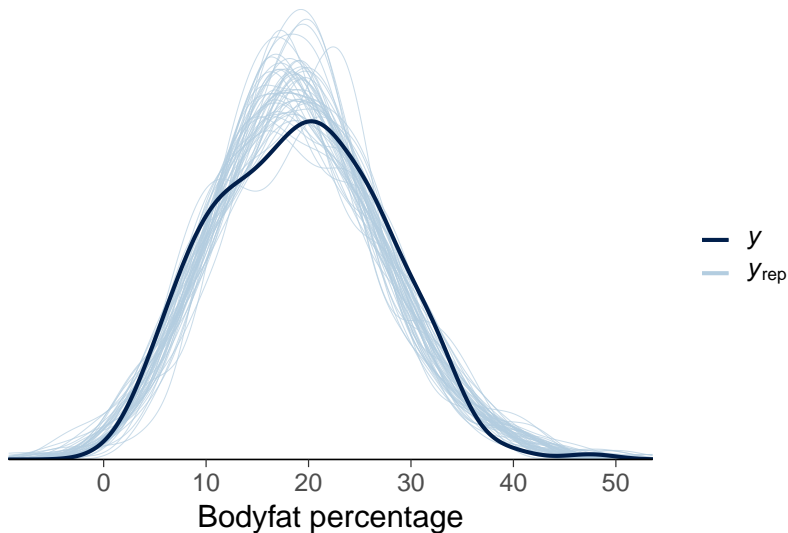
# Bodyfat predictive model

- Gaussian linear regression model with normal vs. regularized horseshoe prior ( $p_0 = 5$ ) on coefficients
- Model build with `rstanarm` and inference run with Stan
  - all convergence diagnostics were good



# Bodyfat model checking

## Posterior predictive checking



# Bodyfat model comparison

- Leave-one-out cross-validation comparison
  - no difference

	elpd_diff	se_diff
RHS prior	0.0	0.0
Gaussian prior	-1.1	2.2

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Computed from 4000 by 250 log-likelihood matrix

	Estimate	SE
elpd_loo	-723.9	9.4
p_loo	13.4	1.2
looic	1447.9	18.8

---

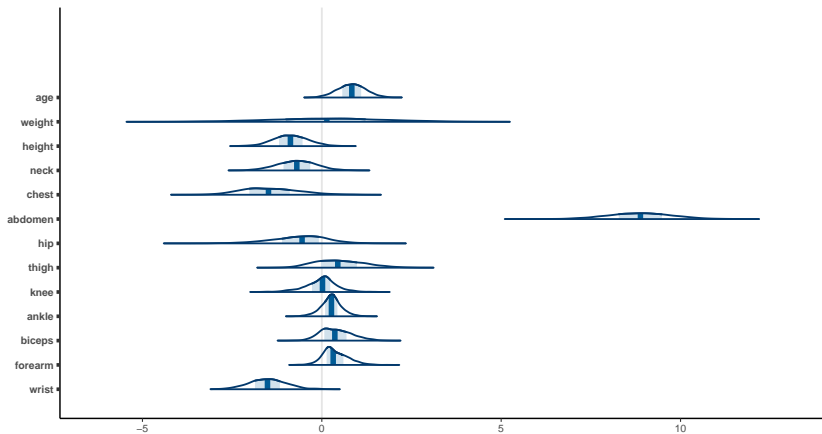
Monte Carlo SE of elpd\_loo is 0.1.

Pareto k diagnostic values:

		Count	Pct.	Min.	n_eff
(-Inf, 0.5]	(good)	249	99.6%	1374	
(0.5, 0.7]	(ok)	1	0.4%	724	
(0.7, 1]	(bad)	0	0.0%	<NA>	
(1, Inf)	(very bad)	0	0.0%	<NA>	

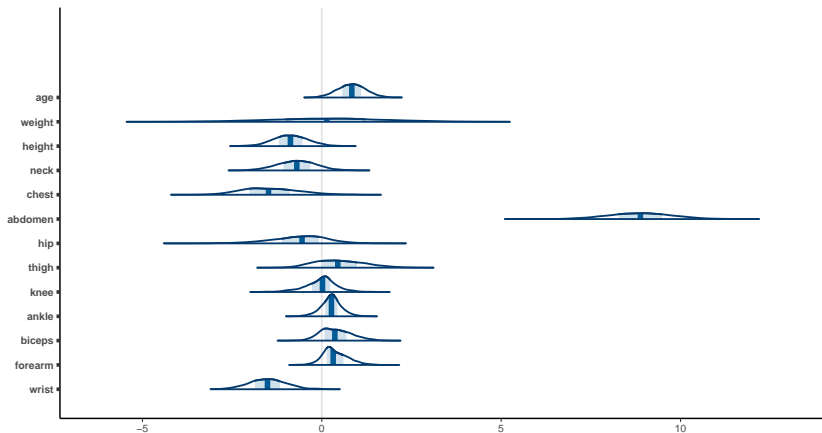
# Bodyfat

## Marginal posteriors of coefficients



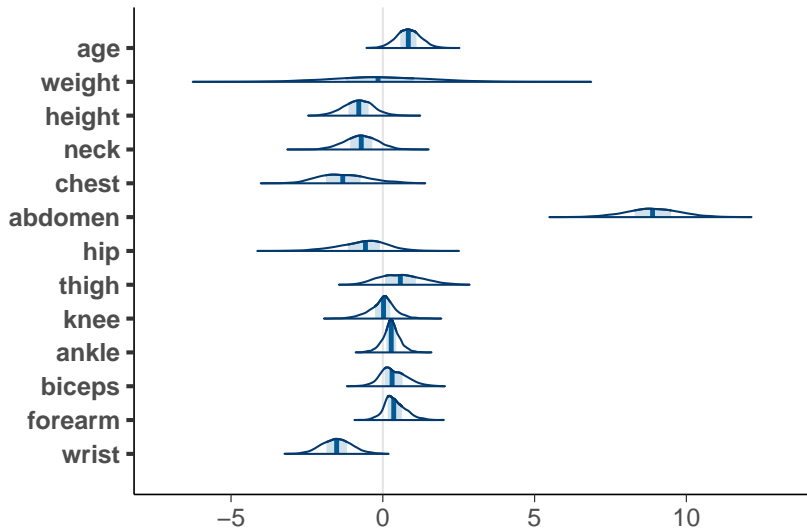
# Bodyfat

Check that the font in all figures is big enough!



# Bodyfat

Marginal posteriors of coefficients (Much better!)



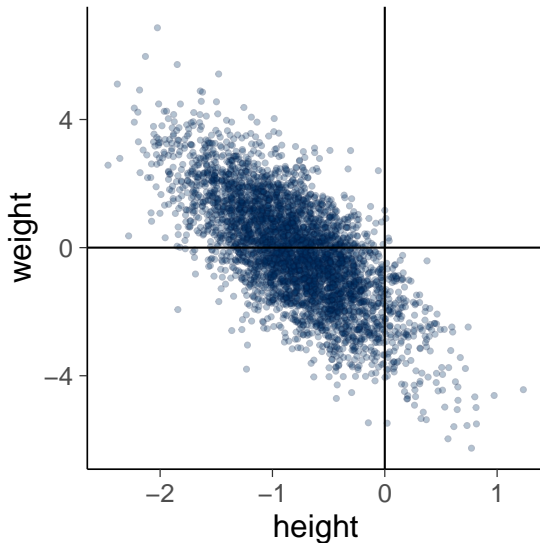
## Figure font size

For example:

```
theme_set(bayesplot::theme_default(base_family = "sans",  
                                   base_size=16))
```

# Bodyfat

Bivariate marginal of weight and height





# Bodyfat variable selection

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- We find the model with a minimal set of variables which have similar predictive performance as the model with all variables

# Bodyfat variable selection

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- We find the model with a minimal set of variables which have similar predictive performance as the model with all variables
- We use projection predictive variable selection implemented in `projpred` package

# Projective predictive covariate selection

- The full model predictive distribution represents our best knowledge about future  $\tilde{y}$

$$p(\tilde{y}|D) = \int p(\tilde{y}|\theta)p(\theta|D)d\theta,$$

where  $\theta = (\beta, \sigma^2)$  and  $\beta$  is in general non-sparse (all  $\beta_j \neq 0$ )

- What is the best distribution  $q_{\perp}(\theta)$  given a constraint that only selected covariates have nonzero coefficient
- Optimization problem:

$$q_{\perp} = \arg \min_q \frac{1}{n} \sum_{i=1}^n \text{KL} \left( p(\tilde{y}_i | D) \parallel \int p(\tilde{y}_i | \theta) q(\theta) d\theta \right)$$

- Optimal projection from the full posterior to a sparse posterior (with minimal predictive loss)

## For 10min presentation, too much information

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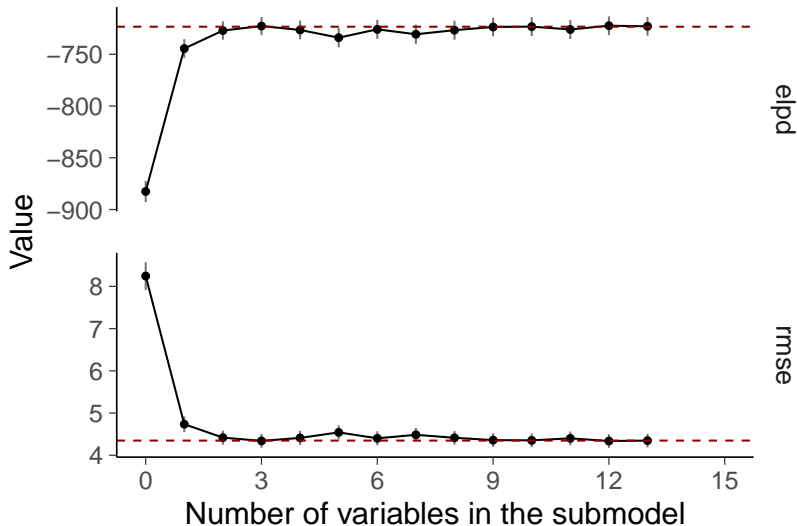
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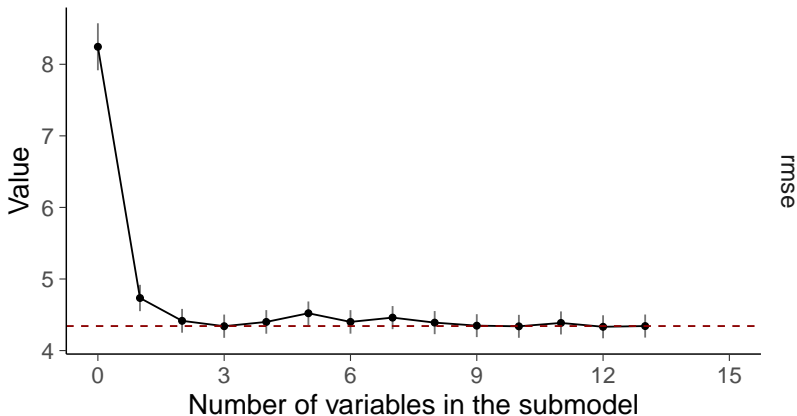
The predictive performance of the full and submodels



# Bodyfat

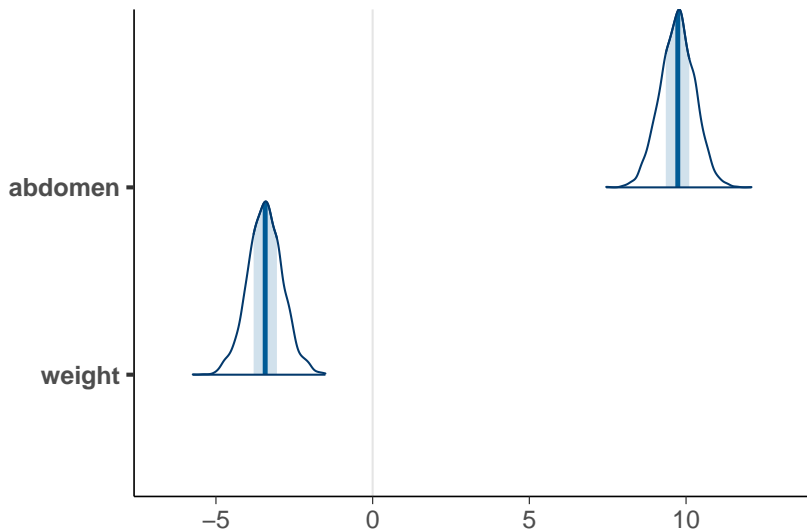
The predictive performance of the full and submodels

One of these plots is probably sufficient



# Bodyfat

Marginals of projected posterior



## Bodyfat – Conclusion

- Bodyfat percentage estimated using water immersion can be predicted using scale and tape measure



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- More results at [avehtari.github.io/modelselection/bodyfat.html](https://avehtari.github.io/modelselection/bodyfat.html)

THANKS!

NO “THANKS”!

# NO “THANKS”!

- Don't ever end with a slide having just “THANKS”

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- Don't ever end with a slide having just “THANKS”
- “THANKS” slide has zero information content



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- Leave the conclusion slide or contact information slide

# Conclusion

- Bodyfat percentage estimated using water immersion can be predicted using scale and tape measure
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- The accuracy using all anthropometric measures is 8.6%-units (95% interval)
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- More results at [avehtari.github.io/modelselection/bodyfat.html](https://avehtari.github.io/modelselection/bodyfat.html)

## Additional information

- You can have additional slides after the conclusion for supporting material to answer questions
  - for example, in this course, include Stan code and additional convergence and model checking results

### Gaussian linear model with regularized horseshoe prior

```
// generated with brms 2.14.4
functions {
  vector horseshoe(vector z, vector lambda, real tau, real c2) {
    int K = rows(z);
    vector[K] lambda2 = square(lambda);
    vector[K] lambda_tilde = sqrt(c2 * lambda2 ./ (c2 + tau^2 * lambda2));
    return z .* lambda_tilde * tau;
  }
}
data {
  int<lower=1> N; // total number of observations
  vector[N] Y; // response variable
  int<lower=1> K; // number of population-level effects
  matrix[N, K] X; // population-level design matrix
  // data for the horseshoe prior
  real<lower=0> hs_df; // local degrees of freedom
  real<lower=0> hs_df_global; // global degrees of freedom
  real<lower=0> hs_df_slab; // slab degrees of freedom
  real<lower=0> hs_scale_global; // global prior scale
  real<lower=0> hs_scale_slab; // slab prior scale
  int prior_only; // should the likelihood be ignored?
}
```

# Classification example: Pima Indians Diabetes

Predict diabetes based on

- Pregnancies
- Glucose
- Blood pressure
- Skin thickness
- Insulin
- BMI
- Diabetes Pedigree
- Age

768 observations

<https://avehtari.github.io/modelselection/diabetes.html>

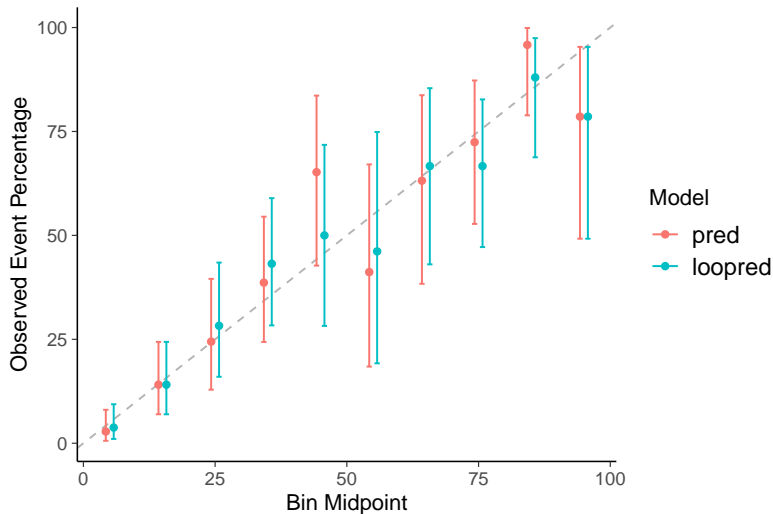
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Leave-one-out cross-validation classification accuracy 78%

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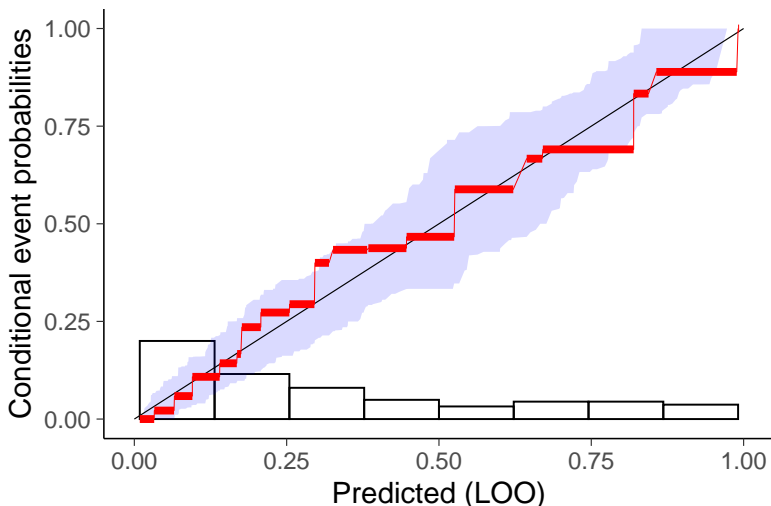
Calibration:



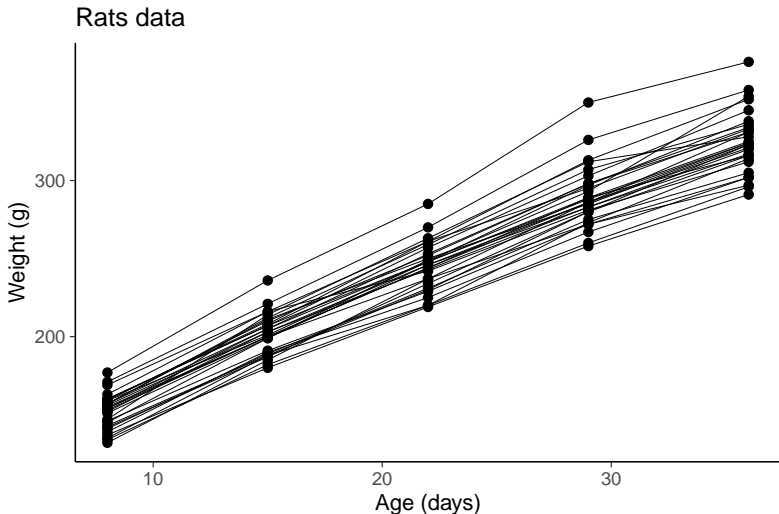
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Leave-one-out cross-validation classification accuracy 78%

Calibration:



# Hierarchical example: Rats growth curves



[https://avehtari.github.io/modelselection/rats\\_kcv.html](https://avehtari.github.io/modelselection/rats_kcv.html)



# Hierarchical example: Rats growth curves

Simple linear model

```
fit_1 <- stan_glm(weight ~ age, data=dfrats)
```

Linear model with hierarchical intercept

```
fit_2 <- stan_glmer(weight ~ age + (1 | rat), data=dfrats)
```

Linear model with hierarchical intercept and slope

```
fit_3 <- stan_glmer(weight ~ age + (age | rat), data=dfrats)
```

# Hierarchical example: Rats growth curves

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fit_1 <- stan_glm(weight ~ age, data=dfrats)
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Linear model with hierarchical intercept and slope

```
fit_3 <- stan_glmer(weight ~ age + (age | rat), data=dfrats)
```

Instead of `stan_glm(er)`, use `brm` to get the Stan code, too.

# Hierarchical example: Rats growth curves

## Leave-one-out cross-validation

	elpd_diff	se_diff
hierarchical intercept and slope	0.0	0.0
hierarchical intercept	-23.6	9.3
simple linear model	-109.6	13.3

# Hierarchical example: Rats growth curves

## Leave-one-out cross-validation

	elpd_diff	se_diff
hierarchical intercept and slope	0.0	0.0
hierarchical intercept	-23.6	9.3
simple linear model	-109.6	13.3

# Example analyses

- Time series with various ARMA models or Gaussian processes
- Spatial data with CAR or Gaussian processes
- Survival analyses with various hazard functions
- Linear vs non-linear regression
- Linear vs hierarchical model
- Ranking models